

ABOUT MUSIC THERAPY & MUSIC THERAPY TRAINING

Music therapy is a healthcare profession that uses music to help individuals of all ages improve physical, cognitive, emotional, and social functioning. Music therapists work with children and adults with developmental disabilities, medical illnesses, physical disabilities, psychiatric disorders, or neurological impairments, among others.

"I felt very confident that the skills I learned with my coursework and internship prepared me to be a professional music therapist."

"My school prepared me well, and my internship experience provided variety, challenge, and growth... exactly what I needed as a developing therapist."

"My internship experience was great. I was supported by my supervisor and challenged to develop the skills I need to be a professional music therapist."

"I am grateful I chose a career as rewarding as music therapy. I love what I do each day!"



WHERE DO MUSIC THERAPISTS WORK?

Music therapists are employed in many settings including general and psychiatric hospitals, physical rehabilitation centers, nursing



homes, mental health agencies, public and private schools, substance abuse programs, forensic facilities, hospice

programs, day care facilities, etc. Typically, full-time therapists work a standard 40-hour work-week. Some prefer part-time work and choose to develop contracts with specific agencies, providing music therapy services for an hourly or contractual fee. A growing number of clinicians choose private practice in music therapy to benefit from opportunities provided through self-employment.



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A CAREER IN MUSIC THERAPY



A cutting edge career in music and healthcare offering rewarding employment opportunities.

MAKE A DIFFERENCE IN
SOMEONE'S LIFE...

BECOME A MUSIC THERAPIST

WWW.MUSICTHERAPY.ORG

MUSIC THERAPY CURRICULUM AND REQUIREMENTS

Those who wish to become music therapists must earn a bachelor's degree or higher in music therapy from an American Music Therapy Association (AMTA) approved program. The curriculum includes coursework in music, music therapy, biology, psychology, social and behavioral sciences, and general studies. Clinical skills are developed through 1200 hours of required fieldwork, including an internship in healthcare and/or education facilities. These experiences allow students to learn how to assess the needs of clients, develop and implement treatment plans, and evaluate and document clinical changes.

Credential: Once coursework and clinical training are completed, one is eligible to take the national examination administered by the Certification Board for Music Therapists (CBMT), an independent, non-profit certifying agency fully accredited by the National Commission for Certifying Agencies. After successful completion of the examination, graduates are issued the credential necessary for professional practice, Music Therapist-Board Certified (MT-BC). To maintain this credential, music therapists must demonstrate continued competence by completing 100 recertification credits or retaking and passing the CBMT examination within each five-year recertification cycle.



ADVANCED DEGREES IN MUSIC THERAPY

Graduate programs in music therapy offer the opportunity to gain in-depth knowledge and competence in clinical skills and research.



Doctoral degrees or doctoral study in music therapy, are offered by selected universities which include advanced coursework in music therapy in combination with doctoral study in related areas.

DEGREE EQUIVALENT TRAINING IN MUSIC THERAPY

A Degree Equivalency Program is offered by many AMTA-approved degree programs for individuals with bachelors degrees in related fields. Under this program, the student completes only the coursework necessary for equivalent music therapy training without necessarily earning a second baccalaureate degree. Some schools may require that the student's initial degree be in music.



PERSONAL QUALITIES OF A MUSIC THERAPIST

Personal qualifications include an interest in people and a desire to help others empower themselves. Those who are considering music therapy as a career must be accomplished musicians. A music therapist must be versatile and able to adjust to changing circumstances. Music therapists should demonstrate care and concern and be able to offer emotional support for clients and families. Patience, empathy, imagination, tact, openness to new ideas, a sense of humor and creativity are important qualities for professionals in this profession. Music therapists must express themselves well in speech and in writing. In addition, they must be able to work well with other health care providers.



MUSIC THERAPY

AMTA-APPROVED SCHOOLS OFFERING DEGREE PROGRAMS IN MUSIC THERAPY



Alabama

University of Alabama www.ua.edu

Arizona

*Arizona State University www.asu.edu

California

Cal State University-Northridge www.csun.edu

*University of the Pacific www.pacific.edu

Colorado

*Colorado State University www.colostate.edu

District of Columbia

Howard University www.howard.edu

Florida

*Florida State University www.fsu.edu

*University of Miami www.miami.edu

Georgia

*Georgia College & State University www.gcsu.edu

University of Georgia www.uga.edu

Illinois

*Illinois State University www.ilstu.edu

Western Illinois University www.wiu.edu

Indiana

Indiana-Purdue University Fort Wayne www.ipfw.edu

*Indiana Purdue University Indianapolis www.iupui.edu

*St. Mary of the Woods College www.smwc.edu

University of Evansville www.evansville.edu

Iowa

*University of Iowa www.uiowa.edu

Wartburg College www.wartburg.edu

Kansas

*University of Kansas www.ku.edu

Kentucky

*University of Kentucky www.uky.edu

University of Louisville www.louisville.edu

Louisiana

*Loyola University www.loyno.edu

Massachusetts

Anna Maria College www.annamaria.edu

Berklee College of Music www.berklee.edu

*Lesley University www.lesely.edu

Michigan

Eastern Michigan University www.emich.edu

*Western Michigan University www.wmich.edu

Minnesota

Augsburg College www.augsburg.edu

*University of Minnesota www.umn.edu

Mississippi

Mississippi University for Women www.muw.edu

William Carey University www.wmcarey.edu

Missouri

*Drury University www.drury.edu

*Maryville University www.maryville.edu

*University of Missouri-Kansas City www.umkc.edu

New Jersey

*Montclair State University www.montclair.edu

New York

- *Molloy College www.molloy.edu
- *Nazareth College www.naz.edu
- *New York University www.nyu.edu
- State University of New York-Fredonia www.fredonia.edu
- *State University of New York-New Paltz www.newpaltz.edu

North Carolina

- *Appalachian State University www.appstate.edu
- East Carolina University www.ecu.edu
- Queens University of Charlotte www.queens.edu

North Dakota

- University of North Dakota www.und.edu

Ohio

Cleveland Consortium:

- Baldwin Wallace College www.bw.edu
- Cleveland State University www.csohio.edu
- College of Wooster www.wooster.edu

- *Ohio University www.ohio.edu
- University of Dayton www.udayton.edu

Oklahoma

- South West Oklahoma State University www.swou.edu

Oregon

- Marylhurst University www.marylhurst.edu

Pennsylvania

- *Drexel University www.drexel.edu
- Duquesne University www.duq.edu
- Elizabethtown College www.etown.edu
- *Immaculata University www.immaculata.edu
- Marywood University www.marywood.edu
- Seton Hill University www.setonhill.edu
- Slippery Rock University www.sru.edu
- *Temple University www.temple.edu

South Carolina

- Charleston Southern University www.csuniv.edu
- Converse College www.converse.edu

Texas

- *Sam Houston State University www.shsu.edu
- Southern Methodist University www.smu.edu
- *Texas Woman's University www.twu.edu
- University of the Incarnate Word www.uiw.edu
- West Texas A&M University www.wtamu.edu

Utah

- Utah State University www.usu.edu

Virginia

- *Radford University www.radford.edu
- *Shenandoah University www.su.edu

Washington

- Seattle Pacific University www.spu.edu

Wisconsin

- Alverno College www.alverno.edu

Canada

- University of Windsor www.uwindsor.ca

*denotes graduate degree programs. The Colleges and Universities listed in this brochure offer music therapy degree programs approved by the American Music Therapy Association, Inc. (AMTA), as of July 1, 2011. For specific information please visit the university websites.