The American Music Therapy Association (AMTA) is committed to promoting quality clinical treatment and ethical practices regarding the use of music to restore, maintain, and improve the health of all persons. AMTA establishes and maintains a Code of Ethics, and education and clinical training standards for persons seeking to be credentialed music therapists (MT-BCs) through the Certification Board of Music Therapists (CBMT). As a function of its mission, AMTA educates the public about music therapy and supports music therapy research in numerous ways, including publishing two peer-reviewed journals, the *Journal of Music Therapy* (since 1960) and *Music Therapy Perspectives* (since 1982).

A sampling of references related to research in music therapy and topics in rehabilitation research are included herein.

**Research Agenda Setting and Music Therapy**

Readers are invited to consult the free download of research recommendations prepared as part of AMTA's strategic priority on research:


PDF Link: [http://www.musictherapy.org/assets/1/7/MTR2025proceedings.pdf](http://www.musictherapy.org/assets/1/7/MTR2025proceedings.pdf)

**Brain Injury, Neuroscience, and Neurodevelopmental Disorders**


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**Resilience, Anxiety, and Acute Care Environments**


Music Therapy and Community-Based Interventions


About Music Therapy
and the
American Music Therapy Association

Music therapy was formally organized as a profession in the United States in 1950 with origins founded in treatments for service members of World Wars I and II in veterans’ hospitals. As a clinical service, music therapy is defined as “the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program” (AMTA, 2004). Music therapists provide treatment and deliver interventions working with the patient(s) and in the context of a therapeutic relationship. MT-BCs work within the context of the interdisciplinary team to address the patient treatment plan and in the conduct of research and team science in rehabilitation research.

The American Music Therapy Association represents over 6,000 music therapists, corporate members, and related associations worldwide. AMTA’s mission is to advance public awareness of the benefits of music therapy and increase access to quality music therapy services in a rapidly changing world. AMTA strives to improve and advance the use of music, in both its breadth and quality, in clinical, educational, and community settings for the betterment of the public health and welfare. The Association serves as the primary organization for the advancement of education, clinical practice, research, and ethical standards in the music therapy profession.

Education & Training and Credentials - A degree completed in an AMTA-approved college or university program is required to be eligible to sit for the board certification exam. Clinical skills are developed through 1,200 hours of required fieldwork, including a supervised internship. The Certification Board for Music Therapists (CBMT) defines the body of knowledge that represents competent practice in the profession of music therapy, creates and administers a program to evaluate initial and continuing competence of this knowledge, and issues the credential of MT-BC to qualified individuals. CBMT has been fully accredited by the National Commission for Certifying Agencies (NCCA) since 1986. Music therapists work within the Scope of Music Therapy Practice, in accordance with the AMTA Standards of Clinical Practice, the AMTA Code of Ethics, the CBMT Code of Professional Practice, and applicable federal laws and state licensing regulations.

For access to AMTA journals: Music Therapy Perspectives, and Journal of Music Therapy, please visit: http://www.musictherapy.org/research/pubs/

For more information contact AMTA at www.musictherapy.org, 301-589-3300, or info@musictherapy.org

For more information on music therapy services at A Place To Be and The Same Sky Project contact: http://www.aplacetobeva.org

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