

THE AMERICAN
*Music
Therapy*
ASSOCIATION



2020
CONFERENCE

NOVEMBER 19-22, 2020



AMTA'S INAUGURAL ONLINE CONFERENCE: A UNIQUE VIRTUAL EXPERIENCE!

OPENING SESSION WITH DR. EMMELINE EDWARDS, NATIONAL INSTITUTES OF HEALTH — NOVEMBER 19, 2020, 7:00 PM (EASTERN TIME)

KEYNOTE ADDRESS "RHYTHMIC MEDICINE" WITH DR. NINA KRAUS, NORTHWESTERN UNIVERSITY — NOVEMBER 20, 2020, 10:00 AM (EASTERN TIME)

KEYNOTE ADDRESS WITH RACHEL EBELING, THE ANGEL BAND PROJECT — NOVEMBER 21, 2020, 10:00 AM (EASTERN TIME)

FULL CONFERENCE REGISTRATION — INCLUDES ACCESS TO OVER 70 SESSIONS FOR UP TO 6 MONTHS

NEUROSCIENCE TRACK ONLY — INCLUDES OPENING SESSION, KEYNOTE, AND SELECTED CONCURRENT SESSIONS

GO TO WWW.MUSICTHERAPY.ORG AND CLICK "ATTEND AN EVENT" BUTTON TO REGISTER
AND ADD YOUR CHOICE FROM 24 DIFFERENT ADD-ON COURSES.

WELCOME

AMTA PRESIDENT, DEBORAH WILLIAMS



Welcome to AMTA's first virtual conference! On behalf of the AMTA Board of Directors, it is my sincere honor to welcome you to the first virtual conference of the American Music Therapy Association. Our national and regional conference teams decided early on that it was in the best interest of all music therapists to change our national conference from an in-person event to a virtual one. Thanks to their quick thinking, we have a wonderful venue that will provide us with an innovative platform that includes cutting edge educational sessions, a virtual lobby and expo hall, opportunities for live chats and networking, an internship fair, and top rated accessibility. Be sure to join us at the Opening Session when you will meet our new CEO, Adonia Calhoun Coates, hear from our Lifetime Achievement Awardee, and learn a little about our Fultz Scholarship recipient and the two Awardees of Merit. Be sure to attend the Business meeting on Saturday to learn of all scholarship recipients, hear the State of the Association, and get the latest information regarding our officer nominees plus the proposed Bylaws changes. Students, you will have your

own Business meeting to attend! Even though this conference might not include warm handshakes or hugs, don't let it keep you from connecting with others, thanking your regional officers, the conference team, committee chairs and members, and the many people who work so hard to help AMTA be a special organization. See you there!

AMTA VICE PRESIDENT, WENDY WOOLSEY

On behalf of the entire conference planning team, it is my pleasure to welcome you to AMTA 2020, the first online conference of the American Music Therapy Association. Many have worked to envision an innovative online experience for all of us this year. In this virtual space, we have the opportunity for music therapy students, professionals, and colleagues from all over the world to share ideas and engage in discussions critical to personal, professional, and association growth. Thank you for the opportunity to serve as the conference program chair and AMTA Vice President. I look forward to engaging in this new conference experience with all of you.



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LOCAL ARRANGEMENTS COMMITTEE

WELCOME FROM THE LOCAL COMMITTEE

To meet the challenge of hosting a first ever online AMTA National Conference, AMTA 2020 – A Virtual Experience, the Local Committee had to rely on our creativity and flexibility. When Local Committee Co-Chairs, Gregory Perkins and Paula Unsal began recruiting sub-committee chairs it was based upon our usual in-person conference and those sub-committee chairs agreed to serve in traditional roles. COVID-19 changed all that. Now we had no prior notes, tips and guidelines to use as we navigated our way. Gregory and Paula are so grateful to all the sub-committee chairs for their willingness to adapt to changing roles and workloads. The local committee has sought to provide a variety of experiences for this online conference. We have also made efforts to consider accessibility needs so anyone can participate on their own terms. Please visit our Local Committee Special Happenings room to see what we have to offer.



GREGORY PERKINS



PAULA UNSAL



SARAH SILVERMAN



RACHEL TAYLOR



MEGAN CHAPPIUS



CHLOE RIBEIRO



JOELLE MISSRY



SHEILA SHIDNIA



LYNN COYLE



MELISSA SANTIAGO



LYNN GUMERT



YI XIA



AMANDA JACKSON



YUKO MARTIN



COREY OLVER

LIFETIME ACHIEVEMENT AWARD

RONNA S. KAPLAN

Ronna S. Kaplan, MA, MT-BC has a long, admirable music therapy career focused on children's needs and service to AMTA. An honors graduate of Michigan State (Bachelor of Music, Music Therapy & Choral Music Education) and Kent State Universities (Master of Arts, Special Education), she has dedicated her life to music therapy. She holds a Certificate of Nonprofit Management from Case Western Reserve University and maintains Music Therapy Board Certification. She also obtained Level I Orff Schulwerk Certification, a Neurologic Music Therapy designation, and completed DIR/Floortime™ coursework. Ronna is truly a music therapist's music therapist. In 1988, Ronna began her clinical career at the renowned Cleveland Music Settlement where she developed programming and treatment plans for children and families as part of an interdisciplinary team. She also lent her expertise to supervising interns and practicum students while undertaking community and medical setting research. Never one to shrink away from a challenge, Ronna quickly assumed expanded responsibilities at the Settlement--as Senior Staff Supervisor, Quality Assurance Coordinator, Director of the Music Therapy Department, and ultimately Chair of the Center for Music Therapy where she remained until her retirement in 2019.



Ronna's volunteerism for music therapy is as phenomenal as her clinical work. Regional highlights include President of the Association of Ohio Music Therapists & Ohio Representative to the GLR board, Editor of "Voices of the Lakes," GLR Assembly Delegate, and GLR Vice President. In addition, she served as scholarship chair for the Ohio Federation of Music Clubs. Nationally, Ronna established and co-chaired the Early Childhood Music Therapy Network in 1994 while continuing to serve on the Assembly. In 2004, she was elected AMTA Vice President Elect, and went on to become Vice President, President Elect, President and Past President on the Board of Directors. Ronna has also contributed to AMTA in a wide array of other capacities including the Financial Advisory Board, Wilson Trust Advisory Committee, Diversity Task Force, MLE Subcommittee, and the Autism Task Force, in addition to serving on the CBMT Continuing Education Committee. She has gone on to chair the National Coalition of Creative Arts Therapies Associations (NCCATA) and is presently an Associate Editor of Music Therapy Perspectives.

Ronna has received a number of professional awards that recognize, in smaller ways, her contributions to the music therapy profession: GLR Service and Lifetime Achievement Awards and the AMTA Professional Practice Award. Yet, despite this extensive resume of accomplishments and service, what truly sets Ronna apart and worthy of a Lifetime Achievement Award is the person she is: always humble, ever available to whomever needs her assistance, all while possessing the utmost integrity. She continually supports those around her and, in doing so, allows them to shine. She doesn't seek the limelight, but provides a steady guiding hand wherever she is involved. A highly competent clinician, educator, and administrator, her talents lend themselves well to furthering the music therapy profession. It is not surprising that many seek her opinion and heed her advice. As stated earlier, Ronna S. Kaplan is TRULY a music therapist's music therapist and MOST deserving of the AMTA Lifetime Achievement Award.

RESEARCH REVIEW: AN AMTA E-COURSE SERIES

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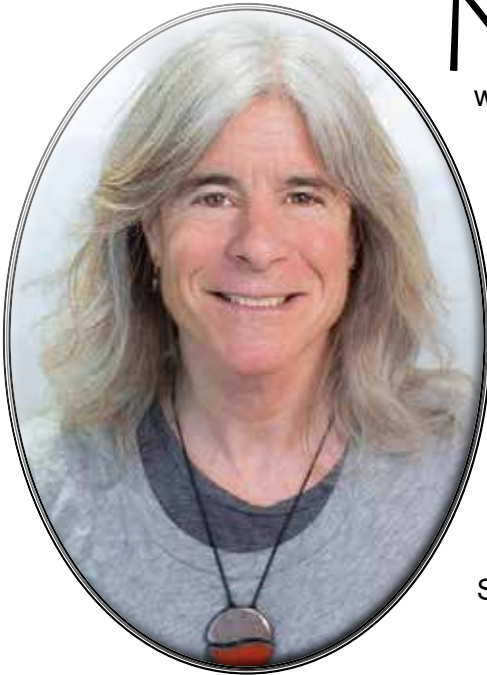
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These & other opportunities for low-cost CMTE credits at
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SPECIAL GUESTS

DR. NINA KRAUS



Nina Kraus, is Hugh Knowles Professor of Communication Sciences, Neurobiology, and Otolaryngology at Northwestern University. She is a scientist, inventor, and amateur musician who uses hearing as a window into brain health.

She began her career measuring responses from single auditory neurons and was one of the first to show that the adult nervous system has the potential for reorganization with learning; these insights in basic biology galvanized her to investigate sound processing in the brain in humans.

Through a series of innovative studies involving thousands of research participants from birth to age 90, her research has found that our lives in sound, and our experiences, for better (musicians, bilinguals) and for worse (concussion, language disorders, noise), shape how our brain makes sense of the sounds we hear.

Using the principles of neuroscience to improve human communication, she advocates for best practices in education, health, and social policy. See www.brainvolts.northwestern.edu

DR. EMMELINE EDWARDS

Emmeline Edwards is director of the Division of Extramural Research of the National Center for Complementary and Integrative Health (NCCIH). In that capacity, she is responsible for development of scientific programs or areas of science that fulfill NCCIH's mission as well as planning, implementation and policy. NCCIH is one of 27 components of the National Institutes of Health (NIH), with a mission to define, through rigorous scientific investigation, the usefulness and safety of complementary and alternative medicine interventions and their roles in improving health and health care.

Before coming to NIH, Dr. Edwards earned her PhD in Neurochemistry from Fordham University, did postdoctoral research in behavioral pharmacology and neuroscience at the State University of New York, and was a tenured Associate Professor in the Department of Pharmacology at the University of Maryland. Her research there focused on the neural mechanisms of complex behaviors and characterization of a genetic model of affective disorders. She also served as Chair of the Graduate Studies and Research Committee and Member of the Dean's Executive Council at the University of Maryland.

Currently, Dr. Edwards is Co-Chair of the trans NIH Music and Health working group and member of the Interagency Task Force on the Arts and Human Development. Dr. Edwards is also Chair of Women World in Neuroscience (WWN), an independent mentoring and networking organization, with the primary mission of identifying, promoting and implementing mentoring and networking opportunities for women neuroscientists across the world.



SPECIAL GUESTS

RACHEL EBELING



Co-Founder and Executive Director, of The Angel Band Project and lifelong lover of music, Rachel Ebeling has been breathing fire into The Angel Band Project since its inception in 2009. Rachel is responsible for day-to-day operations with a focus on growing the organization into a meaningful force for healing and social change. As a public speaker, she tells the story of her own healing from losing one of her best friends to a horrific act of sexual violence in 2009. She also illustrates how music helped her and others heal in the aftermath of this tragedy, and how the Angel Band Project is now supporting survivors through music therapy programs and music initiatives in the U.S. The Angel Band Project's Virtual Choir Project, an initiative to unite survivors of sexual assault and domestic violence through song, drew global attention in November 2018 at the United Nations in New York City. The "One Voice" Virtual Choir was the featured performance at the UN Secretary-General's UNITE Campaign to End Violence Against Women by 2030.

Rachel's keynote will include a multi-media presentation including video and moving discussion about how music therapy is now being used as a modality of healing through programs in St. Louis, MO, Seattle, WA, and New York City, NY. Rachel was recognized as a Woman of Achievement 2018 in her hometown of St. Louis and has been featured as a Truthteller on the Women For One online forum for empowering women through storytelling. Rachel is honored to be a featured keynote speaker at the 2020 American Music Therapy Association Conference.

THE MICHAELA MCCLAIN BAND



Michaela McClain is a critically-acclaimed singer/songwriter with a "warm groove" and "rich mezzo-soprano voice." Growing up in a musical family, and the youngest of six singing sisters, Michaela performed widely in choirs, concerts, and special events throughout her young life. In 2011 she began writing and performing her own music, touring extensively throughout New York and New Jersey with drummer Meredith Foreman, guitarist Raul Abbad, and bassist Brad Schwartzseid. Since the formation of The Michaela McClain Band, Michaela has performed over three hundred live concerts, with her band and in intimate solo engagements.

A trained musician from Montclair State University's prestigious John J. Cali School of Music, Michaela has released four EPs (Take a Chance, Bittersweet Melodies, The Manhattan Sessions, The Dallas Sessions), several music videos ("I Will Rise", "Some Men Need To Hear This", "Cold Hearts," etc.) and a full-length CD/DVD, Michaela McClain: Live at Blue Light Sessions. Her music is featured on Sirius FM, in well-known listening rooms and at various music festivals. Michaela has played the legendary World Cafe Live, Pennsylvania opening for artists, Haley Reinhart, Mason Jennings & Jonny P. As of Fall 2016, Michaela left her full time teaching job of 8 years to pursue performing, writing and private instruction. Michaela teaches piano, ukulele and voice lessons out of her home studio in Montclair, New Jersey.



MUSICAL GUESTS

BEN FOLDS

Ben Folds is widely regarded as one of the major music influencers of our generation. He's created an enormous body of genre-bending music that includes pop albums with Ben Folds Five, multiple solo albums, and numerous collaborative records. His last album was a blend of pop songs and his Concerto for Piano and Orchestra that soared to #1 on both the Billboard classical and classical crossover charts.

For over a decade he's performed with some of the world's greatest symphony orchestras, and currently serves as the first ever Artistic Advisor to the National Symphony Orchestra at the Kennedy Center. In addition to solo rock and orchestral touring, in the Fall of 2019, Folds released his first book "A Dream About Lightning Bugs," which debuted as a New York Times Best Seller, and is described as a collection of interrelated essays, anecdotes and lessons about art, life, and music.

Folds, who was on tour in Australia when the pandemic hit in early 2020, has been holed up in Sydney, writing new music for his next album, working on a new podcast series he's launching in 2020, working on his second book, and doing live streams for his patrons on Patreon. In June, he wrote and released a critically acclaimed single entitled "2020" about the turmoil of the past few months.

An outspoken champion for arts education and music therapy funding in our nation's public schools, in 2016 Ben held the distinction as the only artist to appear at both US national political conventions advocating for arts education, has served for over five years as an active member of the distinguished Artist Committee of Americans For The Arts (AFTA), and serves on the Board of AFTA's Arts Action Fund. He is also Chairman of the Arts Action Fund's ArtsVote2020 national initiative to encourage voter engagement in the 2020 US elections, and to advocate for improving public policies for the arts and arts education. In that role, he also hosted a podcast series of interviews on arts policies with numerous 2020 US presidential candidates.



CATHY FINK AND MARCY MARXER

TWO-TIME GRAMMY® Award Winners, Cathy Fink and Marcy Marxer are master musicians with a career spanning over 35 years. Their superb harmonies are backed by instrumental virtuosity on the guitar, öv-string banjo, ukulele, mandolin, cello-banjo, and more. Their repertoire ranges from classic country to western swing, gypsy jazz to blueto bluegrass, and old-time string band to contemporary folk (including some original gems).



Cathy & Marcy have performed at hundreds of bluegrass and folk festivals and taught at close to 100 music camps worldwide. Happily known as "social music conductors" ready to start a jam session, a community sing, or create a music camp helping others learn to play and sing, the duo's past students include Kaki King and Rhiannon Giddens.

Cathy & Marcy earned GRAMMY Awards for their recordings "cELLAbration: a Tribute to Ella Jenkins", and "Bon Appétit!: Musical Food Fun". Their CD's "Postcards" and "Banjo Talkin'" were GRAMMY finalists in the Best Traditional Folk Album category.

MUSICAL GUESTS

THE U.S. ARMY FIELD BAND



With presenters: Colonel Jim R. Keene, Commander and Sergeant Major Erica Russo, Director of Operations, the United States Army Field Band connects the American people to their Army by telling the Army story and honoring our Soldiers and Veterans at home and abroad as the Musical Ambassadors of the Army.



From Boston to Baghdad, Tampa to Toronto, The United States Army Field Band has been thrilling audiences of all ages for more than six decades. As the premier touring musical representative for the United States Army, this internationally-acclaimed organization travels thousands of miles each year presenting a variety of music to enthusiastic audiences throughout the nation and abroad. Through these concerts, the Field Band fosters the support of the American people for members of the armed forces and supports diplomatic efforts around the world. Since its formation in March 1946, the Field Band has appeared in all fifty states and in more than thirty countries on four continents. The organization's four performing components, the Concert Band, the Soldiers' Chorus, the Jazz Ambassadors, and Six-String Soldiers, each travel over 100 days annually. Tours include formal public concerts, school assemblies, educational outreach programs, festivals, and radio and television appearances.

The United States Army Field Band is considered by music critics to be one of the most versatile and inspiring musical organizations in the world. Its members, selected by highly-competitive audition, represent some of the finest musical talent in America. More than six decades as the military's most traveled musicians have earned them the title, "The Musical Ambassadors of the Army."



SERGEANT MAJOR ERICA RUSSO earned a Master of Arts degree in Musicology at The Ohio State University and Bachelor of Arts degrees in both Music and Russian at Florida State University. She has also received Spanish language certification from University of Maryland University College. SGM Russo served in various roles within the Soldiers' Chorus from 2001 to 2019, and is Associate Producer of *The Falling* and *The Rising*, the opera recently commissioned by the Soldiers' Chorus. In her free time, SGM Russo is an aspiring stage manager, with *The Queen's Lace Handkerchief* and *The Pirates of Penzance* among her credits. She is currently serving as the Operations Sergeant Major where she oversees the operational touring and performance mission as well as outreach and publicity products.

COLONEL JIM R. KEENE became the Commander of The United States Army Field Band in January 2015. Keene has led numerous performances for international military and civilian leaders, dignitaries, and heads of state. During his time as Commander of the United States Military Academy Band at West Point, he led performances for the 125th anniversary of the Statue of Liberty, co-directed the music for A&E's and the National Park Service's "A New Birth of Freedom" special for the 150th commemoration of the Battle of Gettysburg, and directed a one-hour music special holiday production by the West Point Band aired on Fox News, "A West Point Holiday." COL Keene led The U.S. Army Chorus in performances at the interments of former Presidents Ronald Reagan in Simi Valley, California, and Gerald R. Ford in Grand Rapids, Michigan. He has performed for seven U.S. presidents, at the 1996 Summer Olympic and Para-Olympic Games in Atlanta, the dedication of the National WWII Memorial, the one-year anniversary of 9/11 at the Pentagon, the "Kennedy Center Honors," and the Military District of Washington's production, "Spirit of America." He has worked with the Cincinnati Pops Orchestra and Chorus and the National Symphony Orchestra, and has conducted the Dallas Wind Symphony, the Boston Pops Orchestra, and the New York Philharmonic.



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CONTINUING EDUCATION

CONFERENCE ATTENDANCE - 5 CMTE CREDITS

Registrants may earn 5 Continuing Music Therapy Education (CMTE) credits for attending this conference. A maximum of 50 CMTE credits for attending AMTA National and Regional conferences per 5-year cycle may be acquired. Your Conference Attendance certificate will be emailed to you within two weeks after the close of the conference. CMTE opportunities and concurrent sessions may be claimed in addition to these conference attendance credits. You are responsible for gathering documentation of your CMTE credits and logging them into your CBMT account.

CMTE APPROVED OPPORTUNITIES

Add-on Courses with CMTE opportunities are offered in conjunction with the conference. Upon completion of the CMTE Opportunity Evaluation Form at the end of each CMTE opportunity, registrants will receive a certificate indicating completion of each learning experience via email within two weeks after the conclusion of the conference.

CONCURRENT SESSIONS

Certificants may claim CMTE credit for attending concurrent sessions at AMTA National and Regional conferences. Concurrent sessions must be at least 50 minutes to earn 1 credit. Please note the session code from the presenter to report to CBMT.

If you have questions regarding the AMTA continuing education activities at this conference, please contact the AMTA Continuing Education Committee Co-Chairs, Julie Andring or Dawn Iwamasa. If you have questions regarding the

recertification process or accumulation of CMTE credits, please contact the Certification Board for Music Therapists at 1-800-765-CBMT. CBMT is the ultimate authority on CMTE credit requirements for recertification.

STATEMENT OF RELATIONSHIP TO CBMT

This conference is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Additional courses are approved by the CBMT for the specified number of CMTE credits. AMTA (#P-051) maintains responsibility for program quality and adherence to CBMT policies and criteria. Complete session information, including learning objectives, pre-requisites, qualifications and instructor credentials, etc., is posted in the conference registration module under each session's description.

LCAT CREDITS

Many of the three or more-hour Add-on Courses available at this conference are eligible for credit for Licensed Creative Arts Therapists (LCATs) in New York State. AMTA is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists (#CAT-0055). Consult the Registration Details for each Add-on Course in the conference registration module on the AMTA website to learn if, and how many, LCAT credits are available. Concurrent sessions and other short courses are up to the discretion of the registrant as to whether they will qualify and should be submitted as non-pre-approved credits.

CONFERENCE SCHEDULE

THURSDAY, NOVEMBER 19, 2020

Thursday, 10:00 am – 1:00 pm

ADD-ON COURSE

Add-on Course A. Neuro Tune Up!

Presenter(s): Elizabeth Stegemoller, PhD, MT-BC

Review neuroscience and how it applies to music therapy. Learn or refresh your knowledge on neuroanatomy and function of major areas of the brain. Discuss basic principles of neuroplasticity and how they apply to music therapy. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course B. Business 101: Marketing, Budgeting, and Rates OH MY!

Presenter(s): Jennifer Pinson, MT-BC; Lindsey Wright, MT-BC

Marketing, budgeting, and rate setting are critical pieces to running a successful business. Learn effective strategies for these key skills. Whether you are just starting out or need some new ideas, you won't want to miss this information which will help you to grow your business. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course C. Your Way, My Way, and the Truth: Theoretical Orientation and Bias in Our Profession

Presenter(s): Alecia Meila, MM, MT-BC and Coleen Shanagher, MA, MT-BC

Music therapists often align with a particular theoretical orientation to inform practice and communicate treatment effectiveness. However, a lack of understanding for other orientations, along with professional bias, can cause conflict. Join us to explore theoretical orientations and approaches, implications for our educational programs and supervisors, and to confront the intraprofessional biases permeating our profession. (Pre-registration and additional fee required.)

Thursday, 1:00 pm – 6:00 pm

SPECIAL EVENT

5th Annual Passages Conference:

Brought to you by the American Music Therapy Association Students Board of Directors, Passages is a free mini-conference for students and young professionals. This year it will stream live through Facebook. Link: <https://fb.me/e/1JxTpalGO> Keynote Speaker: Dr. Hakeem Leonard Please join us for the event and share the event link from the American Music Therapy Association Students Facebook page.

Thursday, 1:15 pm – 6:15 pm

ADD-ON COURSE

Add-on Course D. Learning, Teaching, and Supervising Verbal Use in Music Therapy

Presenter(s): Elizabeth Schwartz, MA, LCAT, MT-BC

Basic verbal skills are necessary for effective and competent practice at every level of music therapy, yet there is limited literature on how to learn, teach, and supervise verbal skills. Learn from a comprehensive four level framework, basic to advanced, as a foundation for developing and using verbalization that fits the scope and level of practice, client needs, and ethical practice. (Pre-registration and additional fee required.)

Thursday, 2:00 pm – 6:00 pm:

ADD-ON COURSE

Add-on Course E. The Latest and Greatest in Music and Neuroscience Research

Presenter(s): Patricia Izbicki, PhD

In the last 20 years, the field of music, music education, music therapy and neuroscience has blossomed into a recognized research entity. Things are moving quickly, making it difficult for practitioners and clinicians to keep up with new developments. Synthesize, disseminate, and discuss the latest and greatest in music and neuroscience research with the goal of translating basic research to the clinical setting (i.e., from bench to bedside). (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course F. Dementia 101: How to Navigate the World of Dementia and Meaningfully Engage Everyone in the Room

Presenter(s): Tara Jenkins, MT-BC

Have you struggled to effectively, successfully, and meaningfully engage older adults in music therapy? Explore how music therapists can become the experts in dementia care, develop strategies and techniques to strengthen therapeutic skills, and discuss dementia-specific scenarios from real life examples in a clinical setting. (Pre-registration and additional fee required.)

Thursday, 7:00 pm

SPECIAL EVENT

Opening Session with Guest Speaker Dr. Emmeline Edwards

CONFERENCE SCHEDULE

Thursday, 9:00 – 10:00 pm

SPECIAL EVENT

AMTA Digital Beat Cypher

Join music therapy beat makers as they create and compose new music using a sample that was shared with permission from the Nordoff Robbins Center at New York University. A beat cypher is a form of Hip Hop freestyle and expression in which artists share their creativity by creating a new groove from pre-composed music (also known as flipping a sample). A cypher needs an audience for group energy, support, and encouragement! All are welcome to join. Due to the nature of playing live electronic music through the internet, please make sure you are able to adjust your headset volume in case of sudden shifts in volume or changes in sound.

FRIDAY, NOVEMBER 20, 2020

Friday, 8:30 am – 9:30 am

SPECIAL EVENT

Internship Fair

Friday, 10:00 am – 11:00 am

SPECIAL EVENT

Keynote Address: Rhythmic Medicine

Dr. Nina Kraus

Friday, 11:15 am – 12:30 pm

NEUROSCIENCE CONCURRENT SESSION

The Translational Use of Rhythm for Gait Training: From the Lab to the Clinic

Presenter(s): Jessica Grahn, PhD; Sarah Thompson, MM, CBIS, MT-BC

Cognitive neuroscience studies contain valuable information about how different elements of a rhythm-based intervention may be changed to maximize clinical outcomes. Outline crucial neuroscience findings that should inform clinical decision-making. Discuss identifying responses to rhythmic interventions and the use of clinical tools that can be used to alter responses. Enjoy interactive demonstrations as well as suggestions you can incorporate directly into clinical work.

CONCURRENT SESSION

Unwrapping the Gift of Music Therapy with Refugees and Immigrants

Presenter(s): Amy Bliss Tenney, JD, MAMT, MT-BC; Mallika Singh

Discuss potential goals, benefits, and challenges to using music therapy with refugees and immigrants. Get recommendations, interactive sample music therapy

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interventions, and resources for working refugees and immigrants generally and within music therapy. Discuss valuable results of a survey of US music therapists working with refugees.

CONCURRENT SESSION

Music Authenticity: Client Preferred Music the way Clients Prefer

Presenter(s): Kyle Fleming, MT-BC

Instruments welcome! It often isn't enough to simply sing the song. Our emotional responses and associations with the music we enjoy are based as much in how the song is performed as it is in what the song is. Lay the groundwork for the idea of "musical authenticity," what it means to be authentic to genre during sessions, and how to build our knowledge of the nuances of a broad range of genres.

CONCURRENT SESSION

A Theoretical Model for the Use of Singing to Improve Early Auditory Development in Very Preterm Infants

Presenter(s): Amy Smith, PhD, CCLS, MT-BC

Learn about the development of a theoretical framework for understanding how intrauterine speech characteristics of pitch, rhythm, and prosody can be implemented as essential music elements in an intervention to improve auditory development and long-term language outcomes in very premature infants. Discuss implications for clinical practice as well as preliminary results of phase one research based on the framework.

CONCURRENT SESSION

Real World Challenges in Research: When a Multi-nation Pragmatic Trial Meets a Pandemic

Presenter(s): Claire Ghetti, PhD, CCLS, MT-BC; Toro Söderström Gaden, MA-MT; Lucja Bieleninik, PhD; Ingrid Kvestad, PhD; Christian Gold, PhD

Engaging in research requires the careful navigation of various types of real-world challenges. Pragmatic trials aim to evaluate the effectiveness of interventions within a spectrum of real-life practice contexts. When such a trial is multi-national, variation among cultural and practice contexts increases. Explore how one multi-national pragmatic randomized controlled trial handled real-world challenges and variations linked to cultural differences and an unfolding global health crisis.

CONCURRENT SESSION

Facilitating Drum Circles – Online

Presenter(s): Christine Stevens, MSW, MA, MT-BC

Many live events and clinical sessions have been canceled due to the COVID-19 Pandemic. Join author and music therapist Christine Stevens in this HealthRHYTHMS session. Experience Guided Imagery Drumming, a "back-pack band" ice-breaker, and Inspirational Beats.

Information subject to change - Times noted are Eastern Time

CONFERENCE SCHEDULE

Learn to use audio play-along tracks and found sounds for engagement from home-based clients. Please bring your drum, rattle, flute, or found sound to the jam. You will receive a 7 minute audio play-along.

Friday, 12:00 pm – 3:00 pm

ADD-ON COURSE

Add-on Course G. Mindfulness, Music and Mandala: Cultivating Self-Compassion around Privilege and Bias

Presenter(s): Sangeeta Swamy, PhD, MT-BC, LPC; Jennifer Hicks, E-RYT, MT-BC

Gain powerful inner tools to chip away at socio-cultural privilege and bias through mindfulness, loving kindness meditation, and Supportive Music & Imagery. (Pre-registration and additional fee required.) Note: This session will only be presented live and will not be recorded for later use.

Friday, 12:00 pm – 5:00 pm

ADD-ON COURSE

Add-on Course H. Growing with the 2019 AMTA Code of Ethics

Presenter(s): Janice Shreibman, MM, MT-BC; Carol Shultis, PhD, MT-BC; Kevin Hahn, MM, MT-BC; Barbara Bastable, MA, MT-BC; Jen DeBedout, MM, MT-BC; Rachelle Morgan, MA, MT-BC; Jennifer Sokira, MMT, LCAT, MT-BC; Cheryl Stephenson, MM, MT-BC

With the AMTA Ethics Board, discuss recent trends in ethical concerns identified by AMTA members. Explore predetermined scenarios, identify the ethical dilemma(s), and practice using an ethical problem-solving method to generate potential solutions and their consequences. Discussion points include topics such as the impact of current topics on professional practice, their effect on collegial relations, and maintenance of self-care. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course I. Relationally Based Music Psychotherapy

Presenter(s): Christine Routhier, MA, MT-BC, LMHC; Carol Merle-Fishman, MA, LCAT, LMHC

Explore the integration of Relational Integrative Psychotherapy and Internal Family Systems theory within the practice of music psychotherapy in a private practice setting. Outline the Continuum Model of Guided Music & Imagery and discuss music and imagery demonstrated as an approach that can be effectively used on virtual platforms. Learn about issues related to ethics and self-

care for practitioners. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course J. Motivational Interviewing in Music-Centered Music Therapy

Presenter(s): Noah Potvin, PhD, MT-BC

Verbal processing is an essential skill for music therapists in many treatment settings, yet it can be difficult to determine the role of verbal skills in music-centered therapeutic processes where therapeutic transformation is explicitly located in the music encounter. Learn about motivational interviewing, an evidence-based verbal process that aligns with music-centered practices by eliciting change talk that, in turn, promotes patient-directed music engagement. (Pre-registration and additional fee required.)

Friday, 1:30 pm – 2:45 pm

NEUROSCIENCE CONCURRENT SESSION

The Neuroscience of Music and Autism: Research and Practice

Presenter(s): Miriam Lense, PhD; Blythe LaGasse, PhD, MT-BC

Researchers from psychology, neuroscience, and music therapy present current evidence in neuroscience, music, and autism. Learn about musical/non-musical development, neurological findings, and aspects of music stimuli/engagement that facilitate development. Review current studies on music/music therapy, along with implications for clinical practice.

CONCURRENT SESSION

Building Multicultural Repertoires with the Cultural Insiders—Chinese Song Repertoires and Resources

Presenter(s): Angel Leung, MM, MTA, MT-BC; Pan Ho, MSSc, MTA, MT-BC

With globalization, the cultural backgrounds of clientele served by music therapists are more diverse than ever before and it is important for clinicians to have appropriate music and cultural knowledge to connect with clients and care-takers to provide best care possible. Focus on Chinese music repertoires and cultures, particularly the Southern part of China (Hong Kong and Macau included) and its application in various clinical settings.

CONCURRENT SESSION

Bust a Myth: How Music Therapy Addresses Misconceptions in Military Populations

Presenter(s): Kathleen Sanders, MT-BC; Andrea Blunt, MM, MT-BC; Danielle Kalseth, MM, MT-BC

Explore myths and misconceptions that contribute to the military/civilian divide in the United States. Music therapists working with military populations will identify the

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impact of stigma through patient testimonials and clinician observation. Discuss how music therapy addresses these misconceptions and associated stigma within military populations.

CONCURRENT SESSION

Turning Adversity into Innovative Advocacy

Presenter(s): Dena Register, PhD, MT-BC; Kimberly Sena Moore, PhD, MT-BC; Maria Fay, LSW, LCAT, MT-BC; Rebecca Preddie; Judy Simpson, MT-BC

In a time of unprecedented change and challenge, music therapists continue to engage in advocacy. Join the AMTA and CBMT government relations teams to hear results of a national survey on pandemic-related changes to practice and discuss examples of creative, reflexive and innovative advocacy.

RESEARCH SESSION

Research Committee Presents... From Research to Practice: Evidence-based Use of Therapeutic Drumming,

Presenter(s): Annie Heiderscheit, PhD, LMFT, MT-BC; Martha Young

Therapeutic drumming has been implemented in a variety of settings to improve health outcomes and well-being. The accessibility of drumming for many clients as well as the body of research surrounding therapeutic drumming has significantly increased in the past decade. Hear a systematic review and summary of the results of this research. Get information regarding the therapeutic and health benefits of drumming and recommendations for implementation.

Friday, 3:00 pm – 4:15 pm

NEUROSCIENCE CONCURRENT SESSION

Developing and Evaluating an Evidence-Based Music Program in Your Community for Individuals with Dementia,

Presenter(s): Jessica Strong, PhD, ABPP; Melita Belgrave, PhD, MT-BC

Music therapy is commonly used with older adults with dementia, particularly those who experience behavioral or psychiatric symptoms. These symptoms can be exacerbated in acute care settings. Address the connection between research and clinical work. First, get snapshots of training models for use with other staff when working with dementia, including the Geriatrics 5Ms model (Tinetti, 2017). Second, address how to develop and implement music therapy interventions based on appropriate implementation models. Finally, discuss considerations for evaluating music therapy interventions for older adults with dementia, specifically using these evaluations to contribute to the evidence-based literature.

CONCURRENT SESSION

Untangling Gendered Addictions Treatment and the Role of Music Therapy

Presenter(s): Joy Willenbrink-Conte, MA, MT-BC

Many addictions treatment settings utilize gender separate/ specific spaces, operating from a gender binary versus spectrum or continuum understanding. How and why did we arrive here, and what are the impacts on music therapy? Hear about a music therapist's experiences in these spaces, woven with review of relevant literature, particularly sources that amplify voices of treatment participants, clients, and/ or consumers.

CONCURRENT SESSION

Lessons from Difficult Times: Music Therapy to Support Children who Experience Trauma,

Presenter(s): Marta Hernández, MA, MT-BC; Cindybet Pérez, PhD, MT-BC; María del Carmen Gil, MM; Natalia Rodríguez, MMT

Explore a music therapy treatment model to provide emotional support to minors from the group and residential child centers in Puerto Rico. The program initiated as a first-aid music therapy service after Hurricane María and has grown since then to become an ongoing strong program that uses music therapy to support traumatized children. Learn about pre-post results, collected data, session plans, songs, and interventions.

CONCURRENT SESSION

Pediatric Music Therapy in the United States: A Roundtable Discussion

Presenter(s): Stephanie Epstein, MM, MT-BC; Marial Biard, MM, MT-BC; David Knott, MM, MT-BC; Caitlin Krater, MS, MT-BC; Clare Arezina, MME, CCLS, MT-BC; Ashley Scheufler, MME, MT-BC; Amy Love, MA, MT-BC; Mark Fuller, Jr., MT-BC

With the Pediatric Work Group, discuss current guidelines and practices of clinical care and the state of the field. Survey results from a 2020 article will be disseminated, along with program development, clinical practice, standards of care, and program challenges. Get updates on projects and initiatives as well as actively participate in discussions and pose questions.

CONCURRENT SESSION

People Get Ready: Mobilizing Musical Resources to Transform Prison Culture

Presenter(s): Erinn Epp, MA, MT-BC

How can a choir contribute to the transformation of the culture within a prison? Drawing on frameworks of restorative justice, theories associated with Community Music Therapy, and the presenter's work as a choir director within a medium-security men's prison, explore how the mobilization of musical resources has led to personal, social, and communal transformation among inmates,

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and the resulting impact on both the prison and the wider university community.

CONCURRENT SESSION

“The G Word” - Exploring Giftedness as Part of Neurodiversity

Presenter(s): Meredith Pizzi, MPA, MT-BC; Bronwen Landless, MMT, MT-BC; Tracy Wanamaker, MEd, MT-BC

Highly and profoundly gifted individuals present with a profile that is often misunderstood and misdiagnosed. Explore neuro-diverse perspectives and learn about resources, information, and ideas about how to identify, support, and advocate for gifted and twice exceptional clients and learners.

Friday, 4:30 pm – 6:00 pm

SPECIAL EVENT

Current Conversations Networking Event

Focus on acknowledging and addressing the current sociocultural climate and its impact on our clients, clinical work and our own identities as clinicians and individuals in the world. Topics include: Online Telehealth, Coping with COVID, Technology in Music Therapy, Stress and Burnout, Allies of Social Justice, Community Health and Wellness, Cultural Humility, Reflexivity & Anti-Oppressive Practice, and Envisioning the Future of AMTA. Topics will be facilitated by clinicians, educators and researchers who are invested in these dialogues. The event will be hosted on Zoom.

Friday, 4:30 pm – 5:45 pm

NEUROSCIENCE CONCURRENT SESSION

The Intersection of Neuroscience and Music Therapy in Mental Health and Well-Being

Presenter(s): Amy M. Belfi, PhD; Andrea Dalton, MA, MT-BC

Mental health treatment, specifically music therapy for mental health issues, has historically centered on psychosocial and interpersonal interpretations of behavior. Increased insights into neurological processes involved with both mental health and music has begun to propel the work of music therapists forward in a powerful way. Join a music neuroscience researcher and a music therapist for a look at what we know and what we can still learn to increase efficacy of music therapy practice.

CONCURRENT SESSION

Cultural Intersections and Ethnocultural Countertransference: A Double-Edged Sword

Presenter(s): Suzanne Osman, MT-BC

Amid the backdrop of globalization, emphasis on cultural intersections has risen to the forefront of contemporary issues within the music therapy profession. Research suggests that ethnicity and culture touch deep, unconscious

feelings in most individuals. There are multiple influences on culture as it deeply shapes identity. Explore cultural intersections and ethnocultural countertransference in the therapeutic relationship stemming from personal, culturally diverse experiences.

CONCURRENT SESSION

Beat Buddies: Creating Meaningful Social Experiences for Inclusive Groups of Preschoolers

Presenter(s): Carly Reese, MT-BC

Learn about the research method and results of a study designed to explore the beneficial components of social skills interventions for inclusive groups of preschoolers. Explore the research design and findings of the study, including which social skills emerged in participants, which social skills participants found valuable when identifying a friend, and how music therapists can best musically and non-musically elicit those social skills.

CONCURRENT SESSION

“I Can Follow the Manual and Still Make it my Own!” Music Intervention Training and Therapist Fidelity

Presenter(s): Deanna Hanson-Abromeit, PhD, MT-BC; Kimberly Sena Moore, PhD, MT-BC

Monitoring integrity of intervention implementation is vital to determining efficacy. See a model of a treatment fidelity training process and procedures of a manualized group music intervention with at-risk preschoolers. Explore the music therapist's perception of training and adherence to intervention implementation as well as application of interventionist integrity to treatment decision-making and strategies for clinical practice.

CONCURRENT SESSION

Not Your Grandma's Nursing Home: Music Therapy at A Continuing Care Retirement Community

Presenter(s): Abigail D'Arcangelis, MT-BC

What is a Continuing Care Retirement Community (CCRC) and how does it radicalize music therapy with older adults? Through video case studies and interactive interventions, explore a full time music therapy program at one CCRC. Experience the broad scope of practice possibilities and the trending shift in the culture of aging, including updated terminology and other models of elder living. Leave empowered to better market and facilitate music therapy in today's expanding world of elder care.

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CONCURRENT SESSION

Academic Excellence: From CBMT's 2020 Practice Analysis to Comprehensive Testing

Presenter(s) Joy Schneck, MM, MT-BC, Petra Kern, PhD, MTA, DMtG, MT-BC;

Educators and clinical training directors instill academic excellence in every graduating student and want them to excel in their careers. How does CBMT's 2020 "Practice Analysis Survey" and the new "Board Certification Domains" support your vision through comprehensive competency testing? Find out and learn about resources for you from CBMT representatives.

Friday, 6:00 pm – 7:00 pm

ASSOCIATION MEETING

AMTAS Business Meeting

Friday, 6:00 pm – 7:30 pm

ASSOCIATION MEETING

Assembly Meeting

Friday, 7:00 pm – 10:00 pm

ADD-ON COURSE

Add-on Course K. You Can't Pour from an Empty Cup: Sustainable Self-Care Strategies for the Real World

Presenter(s): Jennifer Hicks, E-RYT, MT-BC

Making self-care a priority in our daily personal and professional lives is generally easier said than done, particularly with the challenges of this past year. Review research and writings by music therapists on burn-out as well as ways to prevent and reduce its negative effects through self-care. Explore a variety of self-care strategies and choose at least one to integrate into your daily life. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course L. The Inputs and Outputs of Home Recording

Presenter(s): Robert Stewart, MM, MT-BC

With the recent transition to tele-health services for many music therapists, at-home recording has become a much-needed skill set. Learn how to record, edit, mix, add effects, and bounce to mp3 both audio and MIDI tracks using Garageband and ProTools. Gather information about necessary hardware, such as microphones, cables, and MIDI controllers. (Pre-registration and additional fee required.)

Friday, 8:00 pm – 9:30 pm

SPECIAL EVENT

CollaboRAVE

Hosts: Bernie and Natasha Thomas; Guest Emcee: Mike Viega

Come join an interactive digital music experience where audiences can control the music in real time! Using an Ableton template designed for play by Bernie Thomas of BT Playgrounds, attendees will be invited to share in the flow and progression of the music by remote controlling the keyboard, submitting their own audio samples, and even controlling the music with the flashlights on their phones! Intrigued? Join the CollaboRAVE! For those planning to attend, be mindful that there will be flashing lights (smart phone flashlights) at times during the event in case you have a sensitivity to this.

SATURDAY, NOVEMBER 21, 2020

Saturday, 8:30 am – 9:30 am

SPECIAL EVENT

Internship Fair

Saturday, 10:00 am – 11:00 am

SPECIAL EVENT

Keynote Address: Angel Band Project

Presenter(s): Rachel Ebeling

Saturday, 11:15 am – 12:30 pm

CONCURRENT SESSION

The Angel Band Project: Using Music for Healing with Survivors of Sexual Exploitation

Presenter(s): Sarah Michaelis, MMT, MT-BC

The Angel Band Project's mission is to use the power of music to break the silence around sexual violence. It provided music therapy services in a residential program for survivors of sexual exploitation in substance use recovery. Discuss music therapy treatment planning, implementation, documentation, outcomes and considerations for providing music therapy to survivors of sexual exploitation through a trauma-informed lens.

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CONCURRENT SESSION

Adapt and Overcome: Music Therapy with Military Populations During a Global Crisis

Presenter(s): Abigail Palmer, MT-BC; Diane Langston, MM, MT-BC

Get insight from music therapists working with military populations through Creative Forces®: NEA Military Healing Arts Network. Discuss pivoting from clinical in-person treatment to virtual care on a clinic to community continuum, the unique symptoms of military personnel, and responses to circumstantial changes on a global level.

CONCURRENT SESSION

Creative Aging Experiences in a Virtual Space

Presenter(s): Melita Belgrave, PhD, MT-BC

Learn about developing and implementing creative aging music therapy sessions in a virtual space. Experiences include live interactive sessions as well as asynchronous sessions for older adults in various settings with various cognitive, psychosocial, and physical needs. Get sample session goals and objectives, interventions, and ideas for technology used.

CONCURRENT SESSION

Using the CBMT Self-Assessment Exam to Identify Strengths and Weaknesses for Exam Success

Presenter(s): Joy Schneck, MM, MT-BC; Karen Howat

Learn to use the CBMT Self-Assessment Exam as a function to assist with identifying strengths and weaknesses in exam preparation.

CONCURRENT SESSION

Remixing Pivotal Moments in Nordoff-Robbins Music Therapy

Presenter(s): Michael Viega, PhD, LCAT, MT-BC; Claudia Orozco; C'aira Cotte

Learn how online technology aided in Nordoff-Robbins music therapists exploring pivotal musical moments. Remixing, using a variety of music technologies (plug-ins, DAWs, and MIDI) was the primary musical method of investigation. Results of an arts-based research study will be shared. Discuss remixing and the use of digital music technologies within telehealth for online music psychotherapy.

RESEARCH SESSION

Research Committee Presents... "I'm published! Now what?" The Practice and Importance of Promoting Scholarly Work

Presenter(s): Kimberly Sena Moore, PhD, MT-BC; Noah Potvin, PhD, MT-BC

Researchers are trained in conducting and disseminating research, however, little coaching exists on how to promote scholarly activity. This is important to enhance one's research

profile and bring exposure to journals and music therapy scholarly work. The Journal of Music Therapy and Music Therapy Perspectives Associate Editors-Communications will guide you in how to promote scholarly activity.

RESEARCH SESSION

Oral Research Poster Session:

Understanding Lyrical Expression: Songwriting Themes in Pediatric Cancer

Jaime Kennington Wilhite, MT-BC, Maryville University; Tracie Sandheinrich, PLPC, MT-BC, Maryville University; Crystal Weaver, LPC, CRC, MT-BC, Saint Louis University

Group Music Therapy for Survivors of Sexual Violence: A Mixed Methods Evaluation of Participant Perceptions and Symptom Reduction

Megan Fedor, MT-BC, Colorado State University

A Systematic Review of Music Interventions Used to Address Emotional Needs of Older Adults

Seokyoung Jang, PhD, MT-BC, Radford University; Lizzie Kunde

Understanding the Critical Leitmotif of Life: A Qualitative Inquiry on Hospice Music Therapists' Perception of Human Death

Hye Rim Kim, MMT; Mi Hyun Bae, PhD, FAMI; Hansei University

Saturday, 12:00 pm – 2:45 pm

CONCURRENT SESSION

Global Perspectives Session

Showcases international music therapy projects, scholarly work, and service opportunities from around the world. This year's session highlights professional and student experiences ranging from international clinical work; applying funding for international work; the impact of global crises on faculties, students and communities; and social justice in inclusive music education.

- Case of Music Therapy for an Adult Patient with Depression; *Hyunju Kim, MA, MT-BC*
- Gilman: How Students Can Fund Their International Experience; *Austin Thorn*
- Music Therapy Teletherapy Support in the Midst of a Dual Crises: Perspectives from the Chair of the World Federation of Music Therapy (WFMT) Global Crises Intervention. Commission on the WFMT's efforts to provide vital support to victims of a tragic chemical explosion and COVID-19 pandemic in Beirut; *Indra Selvarajah, PhD*
- Teaching on Music Therapy around the Globe during the COVID-19 Pandemic: Challenges and Possible Solutions; *Gustavo Shulz Gattino, PhD*
- Displacement and Disruption: The Dilemma of International Students during the Pandemic; *Yu-Ling Chen, PhD, MT-BC; Feilin Hsiao, PhD, MT-BC*

Information subject to change - Times noted are Eastern Time

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- Lesson from the Pandemic: The Integration of Cultural Competency and Cultural Humility in Music Therapy; *Mingyue (Terence) Xu, MA, MT-BC; Meng-Shan Lee, MMT, MT-BC*
- Re-Entering Cultural Adjustment: Abiding Therapeutic Principles via AMTA Code of Ethics; *Pei Hsun April Fu; ChihChen Sophia Lee, PhD, LPMT, MT-BC*
- The Potential of Scottish Music Education for Realising Social Justice: Theoretical and Empirical Research in Inclusive Scottish Primary Schools; *Hanah Kim, PhD*
- Exploration of Emotional Responses and Coping Strategies During the Pandemic with Chinese College Students; *Meng-Shan Lee, MMT, MT-BC; Mingyue (Terence) Xu, MA, MT-BC; Ruiguang Yu*

Saturday, 12:00 – 4:00 pm

ADD-ON COURSE

Add-on Course M. Mismatch Negativity, PRP, DCR & Music: Clinical Applications of Advanced Concepts in Neuroscience

Presenter(s): Dale Taylor, PhD, MT-BC; Janice Lindstrom, MA, MT-BC

The NIH has announced a new initiative to establish a relationship between music therapy and neuroscience. Get a working knowledge of neuroscience terminology, research techniques and advanced concepts that help understand and explain music therapy goals, interventions and outcomes. Apply such terms as pre-attentive response potential, mismatch negativity, and similar neuroscience findings to your own experiences. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course N. Music Therapy in ACTION: Integrating Acceptance and Commitment Therapy into Your Practice

Presenter(s): Hannah Lingafelt, MA, MMT, LCMHC, MT-BC

Acceptance and Commitment Therapy (ACT) is a new model of therapy that has demonstrated positive outcomes in populations including individuals with chronic pain, individuals with anxiety, and individuals with depression. In this experiential and interactive intensive course, learn what ACT is, experience ACT interventions, and explore how to integrate ACT into your music therapy practice from assessment to implementation to evaluation. (Pre-registration and additional fee required.)

Saturday, 12:00 pm – 5:00 pm

ADD-ON COURSE

Add-on Course O. Research Committee Presents... Case Study Research Design

Presenter(s): Kathy Murphy, PhD, LCAT, MT-BC; Annie

Heiderscheid, PhD, MT-BC, LMFT; Nancy Jackson, PhD, MT-BC

Carrying out research studies as a clinician is a daunting task. Most clinicians are not given the time, financial support, or materials needed to carry out a randomized control trial. However, clinicians often have interesting case material or have developed innovative methods of addressing client needs. See ways in which clinicians can conduct research using case study research designs demonstrated. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course Q. Addressing Common Behavioral Issues of ASD Using Rhythm-Based Regulation Strategies

Presenter(s): Fatima Chan, MME, MT-BC; Casey DePriest,

MT-BC

Learn to use rhythm-based strategies to address problematic behaviors of individuals with Autism Spectrum Disorder. Explore the movement and sensory differences of autism and learn innovative rhythm-based techniques that support more functional movement, sensory regulation, and reliable communication in individuals with severe autism. (Pre-registration and additional fee required.)

Saturday, 1:30 pm – 2:45 pm

ASSOCIATION MEETING

Assembly Meeting

CONCURRENT SESSION

MT^{ex} Session:

I Am Who I Am and I've Never Felt Less Like Myself: The Development of Music Therapy Students

Presenter(s): Jacob Wilson

During the course of education, a music therapy student takes on many challenges and undergoes a great deal of growth. Through self-reflection and reading literature, learn to identify key themes and stages in the development of professional identity, balancing professional and personal identity, and compartmentalization of individual interests and roles.

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Experience of Therapeutic Group Drumming in School Violence Prevention Program

Presenter(s): Eun Sil Suh, PhD, KCMT, MT-BC

Examine therapeutic group drumming intervention for reducing aggression in adolescence as a possible program for school violence prevention. Learn about qualitative and quantitative research that were implemented in Korea with regard to this intervention. Discuss dyadic, synchronized, and improvisational group drumming intervention and collaboration between music therapists and music teachers.

Passport to Excellence: CBMT's Global Opportunities

Presenter(s): Joy Schneck, MM, MT-BC; Petra Kern, PhD, MT-BC, MTA, DMtG

The global reality of the workforce has touched the music therapy profession. Professionals are seeking employment abroad, yet, the diversity of music therapy degrees is challenging global mobility. Certification is the passport to excellence, allowing employers worldwide to identify professionals' competencies. In the US, the Certification Board for Music Therapists ensures a standard of excellence for safe and competent music therapy practice and provides the basis for employment and state licensure.

CONCURRENT SESSION

Diversity, Equity, and Inclusion Committee Presents: A Status Report for 2020

Presenter(s): Melita Belgrave, PhD, MT-BC

Members from the Diversity, Equity, and Inclusion Committee will present work on increasing diversity, equity, and inclusion initiatives within AMTA. Learn about their roles in working with other committees for tasks, developing language, resources, and more.

CONCURRENT SESSION

From Inquiry to Internship: The Students' Guide to Success

Presenter(s): Jennifer Hicks, E-RYT, MT-BC; Kyle Fleming, MT-BC

In this session specifically designed for music therapy students, learn from representatives of diverse national roster sites and theoretical perspectives, tips for inquiring about, applying, interviewing, and preparing for internships. Ask questions and actively engage in discussions around each of these important steps.

CONCURRENT SESSION

C.A.M.P. Caregivers: Implementation a Parental Support Group in the Medical Setting

Presenter(s): Stephanie Epstein, MM, MT-BC; Victoria Smith, MA, MT-BC

There is limited research exploring inpatient parental support groups, much less those utilizing the creative arts. Examine the implementation of a creative arts and music

parent/caregiver support group with parents and caregivers of pediatric inpatients. Discuss interventions utilized, parent/caregiver feedback, implications for use, and difficulties in implementing such a group as well as applications in numerous clinical settings.

CONCURRENT SESSION

GIM and Depression: Evidence for Real-World Clinical Practice,

Presenter(s): Tim Honig, MMT, MT-BC

Explores the use of the Bonny Method of Guided Imagery and Music (GIM) with clients who have clinically significant depression. In addition to surveying research evidence, get preliminary findings from a multi-site research study examining therapeutic outcomes when using GIM in the treatment of depression, illustrated by case vignettes with musical examples. These findings are woven together with theories of change in GIM for an in-depth look at GIM and depression.

Saturday, 3:00 pm – 4:15 pm

CONCURRENT SESSION

I Think I'm an Ally. Am I an Ally? Strategies for Ally Development

Presenter(s): Amy Donnenwerth, MA, MT-BC; Jennifer Geiger, MA, MT-BC

As we move our profession forward it's critical to examine how an ally role can support the diversity of people we serve. It's equally vital to examine how well we can support diversity through an ally role. Professional growth in ally development will help us engage in thoughtful, sensitive interactions with others. Understand where improvements are needed, create an action plan, find resources and implement thoughtful strategies.

CONCURRENT SESSION

Integral Thinking: A Model for Music Therapy Curriculum Design and Implementation,

Presenter(s): Patricia Winter, PhD, MT-BC; Lauren DiMaio, PhD, MT-BC; Sekyung Jang, PhD, MT-BC

At the 2011 AMTA national conference, Dr. Kenneth Bruscia lectured on the importance of Integral Thinking in Music Therapy. The three ways of thinking: Outcome, Context, and Experience, capture various theoretical approaches, needs of clients, and music therapy methods. Learn how one university intentionally used Integral Thinking in Music Therapy to design their curriculum, supervise students, and teach professional competencies.

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CONCURRENT SESSION

An Integrative Model of Musical Development: Theoretical Perspectives and Clinical Applications,

Presenter(s): Laura Beer, PhD, MT-BC; Jacqueline Birnbaum, MA, NRMT, LCAT, MSed, MT-BC

Music touches all areas of a child's development: physical, emotional, cognitive, spiritual, and social. Each area is vital for healthy development and a positive sense of self. Learn about an integrative model of musical development and discuss approaches to treating children with trauma and other challenges. See concrete applications illustrated to show how the model can be used.

CONCURRENT SESSION

Honor Our Story, Honor Our Song: Supporting Family-Centered Care During Pediatric End-of-Life

Presenter(s): Lydia Westle, MMT, MT-BC

Navigating diverse cultural, spiritual and psychosocial needs of patients and families during pediatric end-of-life presents unique challenges in the hospital setting. Case examples will demonstrate how use of voice and family-preferred songs, as well as collaboration with the interdisciplinary team, created opportunities for memory making, legacy building, and closure. Explore countertransferences and discuss approaches utilized to navigate personal grief.

CONCURRENT SESSION

Self-Care: Not All Bubble Baths and Ice Cream

Presenter(s): Kelsey Lownds, MM, MT-BC

True self-care is not all about bubble baths and ice cream, it is making the choice to build a life you don't regularly need escape from. Take a self-care assessment and begin developing an individualized self-care plan all while increasing understanding of true self-care.

CONCURRENT SESSION

Music Therapy Facilitated Virtual Reality: Feasibility and Innovation in Inpatient Palliative Care

Presenter(s): Angela Wibben, MM, MT-BC; Adreanne Brungardt, MM, MT-BC

Virtual Reality (VR) provides a unique opportunity to link a technology-based visual experience with an auditory therapeutic music intervention. Learn about the feasibility, acceptability, and patient outcomes of a pilot study utilizing music therapy-facilitated virtual reality in inpatient palliative care. Hear a presentation of pilot data to help inform and spur creative thought processes of applying VR technology and protocols to varied client populations and/or diverse goal areas.

Saturday, 4:30 pm – 5:45 pm

CONCURRENT SESSION

Beyond La Bamba - Latin American Music Therapy Network

Presenter(s): Cynthia Koskela, EdM, MT-BC; Marlen Rodriguez-Wolfe, MM, MT-BC; Jeniris Garay, EdM, MT-BC; Patricia Zarate, MA, BM, MT-BC

The Latin American Music Therapy Network is an online community that seeks to support Latin American music therapists and allies interested in becoming more culturally responsive when working with Latin American clients. Music therapy advocacy and community building have been essential in building the network. If you are a music therapist who would like to get to know more about the network, social justice, music therapy advocacy, and how to become involved, join us in this session.

CONCURRENT SESSION

Memory, Brain, and Music Interventions for Memory Impairments in Adults with Brain Injuries

Presenter(s): Noriko Nakamura, MT-BC

Discuss memory types, their definitions, and related brain regions in detail. Then focus on music interventions addressing verbal memory in individuals with acquired brain injuries (ABI). Assessment tools for verbal memory include the Rey Auditory Verbal Learning Test and Digit Span. Explore clinical implications for providing music interventions to address verbal memory in adults with ABI.

CONCURRENT SESSION

Clinical Recommendations for Serving Clients with Hearing Loss

Presenter(s): Jessica MacLean, MM, MT-BC; Tyler Caldwell, AuD

Music therapists work with clients with hearing loss across the lifespan in a wide variety of settings. Get an introduction to working with clients with hearing loss, with a focus on how hearing loss and hearing assistive technology affect speech and music perception, including separate musical elements. Discuss clinical recommendations with a music therapist and an audiologist.

CONCURRENT SESSION

Responding to COVID-19: The AMTA COVID-19 Task Force

Presenter(s): Lori Gooding, PhD, MT-BC; Barb Else, MPH, MT-BC; Andrea Dalton, MA, MT-BC; Seneca Block, MA, MT-BC; Heather Wagner, PhD, MT-BC; Rachelle Morgan, MA, MT-BC; David Knott, MM, MT-BC

AMTA responds to disaster events that affect music therapy professionals, students, and the clients/patients we serve, but nothing has impacted our community like the COVID-19 pandemic. Hear members of the AMTA COVID-19 Task Force reflect on their work supporting the music therapy

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community during the pandemic. Topics covered will include teleservices, resources, and other areas. Learn about future plans to continue to support our community as we move forward.

CONCURRENT SESSION

Encountering Transgenerational Grief and Trauma Through Analytical Music Therapy,

Presenter(s): Brian Abrams, PhD, LCAT, MT-BC

Explore the phenomenon of transgenerational grief and trauma as it manifests through Analytical Music Therapy. Key literature, the uniqueness of the Analytical Music Therapy form for accessing transgenerational grief and trauma, and case material from the presenter's own work as an Analytical Music Therapy trainee, will all be considered. Materials included in this presentation are quoted directly from an article, "Encountering Transgenerational Trauma Through Analytical Music Therapy" that has been accepted for publication in the Nordic Journal of Music Therapy.

Saturday, 6:00 pm – 7:00 pm

ASSOCIATION MEETING

AMTA Business Meeting

Saturday, 6:00 pm – 7:30 pm

ASSOCIATION MEETING

AMTAS Business Meeting

Saturday, 7:30 pm

SPECIAL EVENT

Angel Band One Voice Concert

Saturday, 8:30 pm – 9:30 pm

SPECIAL EVENT

Unmuted: A Virtual Open Mic

If you have a song, rap, poem, lyrics, instrumental or digital piece that you'd like to share, unmute yourself and join us for a special virtual open mic on Saturday night! Solo acts, socially distant group acts, and pre-recorded videos are welcomed! Please sign up in advance (1 entry per participant, 5 minute limit). Look for sign-up information in your registration e-bag.

SUNDAY, NOVEMBER 22, 2020

Sunday, 9:30 am – 10:30 am

SPECIAL EVENT

Internship Fair

Sunday, 10:00 am – 1:00 pm

ADD-ON COURSE

Add-on Course R. Heartbeats 101

Presenter(s): Grace O'Leary, MT-BC

We all know that heartbeat recordings are an incredible legacy project, but how do we ensure both our recordings and our application of the intervention are high quality? Learn not only tips and tricks for recording and editing heartbeats, but how to implement the intervention in a way that is meaningful and part of the therapeutic process, not just a product to present near end of life. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course S. Finding the Beauty in Neurodiversity

Presenter(s): Alyssa Wilkins, MT-BC; Ava Marvin, MT-BC

Music therapists have a unique opportunity to help clients of all abilities tap into the self and give an outlet to individuals who may struggle connecting with others. Explore how to use music therapy to help neurodiverse individuals regulate, connect, and express themselves in a neurotypical world. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course T. 5 Steps for Persevering in Tough Times

Presenter(s): Cathy Knoll, MA, MT-BC

Music therapists will learn solid, field-tested strategies for moving forward professionally no matter the roadblocks they may encounter. Hear about significant professional and personal challenges others have encountered, and walk through specific steps necessary for developing a contingency plan, facing difficult challenges, rescuing a job, building professional value, and exploring new markets and profitable income-producing projects. (Pre-registration and additional fee required.)



CONFERENCE SCHEDULE

Sunday, 11:15 am – 12:30 pm

CONCURRENT SESSION

Access for All: Critical Thinking about Inclusion in Music Therapy Presentations

Presenter(s): Kaitlin Shelton, MT-BC

Discuss rationale and practical strategies for creating accessible presentations on music therapy at conferences and in community outreach settings. Employ universal design, radical inclusion, and social justice while relating the conversation to disability allyship in everyday work and interactions.

CONCURRENT SESSION

Update from the 21st Century Commission: Where We Are Now

Presenter(s): Jennifer Hicks, E-RYT, MT-BC; Donna Polen, LCAT, MT-BC

Hear from members of the Commission on the Education and Clinical Training of 21st Century Music Therapists who will highlight charges from the AMTA Board; describe themes that emerged in response to the two key questions and five charges; review previous work and next steps; and emphasize the importance of connecting with the Commission and ways to do so as we move forward.

CONCURRENT SESSION

Join the Club: Supporting Professional Development through a Journal Club

Presenter(s): Kirsten Meyer, MA, MT-BC; Andrea Dalton, MA, MT-BC; Allison Hingley, MM, MT-BC; Sarah Pitts, MA, LPMT, CPRP, MT-BC

Music therapists can benefit from peer groups, whether journal clubs, peer supervision groups, or other variations. Members of a seven-year-old journal club spanning three regions share experiences meeting virtually to engage in peer support and research review. Discuss the structure, functions, and benefits of peer groups, and get practical tips for starting your own journal club or peer support group.

CONCURRENT SESSION

Music Therapy and Competency Restoration for Adult Defendants

Presenter(s): Robert Stewart, MM, MT-BC

Around 10% of the residents of state psychiatric hospitals are considered incompetent to proceed with their trial. For these people, competency restoration is a top priority in their treatment plans. There is a growing trend of using music therapy to assist in this process. Cover the laws and current research surrounding music therapy in competency restoration as well as personal experience providing this service at Florida State Hospital.

CONCURRENT SESSION

The Professional Life of Eva Augusta Vescelius Prior to 1900

Presenter(s): Emily Sevcik, MEd, LPC, MT-BC

Eva Augusta Vescelius was a prominent woman who laid the groundwork for the music therapy profession. While music therapy historical texts discuss her pivotal work at the turn of the 20th century, little discussion has been dedicated to the foundation her work was built upon. Enjoy an interactive timeline of Vescelius' professional musical career and influences that led her to form the National Society of Musical Therapeutics in 1903.

Sunday, 12:00 pm – 5:00 pm

ADD-ON COURSE

Add-on Course U. Music Therapy in Neurodegenerative Disorders 101

Presenter(s): Becky Wellman, PhD, LPMT, MT-BC; Piper Laird, MM, MT-BC; Lisa Gallagher, MA, MT-BC

Patients with neurodegenerative disorders present a complex and varied set of concerns and challenges. Music therapy can be the glue that brings all of the pieces together to make significant differences in their lives. Review different neurodegenerative disorders, explore specific challenges for patients and their families/caregivers, look at assessments and goals, engage in symptom simulations, and try interventions to be successful in treatment. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course V. Music Therapy, Trauma, & Complex Clinical Profiles

Presenter(s): Kathleen Murphy, PhD, LCAT, MT-BC; Annie Heiderscheit, PhD, MT-BC, LMFT; Lisa Jackert, MA, MT-BC

Trauma experiences & histories underlie many mental health disorders. Participate in music experiences presented in an experiential format with intent to demonstrate how they can be used safely in the clinical setting. Learn from experiences, case studies, and biographical information that may be uncovered by the music. Review ways in which principles of trauma informed care can be infused into music therapy clinical practice and discuss contraindications. (Pre-registration and additional fee required.)

ADD-ON COURSE

Add-on Course W. Energize Your School-Based Music Therapy Services

Presenter(s): Kellee Hansen, MS, MT-BC; Laurel Rosen-Weatherford, MM, MT-BC; Angela Snell, MEd, MT-BC

Do your school-based services need a tune up? Energize your tool box to support students across all educational environments, considering both face-to-face and virtual learning settings. Upgrade your skills in school-wide

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programming, assessment, user-friendly IEPs, goal-based session planning, documentation, effective communication, and interdisciplinary collaboration. Leave this session ready to communicate, advocate and re-invigorate! (Pre-registration and additional fee required.)

Sunday, 12:30 pm – 2:00 pm

SPECIAL EVENT

Clinical Populations Networking Event

Focus on topics as traditionally centered around populations and/or locations of practice. Topics include Mental Health & Forensics, Older Adults, Military, Medical Settings, Business Owners, Neurodiversity, Hospice and End-of-Life, Trauma Informed Care, Early Childhood, Music Therapy in Schools, and Students and Interns. Topics will be facilitated by clinicians who work with consideration of and/or are stakeholders within these communities. The event will be hosted on Zoom.

Sunday, 1:15 pm – 4:15 pm

ADD-ON COURSE

Add-on Course X. Using Online Tools for Tele-Medicine, Tele-Teaching and Virtual Drum Circles:

Presenter(s): Christine Stevens, MSW, MA, MT-BC

During these times, many live events and clinical sessions have been canceled due to the COVID-19 pandemic. Learn four steps to leading online programs, from tele-medicine to online drum circle facilitation. Learn recommended tools to enhance audio, video, and screen sharing. Learn the basics of being an online zoom.us host and facilitator. Practice the four keys to maintaining your online presence. Discover how to make a video invite. Outline an online session, title, protocol and receive feedback. (Pre-registration and additional fee required.)

Sunday, 1:15 pm – 5:15 pm

ADD-ON COURSE

Add-on Course Y. Out with the Old, in with the new: Innovating Internship from application to graduation

Presenter(s): Jennifer Peyton, MM, MT-BC; Jess Rushing, PhD, MT-BC

Stuck in a rut with the same old method? Internship directors must revise approaches and processes to fit the ever-changing needs and trends of younger generations of interns and students. Explore characteristics of Millennials and Gen Z, innovative application and interview techniques, supervision, schedules, and evaluation model of a successful internship setting. This presentation is designed

for supervisors only. (Pre-registration and additional fee required.)

Sunday, 1:30 pm – 2:45 pm

CONCURRENT SESSION

Stories from Three Transracial Adoptees: Navigating Identity and Applications for Music Therapy

Presenter(s): Rebecca West, MM, MT-BC; Hillary Fredenburg, MA, MT-BC; Jacob Uban, MA, MT-BC

Focus on the lived experiences, lens, and journeys of three music therapists who identify as transracial Korean-American adoptees in this panel presentation. Each speaker will briefly share biographies and discuss their journey in navigating growing up in predominantly white culture. Explore the application of experiences and perspectives to music therapy and potential factors in working with both transracial adoptees and individuals from marginalized identities.

CONCURRENT SESSION

Integrating Interprofessional Education into Music Therapy Training through Psychiatric Simulations

Presenter(s): Bronwen Landless, MMT, MT-BC; Hakeem Leonard, PhD, MT-BC

Interprofessional Education is integral to student training in the health professions. Learn about the processes, challenges, solutions, and benefits of creating a psychiatric patient simulation to motivate knowledge synthesis and collaboration by music therapy, psychiatric mental health nurse practitioner, and theatre students.

CONCURRENT SESSION

Music Therapy Program Evaluation to Test Standardization of Clinical Protocols Across Creative Forces Network

Presenter(s): John Hogue, MS, MM, MT-BC; Nathaniel McLaughlan, MA, MT-BC; Andrea Lockard, MM, MT-BC

Learn about music therapy-specific program evaluation based on initial standardization of documentation and workload reports. Results show that standardization of templated notes is facilitated through anchor points, which guide the documentation process while allowing for customized care. This process enables the network to coordinate care from clinic to community.

CONCURRENT SESSION

Recertification Reboot. Convenient, Economical, and Certificant-Centered

Presenter(s): Hindi Burkett, MT-BC

Acquiring 100 recertification credits does not have to be confusing or costly! Review the newly-released CBMT

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Recertification Manual Seventh Edition, identify new and updated areas for earning credits and evaluate various economical options for obtaining credits. Get familiar with the new online platform for recording continuing education credits. Bring your recertification questions and scenarios for thoughtful discussion and suggestions!

RESEARCH SESSION

Research Committee Presents... A Constructive Approach to the Manuscript Peer Review Process: Providing Meaningful Feedback

Presenter(s): Blythe LaGasse, PhD, MT-BC; Laura Beer, PhD, MT-BC

The process of peer review is vital to the integrity of research and other forms of scholarly works published within the profession. Hear about a constructive peer review process that focuses on evaluating content, integrity, and fit of a manuscript for a journal. Consider ways of presenting feedback that are constructive and supportive, even when a manuscript is deemed unfit for the journal.

CONCURRENT SESSION

Music Therapy for Social Connectedness in Adults with Addictions: Research and Applications

Presenter(s): Michael J. Silverman, PhD, MT-BC; Sonia Bourdaghs

Social connectedness represents a consequential factor in addiction but has received inadequate attention in the music therapy literature. Get a summary of social connectedness and addiction research, understand neurological rationale for targeting social connectedness, and hear results of two music therapy studies investigating social connectedness in adults with addictions.

Sunday, 3:00 pm – 4:15 pm

CONCURRENT SESSION

Canciones en Español II: Clinical Applications of the Hispanic Songbook

Presenter(s): Ariel Weissberger, MA, LCAT, MT-BC; Mariana Aslan, MA, LCAT, MT-BC

Continue to build your repertoire by exploring classic songs from the Hispanic songbook that will help connect with Spanish speaking clients at a deeper level. Learn to sing and play songs in their appropriate style, review their country of origin, and discuss meaning and history behind them. Explore new material, but attendance to Session I is not required. Enjoy a live interactive presentation with pre-recorded videos.

CONCURRENT SESSION

Parent Coaching of Music Interventions for Children with AS

Presenter(s): Eugenia Hernandez-Ruiz, PhD

How can we help parents implement effective music strategies with their children with Autism Spectrum Disorder? Music therapists are in an ideal position to coach parents. Learn about an emerging parent coaching model with videos of feasibility studies.

CONCURRENT SESSION

Together We Must Have Hope: Community Music Therapy at Hope Lodge

Presenter(s): Tori Obermeier, MT-BC

Learn about the background, interventions, impact, and further implications of community music therapy groups at Hope Lodge, a free lodging program sponsored by The American Cancer Society, offered to oncology patients and caregivers in need.

CONCURRENT SESSION

Using Numbers to Tell a Story: Outcomes & Metrics for Program Support

Presenter(s): Debbie Bates, PhD, MT-BC

Music therapy outcomes are much more than can be numerically quantified, however, numbers can tell their own unique stories which help to show the impact of a program. Learn about types of metrics and documentation-based patient reported outcomes reported in one hospital-based program that has significant growth in the past 11 years.

CONCURRENT SESSION

Termination in Music Therapy: Navigating through the Complexities and Demystifying Process

Presenter(s): Leslie Henry, MM, MT-BC

As part of the treatment process, termination (an identified professional competency) has a small amount of literature and is a topic rarely presented on at professional conferences. In order for individuals we work with to optimally benefit from the therapeutic relationship, better comfort and confidence is needed for the music therapist in this vital phase of care. Develop solid skills gaining comfort with this phase of treatment.

Sunday, 4:30 pm – 5:45 pm

CONCURRENT SESSION

Weathering in Music Therapy: The Eroding Impact of Racism (and what we can do about it)

Presenter(s): Marisol Norris, PhD, MT-BC; Natasha Thomas, PhD, MT-BC

Black non-male stress appraisal and coping responses exist within a unique socio-cultural context. Utilizing Arline T. Geronimus' (2001) "weathering" framework, explore the

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ways Black non-male and dually marginalized populations have been historically socialized to endure high levels of physical and psychological stress. Explore the reciprocal impact of weathering on health outcomes and culturally responsive and sustaining strategies to alleviate this stress.

CONCURRENT SESSION

Critical Pedagogy within Undergraduate Music Therapy Curricula: A Grounded Theory Exploration

Presenter(s): *Rebecca West, MM, MT-BC*

Scant research exists exploring the role of critical pedagogy within music therapy curriculum. There is a need to identify how music therapy educators provide opportunities for their students to name systemic oppression, reflect on identities, and respond to enact change. Discuss the results of a grounded theory study that sought to explore why music therapy educators believe critical pedagogy is important and how they apply critical pedagogy in their curricula.

CONCURRENT SESSION

What Could We Do Now?: Promoting Cognitive Flexibility for Persons on the Autism Spectrum,

Presenter(s): *Blythe LaGasse, PhD, MT-BC; Michelle Hardy, MM, MT-BC;*

Many children on the autism spectrum show difficulties with cognitive flexibility (the ability to adapt behaviors based on changing environments). Learn how the integration of child-centered and neuroscience approaches can be used to promote cognitive flexibility. Hear a case study of a adolescent which illustrates concepts with a specific emphasis on executive function and social communication.

CONCURRENT SESSION

An Electronic Drum Circle for Patients, Family, and Staff at a Comprehensive Cancer Center

Presenter(s): *Samuel Rodgers-Melnick, MT-BC*

Learn about a group drumming intervention using electronic instruments to deliver care to patients, family members, and staff through the privacy of headphones. Data was collected on feasibility, attendance, and effects of the intervention on symptoms. Preliminary data and participants' responses support the feasibility, acceptability, and utility of this intervention for addressing the psychosocial needs of hematology/oncology patients.

CONCURRENT SESSION

Mastering Barriers: Responses from the Global Music Therapy Community

Presenter(s) *Petra Kern, PhD, MT-BC, MTA, DMtG; Daniel Tague, PhD, MT-BC*

Today, three major barriers and an unprecedented global pandemic must be overcome for continued growth of the profession. The complexity of the issue can be better understood when considering global viewpoints. Hear

perspectives, examples, and potential solutions from music therapy leaders worldwide.

CONCURRENT SESSION

Religious & Spiritual Cultural Reflexivity in Music Therapy and End-of-Life Care

Presenter(s): *Noah Potvin, PhD, MT-BC*

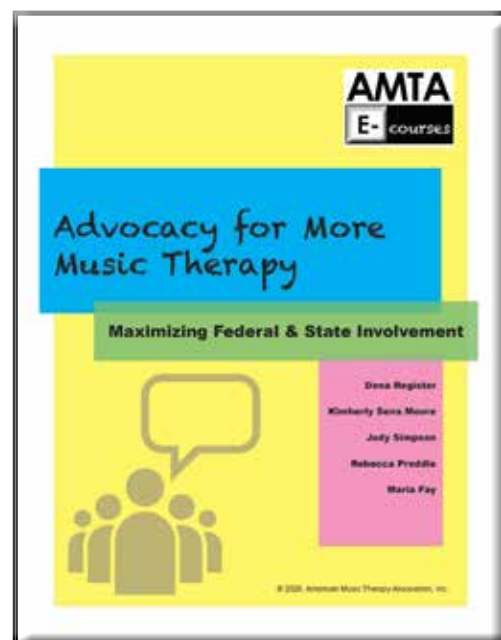
Music therapy in hospice is a resource-oriented practice requiring ethical and effective culturally reflexive practices respecting patients' religious and spiritual traditions. This presentation will examine one such cultural positioning by framing music therapy as a ministry for Christian patients that facilitates access to spiritual resources promoting healthy end-of-life transitioning.

Sunday, 6:00 pm

SPECIAL EVENT

Closing Session: The Michaela McClain Band

Join Michaela McClain, critically-acclaimed singer/songwriter with a "warm groove" and "rich mezzo-soprano voice" for a musical coda to our conference. Growing up in a musical family, and the youngest of six singing sisters, Michaela performed widely in choirs, concerts, and special events throughout her young life. In 2011 she began writing and performing her own music, touring extensively throughout New York and New Jersey with drummer Meredith Foreman, guitarist Raul Abbad, and bassist Brad Schwartzseid. Since the formation of The Michaela McClain Band, Michaela has performed over 300 live concerts, with her band and in intimate solo engagements.



RESEARCH POSTERS (AVAILABLE EACH DAY OF THE CONFERENCE)

The Impact of Invisible Illness and Invisible Disability on Music Therapy Practica Students

Rebecca Warren, MM, MT-BC

Music Therapists' Clinical Decision-Making with Music and Verbal Interventions with Diverse Populations in Public Schools

*Annika Wayne, MT-BC;
Michael J. Silverman, PhD, MT-BC*

Decision-Making Style and Confidence in Decision Making in Young Adults Following a Technology-Based Music Composition Task

Marisa DiCamillo

An Exploratory Interpretivist Investigation of How Music Therapists Prevent Harm in Adult Mental Health Settings

*Michael Silverman, PhD, MT-BC;
Jessica Pouranfar, MT-BC*

Critical Pedagogy in the Undergraduate Music Therapy Curriculum: A Grounded Theory Study of Music Therapy Educators

Rebecca West, PhD, MT-BC

Undergraduate Music Therapy Student Experiences in a Flipped Learning Guitar Methods Course

*Deborah Layman, PhD, MT-BC;
Wiley Smith, MAT, MT-BC;
Carol Olszewski, PhD, MT-BC*

Music Therapy with an Older Adult with Post-Lingual Deafness and Acquired Profound Hearing Loss: A Three-Semester Case Study

*Michelle Gaw;
Lori Lunden Smith, MS, CCC-SLP/L, MT-BC;
Deborah Layman, PhD, MT-BC*

Can Music Support Emotion Regulation Development in Preschoolers? A Clinical Pilot Study

*Kimberly Sena Moore, PhD, MT-BC;
Deanna Hanson-Abromeit, PhD, MT-BC*

Open Education Resource Development: A Framework and Case Example for Music Therapy-Oriented Guitar Instruction

*Bill Matney, PhD, MT-BC;
Brenna Niemuth*

A Descriptive Study of On-Campus Music Therapy Clinics in the United States

*Edward Schwartzberg, MEd, MT-BC;
Michael J. Silverman, PhD, MT-BC*

An Interpretivist Study of How Adults with Substance Use Disorder Experience Peer-Based Social Connectedness during Group-Based Recovery-Oriented Songwriting

*Sonia Bourdaghs, BA;
Michael J. Silverman, PhD, MT-BC*

Working with Children Whose Mothers are in Residential Addiction Treatment: A Program Evaluation

*Varvara Pasiali, PhD, MT-BC; Gretchen Benner, MT-BC, MSH;
Ashley Tisdale, MT-BC; Miriam Tart, MT-BC;
Gabrielle E. Jones; Nicole Crate*

Supervision Preferences of Music Therapy Practicum Students

*Anna Phillipe, MM, MT-BC; Haley Crane, MT-BC;
Evie Welsh, MT-BC*

A Systematic Review of Music and Sound Processing in Individuals with ASD

*Eugenia Hernandez-Ruiz, PhD, MT-BC;
Ruowan Qi; Emily Welsh*

Self-Grounding in Music Therapy and Adult Mental Health: An Exploratory Interpretivist Study

Shelby Smith; Michael J. Silverman, PhD, MT-BC

Musical Creativity in Autism: Exploring Growth through Collaborative Peer Interaction

Erik Johnson, PhD; Blythe LaGasse, PhD, MT-BC

RESEARCH POSTERS (AVAILABLE EACH DAY OF THE CONFERENCE)

Relationships between Hospitals' Music Therapy Services and Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS) Scores

Kimberly Iverson, MM, MT-BC

The Effect of Group Music Therapy on Social Communicative Interactions: A Pilot Study

Megan Miller, MT-BC; Angie Biehl, MM, MT-BC;

Angela Neve Meier, MM, MT-BC;

Julie Guy, MM, MT-BC

Impact of COVID-19 on Music Therapists' Employment, Service Delivery, Perceived Stress, and Hope: Survey and Follow-up

Blythe LaGasse, PhD, MT-BC; Saray Gaddy, MT-BC;

Ressa Gallardo, MT-BC; Shelley McCluskey, MT-BC;

Leanna Moore

Cultural Responsiveness in Cross-Asian Music Therapy Trainings: A Qualitative Study of Chinese Students' Experience in Korean Institutes

So Jung Choi, MM;

Mi Hyun Bae; Kyung Sook Kim

Attitudes and Feedback About a Music Therapy String Ensemble Program for Adults with Intellectual and Developmental Disabilities

Wanru Zhao

Emerging Conceptual Framework for Music's Influences on Verbal Memory in Adults with Acquired Brain Injury

Noriko Nakamura, MME, MT-BC

A Survey of Music Therapy Students' and Professional Music Therapists' Use of Memorized Songs in Sessions

Cicely McCain;

Jennifer Jones, PhD, MT-BC

Multicultural Orientations in Music Therapy Education

Debra Gombert, PhD, MT-BC

A Theoretical Model of Contributing Variables in Music and Physical Therapy Co-treatment in Pediatric Physical Rehabilitation

Halle Nick, MME, MT-BC

Interdisciplinary Collaboration Between Music Therapy and Medical Ethnomusicology and the Perceived Impact on Individuals Recovering From Traumatic Brain Injuries

Sidney Johnson

Educational Experiences of Cantonese Identifying Music Therapists and Music Therapy Students

Megan Kong

Exploration of Recovery Knowledge and Attitudes of Music Therapists in Mental Health Settings

Sarah Pitts, MA, MT-BC, LPMT, CPRP;

Michelle Zechner, PhD, LSW, CPRP

Impact of Music Therapy Playlists on Mood in Patients with COVID 19

Audrey Zybura MT-BC;

Jennifer Townsend, MMT, MT-BC ;

Faisal Massud, MD, FCCP, FCCM

Systematic Review of Music and Movement-Based Interventions for Children with Autism

Hilary Yip, MT-BC

Developing Neuroplasticity through Active Musicking – Case Study with a Child Diagnosed with Preverbal PTSD

Katie Nevins;

Emily Perry;

Gene Ann Behrens, PhD, MT-BC

Comparison of DBT Skills Groups and Combined DBT and MT Groups on Client Outcomes

Abbey Dvorak, PhD, MT-BC; Lindsey Landeck, MT-BC,

William Dyer, LLP; Deborah Spiegel, MT-BC

The Effects of Stimulative and Sedative Music on Anxiety Levels

Rosemary Takacs

THE AMTA VIRTUAL EXHIBIT HALL

During the live exhibit hall hours, exhibitors will be able to interact with conference attendees through the live “video chat” feature in the exhibit booth.

THURSDAY, NOVEMBER 19, 2020, 1:00PM–5:00PM EST

FRIDAY, NOVEMBER 20, 2020, 11:30AM–3:30PM EST

SATURDAY, NOVEMBER 21, 2020, 11:30AM–3:30PM EST

SUNDAY, NOVEMBER 22, 2020, 11:30AM–3:30PM EST

PAVILION A

BOOTH 1

West Music Company

West Music is your complete Music Therapy resource, with an extensive collection of musical instruments, accessories, movement props, and print materials to help all people play now, and play for life! www.westmusic.com/AMTA

Representative(s): *Tereasa Evans, tevens@westmusic.com;*

Sam Marchuk, smarchuk@westmusic.com

BOOTH 2

Remo, Inc.

Come by the Remo booth to see the newest products. Green and Clean -Drums Designed for Music Therapy- Green and Clean drums are designed for easy cleaning with a hospital-grade disinfectant wipe or spray without degrading the finish or the sound quality. Experience the harmonically soothing sounds of the Remo Harmony Bars.

Representative(s): *Alyssa Janney, healthrhythms@remo.com*

BOOTH 3

Certification Board for Music Therapists (CBMT)

CBMT is the only organization to certify music therapists nationally through a program of certification and recertification. CBMT staff, Board, and Committee members will be available to answer your questions. www.cbmt.org

Representative(s): *Hindi Burkett, MT-BC, hburkett@cbmt.org;*

Karen Howat, kh@cbmt.org;

Lynne Frederick, MM, MT-BC, lfrederick@cbmt.org;

Beth Dalsimer, bd@cbmt.org

BOOTH 4

ESTEAM Health, Inc.

ESTEAM Health innovates at the intersection of science, medicine, and the arts. Our process is designed to empower your continuing care retirement organization, active senior living, assisted living, memory care or hospital by implementing fun, evidence-based programs, products and services designed to improve participant health and wellbeing across 5 health domains: cognitive, emotional, social, physical and spiritual.

Representative(s): *Alyssa Janney, ajanney@esteamhealth.com*

BOOTH 5

Alverno College

Alverno College, a pioneer in music therapy for more than 70 years, offers an online Master of Music Therapy program design to meet your career goals through diverse course offerings such as vocal health, business and advocacy skills. Alverno also offers CMTEs and digital badges. Visit our booth to learn more! www.alverno.edu

Representative(s):

Becky Engen, PhD, MT-BC, becky.engen@alverno.edu;

Leslie Henry, MM, MT-BC, WMTR, Leslie.henry@alverno.edu

BOOTH 6

Jessica Kingsley Publishers

Jessica Kingsley Publishers is committed to producing books that make a difference. We publish books for professionals and general interest readers in subjects ranging from music therapy and other creative arts therapies, disabilities and counseling, to mental health, education, and dementia care. www.jkp.com

Representative(s): *Sarah Temple, Sarah.temple@jkp.com*

BOOTH 7

St. Mary of the Woods College

SMWC's MA in music therapy is an advanced master's for MT-BCs. Requires limited time on campus. Study with Dr. Alan Turry, Dr. Yasmine Iliya, Annette Whitehead-Pleaux, Carolyn Koebel. Students with a music degree pursuing music therapy can complete the Equivalency Distance Program. www.smwc.edu

Representative(s):

Tracy Richardson, PhD, MT-BC, trichardson@smwc.edu;

Devyn Burns, devyburns96@yahoo.com;

Melanie Castro-Pacheco, m.castro-pacheco@smwc.edu;

Jessica Liederbach, jessica.ryan1127@gmail.com;

Bethany Rice, brice@music-therapy-cincinnati.com

BOOTH 8

Lesley University

Our on campus and low residency Masters and certificate programs in Expressive Therapies provide a meaningful connection between the arts, theory, and practice in clinical training. As one of the most recognized Expressive

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EXHIBIT HALL

Therapies programs in the world, our students are expertly trained and qualified providers of mental health services. Our low residency PhD program in Expressive Therapies is recognized as a leader in low residency doctoral education. www.lesely.edu

Representative(s):

Caryl Beth Thomas MA, LMHC, cthomas@lesley.edu;

Julianne Parolisi, MA, LMHC, MT-BC, parolisi@lesley.edu;

Michele Forinash, DA, LMHC, MT-BC, michele.forinash@lesely.edu

BOOTH 9

Ukulele Kids Club, Inc.

The UKC supports music therapy through ukulele donations, program grants, advocacy and resources. Come learn about the organization, check out the MT-BC portal, (a free online resource for all), and learn about other free educational resources for students, interns, and therapists alike. www.theukc.org

Representative(s): Stephanie Epstein, stephanie@theukc.org

PAVILION B

BOOTH 1

American Music Therapy Association (AMTA)

Look around, and “meet” our new CEO, Adonia Calhoun Coates (in the video), check out popular publication titles to purchase, and/or visit the AMTA Bookstore to view our entire inventory! (available by clicking any of the publications links) And... don't leave without viewing some great, available resources in the magazine rack and bookcase--please take advantage of these downloadable/printable FREE documents! AMTA staff will be in the booth to answer your questions. We look forward to this exciting NEW format and wish everyone a successful Exhibitor experience!! www.musictherapy.org

Representative(s): Tawna Grasty, grasty@musictherapy.org;

Jane Creagan, MME, MT-BC, creagan@musictherapy.org

BOOTH 2

Music is Elementary Booth 2

We are an online music supply company that centers on the elementary music classroom. We carry many of the trusted national brands like Yamaha, Hohner, Casio, Meinel, and Sonor, as well as our own brands of quality recorders, percussion, Orff stands, publications, and mallets, bringing the best value possible with the lowest, and most competitive prices out there. We also carry a full selection of music therapy items including, Remo Drums, Helping Hands instrument mounts for physically challenged, Individuals, shakes, Thera bells, chimes, ukuleles, Easycussion, Chord Buddy, and therapy print music. With over 35 years in elementary music retail, Music Is Elementary strives to

impact students and educators daily lives through the best possible “I” instruments, accessories, and service so we can truly stand by our motto that, “Music education starts here”.

Representative(s): Corbett Hein, corbett@musiciselementary.com

BOOTH 3

Oxford University Press

Oxford University press publishes some of the most respected and prestigious books and journals in the world, including the Journal of Music Therapy and Music Therapy Perspectives. Visit our booth to learn more.

Representative(s): Holly Williams, holly.williams@oup.com

Booth 4

Dept. of Music and Arts Tech, IUPUI

The Department of Music and Arts Technology offers a Master's of Science in Music Therapy offered on campus or entirely online and now offers a Bachelors degree in Music Therapy (on campus only). The Department also offers undergraduate and graduate degrees in Music Technology. <http://music.iupui.edu>

Representative(s): Meganne Masko, PhD, MT-BC, mkmasko@iupui.edu

BOOTH 5

Music Therapy and Essential Oils

A space dedicated to your self-care and wellness featuring Young Living Essential Oils. Learn to use essential oils to support yourself and your family. Sign up for free consultations with Ellen Whealton and Kat Fulton. Find us on Facebook at Music Therapy and Essentials Oils.

www.wellnessmusictherapy.com

Representative(s): Ellen Whealton, MA, MT-BC, wellnessmusictherapy@yahoo.com

BOOTH 6

Nazareth College

Nazareth College, located in Rochester, NY, has a bachelor of music in music therapy as well as a master of science degree with two tracks - a 48 hour program for those with an undergraduate degree in music therapy and a 60 hour program for those seeking an equivalency and masters degree. Students in both degree programs have the opportunity to engage in interprofessional education and interprofessional clinical experiences in the York Wellness and Rehabilitation Institute, a state of the art facility that houses clinics for music therapy, art therapy, play therapy, speech-language therapy, physical therapy, occupational therapy, and social work. In addition, the graduate degree fulfills the educational requirements for the NYS License in Creative Arts Therapy.

Representative(s): Laurie Keough, MEd, LCAT, MT-BC, lkeough7@naz.edu; Betsey King, PhD, MT-BC, bking2@naz.edu; Missy Reed, MEd, MT-BC, mreed8@naz.edu

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BOOTH 7

The Spiegel Academy-CMTE Online

The Spiegel Academy (CBMT approved provider P-106) provides convenient, quality, and affordable online CMTE classes on a wide range of topics, including a specialty program in DBT Informed Music Therapy, to enhance the valuable work you provide your clients. Learn new ideas and strategies, get professional support, and earn required CMTE and LCAT credits. <https://TheSpiegelAcademy.com>

Representative(s): Deborah Spiegel, deborah@thespiegelacademy.com

BOOTH 8

Marietta College

In its third accredited year, the music therapy degree at Marietta College prepares students to communicate, inspire, and improve quality of life through music and a therapeutic relationship. Collaboration with the community allows students to facilitate music experiences, supervised by academic faculty and board-certified music therapists. www.marietta.edu

Representative(s): Raquel Ravaglioli, MA, MT-BC, rr003@marietta.edu

BOOTH 9

Temple University

Temple University offers Bachelor's, Master's, and Doctoral degrees in Music Therapy. Programs focus on clinical, research, theory, and ethics in Music Medicine and in Music Psychotherapy. www.temple.edu/boyer

Representative(s): James Short, james.short@temple.edu; Darlene Brooks, PhD, MT-BC, dmbrooks@temple.edu

PAVILION C

BOOTH 1

University of Kansas

Consider becoming part of the legacy of KU music therapy. Come visit faculty and current students to learn more about research opportunities, advanced clinical work, mentored pedagogy, supervision experience, and service to the profession. Information about graduate teaching assistantships will be available at the booth. www.ku.edu

Representative(s):

*Cynthia Colwell, PhD, MT-BC, ccowell@ku.edu;
Bill Matney, PhD, MT-BC, billmatney@mac.com;
Vivian Lok, MT-BC, vivianlok1130@hotmail.com,
Jennifer Welch, MT-BC, welch_jl@hotmail.com*

BOOTH 2

KidLinks

KidLinks is a 501(c)(3) nonprofit organization that provides healing, hope and happiness for children and families through therapeutic music entertainment and music therapy programs. For more than three decades, impacting more than 385,000 children and caregivers, KidLinks has provided healing experiences for the special needs of children through performing arts and media, funded therapeutic music initiatives, university-level music therapy training and free/low cost treatment programs for children in need. Due to current events, KidLinks has taken new online initiatives to continue serving kids through virtual programs and online outreach when in-person visits are not possible. www.kidlinks.org

*Representatives: Leigh Trevino, leigh@kidlinks.org;
Jim Newton, jim@kidlinks.org;
Sara Chigani, MT-BC, schigani@gmail.com;
Gina Glidewell, MT-BC, ginaglidewell.mt@gmail.com;
Amy Madrid, MT-BC, amymadrid@gmail.com*

BOOTH 3

Slippery Rock University

Slippery Rock University offers an interactive online (with 2 residential weekend intensives per semester) master's of music therapy degree with a curriculum grounded in theoretical perspectives that emphasize social justice. Information on the master's degree, the post baccalaureate equivalency, and the bachelor's degree will be available. www.sru.edu

Representative(s):

*Susan Hadley, PhD, MT-BC, susan.hadley@sru.edu;
Nicole Hahna, PhD, MT-BC, nicolehahna@gmail.com;
Vern Miller, MMT, MT-BC, vhansenmiller@gmail.com*

EXHIBIT HALL

BOOTH 4

Drexel University

Housed within Drexel University's College of Nursing and Health Professions, the Department of Creative Arts Therapies merges the Arts and Health Sciences. Our master's program covers a broad range of clinical music therapy and counseling skills, while the PhD in Creative Arts Therapies focuses on research and scholarship. <https://drexel.edu/artstherapies>

Representative(s): Kadrión Haskins, MS, kth38@drexel.edu;

Flossie Ierardi, MM, LPC, MT-BC, fmi22@drexel.edu;

Joke Bradt, PhD, MT-BC, jbradt@drexel.edu;

Scott Horowitz, MA, LPC, ACS, MT-BC, sah46@drexel.edu

BOOTH 5

American Music Therapy Association Students (AMTAS)

Participate in AMTAS silent auction and fundraisers, visit with the AMTAS executive board, and connect with music therapy students!

Representative(s): Fiona Riso, fionaeriso@gmail.com;

Naomi Davis, naomi.davis.1198@gmail.com;

Grace Parlier, parliege@alverno.edu;

Emily Matson;

Cao Sanying;

Jadyn Stuart, stuartjm@alverno.edu

BOOTH 6

University of Kentucky

Come talk to faculty and graduate students from the University of Kentucky (UK), about our Masters of Music in Music Therapy. Students enjoy access to top-notch resources for research and clinical training, have the opportunity to earn the NICU-MT designation, and may

pursue a specialized graduate certificate. Assistantships are available.

Representative(s):

Olivia Yinger, PhD, MT-BC, Olivia.yinger@uky.edu;

Alaine Reschke-Hernandez, PhD, MT-BC; Alaine.

reschkehernandez@uky.edu;

Austin Robinson, austin@edgemusictherapy.com

BOOTH 7

University of the Pacific

University of the Pacific will share information about its Master of Arts in Music Therapy program designed for students with an undergraduate degree in music or fields related to music therapy (e.g., psychology, special education, etc.) who seek both entry- and advanced-level training in music therapy.

Representative(s): Jessica Siena, jsiena@pacific.edu;

Fei-Lin Hsiao, PhD MT-BC, fhsiao@pacific.edu;

Eric Waldon, PhD, MT-BC, ewaldon@pacific.edu

BOOTH 8

Austin Peay State University

The Department of Music at Austin Peay State University is home to six graduate and eight undergraduate concentrations. Located just 45 minutes north of Nashville in Clarksville, Tennessee, our world-class ensembles, engaging outreach programs, and esteemed faculty have transformed our department into one of the finest music programs around. Stop by our booth to visit with Jennifer Denk, MM, MT-BC, Assistant Professor & Coordinator of Music Therapy who will answer any questions you may have about our distinguished Department of Music at Austin Peay State University! **The Music Therapy Degree program is Pending AMTA Approval**

Representative(s): Jennifer Denk, MM, MT-BC, denkj@apsu.edu

*Resources for
Music Therapists
and Students*



www.musictherapy.org/about/covid19_resources/

COVID-19

Membership in AMTA

EVERY PROFESSION NEEDS A STRONG AND VIBRANT ASSOCIATION SUPPORTING ITS PROFESSIONALS.



ADVOCACY

A strong national voice seeking recognition and support for music therapists and music therapy clients.



RESOURCES

Resources, tools, and educational materials to improve and promote your practice.



TRAINING

Saves you money on conferences, books, free and low-cost CMTE credits, and educates high quality music therapy professionals.



SERVICES

Provides referrals, job hotline, fact sheets, tips, tutorials, and data to grow your business or improve your employment.



RESEARCH

Publishes a robust body of research, which promotes the efficacy of music therapy for consumers and decision-makers.



SUPPORT

Nurtures your music therapy community to preserve, protect, and expand the profession.



PUBLICATIONS

Journals, newsletters, podcasts, books, and news alerts to increase the body of music therapy education.



COMMUNITY

Meet and work with others, join a region, attend a conference, be part of a large professional network, and more!



Join AMTA in 2021 at www.musictherapy.org

JOIN US NEXT YEAR
FOR THE
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OF

THE AMERICAN
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SAVE THE DATES:
OCTOBER 11-17, 2021