

MUSIC  
THERAPY...  
MUCH MORE  
THAN TWO  
SIMPLE WORDS



# AMTA 2006 Year in Review

## Highlights

- *Education and Exploration:* AMTA launches Research Priority at 2006 Annual Conference
- *Communication:* New brochures in Public Education and Reimbursement Resources & Trends published
- *Exploration:* AMTA funds first round of the new clinician-based research award
- *Collaboration:* Partnership with CBMT results in increased effectiveness of state level advocacy

## Inside this report:

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## [Connection] President's Message: Michelle Hairston, EdD, MT-BC

Once again I am honored to present the year in review. 2006 seemed to pass at break neck speed and I am privileged to be a part of every moment!

As I reflect on the year I remind myself that music therapy is so much more than a few simple words. It is about the strength of our ties and connections.

With a connection we marshal our resources to support our mission.

With a connection, music therapists reach out to promote and grow the profession.

With a connection, we assemble and disseminate the rich body of music therapy evidence.

With a connection, we influence law and policy for a) improved access to music therapy for our clients, and b) progress in reimbursement of services.

[determination]

[dē tər'mi nā'shən]

The AMTA 2006 Annual Report examines our accomplishments and challenges over the past year. This report is also a reflection of our determination and steadfast commitment to the work of music therapy. This is especially evident in local, state and federal government relations activity this past year.

[dedication]

[ded'ī kā'shən]

Needless to say, the partner of determination is dedication. I am proud of our 2006 accomplishments; and, as you will see within this report, there is good reason to be proud. This work takes dedication and precious time. Your continued perseverance to practice,

training, policy, and research embodies the mission and priorities of the association and profession.

Last year's report focused on music therapists as champions of service and scholarship. Again, in that spirit I ask, "What did you do in 2006 and what are your plans for the embodiment of music therapy — putting substance behind the words?"



President Hairston

## [Legislation] Reimbursement and Policy

The current administration's focus on decreasing federal oversight and program support, while increasing states' rights has impacted the education and healthcare industries. Significant legislation passed in 2006 that could potentially alter the way services are delivered and funded. In some situations, these changes could be positive.

The net effect is that the association must be aware of the federal guidelines as well as 50+ sets of requirements from the state level that determine who receives services, what services are included, and who is qualified to provide these services.

How do these changes impact music therapy and AMTA?

First, it requires diligence in monitoring legislative and regulatory changes. Second, it requires us to be knowledgeable about changes in states affecting education and healthcare. Third, it requires music therapy advocacy in both federal and state level programs and funding sources. And fourth, it requires client advocacy to ensure access to quality services.



“Musical Healing:  
A Musician Uses His  
Talent and Gives Hope  
to Sick Children”  
By Dan Rather  
April 16, 2006  
CBS Sunday Morning



**First Clinician-  
Based Research  
Awardee:**

**Eugenia  
Hernandez-Ruiz,**  
“Effects of a Music  
Therapy Program  
on the  
Developmental  
Profile of  
Children 0-4 years  
living in a  
Domestic Violence  
Shelter”

**2006 Fultz Fund  
Awardee:**

**Xueli Tan,**  
“The Effect of  
Patient-Preferred  
Music, Relaxation  
Music, and  
Standard Care  
Environment on  
Patients in ICUs”

The Cleveland Music  
Settlement, Metro  
Health Medical Center  
Campus, Case Western  
Reserve University

## Policy and Practice

**NPI:** Music therapists can apply and receive (at no cost) their individual National Provider Identifier (NPI) through the following website: <https://nppes.cms.hhs.gov/NPPE> S/Welcome.do. All covered entities under HIPAA must obtain an NPI. The NPI will stay with the provider regardless of job or location changes. The same provider number will be used by all health plans

**State activity:** Government Relations activity was highly active in 14 states nationwide in 2006. Of note is the fact that actions and decisions influencing reimbursement policy and practice in one state can influence and affect similar activity in other states. Therefore, state activity is of mutual interest to music therapists in individual states, within regions and at the national level.

Music therapy is listed on the U.S. General Services Administration (GSA) schedule under the Services Category; Scientific, Environmental and Medical Solutions; PROFESSIONAL AND ALLIED HEALTHCARE STAFFING SERVICES: **621-047**. GSA Schedules offer highly

specialized professional services to government agencies. In Allied Healthcare, this program connects the public with qualified professionals and simplifies the process of developing contracts between government agencies and professional services.

**No Child Left Behind:** Washington is now preparing for the reauthorization of “No Child Left Behind” (NCLB) or the Elementary and Secondary Education Act. AMTA is involved in efforts that are underway within the local coalitions to review existing NCLB legislation and determine the best way to connect it to IDEA.

**State Recognition:** State Advocacy and Implementation of AMTA/CBMT State Recognition Operational Plan was highly active in fourteen states with an additional ten states entering related task force activity.

**IDEA:** In August, 2006, Secretary of Education Margaret Spellings announced the release of final regulations for implementation of Part B of the Individuals with Disabilities Education Improvement Act of 2004 (IDEA). AMTA members and music therapy advocates

across the country actively participated in public comment opportunities, suggesting specific language clarifying the recognition of music as a related service. In the discussion about related services within the new regulations, many comments were submitted requesting a variety of services be added to the list. The new regulations state the same language that previously existed, indicating that the list of related services is not exhaustive and may include other services not listed in the statute.

**Putting research into practice:** 2006 marked launch of a new monograph series with “Effective Clinical Practice in Music Therapy: Early Childhood and School Age Educational Settings,” edited by Marcia Humpal and Cynthia Colwell.

**CMS:** Thanks to the advocacy efforts of music therapists from around the country, music therapy is currently listed on the draft Minimum Data Set (MDS) 3.0 along with recreational therapy under Section O4. Therapies; Special Treatments and Procedures. This is a major accomplishment for the profession.

## [Exploration] Research Priority

The Assembly of Delegates received a report and presentation on the Research Priority, its genesis, substantive components, and issues in operational planning.

AMTA has made tremendous strides in the Reimbursement Priority. Clearly, there is a direct tie between reimbursement issues, practice policies, and evidence from music therapy research. Music therapists commonly receive

and must respond to requests for information regarding the level of evidence in support of particular music therapy practices among various populations. Research evidence is a regular part of service approval and funding decisions. Therefore, music therapists, will increasingly be relied upon to be critical and informed consumers of information on the state of science in priority topics and questions. This effort will involve ongoing

review and summary of findings, dissemination of emerging evidence, and translation of findings into evidence-based practice.

As you become familiar with the Research Priority and its content, it will be important to consider how the Research Priority, as a cross-cutting topic, weaves through the work of the Assembly, Committees, Regions, National Office, and individual members.

## More Accomplishments — New in 2006

- MT referral listings average 200 inquiries per month in 2006
- AMTA accepted into the federal government's Combined Federal Campaign giving program with a coalition of mental health organizations
- Music Therapy listed under Special Treatments and Procedures on Minimum Data Set (MDS) 3.0.
- AMTA initiates new monograph series with,
  - "Effective Clinical Practice in Music Therapy: Early Childhood and School Age Educational Settings," edited by Marcia Humpal and Cynthia Colwell
  - Major Public Relations successes, including CBS *Sunday Morning* program and *USA Today* feature stories
  - AMTA receives grant from NAMM to assist returning soldiers with transitioning using music making and related techniques
- New partnership with Second Chance Foundation results in first-ever music therapy program in a children's hospital in Florida
- Artist spokespersons, Maureen McGovern, Jana Stanfield & Robin Spielberg donate to AMTA selected royalties from CDs.
- AMTA website visits topped 1.5 million



AMTA is now listed as organization #9208 in the Combined Federal campaign, a federal program.

The CFC is the world's largest and most successful annual workplace giving campaign, each year. Let your friends in federal and military service know about AMTA.

It's never too late to choose #9208!

## [Education] Training Programs

The Education and Training Advisory Board (ETAB) operated at a brisk pace in 2006. The ETAB addressed the current state of master's degree preparation and a special task force worked on Advanced competencies. The next step in the process will focus on revising the standards for masters degree programs.

In 2006, AMTA recorded 74 approved academic programs. The Academic Program Approval Committee (APAC)

re-approved nine academic programs in 2006.

There were 174 internship sites on the AMTA National Roster in 2006. In 2006 the Association Internship Approval Committee (AIAC) approved 14 new national roster internships. Eight sites were deactivated, and two sites went on inactive status.

Loyola University reopened for the Spring 2006 semester following the 2005 hurricanes. Loyola's graduate program was approved by University

administration to reactivate after a temporary closure.

The AMTA registry holds registrants from thirteen countries, including the US. In 2005 and 2006, the Registry processed and coordinated 60 forms with the NY State Task Force on Licensure.

"It is not enough to have knowledge, one must also apply it. It is not enough to have wishes, one must also accomplish.

Johann von Goethe



Converse College All Stars, and Wartburg College Knights launch undergraduate music therapy degree programs. Congratulations to our newest programs led by Program Directors, Drs. York and O'Konski!

## AMTA Recognizes 2006 Conference Sponsors

### Gold (\$5,000+)

Remo, Inc.  
West Music  
Peripole-Bergerault, Inc.

### Silver (\$3,000+)

Allen Press  
Hal Leonard Corporation

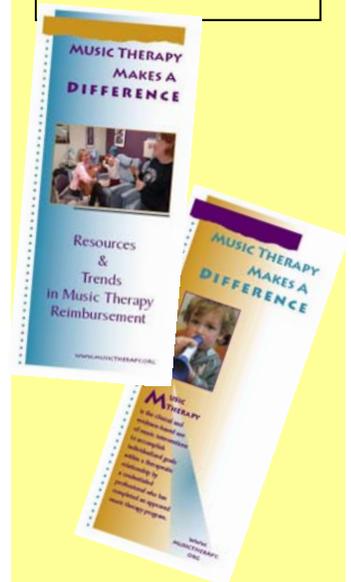
### Conference Sponsors (\$200-\$500+)

Music is Elementary  
MMB Music, Inc.  
New England Region of AMTA  
Center for Music Psychotherapy  
American Music Therapy Association Students (AMTAS)

Fender Musical Instruments  
Roland Corporation  
Wendy Zieve

## CBMT Approved Providers

See [www.cbmt.org](http://www.cbmt.org) for an approved listing of providers of continuing music therapy education including online and remote learning programs.



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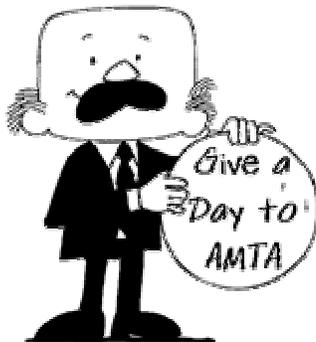
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American Music Therapy Association, Inc. 8455 Colesville Road Suite 1000 Silver Spring, MD 20910 Phone: 301-589-3300 Fax: 301-589-5175

Click now and let AMTA help you:

- Protect Your Future
• Advance Your Career
• Start Your Own Practice
• Ensure Quality Practice
• Much more!

www.musictherapy.org



[Donation] Membership, Participation and Development

AMTA is proud to offer member services that allow members to excel in music therapy practice and service:

- \* 25,000+ Referrals in 2006 \* Artist spokespersons and partner giving \* Advocacy \* Technical assistance \* Web enhancements: Committee reports/Newsletters \* Job listings \* Member handbook \* Members' Area \* Conference updates \* Affinity programs \* On-line auction \* Payments & conference registration \*

How Can You Serve?

- Support membership...renew annually!
• Get involved in your region and specialty(s)
• Network with colleagues within and across professions
• Be a music therapy advocate
• Be a lifelong learner. Contribute to scholarship.
• Recruit other members and talk to students about the benefits of membership.
• Participate in and contribute to research activities including the AMTA Research Priority
• Become a mentor— maintain contacts with your regional academic program(s)
• Donate to the Research and Special Funds for Music Therapy and encourage donations via the Combined Federal Campaign
• Stay informed about your state and region. Support MT State and Federal legislative initiatives
• Share your ideas and voice by serving on a committee

[Contribution] Membership

Membership in 2006 numbered 3,625. Professional member retention grew to 79%. Membership levels increased in all member categories except among students.

Membership drives in 2006 included a call-a-thon; a 'Gift of Support'; regional presentations on the benefits of membership; Spring Calling Campaign; and, presentations for students.

Development includes all that AMTA and its membership does to fulfill its mission of increasing awareness of and access to quality music therapy services. Fundraising is a significant part of development and a core piece of the budget process. 2006 donation statistics were as follows:

Table with 2 columns: Category, Amount. Rows: Donations, gifts (\$ 21,267), Silent Auction (\$ 4,081), Total (\$ 25,348)

Expanded features in 2006 include the availability of "Look inside the book" for AMTA publications available on Amazon.com and enhanced 'member only' services on the AMTA website.

Once again, in 2006, members donated intellectual property to AMTA. The process for this type of giving is available through the AMTA national office.

Give a Day to AMTA Wall of Fame

- Mary Adamek, Nicki Cohen, Barbara Else, Michele Forinash
Kate Gfeller, Nancy Hadsell, Marcia Humpal, Ronna Kaplan
Deforia Lane, Judy Simpson, Jayne Standley, The University of Iowa
Massachusetts Music Therapy Alliance, Texas Women's University
Minnesota Music Therapy Association, Illinois Association for Music Therapy

This space reserved for you.... contact Marcia Humpal at mehumpal@ameritech.net

[Donation]

[dō nā'shən]

list cumulative

## MUSIC THERAPY...

### MUCH MORE THAN TWO SIMPLE WORDS

We are delighted to recognize the many individuals and organizations whose generous financial gifts in the year 2006 contributed to securing the future of music therapy. AMTA is especially grateful to donors, including students, who contributed to special funds such as the AMTA Hurricane Relief Fund, research, and scholarship funds.

*Listed alphabetically. List represents gifts made between January 1, 2006 and December 31, 2006. Complete as of December 31, 2006.*

### **Change the World with a Giving Heart**

***“The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.”  
Helen Keller***

AMTA is a 501(c)3 non-profit organization and accepts contributions which support its mission. Contributions are tax deductible as allowed by law.

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Barbara Bruton	Lisa Jackert	Stefan Sion
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Amy Furman	Olin Parker	Yamaha Music Foundation
Jennifer Geiger	Meredith Perry	Christine Yeung
GIFU Prefectural Music Therapy	Mariam Pfeifer	Christine Yookok Chang
John Gill	Karen Popkin	Elizabeth York
Gere Gittelsohn	Phyllis Pownall	Amanda Zigler
Daniel Gormley	Bruce Prueter	

### 2006 Fiscal Year Financial Report

AMTA 2005 Audit Results <i>(Fiscal Year July 1, 2004 through June 30, 2005)</i>		AMTA 2006 Audit Results <i>(Fiscal Year July 1, 2005 through June 30, 2006)</i>	
Revenue	\$1,305,447	Revenue	\$1,347,919
Expenses	\$1,170,268	Expenses	\$1,238,825
Net Asset Changes (Before Investments)	\$135,179	Net Asset Changes (Before Investments)	\$109,094
Unrealized Investment (Loss)	\$5,544	Unrealized Investment (Gain)	-\$75
<b>Total Net Assets</b>	<b>\$119,276</b>	<b>Total Net Assets</b>	<b>\$228,295</b>
<small>*The ( ) is standard accounting notation used to indicate a negative number</small>		<small>*The ( ) is standard accounting notation used to indicate a negative number</small>	

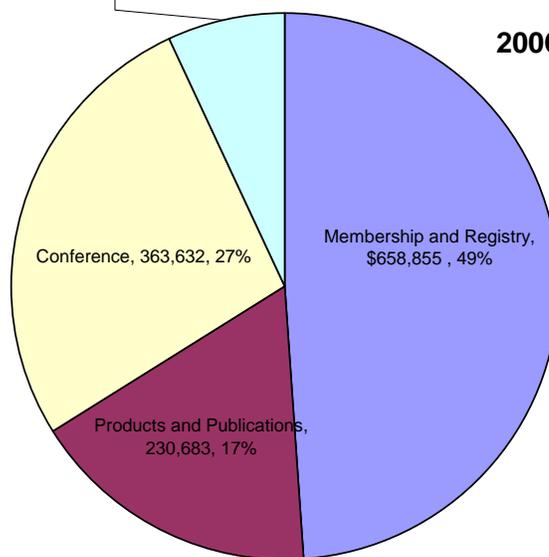
Through the work of the AMTA Budget Team, and the AMTA Board of Directors, AMTA has worked diligently to manage the organization's financial position in 2006 and continue a comprehensive fiscal stability operational plan in 2007-08.

The 2006 Fiscal Year Audit reported a change in net assets of \$109,094.

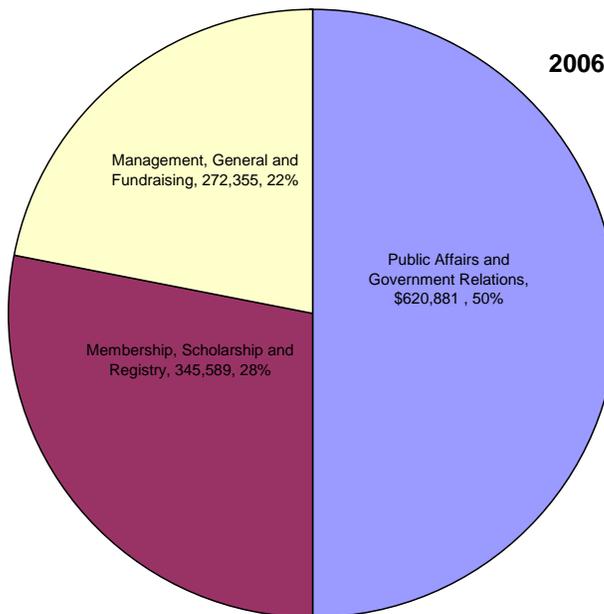
The total new assets or fund balance was \$228,295.

This continues an upward trend reflecting the intent of the fiscal stability operational plan.

Fundraising, royalties, spec. projects, 94,749, 7%



2006 Revenues



2006 Expenses

A complete copy of the 2006 Financial Statement is available on the AMTA website at [www.musictherapy.org](http://www.musictherapy.org) in "Events and News."