

MUSIC THERAPY & MATTERS

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SPRING, 2011

Successful Kick-off Meeting for Wilson Trust Music Therapy Initiative

BACKGROUND

In the fourth quarter of 2010, AMTA received a legacy gift from the Eleanor and Raymond Wilson Charitable Trust. Mrs. **Eleanor Wilson** was a passionate advocate for music and the environment. The Wilsons resided in the Puget Sound region and supported numerous music and arts programs in the greater Seattle area. AMTA was selected by attorneys for the trust who learned about music therapy from www.musictherapy.org and requested that AMTA submit a proposal and be considered along with many other organizations. AMTA was honored to be selected from a long list of potential organizations to receive this historic gift in the amount of \$400,000.

NEED FOR MUSIC THERAPY IN THE PUGET SOUND AREA

The purpose of this charitable contribution to AMTA is to advance access to quality music therapy services to those in need in the Puget Sound area. This is directly related to AMTA's charitable purpose first established in 1950. For a variety of reasons, per population density, quality music therapy services in the Puget Sound region are not readily accessible to those in need throughout the age spectrum. Whereas the Puget Sound region contains in excess of 4,100,000 people and is considered the 15th largest Metropolitan Statistical Area in the U.S. in the latest reports by the Census Bureau, the concentration of music therapy services available is



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Feature Film 'The Music Never Stopped' Highlights The Science Behind The Benefits of Music Therapy



Music therapists around the country are raving about *The Music Never Stopped*, which is a new feature film based on a case study and essay titled "The Last Hippie" by Dr. **Oliver Sacks**, MD. The movie chronicles the journey of a father and son adjusting to a lifetime of missed opportunities and how music therapy helps restore the young man's memory, as well as his relationship with his family.

The Music Never Stopped tells the story of Henry Sawyer, (**J.K. Simmons**), a traditional, hard-working father who shares his passion for big band music with his young son, Gabriel. As Gabriel (**Lou Taylor Pucci**) grows into a young man, however his musical tastes begin to shift towards the psychedelic rock of the late 1960s. With

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AMERICAN
MUSIC
THERAPY
ASSOCIATION

*I couldn't agree more
that music therapy makes
a difference in so many
ways and on so many
levels. Every day you, the
individual and collective
members of AMTA,
make a difference.*

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You Make a Difference

We frequently say that music therapy makes a difference. AMTA has commonly used this “tagline” in marketing and educational materials. Of course, I couldn’t agree more that music therapy makes a difference in so many ways and on so many levels, but today I want to focus on YOU! Every day you, the individual and collective members of AMTA, make a difference.

Scores of you are involved in serving AMTA in various capacities, donating your time, expertise, funds, intellectual property, and/or tangible items. Countless individual music therapists are engaged in advocating on behalf of the music therapy profession and our clients. All across America “grass roots” efforts abound with your efforts to establish state recognition for the MT-BC credential; to begin new clinical, training, and educational programs; to expand programs already in place; to conduct research to substantiate the effectiveness of music therapy interventions; to daily serve those in need; and to educate our future workforce.

Elsewhere in this issue of *Music Therapy Matters* you will read about how individuals serving on our State Recognition Task Forces are making a difference. I would like to share some specific additional examples of how you as AMTA members—or other individuals with whom we have come in contact—have helped honor a range of processes put in place and then helped honor numerous people involved, thereby making a difference.

One of the important roles of the AMTA President is to appoint individuals to serve in diverse capacities on the organization’s behalf. In turn, as part of the process, one of the critical functions of elective board members is to approve presidential appointments.

The first set of new appointments that have occurred since our November 2010 annual conference and Board of Directors meetings were those of members of the Editorial Boards for the *Journal of Music Therapy* and *Music Therapy Perspectives*. Your new journal editors, Drs. **Sheri Robb** and **Tony Meadows**, spent a considerable amount of time and serious thought assessing the strengths and needs of the present Editorial Board and then selecting and recommending new Editorial Board members whose expertise would complement that of the present Editorial Board members for their respective journals. The process, of course, allowed for individuals to be nominated by many different sources, including themselves. Let us honor the newly appointed Editorial Board members by recognizing them. For the *Journal of Music Therapy*, the new Editorial Board members are: **Felicity Baker**, **Tonya Bergeson-Dana**, **Joke Bradt**, **Patricia Flowers**, **Jane Edwards**, **Lori Gooding**, **Jere Humphreys**, and **Clare O’Callaghan**. And for

Music Therapy Perspectives the new Editorial Board members are: **Elaine Abbott**, **Laura Beer**, **Gene Ann Behrens**, **Jim Borling**, **A. Blythe LaGasse**, **Annie Heiderscheit**, **Wendy Magee**, **Inge Nygaard Pedersen**, and **Annette Whitehead-Pleaux**. Congratulations to you all! You will now be making a difference in a unique manner.



Ronna Kaplan, MA, MT-BC
AMTA President

Another significant presidential appointment approved by the AMTA Board of Directors this winter was that of **Elaine Abbott** as the new AMTA Scholarship chair. Elaine was ably taught by **Bridget Doak**, the previous chair of the committee, so again we are honoring our process with a well-planned transition and provision of scholarship opportunities that are very much needed and appreciated by our members. Thank you, Elaine and Bridget; you are making a difference.

In November 2010 the AMTA Board of Directors passed two motions that resulted in the need to create two new groups of member volunteers. (1) First of all, we established an ad hoc committee to review and make recommendations pertaining to the current purpose and goals of AMTA-Pro and to report to the Board at the 2011 Mid-year meeting. I am pleased to report that the Board of Directors approved my appointments of the following members to this work group, which will be chaired by AMTA President-Elect **Mary Ellen Wylie**: **Jim Hiller**, **Jennifer Jones**, **Andrew Knight**, **Bill Matney**, **Kathy Murphy**, **Donna Polen**, and **Jennifer Sokira**. (2) Secondly, we initiated an AMTA Diversity Task Force, of which I will be the chair, to develop a status report on the diversity of our membership, study successful models from other organizations to increase diversity and determine suggested ways to increase diversity in the membership and leadership of the organization. I am very excited to announce that the AMTA Board

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STATE RECOGNITION UPDATE

Judy Simpson, MHP, MT-BC, Director of AMTA Government Relations

It's hard to believe that it's only March when you consider the amount of music therapy advocacy that has occurred across the nation so far in 2011! Thanks to many dedicated and hard-working music therapy state task force members, several task forces have been successful in getting legislation introduced that would establish systems for music therapy recognition. Acknowledging that these successes did not happen overnight but are the result of months and sometimes years of research, planning, and communicating with legislators, it has definitely been a banner year for music therapy state recognition.

The following is an overview of some of the state recognition excitement that has been spreading across the country!

HAWAII

Two pieces of legislation have been introduced in this state, both of which would have a positive impact on access to music therapy services. One is Senate Bill 1503, which recognizes related services under special education, specifically listing music therapy. SB 1503 has passed the Senate and is currently under review in the House. The second bill, House Bill 559, would create a music therapy license in the state. Although it does not appear that the licensure bill will move forward this year, it has provided an opportunity to increase legislators' awareness of the profession.

NEVADA

Senate Bill 190 was recently introduced and would create a music therapy license administered through the state's Department of Health. Much work has been done with the sponsor of this bill to ensure that related organizations will support the legislation. AMTA, CBMT, and the task force have been communicating with the state psychologists as they have expressed concern about music therapists' education, clinical training, ethics requirements and scope of practice. This group has been willing to work with us and we have added language to the bill which clearly defines the services that music therapists are qualified to provide. Justification for this license has included evidence that music therapists have been restricted from providing services to some health and education areas in the state because a license is not available. Task force members have

provided testimony to the Senate committee and subcommittee reviewing the proposed legislation.

NORTH CAROLINA

After several years of significant advocacy with state agencies and legislators, the NC task force has obtained support for the introduction of a licensure bill in the House. Of all the bills AMTA and CBMT have seen drafted by various states, this one required no revisions from CBMT legal counsel! The task force is actively gathering support so this bill can move quickly through the state's legislative system.

NORTH DAKOTA

Following a conference call in early January, task force members were able to secure legislative support for a bill creating a music therapy registry in the state. With language and structure similar to the registry established in Wisconsin, ND legislators have been quick to support this bill. The legislation passed in the House and has been introduced in the Senate. Task force members have traveled to the state Capitol in Bismarck on two different occasions to provide testimony to the legislative committees reviewing the bill. We are currently awaiting the vote in the Senate.

OKLAHOMA

House Bill 1482, creating a music therapy license was introduced on February 7th and passed the House on March 14th with a vote of 83 to 12. The bill has now moved to the Senate Business and Commerce Committee for review and approval. The task force and other music therapists in the state hosted a Hill Day at the Capitol, complete with music therapy displays and visits to legislative offices to seek support for the licensure bill.

SOUTH CAROLINA

Legislation establishing a license for music therapists was introduced in the House in January. Despite some challenges from individuals who question the need for any type of state regulation, the bill has produced some positive attention from the local media. The task force is currently responding to questions from the state agency that would have administrative oversight of the license.

With so much excitement in states with active legislation, you would think that might be enough... but not for music therapists! Task forces in other states have also taken their message to their state Capitols and state agencies. By doing so, they have built support for future legislation and increased recognition of the impact music therapists have on the citizens of their state.

COLORADO

Therapists in Colorado have had successful meetings with the Department of Regulatory Agencies (DORA) and are seeking



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nowhere near what it should be for the population. In the Seattle area alone, the estimated number of people with disabilities approaches 500,000 and if indigenous populations, at-risk populations, and military and reserves are included, then the number surpasses 500,000. Further, if wellness applications for music therapy are taken into account, then the total population who could benefit from music therapy services numbers in the hundreds of thousands.

MUSIC THERAPISTS IN PUGET SOUND AREA

According to both the American Music Therapy Association and the Certification Board for Music Therapists, the total number of qualified music therapists in the state is less than 50 and barely 25% of those are working as full-time employees in clinical settings. A direct correlation exists between AMTA-approved academic training programs, state recognition of the music therapy credential (Board Certified Music Therapist or MT-BC), and the number of qualified therapists in a given metropolitan area. The good news is that the state of Washington recently developed its first academic program at Seattle Pacific University. Investing in the Puget Sound area at this time is opportune because of this new academic program and the many decades of advocacy work done by the music therapists in the state.

This donation is intended to serve as a catalyst to "jump start" a host of music therapy programs and services as determined by local music therapists. The contribution will be structured in a way that maximizes the investment, develops partnerships, contributes to the knowledge base, and aims to achieve sustainability of any new efforts.

INITIAL STEPS

AMTA selected **Patti Catalano**, MT-BC, as the Wilson Trust Project Manager, following interviews with several qualified candidates. Having lived in the Puget Sound area for nearly 25 years, Patti has a wealth of professional experiences and knowledge of the region. She has been active locally, regionally and nationally with AMTA and other music therapy organizations.

Patti is under the supervision of the Project Director, AMTA Senior Special Projects Consultant, **Barbara Else**, MPA, LCAT,

MT-BC. Executive Director **Andi Farbman** will be overseeing the overall project implementation.

SURVEY RESEARCH

Prior to the kick-off meeting, interviews were conducted to garner input and feedback from Washington state music therapists on opportunities for music therapy services in the Puget Sound region. Over twelve hours of semi-structured telephone interview time was facilitated by AMTA consultant, Barb Else. Washington professionals shared their hopes, wishes and dreams for the future of music therapy services in the region and

AMTA Officials Re-Connect with Long-Time Supporter, Composer & WA-Based Musician, David Lanz



Left to Right: Barbara Else, Andi Farbman, Patti Catalano, David Lanz, Gary Stroutsos (flutist), Judy Simpson

provided guidance and input on the use of Wilson Trust funds. Several key themes emerged from all the interviews. These themes were built into the kick-off meeting agenda. Selected top themes or "take-aways" included:

1. developing a sustainable cadre of music therapy services in the Puget Sound hospitals and also with several major service providers
2. offering a systematic and strategically focused program of education, awareness and advocacy about music therapy services, benefits and research among targeted stakeholders, agencies, consumers, and facilities
3. targeting program development that complements the undergraduate training program at Seattle Pacific University (SPU) and spurs clinical training opportunities

4. providing advanced training opportunities and technical assistance
5. fostering partnerships and mechanisms to increase sustainability of services into the future

KICK-OFF MEETING

The AMTA Team involved with the successful kick-off meeting included, Patti, Barb, and Andi, as well as President **Ronna Kaplan** and Regional President **Piper Laird-Riehle** (representing AMTA at the national and regional levels), AMTA Director of Government Relations, **Judy Simpson** (providing assistance with state regulatory matters), and **Jodi Winnwalker**, (providing business expertise having operated a successful private practice in nearby Oregon). Additionally, CBMT sent **Kimberly Sena Moore** who is CBMT's Regulatory Affairs Associate, adding to our focus on state regulatory matters and the subsequent Hill Day training and visits that followed on March 21st and 22nd.

On Saturday, March 19th, all Washington state music therapists were invited to attend the initial meeting to learn about the Wilson Trust and to share their ideas for program development and sustainability. A three hour meeting was held with more than a dozen interested music therapists. A lively discussion about project ideas, taglines for the project, and miscellaneous questions ensued.

One of the trustees from the Wilson Trust, **Steve Erickson**, who had known Mrs. Wilson all of his life stopped by the meeting to wish the project well and tell more about her life. Steve was convinced that Mrs. Wilson would have been very excited about supporting music therapy and the work that is about to begin. A big THANK YOU to all of those who planned and/or participated in this historic meeting.

In addition to the Wilson Trust meeting, Washington state Hill Day training was led by Judy Simpson and Kimberly Sena Moore on March 21st and 22nd. Check the Public Policy section of the AMTA website for more information as it becomes available.

For more information on the Wilson Trust Music Therapy Initiative, please contact Patti Catalano at pattimusic1@gmail.com or 425-444-6893. ❖

The Music Never Stopped - con't from page 1

father and son on opposite sides of the musical and political spectrums, Gabriel disappears into the counterculture following a devastating confrontation with his father.

The film opens nearly two decades later when Henry and his war bride wife, Helen (**Cara Seymour**) are told their son has been found wandering the streets of New York City. Gabriel has a brain tumor that has caused extensive brain damage and needs immediate surgery. When he recovers, he is in a near-catatonic state and unable to recall or create any long-term memories. Effectively, Gabriel still thinks he is in 1968.

As Gabriel in the 1980s recovers from his surgery, his parents search for any way of communicating with their still "missing" son. Eventually, they find Dr. Dianne Daly, played by **Julia Ormond**. (Dianne is based loosely upon Dr. **Concetta Tomaino**, who is featured in Dr. Sacks' original case study.) Daly is one of the pioneers in the profession of music therapy and she's made progress using musical and rhythmic exercises to help people affected by brain disease or stroke to regain their mobility and voices.

Connie is the Executive Director and Co-Founder of the Institute for Music and Neurologic Function, a member of the Beth Abraham Family of Health Services, located in the Bronx, NY. More information about her work can be found at the organization's website, <http://www.imnf.org>.

According to Dr. Tomaino, music therapy offers numerous evidence-based applications. "For example, with someone who has memory problems, particularly with Alzheimer's disease or dementia, we will use music of personal importance. Those emotions are then connected to deep memories that we can attempt to retrieve as they are exposed to that specific music," she revealed. "We also use rhythm to help people with movement disorders such as Parkinson's disease, or a stroke, regain their ability to move, as well as a singing protocol that we use for people with strokes to help them regain the ability for speech. We're using music in ways to reach people on a deep, clinical level."

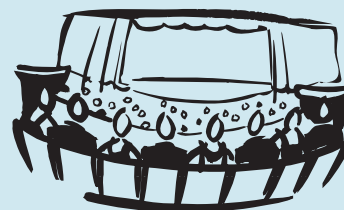
Visit the official movie website at: <http://themusicneverstopped-movie.com>. ❖

Center Stage

Honor your friends and loved ones or celebrate life's landmark events while supporting the growth of music therapy through **Center Stage**.

In memory of
Mary Susan Claeys
from the American Music Therapy Association

In memory of
Don Michel
from the American Music Therapy Association



AMTA's **Center Stage** is the perfect way to honor your friends and loved ones or celebrate life's landmark events, all while supporting the growth of music therapy. Funds donated are used to support AMTA's mission. To make your submission to **Center Stage**, please send a check for \$15 or more, the name and address of your honoree, along with your name and address and reason for the tribute to: AMTA, Center Stage, 8455 Colesville Rd, Ste 1000, Silver Spring, MD, 20910. Tribute gifts will be acknowledged with a letter to the donor and a card to the designate, as well as in *Music Therapy Matters*. AMTA reserves the right to accept, edit, or reject tributes for publication.

AMTA STAFF

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AMTA's Mission Statement:
*To advance public awareness of the
benefits of music therapy and increase
access to quality music therapy services in
a rapidly changing world.*

* denotes part time staff

of Directors recently approved the appointments of these members of the Diversity Task Force: **Ruthlee Adler, Melita Belgrave, Elsa Maria Garcia, Nicole Kahn, Mirna Kavar, Seung-A Kim, Beth Swaney, Michael Viega, and Nadine Wobus.** Thank you in advance to all these individuals! You too will be making a difference in another way.

In a different vein, a recent event at Temple University celebrated the retirement of our esteemed colleague, **Ken Bruscia.** Although I was not able to attend personally, AMTA Executive Director **Andi Farbman** and AMTA Historian and Parliamentarian **Bryan Hunter** presented a Presidential Recognition Award to Ken for his “extraordinary service to the Music Therapy profession in the United States and around the world as an exemplary clinician, educator, mentor, and researcher.” At this event we were able to simultaneously honor the person and the processes he embraced as he contributed to the profession and the lives of so many clients, students, and colleagues. Ken Bruscia, you have made a difference and continue to do so.

As many of you may have heard through announcements at the November conference, *Music Therapy ENews* or *Music Therapy Matters*, AMTA has become the recipient of the largest single donation in our history, \$400,000 from the Trust of a woman named **Eleanor Wilson.** This donation will be used to advance music therapy in the Puget Sound region. We are honoring the process for this project with interviews of local music therapists, interviews and hiring of the regional project manager, a kick-off meeting, advocacy training, and a Hill Day, to name only a few of our steps.

Although not an AMTA member nor a music therapist, Eleanor Wilson clearly will make a difference for music therapy. AMTA members in the Puget Sound region and AMTA staff members, along with **Patti Catalano**, the new Regional Project Manager for the Wilson Trust Project, will make a difference for the “face” of music therapy in the next few years.

An exciting partnership has materialized for AMTA the past two years with our inclusion in the Music and the Brain lecture series at the Library of Congress. Last year **Connie Tomaino, Jayne Standley** and **Anne Parker** shared their expertise with audiences in Washington, D.C., while this year **Alicia Clair** and **Deforia Lane** spoke in the series, broadening our reach and increasing public awareness about music therapy. As mentioned previously, their contributions are now catalogued in iTunes University. Thank you to the Library of Congress’ **Anne McLean** and to **Andi Farbman** for coordinating these amazing lectures and demonstrations, and kudos to our speakers. You have all made a difference with your talents.

Finally, renowned author **Jodi Picoult** has brought us yet another very exciting public awareness opportunity. On March 1st, her new novel *Sing You Home*, the main character of which is a music therapist, was released. If you haven’t already read it, I highly recommend it! (I just finished it today) Ms. Picoult conscientiously and thoroughly researched music therapy with the expert assistance of **Suzanne Hanser** and many of her colleagues and students at Berklee College of Music, as well as of other New England music therapists. Thank you to these individuals! You have made a difference in what Jodi called “opening the minds of the public to music therapy.” It will be interesting to see what the future holds as a result of this exposure.

As AMTA President, in a few short weeks I will be attending four conferences—in the Great Lakes, Southwestern, Southeastern and Western regions. I can’t wait to meet and connect with you to hear and see how you make a difference every day! Thank you as always for allowing me the privilege to serve as your President. ❖

sponsorship of legislation that would create a music therapy registry in the state.

FLORIDA

In Florida, task force members visited legislative offices in Tallahassee, seeking support for state recognition options for the profession.

GEORGIA

Georgia task force members held a Hill Day and have been actively communicating with state agency officials to improve access to music therapy, especially in early intervention and special education. As a result of their successful Hill visits, both the House and Senate in Georgia passed resolutions recognizing the benefits of music therapy and commending music therapists for their work.

INDIANA

The Indiana Task Force recently offered an advocacy CMTE and combined it with music therapy displays at the Capitol and visits with legislators. A House resolution was introduced recommending the state review options for officially recognizing music therapy.

MISSOURI & CALIFORNIA

In Missouri and California, task force members are actively seeking changes to existing state regulations. These recommended changes would more accurately define music therapy and include it under appropriate service categories, such as related services and healthcare interventions.

VIRGINIA

In Virginia, music therapists interested in creating a task force recently gathered following a state association meeting at Shenandoah University. This group has already begun the research into how the state recognizes related education and healthcare professions.

WASHINGTON

In Washington, an advocacy CMTE is being offered March 21st and 22nd in conjunction with a Hill Day in Olympia. Music therapists will have the opportunity to utilize advocacy skills learned as they meet with legislators and seek recommendations for the best method of state recognition.

Obviously the AMTA and CBMT state recognition operational plan is in full swing! The successes listed above combined with all the other state task force activity across the country would not be possible without the collaborative efforts of the task force members working with AMTA and CBMT staff. Many thanks to all who have devoted so many volunteer hours to this important initiative.

It is a very exciting time for state government relations. We know this energy will continue to grow as more and more music therapists become involved. Stay tuned as we work together to increase recognition of music therapy through state legislation! ❖

AMTA Members: Welcome to ECMMA Perspectives

Rick Townsend, Managing Director, ECMMA

AMTA members now have a new member benefit, compliments of an ongoing collaboration between AMTA and the Early Childhood Music & Movement Association (ECMMA). Terms of the arrangement provide all AMTA members with a complimentary article from each issue of ECMMA's peer reviewed journal, ECMMA Perspectives. In publication since 2006, ECMMA has now published 17 issues, including more than 140 articles. In 2009, ECMMA introduced a fully searchable online version, a move that has made this collaboration possible.

As a starting point AMTA members now have access to three ECMMA Perspectives articles from within the AMTA website's member area. The articles include:

- Different Learners: Why Music and Movement are Brain Food for Every Child, by noted author Jane Healy
- Music Therapy for Premature Infants in the Neonatal Intensive Care Unit, by music therapist Jayne Standley
- Strengthening the Mother-Child Relationship Through Music: Andrea Barker's Interview with Andrea Apostoli, President of AIGAM (Italian Gordon Institute of Music Learning)

ECMMA Perspectives Editor Angela Barker will be hand-selecting the article for AMTA members from each new issue, seeking to connect AMTA members with the article that most closely aligns with a music therapist's needs. Eventually, you will be seeing offers to upgrade your ECMMA Perspectives experience through discounted access to the full, searchable online journal. Watch your announcements to see this upgrade offer when it becomes available. We look forward to a long and productive relationship... For the Sake of the Children.



U.S. Budget News

The Fiscal Year 2011 Budget continues to be debated in Congress – 400+ days after its introduction. Several short term extensions have been agreed to by Congress to ensure the continual operation of government.

Government spending remains unauthorized for this fiscal year and as a result, long-term budget needs continue to stand unaddressed.

Regardless of when agreement is reached on Fiscal Year 2011, debate on Fiscal Year 2012 is scheduled to begin in early April. President **Barack Obama** has indicated that the Fiscal Year 2012 debate will tackle the broader reforms needed to decrease government spending and increase revenue.

AMTA continues to monitor the budget process and respond to proposed cuts as appropriate. ❖

IDEA Partnership

As a part of the Individuals with Disabilities Education Act (IDEA), the Office of Special Education Programs (OSEP) within the U.S. Department of Education, funds four linked partnership projects. These projects are charged to engage partner organizations representing policy makers, service providers, family and advocates, and local administrators in the shared implementation of IDEA. The IDEA Partnership was formed as a result of this initiative.

The IDEA Partnership seeks to form a community with the potential to transform the way we work and improve outcomes for students and youth with disabilities. To that end, representatives within the partnership develop a wide array of materials designed to promote community building and knowledge transfer amongst entities involved in the implementation of IDEA. Dialogue Guides are one of the tools regularly developed to be used in facilitating stakeholder conversations on a variety of specific topics.

In early January, the AMTA Government Relations Department participated in a meeting focused on collecting and developing materials that explain how Specialized Instructional Support Personnel (SISP) can contribute to improved student outcomes. Keep in mind that SISP is the new term for related services in IDEA (special education) and pupil services in the Elementary and Secondary Education Act (ESEA-general education.) The purpose of the meeting was to identify the range of specialized roles that enhance instruction. AMTA is pleased to have the opportunity to contribute to this process.

It is anticipated that the new SISP Dialogue Guide will be available in the fall of 2011. ❖

New York Times Bestselling Author Releases Novel Based on a Music Therapist

Al Bumanis, AMTA Director of Communications; Ronna Kaplan, AMTA President; & Amy Furman, AMTA Vice President

New York Times Bestselling Author **Jodi Picoult** released her new novel, *Sing You Home*, this March which debuted at #1 on the *USA Today* book list, and at #1 on the *New York Times* print & e-book list! The main character of her book is a music therapist.

On March 1, 2011, President **Ronna Kaplan** had the privilege of meeting author Jodi and her musician collaborator, **Ellen Wilber**, at Berklee College of Music. Dr. **Suzanne Hanser**, Chair of the Music Therapy Department at Berklee College of Music, hosted a reception to honor Jodi's new book. Jodi was very personable and congenial and answered all questions asked of her by Berklee faculty in attendance. It was very special for Suzanne and her Berklee colleagues to celebrate the release and to read this new book, as Jodi had researched the music therapy profession by sitting in on their classes and interviewing them and some of their students. In addition, Jodi observed and shadowed several other music therapists in New England and asked Suzanne to write several hypothetical music therapy session plans. To further educate her readers, on her website, jodipicoult.com, Jodi has provided links to AMTA and mentioned books where her readers can learn more about music therapy.

This popular exposure will bring great awareness to our profession of music therapy. Jodi mentioned that she hoped *Sing You Home* would "open the minds of the public to music therapy." We trust she is right—what an exciting time it is for music therapy!

LATE BREAKING NEWS

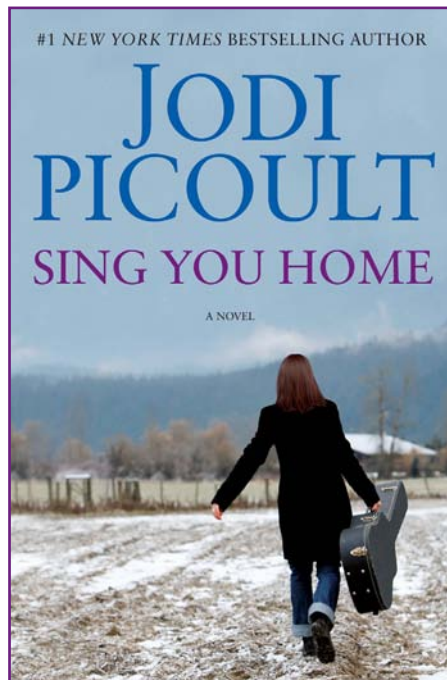
According to www.daemonbooks.com, "Talk show host **Ellen DeGeneres** has purchased the movie rights *Sing You Home*. According to *Deadline.com*, the funny lady will produce the movie along with **Craig Zadan** and **Neil Meron**."

Ellen optioned *Sing You Home* with her own money, which is a sign of how passionate she is about the project. That is good news for Picoult, who was reportedly unhappy with how moviemakers changed the ending to *My Sister's Keeper*. For more information see: *Daemon's Books* — <http://www.daemonbooks.com/2011/03/23/ellen->

[degeneres-to-produce-movie-adaptation-of-sing-you-home/#ixzz1HRc77EtM](http://www.daemonbooks.com/2011/03/23/ellen-degeneres-to-produce-movie-adaptation-of-sing-you-home/#ixzz1HRc77EtM)

THE AUTHOR'S PERSPECTIVE

We caught up with Jodi and asked her about her choice to base her main character on a music therapist.



AMTA: *What is it that intrigued you about music therapy that encouraged you to prominently feature the profession in your work?*

JP: Using music to affect physiological and psychological health is absolutely fascinating, and I don't think a lot of laypeople realize how powerful a tool music can be in healing.

AMTA: *What led you to have the main character be a music therapist?*

JP: I wanted Zoe to be very tied, personally and professionally to music. The book includes a CD of original music - which is supposed to be Zoe's voice. I wanted her to be able to pour out her heart to the reader - and how better to do that than music? Having her be a music therapist professional and a songwriter personally seemed to be a perfect fit.

AMTA: *What kinds of research and experiences did you explore to familiarize yourself with music therapy?*

JP: I started with Suzanne Hanser at Berklee - who not only explained music therapy to me and introduced me to her amazing research, but also put me in touch with several music therapists in the Boston area who allowed me to observe. I went to a burn hospital with one music therapist; I watched a teen drum circle with another. I also interviewed about five other music therapists around the country who explained their work with children with autism, nursing home patients, elderly with dementia, those in hospice, etc.

AMTA: *What did you learn that perhaps surprised you as you explored the field of music therapy?*

JP: The direct biological connection between music and medicine. I mean, I was standing there watching a music therapist croon to a two year old boy with burns over 70% of his body as his dressings were being changed. All the monitors that showed his heart rate were sky high as he sobbed -- until she began to sing. And then, right before my eyes, those numbers started to fall into the normal range.

AMTA: *What role does music play in your life? In what way, if any, has that changed since writing this book?*

JP: I love music. I sing (not well!) and listen to it all the time...except when I'm writing. It's like Kryponite for me...I can't focus on my work when music is in the background!

AMTA: *How did you decide what music to include in this book?*

JP: My friend Ellen Wilber, an accomplished bluegrass and jazz musician who teaches music to middle school students, has been my longtime collaborator. Together we've written over 100 songs for original children's musicals. So when I thought about this book, I asked her if she might like to try a different kind of collaboration. I wound up writing poetry that corresponded to the feelings Zoe might have in each chapter, and Ellen came up with melody around the words.

AMTA: *What do you think your readers should know about the field of music therapy?*

JP: That it isn't some New Age ritual - it has a grounding in science, and can be explained through brain scans and physiological

continued on page 9

Sing You Home - con't from page 8

responses like any other medicine.

AMTA: *What message would you like to give to music therapists?*

JP: Keep doing the good work that you do - because it's nothing short of amazing. ❖

SYNOPSIS OF SING YOU HOME

Zoe Baxter has spent ten years trying to get pregnant, and after multiple miscarriages and infertility issues, it looks like her dream is about to come true—she is seven months pregnant. But a terrible turn of events leads to a nightmare—one that takes away the baby she has already fallen for and breaks apart her marriage to Max.

In the aftermath, she throws herself into her career as a music therapist – using music clinically to soothe burn victims in a hospital; to help Alzheimer's patients connect with the present; to provide solace for hospice patients. When Vanessa—a guidance counselor—asks her to work with a suicidal teen, their relationship moves from business to friendship and then, to Zoe's surprise, blossoms into love. When Zoe allows herself to start thinking of having a family, again, she remembers that there are still frozen embryos that were never used by herself and Max.

Meanwhile, Max has found peace at the bottom of a bottle—until he is redeemed by an evangelical church, whose charismatic pastor, Clive Lincoln, has vowed to fight the “homosexual agenda” that has threatened traditional family values in America. But this mission becomes personal for Max when Zoe and her same-sex partner say they want permission to raise his unborn child.

SING YOU HOME explores what it means to be gay in today's world, and how reproductive science has outstripped the legal system. Are embryos people or property? What challenges do same-sex couples face when it comes to marriage and adoption? What happens when religion and sexual orientation—two issues that are supposed to be justice-blind—enter the courtroom? And most importantly, what constitutes a “traditional family” in today's day and age?

In a very unique move, readers will get to literally hear Zoe Baxter's voice. Jodi collaborated with close friend Ellen Wilber to create a CD of original songs which corresponds to each chapter. This CD is packaged with each hardcover book. So – literally – stay tuned!

excerpted from <http://www.jodipicoult.com/sing-you-home.html>

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Arts Advocacy Day

On April 4th and 5th, AMTA will once again participate in Arts Advocacy Day as a national co-sponsor. This annual event in Washington, D.C., hosted by the Americans for the Arts, is the only national event that brings together a broad cross section of America's cultural and civic organizations, along with hundreds of grassroots advocates from across the country. Attendees collaborate to communicate with members of Congress the importance of strong public policies and public funding for the arts.

Preparation for this event actually begins in November when representatives from the co-sponsoring organizations form the Legislative Planning Committee (LPC). The LPC meets twice a month for four months to determine the Issue Briefs that will be the focus of discussions with Congress on Arts Advocacy Day. Although AMTA has been a co-sponsor for many years, we have been active members of the LPC for the past three years, assisting with development of an Arts in Healthcare Issue Brief. Each issue Brief developed by the LPC begins with specific "asks" of Congress, followed by talking points and supportive background information to assist advocates in explaining the rationale behind the requests.

AMTA will lead the Arts in Healthcare LPC subgroup this year, collaborating with representatives from The Society for the Arts in Healthcare, the National Coalition of Creative Arts Therapies Associations (NCCATA), the American Dance Therapy Association (ADTA), the American Art Therapy Association, the National Association for Drama Therapy (NADT), and Americans for the Arts. In addition to creating the topic specific Issue Brief, each subgroup also develops a "Field at a Glance" document that provides more detailed information related to each area of focus.

Americans for the Arts organizes these documents, along with letters to Members of Congress from each co-sponsoring organization and supporting facts and figures, into an Arts Advocacy Day Handbook. These handbooks are then delivered to each Congressional office. This year, the Field at a Glance documents are being made available online, allowing for the inclusion of more information and live links to research and media clips.

AMTA Director of Government Relations, **Judy Simpson** will present the Arts in Healthcare Issue Brief to the Congressional Arts Caucus on March 25th and will also participate as part of a panel presentation during Arts Advocacy Day. Representation of music therapy during this national event is a great example of how AMTA works to increase awareness of the profession with Congress and with related organizations. For more information about Arts Advocacy Day, please visit, <http://www.artsusa.org/events/2011/aad/default.asp> ❖

Benefits of Music Therapy for Persons with Brain Injuries Highlighted on Capitol Hill

On March 16, 2011, AMTA once again participated in the Brain Injury Awareness Day on Capitol Hill. This marks AMTA's 4th consecutive year of participation. The Congressional Brain Injury Task Force, co-chaired by Representative **Bill Pascrell, Jr.** (D-NJ) and Representative **Todd R. Platts** (R-PA), hosts this annual event to educate Members of Congress and their staff on the full range of effects of brain injury, the challenges of recovery for those suffering from brain injury, and the services and supports available to them.

AMTA Government Relations Associate, **Rebecca Smith** and Director of Communications, **Al Bumanis** represented music therapy during the event. AMTA was one of 50 organizations exhibiting at the Awareness Fair, which highlights programs and providers that offer services and supports to those with brain injury. Participants included: Brain Injury Association of America, Defense Centers of Excellence (DCOE) for Psychological Health and Traumatic Brain Injury, Health Resources and Services Administration (HRSA), National Disability Rights Network; and National Rehabilitation Hospital – and many others.

This opportunity to participate in such a visible advocacy event is an excellent example of how AMTA works on your behalf, participating in coalitions that raise awareness of music therapy and its benefits. ❖

Health Occupations Students of America (HOSA)

AMTA Director of Government Relations, **Judy Simpson** recently participated in a "Washington Ideas Meeting" hosted by the Health Occupations Students of America (HOSA). Other attendees included representatives from the Medical Reserve Corp, the American Occupational Therapy Association and the American Art Therapy Association.

Following a brief presentation, participants discussed ways healthcare provider organizations can partner with HOSA. Based in Dallas, HOSA is a student organization whose mission is to promote career opportunities in health care and to enhance the delivery of quality health care to all people.

HOSA provides a unique program of leadership development, motivation, and recognition exclusively for secondary, postsecondary, adult, and collegiate students enrolled in Health Science Education programs. Committed to preparing future healthcare professionals, HOSA offers partnering organizations avenues to inform, contribute to, and communicate with 120,000 students, teachers and Health Science administrators from across the country.

AMTA is currently exploring ways to partner with HOSA on a national, regional, state and local level. We are looking forward to this opportunity to connect AMTA members with students interested in healthcare, and to encouraging more students to consider music therapy as a career!

To learn more about all that HOSA has to offer, please visit www.hosa.org ❖

AMTA ARCHIVES UPDATE

William B. Davis, PhD, RMT, Colorado State University, AMTA Archivist

It has been over twelve years since I last wrote to you as the then newly appointed AMTA Archivist announcing the establishment of the American Music Therapy Archive. The Archive's creation had the full approval of AMTA's first Executive Board of Directors as they, in their good judgment, recognized the need to protect and preserve our rich history.

In the intervening twelve years I may have only slightly increased my wisdom, with certainty suffered the loss of more hair, but have only augmented my enthusiasm for procuring and preserving important items that document our lively, interesting past. The previous twelve years have realized remarkable growth in our music therapy holdings. Beginning in 1998 with just a few boxes of materials donated by the newly formed AMTA, we have, through generous donations from our former and current professional organizations, NAMT, AAMT, and AMTA (as well as many regional organizations) clinical facilities and individuals grown our collection to over 100 linear feet. Housed in a secure, climate controlled environment in a none-too-attractive building on the Colorado State University campus, the collection is open to the public upon appointment through me or library staff.

I am pleased to also tell you that the collection has been steadily accessed by a number of researchers, both within and outside the music therapy profession. These individuals have used the Archive to enrich their understanding of past practices, people, places and events and in many cases have then shared their research with the music therapy community through conference presentations, theses, dissertations and publication. It is important to emphasize that this is YOUR Archive and you have unrestricted access to the materials with prior appointment.

GENERAL CATEGORIES

As a reminder, the collection spans the time period from before the formation of NAMT in 1950 (some articles date back to the late 1700's) to the present.

General categories of the collection include:

- Governance documents
- Financial records

- Committee reports
- Meeting minutes
- Correspondence
- Publications including articles, books, journals and newsletters
- Academic program records
- Clinical training program records
- Persons contributing to the development of music therapy
- Regional Files
- Audio and video materials
- Ephemera

From this explosion of growth it might appear that we have a complete collection of items;

...this is YOUR Archive and you have unrestricted access to the materials with prior appointment.

such is not the case and this one of the major reasons for writing this article. My plea is this: If you have items of any sort related to any of the three organizations or music therapy in general (from any time period) and wonder what you are going to do with all of your "stuff," I would invite you to contact me with a list of items you may wish to donate. I can let you know what we have or don't have. We do have a good collection but in particular have needs in the areas of journals and newsletters from AAMT and many regions. While some regions have been proactive in donating items, others have preferred to maintain their own records. I would ask regional Presidents to think about how your history is being preserved and if you have questions to please contact me. I would gladly help you to determine the best course for preserving your materials.

FUTURE GOALS

What are our future goals to improve access to the Archive? The first goal is to have a finding aid (a description of items and where they are located within the collection) online on both the AMTA and CSU websites. This will improve the visibility of our collection and

provide a convenient method of identifying what we own (or do not own). This will make it easier for researchers to prepare in advance for a visit to the library. The other, more ambitious goal is to include, along with the finding aid, a digital collection of selected images, documents, audio and video that represents some of the most interesting materials. We have numerous photographs, audio recordings (a few dating to the late 1940's) and videos that should be shared with AMTA members and the public.

RESEARCH POLICIES AND PROCEDURES

Please make an appointment to use the AMTA archives. Unlike the main library, the services of the Colorado State University Archives and Special Collections are available only by prior arrangement. Persons interested in the AMTA collection should email ahead as far in advance as possible to discuss the research project or particular materials with the AMTA Archivist and to arrange times for access and assistance. This procedure permits relevant material to be assembled in advance. To minimize the handling of fragile material and make the most efficient use of staff resources, access to the CSU Archives is granted to only those directly engaged in research. ❖

Joint Commission News

The Joint Commission recently publicly launched the first in a series of new animated Speak Up™ videos that encourage patients to speak up and become active participants in their health care. Like the other Speak Up™ materials, the videos are free and can be used by accredited organizations and other interested stakeholders that want to promote the Speak Up message.

The first video can be viewed on YouTube: <http://www.youtube.com/user/TheJointCommission>

And on The Joint Commission website: <http://www.jointcommission.org/multimedia/default.aspx> ❖

On the International Front from New England to the Grand Cayman!

Julianne Parolisi, MA, MT-BC, NERAMTAS Lesley Vice President

There are many New England Region Professionals who have gone out of the country to do presentations, workshops and special projects... we are proud of them all... but would especially like to share a project that the NER students designed, organized, developed and carried out in June of 2010.

THE NERAMTAS 2010 INTERNATIONAL SERVICE PROJECT TO GRAND CAYMAN

It is hard to believe that what started as a spark of an idea over dinner one night in October 2009 grew and evolved over the following eight months into an enormous and impactful service project. That spark was fueled by the many people who generously donated of themselves—time, energy, support, money, clothing, instruments, ideas, passion, creativity, and music—and was carried along by an amazing synchronicity of timing, connections, and events. There were definite ups and downs along the way, moments when I wondered whether all ten group members from different schools and backgrounds would gel together as a cohesive unit, moments when I wasn't sure that we'd be able to pull off something so large-scale, moments when I doubted my own leadership abilities and wondered if I was totally in over my head. But in the end, the magic that happened during that week in Grand Cayman, when we experienced the results of our many months of planning and effort, made every doubt melt away. We accomplished our goals above and beyond what I ever could have imagined during that fateful dinner in October, and the impact both on us as volunteers and on the people of Grand Cayman was powerful.

The Team: **Erin Murphy, Georgia Wells, Racheal Lewis, Jessica Brizuela, Laurynn Scholar, Mike Simonelli, Elaina Daoulas, Eddie Konopasek, April Buscher** and **Julianne Parolisi**. As the NERAMTAS Lesley Vice President, I was asked to be the project leader of the student international service project. The other members of Team Cayman were selected based on applications that were submitted to the NERAMTAS board in February 2010. The final team was made up of ten music therapy students from the New England Region: eight undergraduates from Berklee College of Music, and two graduate students from Lesley University (myself included). Our ages, backgrounds and experience levels varied widely, with some

members who had never left the country or really worked with clients before and some who had traveled extensively and had two years of internship experience. We met for the first time during the NERAMTA Regional Conference in March and continued to meet as often as our busy school schedules would allow, filling in much of our logistical planning over email. We were guided all along by the amazing and dedicated mentorship of regional professional and Lesley professor **Christine Routhier**, with helpful input from **Karen Wacks**, another regional professional and Berklee professor.



GOALS & PLANNING

The two main goals of our project were: 1) to introduce the Cayman Islands to the field of music therapy both through leading experientials at our volunteer sites and through in-service presentations around the island and 2) to offer music therapy students the opportunity to expand their skills and gain multicultural awareness through direct engagement with an ethnically diverse population. The Cayman Islands were chosen as the location for our service project for a number of reasons including cultural diversity, under-served populations who would benefit from music therapy, the island's recent interest in expanding their health services offerings, and my familiarity with the island and its people. Armed with our main goals and a chalkboard full of additional hopes and desires for our journey, we set about developing schedules, activities and protocols to help bring them to fruition.

Another main aspect of our planning process was fundraising—it was one of my personal goals to raise enough money to cover

all expenses except for our plane fares. To do this, we organized a number of fundraising events, which encouraged the students to utilize their individual skills and creativity, and to take a leadership role in the project. Some of our main events were: a fundraising dinner, a Lia Sophia jewelry sale, a trunk show, a vendor booth at an outdoor music festival, and a benefit concert and CD featuring local musicians. As a result of all of our hard work and the generosity of everybody who donated, not only did we meet this ambitious goal but we surpassed it, ending up with a surplus of money. We also received substantial support from our regional instrument guru, Mud Pie Productions, through whose generosity we were able to maximize our purchases so that we could bring down and donate a large number of instruments to our volunteer sites.

ON THE GROUND

Team Cayman was split up into three groups of three students based on interest and experience, with me as team leader overseeing, supporting and floating between all groups. We volunteered at three main facilities to introduce and promote the use of music therapy on the island: The Lighthouse School (a school for children with special needs), The Sunrise Centre (a dayhab and training center for adults with developmental disabilities), and The Cayman Islands Early Intervention Programme (which works with children from birth to five years of age). At each site, volunteers led groups of participants in a variety of music experientials, from singing to instrument playing to movement activities, each being tailored to address site-appropriate goals. (For more detailed descriptions of our work at each of the sites, please visit our website under "Team News" and read the volunteer reports: <http://teamcayman2010.yolasite.com/news.php>)

Additionally, we had the good fortune of being on the island the same week as the Cayman Islands Special Olympics, and were invited by the Olympic Committee to partner with them and perform a song at their Closing Ceremony. We worked together as a team to learn and adapt a song brought to us by one of our members, **Mike Simonelli**, that incorporated some of the common goals of both the Special Olympics and music therapy,

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Library of Congress Features

Dr. Deforia Lane in

"Music and the Brain II" Series

On March 3, 2011, Dr. Deforia Lane presented an invigorating lecture at the Library of Congress as part of its "Music and the Brain" series. The lecture, "Music Therapy in Oncology and Rehabilitation" was presented to an audience of over sixty attendees in a lecture hall adorned with Stradivarius violins mounted elegantly on the wall. Dr. Lane began her presentation with the statement that "Music Therapy is a most remarkable profession-one that captured my heart thirty years ago and will not let me go!"



Dr. Lane, Vice President and music therapist at the University Hospitals of Cleveland, highlighted the power and efficacy of music therapy interventions within a medical setting for individuals of all ages. As a cancer survivor herself, Dr. Lane described how music supported her through her cancer treatment. More than a dozen music therapists from the Greater DC/Baltimore area were in attendance and were able to interact with the audience after the lecture. AMTA public education handouts were available for those in the audience. An enthusiastic audience asked questions after Dr. Lane's talk.

AMTA extends a gracious thank you to the Library of Congress and most especially to Anne McLean, for her collaboration and support of music therapy.

The Music Division of the Library of Congress developed the two-year "Music and the Brain Series" in cooperation with the Dana Foundation. AMTA co-sponsored five music therapy lectures as part of this prestigious series. Two lectures and one workshop were held last spring. Speakers included Dr. Connie Tomaino, Dr. Jayne Standley, and Anne B. Parker. Dr. Alicia Clair presented a lecture last fall. Podcasts for the music therapy lectures can be found at the library's website at <http://www.loc.gov/podcasts/musicandthebrain/index.html> and on iTunes University.

The Library of Congress is the nation's oldest federal cultural institution and is also the largest library in the world. In fulfilling its mission "to sustain and preserve a universal collection of knowledge and creativity for future generations," the Library of Congress includes a music division that contains close to eight million items, including the classified music and book collections, music and literary manuscripts, microforms, and copyright deposits. ❖

Cayman - con't from page 12

such as teamwork, determination and success. We also worked throughout the week to make a variety of instruments (hand drums, ocean drums, shakers and even tubanos!), which we passed out to athletes and audience members to play at the ceremony, and later donated. But the most inspiring moment of this event for me was when we called up to the stage six of the individuals from the Sunrise Centre that we had been working with during the week, and invited them to perform with us for their peers and families at the Olympic Closing Ceremony. Sharing such an empowering and joyful experience with these individuals and witnessing their excitement was truly a highlight of our trip.

In addition to volunteering, we also prepared and delivered in-service presentations at all three of our sites, as well as to the local hospital and the Ministry of Education, inviting the entire staff and other interested parties to learn more about music therapy. The quality of the students' presentations was impressive, particularly considering that for many of them, it was their first time presenting! Additionally, through some local connections we were able to garner interest from many media outlets, giving us the opportunity to spread knowledge about the field of music therapy to even more of the people of Cayman through radio, television, and both online and printed news sources. (See our website for links to some of our media appearances: <http://teamcayman2010.yolasite.com/news.php>)

LOOKING FORWARD

Due in part to our quality volunteer work, our informative in-service presentations and our media exposure, the field of music therapy piqued the interest of many influential people and organizations on the island. One such organization was the Ministry of Education, which actually summoned me to give a special presentation to the Minister and Chief Officer about music therapy and its potential benefits for the populations that are served by the Ministry. At the conclusion of this presentation, the Chief Officer declared that music therapy would be an important addition to their current health services offerings, and offered me a position on the spot to return to Cayman and start a music therapy program! After a number of similarly successful meetings with different organizations, it became clear to me that music therapy is a needed and desired service on the island. Therefore, I decided to move to Grand Cayman in October 2010 to start my own company, Cayman Music Therapy, which allows me to serve a number of different populations, organizations and individual families through music therapy. I am thrilled to have this opportunity to expand the field of music therapy and to serve the people of Cayman in this way, and I couldn't imagine a clearer indication of the success of our service project than this.

As written in our mission statement, "it is our deepest hope that through this service project we might be able to make a lasting impact on the people of Grand Cayman by presenting them with another possible modality to compliment their expanding mental health service offerings." With the help and support of AMTA (both local and national levels), our music therapy colleagues, professors, and mentors, our friends and families who supported us, and the assistance of many people on the ground in Grand Cayman, we have accomplished our mission. Thank you to everyone who helped make it happen, and especially to Team Cayman itself, the amazing group of ten student volunteers without whose participation, creativity, passion, and abilities this project could have never developed into what it became. ❖

Music Therapy and the Japan Earthquake/Tsunami

Barbara Else, MPA, LCAT, MT-BC, AMTA Disaster Relief Coordinator

AMTA responds to disaster events affecting professionals, students and the clients/patients we serve. So far, the first quarter of 2011 is proving to be very active with respect to disaster events in the United States and around the world.

Since January, AMTA has extended welfare inquiries to music therapists and students in response to the Tucson mass shooting last January, several severe weather events throughout the United States, the floods in and near Brisbane, Australia, and the earthquakes in Christchurch, New Zealand, and in northeast Japan. International events begin by contacting AMTA's member colleagues abroad and coordinating with the World Federation of Music Therapy.

Following any disaster event AMTA's disaster response coordinator sets into motion three critical steps.

First, a welfare inquiry is made to understand whether, and how, professionals or students are affected by the disaster.

Second, AMTA seeks to understand what the assistance needs may be.

Third, AMTA considers how best to meet individual needs, given the circumstances and available resources. More often than not, this process is fundamentally about respecting and supporting our colleagues during times of extremely high stress.

In the United States, it is relatively uncommon for an organized profession to provide a regular and ongoing coordination of disaster response to and with its membership. We are able to do this because you—our members, colleagues, and friends—care. Our aim is simply to support our peers and students and assist in recovery. We do this so our peers may get back to the business of providing music therapy services in the aftermath of disaster as soon as possible.

The major earthquake, and subsequent tsunami, in Japan appears to be one of the most powerful natural disasters on record. However, any disaster or traumatic event, no matter the size or scope of the event, is significant for those affected. Therefore, AMTA treats all disasters with attention, consideration and concern.

On behalf of all the music therapists and students affected by this disaster, AMTA wishes to convey their appreciation and gratitude for everyone's concern, support and call to respond. Dozens of our colleagues in Japan, as well as the music therapy student

and professional members from Japan and living in the United States have candidly shared their thoughts, concerns and prayers over the past days.

This event is marked by a high level of social networking since internet service is readily available in most areas in Japan. One of the main AMTA disaster response activities in this first step has been serving as a conduit for communication and messaging.

You may make donations to the AMTA Disaster Relief Fund by mailing a payment or donating online. Go to the AMTA Online Store & select "Donation to AMTA Disaster Relief Fund." Once you select, you may adjust the suggested amount to the amount of your choosing—either lower or higher—by changing the figure in the Amount box.

Some of these messages are already posted in member Facebook pages. Some include relayed messages from our colleagues in areas of Japan that sustained major infrastructure damage. Several members are working with AMTA to relay and/or assist in message translation in the United States and in Japan.

This event will involve a long recovery and rebuild process for the people of Japan. As we learn more about the needs of our colleagues and friends in Japan, we will work together so that music therapy services may continue and be a part of recovery and service to the community.

Since this disaster is subject to change on a day to day basis, members and friends may choose to help immediately by making a charitable donation to an organization such as the Red Cross.

You may also make donations to the AMTA Disaster Fund by mailing a payment or donating online. Go to the AMTA online store and select the Donation to AMTA

Disaster Relief Fund option. Once you select choose select, you may adjust the suggested amount to the amount of your choosing - either lower or higher - by changing the figure in the Amount box.

To get to the AMTA Online store, go to www.musictherapy.org and click the link under latest news, or copy the following url and paste into your internet browser:

<https://netforum.avectra.com/eweb/Shopping/Shopping.aspx?Cart=0&Site=AMTA2>

Thank you for your support. ❖

JAPANESE MUSIC THERAPY NETWORK ORGANIZES TO PREPARE RESOURCES FOR RECOVERY

AMTA is part of a coordinated team looking at response for, and with, the music therapists in Japan. In cooperation with the Japanese Music Therapy Network, the liaisons are **Yumiko "Yumi" Sato** (U.S.) and **Nami Yoshihara** (Japan). The newly appointed coordinator for the Japanese associations is **Michiko Kato**.

As we look into the future, there will be a need for psychological support for those encountering difficult times. If you are willing to help contribute to a handbook of music therapy for trauma/disaster care, you may share your experience in working with people who experienced traumatic events. Please send a one-page letter, MSWord format, to music therapists Yumi Sato and Nami Yoshihara and they will make the summaries available in Japanese. Please include in your one page summary:

- Type of trauma (i.e war, terrorist attack, natural disaster)
- Description of symptoms (i.e PTSD)
- How long after the traumatic event
- Age/Age range
- Setting?(Group/Individuals, #of clients, location)
- Goals
- Materials used
- Description of Experience (type of music therapy intervention, duration of therapy)
- Results/Outcomes
- Suggestions for future use

Email to Yumi Sato at luluhana@hotmail.com ❖



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EDWINA EUSTIS DICK SCHOLARSHIP — KARA RYAN

I am pleased and honored to accept this scholarship award from AMTA. I am currently finishing my Bachelor of Music Therapy at Marylhurst University in Oregon and am applying for a medically focused internship to work with children. This scholarship has made it possible for me to broaden my horizons by traveling out of state to interview and tour sites on the national roster, as well as making it more feasible for me to continue attending the invaluable music therapy conferences.



In terms of future goals, I am working on completing my NICU-MT certification and would like to earn a masters degree in creative arts therapy over the course of the next five or six years. I would like to specialize in working with children and adolescents and am interested in the use of the voice in music therapy. I am also very inspired by the research contributions of many of AMTA's music therapists and hope to contribute in this area in the future.

AMTA has been a priceless resource for me in terms of networking with other students and professionals and keeping me motivated and excited as I work toward becoming a professional in this field. I am immensely grateful for AMTA's support in the pursuit of my goals and sincerely appreciate this scholarship and the opportunities it provides.

CATHY & BRIAN SMITH SCHOLARSHIP — MARY KATE MCNULTY

A few weeks ago, after eight long, challenging, and life-changing months, I finally arrived at the last day of my internship at a Philadelphia psychiatric hospital. It was a busy day, from finishing up my progress notes to saying goodbyes (and being beaten at air hockey by one of my nine-year-old patients). I left the psychiatric hospital exhausted but filled with satisfaction and joy, certain my day could not get any better—until I checked my voicemail in the parking lot. AMTA had selected me as the recipient of the Cathy and Brian Smith

Memorial Scholarship Fund, awarded to an intern pursuing training with adolescents or individuals with chemical dependencies. To receive this encouraging vote of confidence from AMTA at the end of my internship was deeply meaningful to me.

The award, given to an intern pursuing training with adolescents or individuals with chemical dependencies, was also meaningful as both of those populations hold a special place in my heart. I spent two practicum placements working with clients with chemical dependencies and worked with adolescents as part of my internship. While I often faced strong resistance from my clients, their personal strength, authenticity, and deep relationships with music made my work with them highly rewarding.

The fund will aid in my transition between student and professional, paying for both my graduation at Immaculata University and for my board certification exam. Currently, while studying for the exam, I am developing a new music therapy program at a residential center for adolescents in New Jersey. I anticipate enrolling in a graduate music therapy program in the next few years and also hope to work with individuals with chemical dependency again at some point in what I hope will be a long, fruitful career in music therapy.

In addition to thanking AMTA, I would like to thank Alice Avigal and the Smith family for establishing the award, as well as my music therapy professors (Brian Abrams, Anthony Meadows, Lillian Eyre, and Bryan Muller) and clinical supervisors (Wendy Kaiser, Audrey Hausig, Tina Hallidy, Scott MacDonald, and Adenike Webb) who have guided me throughout my student career and inspired me with their seemingly limitless knowledge, dedication, and support.



EDWINA EUSTIS DICK SCHOLARSHIP — AMY FOLEY

I am very pleased to be the recipient of the Edwina Eustis Dick Scholarship for music therapy interns. It is truly wonderful that the American Music Therapy Association offers scholarship opportunities for music therapy interns, as this transition

time is often difficult due to lack of funding. I was nominated for and accepted this award during my internship at the Monroe County Intermediate School District in Monroe, Michigan. Since my acceptance of the award, I have completed my required hours and finished my internship requirements. I am currently in the process of transitioning to the professional world of music therapy.

Receiving the Edwina Eustis Dick Scholarship has had a significant positive impact on my future career. I have placed some of the funds from the scholarship aside to pay for my Certification Board for Music Therapists examination fees. Another portion of the scholarship funds has gone towards my registration fees for the Great Lakes Region music therapy conference in Lake Geneva, Wisconsin. I have used the remaining portion of the scholarship to purchase instruments for my career. I was able to purchase a tubano drum, gathering drum, rhythm sticks, chiquita shakers, jingle bells, a tambourine, scarves, and a rolling bag to transport the instruments. It has been a true blessing to receive the monetary award to assist with my music therapy fees and new instruments.

As I am in this period of transition between internship and the professional world of music therapy, I am busy planning for my future career. I plan on taking the music therapy board examination within the next month. My husband and I are currently looking to relocate for his graduate schooling this coming fall, so I have recently been busy making new music therapy connections in the areas surrounding his school. My dream is to be employed as a music therapist in a school setting by this coming fall. The American Music Therapy Association has definitely supported me throughout my music therapy education as a student and intern. Thank you! ❖



Corrections

In the Winter issue of *Music Therapy Matters*, Lauren Calista's name was misspelled on page 33. It should be Lauren Calista, not Kalista. We apologize for this error.



early childhood online magazine



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call for papers

imagine publishes articles that are directly related to early childhood music therapy (ages: zero to five), based on sound theories, recommended practice, and/or research.

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Submission for the Atlanta National Conference Poster Session is now entirely on-line.

Those interested in having their research considered for the Research Poster Session should:

1. Submit one copy of a 600-800 word abstract; or a copy of the full report (including an abstract). Regardless of choice each submission must include complete information for judging research quality.
2. Submissions must be received as an e-mail attachment using WORD (12 point in Times New Roman).
3. In the MAIN BODY OF THE E-MAIL include all of the demographic information necessary for listing in the final program including 1) the title of the paper, 2) names(s) of author(s) 3) institutional affiliation(s) and a complete address.
4. On the abstract or full paper INCLUDE ONLY the paper's title. DO NOT include the name of the author or affiliation.

The deadline for submissions is JULY 15, 2011. Please send submissions to: cmadsen@fsu.edu Clifford K. Madsen, AMTA Research Committee, Center for Music Research, Florida State University, Tallahassee, Florida 32306-2098 USA. If, after 5 days of submission you have not received a confirmation of your paper being received. Please send it again and call Dr. Madsen (850) 644-4565. After a blind review by the committee, each participant selected will be notified via email of their status.

AMTA's 2011 Annual Conference

AMTA has Rocked out of the Past and is definitely Rolling into the future. You may be wondering what is next for the 2011 Conference? It's AMTA in the ATL! You most definitely need to be there as information about and awareness of the benefits of music therapy have never been more in front of the public. A movie, best selling novel, televisions news, Internet references and footage of music therapists in action are all part of the news. Be sure you know how to capture this momentum as you work with your colleagues, clients and their families to increase awareness of the value of music therapy in meeting client needs. The conference in Atlanta will be focused on advocacy and leadership as we explore and expand our therapy skills. Take this opportunity to share your ideas. Submit a concurrent session proposal or a CMTE by the April 1st deadline and be part of the new awareness of music therapy. Go to www.musictherapy.org for more details.

Be sure to join

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