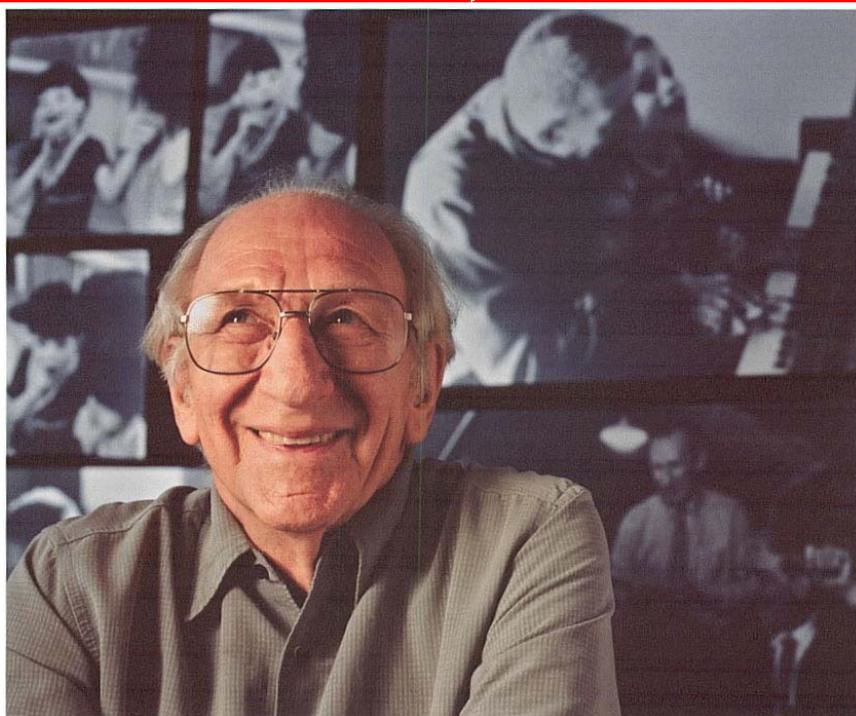




2007 YEAR IN REVIEW

Breadth • Bridges • Balance



AMERICAN
MUSIC
THERAPY
ASSOCIATION

Music Therapy Makes a Difference!

Music Therapy in 2007: A Year in Review

Music Therapy. . .

Breadth

Bridges

Balance

Breadth: Something of full width; a comprehensive quality

Bridges: Pathways over obstacles; a time, place or means of connection or transition

Balance: Equality between two opposing or interacting elements; a means of judgment or decision



Front cover. Music therapist and pioneer Clive Robbins celebrated his 80th birthday in 2007! Dr. Clive Robbins, CMT/RMT, is a co-ordinator of Creative Music Therapy, and the Founding Director of the Nordoff-Robbins Center for Music Therapy at New York University, where he holds the appointment of Research Scientist. He has worked with developmentally and multiply disabled children for over forty years. Photo courtesy of Nordoff-Robbins Center for Music Therapy.

Music Therapy.
Breadth
Bridges
Balance



AMTA 2007 Year in Review

HIGHLIGHTS

Breadth:

- Military Grant Proceeds
- Advanced Competencies pass
- Master's standards move forward

Bridges:

- State Task Forces accomplish positive changes
- AMTA 'On the Hill' for education, mental health, and research
- AMTA provides leadership in coalitions to leverage policies to advance the profession

Balance:

- Fiscal position stable despite economy
- Priority focus on research tied to overall strategic plan

Inside this report:

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President's Message: Barbara J. Wheeler, PhD, MT-BC

I am honored to present the 2007 year in review. I first want to thank Past President Michelle Hairston and the Board for their leadership and hard work. Last year's report noted that music therapy is more than a few simple words. It is about the strength of our ties and connections. Indeed, 2007 marked a year of significant professional activity. This 2007 report reflects the year using three thematic words—*breadth*, *bridges*, and *balance*.

The 2007 Annual Report examines the *breadth* of our accomplishments. The report is also a reflection of our work to build and honor *bridges* with our partners, meet challenges in a thoughtful manner and in the spirit of open dialog. Finally, the report reminds us that AMTA, as a nonprofit organization, has a responsibility to *balance* through prudent business practices as well as through Board, Assembly, Committee

and individual member leadership.

I am pleased with our 2007 accomplishments; and, as you will see within this report, there is reason to be pleased. This work takes patience, time, and passion. Your continued selfless perseverance striving for excellence in practice, training, policy, and research embodies the nature of the music therapist, our organization's mission and its priorities.

As I reflect on the year, I hold a duality of feelings and thoughts. I am inspired and in awe of the work of music therapists nationwide and around the world. I also recognize that progress and advancement is almost always marked by struggle, hard work, and dedication to dialogue.

To borrow a phrase from the University of Louisville, where I teach, music therapists "dare to be great." Evidence of greatness

surrounded me in 2007.

As we move into 2008, I look forward, with each of you, to exploring music therapy's *breadth* of practice. I welcome our partnerships within and outside the profession to strengthen *bridges*. As an organization we must seek and maintain *balance* both fiscally and strategically.

2008-2009
President Wheeler



Legislation and Policy: Bridges to Advancement

The level and intensity of government relations activity in 2007 grew exponentially as AMTA members take a more active role in advocating for the profession. Advocacy efforts produced exciting results as well as raised awareness of issues needing continued attention. A few examples of this *bridge* work follow.

On 'The Hill': On May 2, 2007, U.S. Representative Grace Napolitano met with AMTA regarding the benefits of music therapy for adolescents diagnosed with mental illness and for veterans dealing with PTSD. Rep. Napolitano serves as co-chair of the Congressional Mental Health Caucus.

On June 13, 2007, AMTA

member Irvin Kalugdan represented Music Therapy at a briefing in the U.S. House of Representatives. This briefing was hosted by The National Alliance of Pupil Services Organizations (NAPSO) and was entitled, "Supporting Student Success: The Role of Pupil Services in the Elementary and Secondary Education Act (ESEA)."



Advocates drum up support in the halls of the Nevada State Capitol.

NEVADA APPEAL



Dr. Tony Wigram delivered the 2007 annual conference keynote address on research.

“Research is an AMTA Priority” make it yours!”



2007 Fultz Fund Awardee:

Abby Dvorak

“Music Therapy Support Groups for Individuals Diagnosed with Cancer and their Families”

The University of Iowa Hospitals and Clinics

Policy and Practice

Department of Education and No Child Left Behind:

Education activities included -

- Seeking an updated letter of clarification recognizing music therapy as a related service.

- Active involvement in the NCLB Reauthorization process working with the National Alliance for Pupil Services Organizations (NAPSO)

- Member involvement in ‘Calls to Action’ in response to proposed regulations.

State Recognition: State Advocacy and Implementation of AMTA/CBMT State Recognition Operational Plan was highly active in 14 states with an additional 14 states entering related task force activity.

In collaboration with CBMT, the activities of the State Recognition Operational Plan have resulted in situations of new funding lines, amended or new language in recognition of the MT profession, research on ‘hidden’ language and recognition, and strategies and approaches that are customized to the needs of each state, where necessary. The work is awesome, often unsung and invaluable!

The State Task Force initiative has also spawned highly intensive advocacy by

AMTA staff, on site visits, and more focused activities in government relations. Thank you to all who contributed to this effort. If you want to learn about the business of advocacy and government relations ask your state task force representative how you can help.

Putting research into

practice: Research references and brief summaries are regularly reviewed and are now posted on the AMTA website.

Centers for Medicare and Medicaid Services (CMS): AMTA continues to monitor and advocate for music therapy as part of Minimum Data Set (MDS) 3.0 Assessment. In 2007, CMS expressed thanks for our participation regarding MDS 3.0 development.

Recognition of our involvement demonstrates the value of our extensive efforts to communicate the importance of music therapy among CMS staff.

Sound healing and related

practices: The proliferation of individuals practicing various approaches to sound healing and/or therapeutic bedside music continues. Ongoing review and dialogue is a program priority so that

stakeholders and decision makers may better understand the scope of practice for music therapists relative to sound healers, bedside musicians and others.

As AMTA works to ensure the integrity of standards of practice, the Code of Ethics, and professional competencies; likewise, our colleagues at CBMT work to ensure that the music therapy credential and its associated scope of practice are faithfully maintained. AMTA actively draws upon the expertise of professional members with dual and cross-over training.

Professional Representation and Bridge Building:

AMTA is active in many organizations, networks and coalitions on behalf of the profession. Some of these include: Consortium for Citizens with Disabilities (CCD); National Alliance of Pupil Services Organizations (NAPSO); Joint Commission; Commission on Accreditation of Rehabilitation Facilities (CARF); Health Professions Network (HPN); National Coalition of Creative Arts Therapies Associations (NCCATA); Arts Advocacy Day; and Support Music Coalition.

Research Priority: Balancing the Art and Science of MT

Participants at the 2007 Annual Conference had the option of participating in a free CMTE on AMTA’s strategic priority on research. The CMTE track, offered as a gratis member service, included a keynote speech by Dr. Tony Wigram, a two part CMTE, and an array of research related sessions including an expanded research poster session.

The research priority, as passed in a motion by the

Board, is focused in its scope in order to manage this vast and dynamic topic. The focus is tied to the reimbursement priority and responding to external policy and practice stakeholders. By no means does this indicate non-interest in other important aspects of the research.

Research evidence is a regular part of service approval and funding decisions. Music therapists, are asked to be

critical and informed consumers of information on the state of science for a whole host of important topics.

This effort involves professional education on the issues and topic, ongoing review and summary of findings, dissemination of emerging evidence, and translation of findings into evidence-based practice. No doubt this is a dynamic process as findings from research evolve.

More Accomplishments — New in 2007

- MT partnered with the Children’s Defense Fund to assist with integrating music therapy techniques into summer programs for its 139 “Freedom Schools.” A team of 8 music therapists led by Stephen Lee trained some 1,000 college students who served over 9,000 children.
- Music Therapy and Autism Task Force/Think Tank established.
- Putting research into practice: AMTA monograph series continues with, “*Music Therapy for Children, Adolescents, and Adults with Mental Disorders*, edited by Barbara Crowe and Cynthia Colwell
- Media and Public Relations: AMTA assisted with or contributed to several dozen pieces in 2007 released on TV, radio, print and online channels. Members were a critical component of many more important contributions regionally and locally. A highlight in April included MT Todd Schwartzberg on *A Prairie Home Companion* with Garrison Keillor, discussing music therapy.
- AMTA implemented a grant from NAMM, the International Music Products Association, to assist returning soldiers with transitioning using music making and related techniques
- AMTA website visits topped 1.9 million with average daily hits at 807!



AMTA has a new organization listing number in the Combined Federal campaign, a federal program. It is #11588

The CFC is the world's largest and most successful annual workplace giving campaign, each year. Let your friends in federal and military service know about AMTA.

It's never too late to choose #11588!

Training Programs: Breadth of Work Grows

The professional programs committees and the Education and Training Advisory Board continued with tasks related to advanced degree programs and advanced competencies. The Advanced Competencies were approved by the Assembly in November, 2007.

The Advisory Board sent out a survey in January to all music therapists with graduate degrees. The survey's focus was the impact of their

graduate work on their jobs, skills, and careers. Two additional subcommittees focusing on graduate standards for related professions and master's standards (2nd draft) were highly active in 2007.

In 2007, AMTA recorded 73 approved academic programs. Six academic programs were reviewed in 2007. Several programs challenged by budget and administrative changes were successfully retained with the support of rallying

professionals and program faculty.

There were 183 internship sites on the National Roster. In 2007, a net increase. Twelve new National Roster internship programs were approved.

We extend our appreciation to the fine work of the committee members working in training and education. They are led by APAC Committee chair Marilyn Sandness and AIAC Chair Christine Neugebauer.

“After a certain high level of technical skill is achieved, science and art tend to coalesce in esthetics, plasticity, and form. The greatest scientists are always artists as well.”
Albert Einstein

AMTA Recognizes 2007 Conference Sponsors

Gold (\$5,000+)

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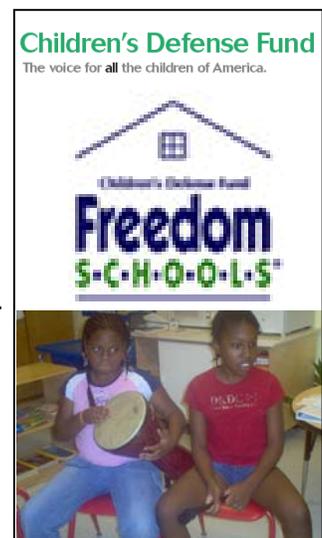
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Music Therapy and Autism Task Force/Think Tank

Established to explore and offer recommendations for future directions for music therapy and autism, focusing mainly on: (1) products, (2) processes and (3) partnerships. Participants are considering what programs and advocacy AMTA may offer clients and families, music therapists, and other professionals. Additional groups may be added to the task force in 2008, potentially as subcommittees for one of the three specific areas of focus. President-Elect Ronna Kaplan serves as chair.



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www.musictherapy.org

*"You give but little
when you give of
your possessions. It
is when you give of
yourself that you
truly give."*

Kahlil Gibran

AMTA is pleased to offer member services that allow members to excel in music therapy practice and service:

* 25,000+ Referrals in 2007* 2,600+ responses to general information requests *Artist spokespersons and partner giving * Advocacy* Technical assistance * Web enhancements: Committee reports/Newsletters * Job listings * Member handbook * Members' Area * Conference updates * Affinity programs * On-line auction* Payments & conference registration *

Thank you for your service to the profession in 2007

AMTA is proud to administer six scholarship/grant funds

- Florence Tyson Grant for the Study of Music Psychotherapy (conference registration and CMTE fees)
- Anne Emery Kylo Professional Scholarship (3-4 at \$500 each)
- E. Thayer Gaston Writing Competition (\$500)
- Edwina Eustis Dick Scholarship Fund (2 at \$500 each)
- Cathy and Brian Smith Memorial Scholarship Fund (\$500)
- Conference Scholars Fund (3 at \$500 each + conference registration/CMTEs)
- Fultz Fund Research Grant program (\$10,000)

We are greatly appreciative to all the donors who make these funds available.

Membership

Membership in 2007 numbered 3,611. Professional member retention grew relative to 2006 at 79%. Membership levels increased in all member categories except among students.

Membership drives in 2007 included a call-a-thon; a 'Gift of Support'; regional presentations on the benefits of membership; Spring Calling Campaign; and, presentations for students.

Development includes all that AMTA and its membership does to fulfill its mission of increasing awareness of and access to quality music therapy services. Fundraising is a significant part of development and a core piece of the budget process. 2007 donation statistics were as follows:

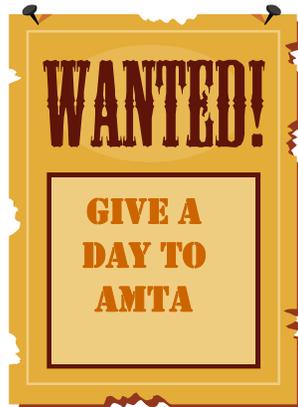
Donations, gifts*	\$17,888
Silent Auction	\$ 3,048
Total	\$20,936

Member communications continue with the annual Member Sourcebook, *Music Therapy Matters* newsletters, 'Welcome to the Profession' packets, Music Therapy ENews, and website updates.

Once again, in 2007, members donated intellectual property to AMTA. The process for this type of giving is available through the AMTA national office. Thank you very much!

*Detail listing on next page

Give a Day to AMTA Wall of Fame



- | | | |
|----------------------------------------------|-------------------|------------------------------|
| Mary Adamek | Nicole Allgood | Nikki Cohen |
| Michele Forinash | Amy Furman | Kate Gfeller |
| Nancy Hadsell | Marcia Humpal | Ronna Kaplan |
| Deforia Lane | Brenda Papierniak | Carol Prickett |
| Angela Snell | Kay Luedtke Smith | Jayne Standley |
| Elizabeth Swaney | Rebecca Tweedle | Barbara Wheeler |
| Robert Krout and Team | | Southeastern Region |
| Seattle Pacific University | | University of Iowa |
| Texas Women's Univ. | | Mass. Music Therapy Alliance |
| State Music Therapy Associations: IL, WA, MN | | |

Contact Amy Furman with your Give-A-Day efforts.
As of 12/31/2007

*Music Therapy. . .
Breadth
Bridges
Balance*

We are honored to recognize the many individuals and organizations whose generous financial gifts in the year 2007 contributed to securing the future of music therapy. AMTA is most grateful to donors, including students, who contributed to special funds such as the AMTA Disaster Response Fund, research, and scholarship funds.

Listed alphabetically. List represents gifts made between January 1, 2007 and December 31, 2007. Complete as of December 31, 2007



*"As I give,
I get."
Mary McLeod
Bethune*



*"If you haven't
got any charity
in your heart,
you have the
worst kind of
heart trouble."
Bob Hope*

AMTA is a 501(c)3 non-profit organization and accepts contributions which support its mission. Contributions are tax deductible as allowed by law.

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2007 Fiscal Year Financial Report

AMTA 2006 Audit Results <i>(Fiscal Year July 1, 2005 through June 30, 2006)</i>		AMTA 2007 Audit Results <i>(Fiscal Year July 1, 2006 through June 30, 2007)</i>	
Revenue	\$1,347,919	Revenue	\$1,403,838
Expenses	\$1,238,825	Expenses	\$1,329,069
Change in Net Assets w/ Unrealized Loss	\$109,019	Change in Net Assets w/ Unrealized Loss	\$74,644
Net Assets at Beginning of Year	\$119,276	Net Assets at Beginning of Year	\$228,295
Total Net Assets at Year End	\$228,295	Total Net Assets at Year End	\$302,939

Through the work of the Financial Advisory Committee, the AMTA Budget Team, and the AMTA Board of Directors, AMTA has worked diligently to manage the organization's financial position in 2007 and continue a comprehensive fiscal stability operational plan in 2008-09.

The 2007 Fiscal Year Audit reported the year ending with net assets of \$302,939.

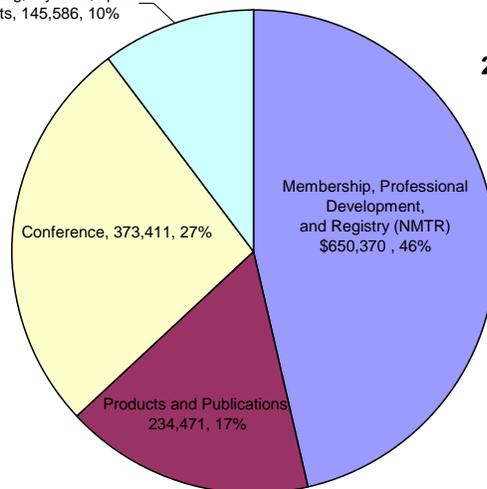
The surplus of income over expenses, inclusive of depreciation was \$74,644.

This continues an upward trend reflecting the intent of the fiscal stability operational plan.

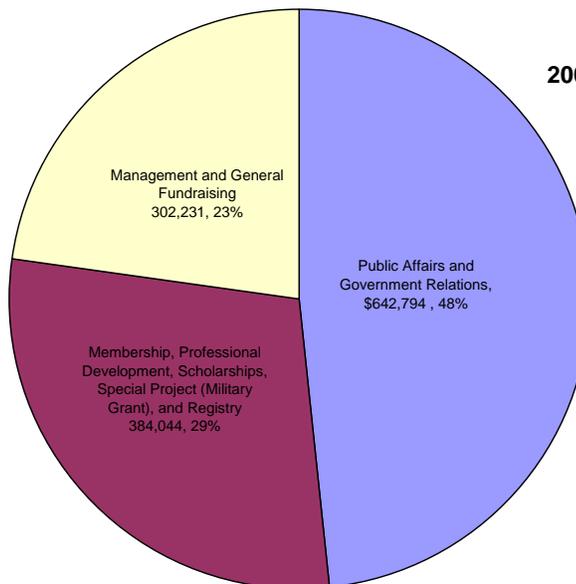
Many Thanks to Treasurer Jennifer Geiger for four years of service! (2004-2007)

A complete copy of the 2007 Financial Statement is available on the AMTA website at www.musictherapy.org in "Events and News."

Fundraising, royalties, spec. projects, 145,586, 10%

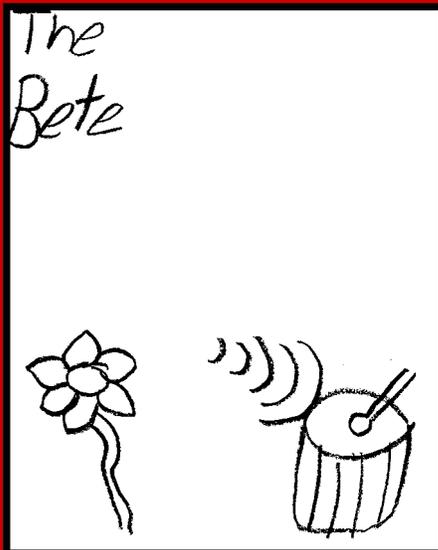


2007 Revenues



2007 Expenses

This grant project, informally titled “Making Connections,” centered on the creation of a series of workshops and groups sessions for military families and caregivers involved in active deployment(s) overseas. The aim was to offer a time to connect and re-connect in the context of the family, as well as individually, in the face of ongoing stressors associated with military service in war time. The project targeted the areas of stress, coping, mood, and family re-integration among military persons and dependents. The project facilitators custom designed and implemented a workshop series for two audiences, families and caregivers at Davis-Monthan Air Force Base.



“I felt we really needed to cut loose as a family and bang to our own drum...the kids have been through a really hard time during this last deployment....my daughter said this is better than anything — it made her feel like she was very good at something, ‘better than going places and riding rides and stuff.’ It made her feel like she was in front of the world and she was good.”

Diane B., USAF Feedback following a family workshop at Davis-Monthan Air Force Base

Pictured, above, drawing by 7 year old of what she liked best about the family workshop.



AMTA sponsored a demonstration and research project in 2007 with funding by NAMM, the International Music Products Association, titled, “Active Music Making and Music Therapy Services: An Early Intervention and Readjustment Program Among Returning Military Personnel and Their Families.”

Pictured above top right, caregiver program participants; above lower right, family participants.