

THE AMERICAN  
*Music  
Therapy*  
ASSOCIATION

2021  
CONFERENCE

*October 14-17, 2021*

**Opening Session Guest Speaker, Pianist Nick van Bloss**

**Keynote Address: "Transforming Trauma – How to Do this Work and Sustain"  
with Laura van Dernoot Lipsky**

**Educational Sessions, Add-on Courses, Research Poster Sessions and  
Access for Up to 6 Months in the Virtual Vault**

**Closing Session Spectacular Featuring *Sound Health Network* with Special  
Guests Dr. Julene Johnson, Dr. Sheri Robb, and Music from Jill Colucci**



AMERICAN  
**MUSIC  
THERAPY**  
ASSOCIATION

**WWW.MUSICTHERAPY.ORG**

THANKS TO THE SPONSOR OF OUR CONFERENCE PLATFORM LOBBY:



ANNOUNCING  
AMTA's Newest Publication!  
\*NOW AVAILABLE!

“Waldon brings together the essential components of clinical assessment...which allow the music therapy clinician to make informed treatment decisions...  
**This book is essential reading for all in the music therapy profession:** students-in-training, entry-level clinicians, and experienced therapists who value and strive to implement a data-based approach to decision-making that involves grounding treatment decisions based on a wide range of accumulated evidence.”

David E. Wolfe, PhD, Professor Emeritus, University of the Pacific

The Music Therapy Assessment Manual:  
A Guide to Data-Based Decision Making



Eric G Waldon, PhD, MT-BC

\*Available for purchase in the AMTA bookstore beginning mid-October (<https://www.musictherapy.org/bookstore/>)



Hear directly from the author at this year's 2021 virtual conference! Waldon will present his session (*Add-On Course F*) titled: **Music Therapy Assessment: A Data-Based Decision Making Approach** (Thursday, 2-5 pm, October 14th)

Add-on course F!

## AMTA PRESIDENT



**DEBORAH  
BENKOVITZ WILLIAMS,  
MSW, LSW, MT-BC**

On behalf of the AMTA Board of Directors, it is my honor to welcome you to AMTA's second virtual conference! It was not our plan to meet virtually again, but in the spring we necessarily had to pivot with our plans to meet in-person in Jacksonville, Florida, and go virtual in order to ensure the safety of everyone. Thanks to our flexible Conference team and our national office staff who, always open to learning and improving on the past, have planned another incredible conference. Please join us for the Opening Session to congratulate Lifetime Achievement Awardees and the Presidential Commendation recipient, and be inspired by pianist Nick van Bloss. Attend the Keynote Address with Laura van Dernoot Lipsky; and do not miss the closing featuring Sound Health Network special guests Dr. Julene Johnson, Dr. Sheri Robb, and music from Jill Colucci. You will have educational sessions to enhance your learning experience, numerous CMTE credit opportunities, and seven networking sessions to broaden your horizons! To create an even better experience, you will have six months of access to recorded sessions! Make time to attend the Business Meeting on Friday at 6 pm (Eastern Time) to be updated

with the latest AMTA information, and be sure to see the Exhibit Spectacular, the Internship Fair, and Special Sessions focusing on trauma, resilience, global perspectives, and social justice. Last, but certainly not least, take time to connect with your fellow music therapists during conference, thank regional and national officers and staff, committee chairs and members, and all the people who keep AMTA moving forward. While it is true that we will miss the warm handshakes and hugs of an in-person conference, take this great opportunity to pursue connections with your colleagues virtually. I look forward to seeing you!

## AMTA VICE PRESIDENT

On behalf of the entire conference planning team, it is my pleasure to welcome you to AMTA 2021, an online conference of the American Music Therapy Association. This year's focus is trauma informed care, social justice, and resilience. I invite you to participate in the conversations, broaden perspectives, and engage in critical community dialogue. Please review the Virtual Programs Code of Conduct. In this virtual space, we have the opportunity for music therapy students, professionals, and colleagues from all over the world to share ideas and engage in discussions critical to personal, professional, and association growth. Thank you for the opportunity to serve as the conference program chair and AMTA Vice President. I look forward to engaging in this conference experience with all of you.



**WENDY WOOLSEY,  
MA, MT-BC**

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## LOCAL ARRANGEMENTS COMMITTEE

### FUN AND GAMES WITH THE VIRTUAL COMMITTEE



NAOMI DAVIS, MT-BC

The virtual committee has many fun and exciting events to help you meet up with friends and colleagues, network with other music therapists, and have fun during the live portion of this conference! Thanks to committee co-chairs and many volunteers for their enthusiastic support. Don't forget to check out some of these events to round out your conference experience. Find links on the conference platform to these activities.



ASHLEY LIOTTI, MT-BC

### CONFERENCE PLATFORM GAME

Get familiar with the conference virtual platform and compete against your colleagues for prizes! The top three on the leader-board by the conclusion of the live conference Closing Session will win! 1st Prize: \$200 Gift Card, 2nd Prize: \$100 Gift Card, 3rd Prize: \$50 Gift Card. Click on the "Explore & Win Prizes" in the virtual conference lobby to learn how to participate.

### MUSIC ROOM

Take a break with music from our friends of music therapy: Jill Colucci, Kechi Okwuchi, and Nick van Bloss.

### DRUM CIRCLE FRIDAY, OCTOBER 15, 7:30 PM–8:30 PM

Come together with Christine Stevens, founder of UpBeat Drum Circles and Global Rhythm Sangha - in an online drum circle featuring special guest artists sharing cultural rhythms. She will be joined by music therapist Phillip Didlake - a master of online drum circles - bringing you some new creative ways to lead drum circles online. Bring a drum, found sound, or body percussion and be a part of this great online opportunity to transform Zoom into a virtual conference room of rhythm and chant. **Sponsored by Remo, Inc.**

### MUSIC TRIVIA NIGHT FRIDAY, OCTOBER 15, 9:00 PM–10:00 PM

Join fellow conference attendees for a fun night of music trivia. The Virtual Conference Planning Committee will bring a fun and eclectic combination of music trivia from across the decades. We invite you to join us in connecting with conference attendees from all over the world for an evening of fun and laughter.

### LATIN DANCE PARTY SATURDAY, OCTOBER 16, 8:00 PM–10:00 PM

Hosted by the Latin American Music Therapy Network, you are invited the virtual Latin house party. Bring your flags, your favorite snacks, and put on (or kick off) your dancing shoes for a night of joyful movement to Latin music. We'll save time to share some dance steps and have the chat open for conversation. Vamos a bailar!

### SONGWRITING GAMES SATURDAY, OCTOBER 16, 9:00 PM–10:30 PM

Join a friendly competition and evening of songwriting games, utilizing MadLib's and Fairytales. The Virtual Conference Planning Committee will challenge you to join together to craft the silliest, most heartfelt, or cutest song you can manage. We will break off into teams and select either a MadLib or a Fairytale to create a song to share with the group. Competing for a coveted prize, one group for each category will walk away victorious.

## LIFETIME ACHIEVEMENT AWARD

### KENNETH AIGEN

**K**enneth Aigen, DA, LCAT, MT-BC has been an important figure in the profession of music therapy for several decades. He has had significant impact on music therapy treatment, research, philosophy, education, and the development of AMTA. As a clinician, Dr. Aigen is a skilled and sensitive improvisational-based music therapist trained in Nordoff-Robbins Music Therapy (NRMT) who spent his clinical career working at New York University's (NYU) Nordoff-Robbins Center for Music Therapy, primarily with children and adolescents on the autism spectrum. He continues today as a director of the NRMT Foundation.

His clinical experience was foundational to his writings and research on music therapy. Dr. Aigen has authored numerous books and articles that are known around the world. An important focus of his scholarly work has been to develop an understanding of music-centered music therapy and music as therapy. This re-centering of music therapy practice on the music itself both as an agent and manifestation of change is important in the profession as it emphasizes what is unique about what music therapy offers clients. His focus on connections between musical elements and human behavior/ experience truly deepen the practice and understanding of music therapy as a whole. His extensive research and writings have furthered this understanding of the impact of musical engagement and expression in terms of intra- and interpersonal growth and development.



In addition to the development of philosophical foundations and approaches in music therapy, Dr. Aigen has worked more fully understand the impact of music and music therapy within the neurodiverse community. In 2017, he was awarded the AMTA's Arthur Flagler Fultz Research Award for his study, "Music in Everyday Autistic Life: The Significance of Music for Autistic Adults." In 2004, he was awarded the Research/Publications Award from AMTA. His research will continue to impact the practice and understanding of music therapy for both students and professionals.

As a music therapy educator, Dr. Aigen has influenced numerous students, professionals, and music therapy clients. For most of his career in academia, he has taught at NYU with several years at Temple University. At Temple, he was awarded the Lindback Award for Distinguished Teaching.

Dr. Aigen was highly influential in the unification of the National Association for Music Therapy (NAMT) and the American Association for Music Therapy (AAMT) to form the American Music Therapy Association (AMTA). He was president of AAMT during the unification process, and was instrumental in creating the membership organization that exists today. His vision for the future of music therapy has benefited AMTA and all its members. Through his accomplishments and steadfast commitment to furthering music therapy, it is evident that Dr. Aigen has left an indelible mark on the profession.

## LIFETIME ACHIEVEMENT AWARD

### CYNTHIA BRIGGS

Cynthia A. Briggs, PsyD, MM, MT-BC started her teaching career in higher education in 1976 at Drexel/Hahnemann University as a director of the music therapy program. Her passion for educating music therapy students led her to a position as director of the music therapy program at Maryville University of St. Louis, where she inspired and nurtured students as a professor. Dr. Briggs had a significant impact on both students and faculty members with her genuine interests in students, excellence in teaching, and service to the university.

Maryville University recognized her outstanding teaching, service, and scholarly work by presenting her with the Outstanding Faculty Award in 2011. A true testimony of Dr. Briggs as a devoted educator is seen in the legacy she created; many of her former and current students have followed in her footsteps, playing pivotal roles in the music therapy profession as music therapy educators, clinicians, and members of AMTA.

Most importantly, under her strong leadership, the music therapy program at Maryville University has become an integral part of the community. Her music therapy community reach-out programs, “Kids Rock Cancer” (a therapeutic program for children with cancer and their own songs. The “Kids Rock Cancer” program was produced as a documentary in 2014, viewed by over 2 million people on Public Broadcasting Service stations across the nation and was nominated for the human-interest category.



Dr. Briggs is a role model to members of AMTA as a change-maker through her tireless service to the profession. A few selected examples of her extraordinary record of service to the music therapy profession follow: Dr. Briggs served as president of the American Association for Music Therapy (1987–1989); she was instrumental in developing and administrating the first music therapy board examination by serving on the Certification Board for Music Therapists Examination Committee (1983-1986); she was a member of the Academic Program Approval Committee (2004-2010) and the Master’s Level Entry Subcommittee (2013– 2017); she chaired the Education and Clinical Training Advisory Board (2008-2012); and served as an editorial board member for several journals including Music Therapy (1988-1992), The Arts in Psychotherapy (1978-1982), and Journal of Music Therapy (1997–2000). Dr. Briggs’ exemplary service was recognized by the association with the 2016 AMTA Award of Merit and the 2016 Regional Service Award.

Through a lifetime of service, research, practice, and education, Dr. Briggs has made a difference in the lives of countless individuals in the profession of music therapy.

## SPECIAL GUESTS

### OPENING SESSION SPEAKER

NICK VAN BLOSS



**N**ick van Bloss is the only acclaimed concert pianist in the world who suffers from severe, non-swearing Tourette Syndrome, a condition that causes him some 70,000 bodily tics per day. However, once he touches a piano, his tics dissipate. Not only does this give Nick respite from an exhausting condition, it seems that the neuro and muscular activity that would normally cause uncontrollable tics allows Nick to harness this energy to the piano and music. Oliver Sacks, who wrote a chapter of his book, *Musicophilia*, about Nick, firmly believed that his Tourette's enhances his musical ability. Sharing his story of triumph over adversity, obstacles that living with Tourette's has presented personally and professionally, and how music has been the antidote to a debilitating condition, Nick has been featured as a guest speaker in multiple countries and in many different institutions including, UCLA, Yale, Royal College of Music, and the Miami International Festival. Interviews with Nick and features on him have been featured in media outlets internationally.

### KEYNOTE ADDRESS: "TRANSFORMING TRAUMA – HOW TO DO THIS WORK AND SUSTAIN"

LAURA VAN DERNOOT LIPSKY

**L**aura van Dernoot Lipsky is the founder and director of The Trauma Stewardship Institute and author of *Trauma Stewardship* and *The Age of Overwhelm*. Widely recognized as a pioneer in the field of trauma exposure, she has worked locally, nationally, and internationally for more than three decades. Much of her work is being invited to assist in the aftermath of community catastrophes - whether they are fatal storms or mass shootings. Simultaneously, she has long been active in community organizing and movements for social and environmental justice and has taught on issues surrounding systematic oppression, structural supremacy, and liberation theory. Laura is on the advisory board of ZGiRLS, an organization that supports young girls in sports. She is a founding member of the International Transformational Resilience Network, which supports the development of capacity to address climate change. Laura also served as an associate producer of the award-winning film *A Lot Like You*, and was given a "Yo! Mama" award in recognition of her work as a community-activist mother.



**Sponsored by The Certification Board for Music Therapists.**

## SPECIAL GUESTS

### CLOSING SESSION FEATURING SOUND HEALTH NETWORK

#### “MUSIC AND HEALTH – LEADING THE CONVERSATION: MUSIC THERAPISTS AND THE SOUND HEALTH NETWORK”

##### JULENE K. JOHNSON

Julene K Johnson, PhD is the Co-Director of the Sound Health Network. She brings over 20 years of research experience to the intersection of music and health. Dr. Johnson's passion for studying music and health began after observing how memories for music remained preserved in people living with Alzheimer's disease. After completing her bachelor's degree in music, she earned a PhD in cognitive neuroscience. She has led numerous studies about music and health, including the largest study to date about the impact of singing in a community choir on the health and well-being among culturally diverse older adults (Community of Voices). In 2010, she was a Fulbright Scholar in Jyväskylä, Finland where she studied how community choirs help promote well-being among older adults. The Sound Health Network is a culmination of her vision to use music to help heal and empower communities through a multidisciplinary network. In addition to co-directing the Health Network, Dr. Johnson is a Professor in the University of California, San Francisco Institute for Health & Aging and Associate Dean for Research for the UCSF School of Nursing.



##### SHERI ROBB

Sheri L. Robb, PhD, MT-BC is a board-certified music therapist and Professor in the Indiana University (IU) School of Nursing with international recognition for her expertise in pediatric music therapy and behavioral intervention research. She is a full member of the Cancer Prevention and Control program at the IU Simon Comprehensive Cancer Center, and serves as Director for the Indiana Clinical and Translational Sciences Institute (CTSI) KL2 Early Career Investigators Program. Sheri's program of research focuses on development and testing of music therapy interventions to manage distress and improve positive health outcomes in children and adolescents with cancer and their caregivers. Most recently, her team has begun incorporation of bio-markers to understand more fully how active music interventions work to mitigate cancer-related stress and its potential to improve immune function. Sheri is an established investigator with fifteen years of continuous funding from the National Institutes of Health, including the National Institute of Nursing Research, National Cancer Institute, and Children's Oncology Group.



##### JILL COLUCCI

Jill Colucci, with her enduring songs and expressive voice, is acknowledged as a songwriter of #1 hits for a roster of artists including Wynonna Judd and Travis Tritt. She has been a featured vocalist for many film soundtracks, television shows, and commercials. Her numerous awards and accolades make her a well-known Nashville Multi-Platinum songwriter. With the release of three singles from her full-length collection "Heal My Heart," Jill now shares her poignant autobiographical chronicle of loss, grief, and the transformative power of music. She is excited to share her songs and stories through various social media platforms and events as "A Season of Healing!"





# **THANK YOU TO OUR CONFERENCE SPONSORS!**

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## **SILVER SPONSORS**

**The University of Tennessee at Chattanooga  
Western Illinois University School of Music  
Georgia College & State University  
University of Kentucky**

# CONTINUING EDUCATION

## CONFERENCE ATTENDANCE

Registrants may earn 5 Continuing Music Therapy Education (CMTE) credits for attending this conference. A maximum of 50 CMTE credits for attending AMTA National and Regional conferences per 5-year cycle may be acquired. Your Conference Attendance certificate will be emailed to you within two weeks after the close of the conference. CMTE opportunities and concurrent sessions may be claimed in addition to these conference attendance credits. You are responsible for gathering documentation of your CMTE credits and logging them into your CBMT account.

## CMTE APPROVED OPPORTUNITIES

Add-on Courses with CMTE opportunities are offered in conjunction with the conference. Upon completion of the CMTE Opportunity Evaluation Form at the end of each CMTE opportunity, registrants will receive a certificate indicating completion of each learning experience via email within two weeks after the conclusion of the conference.

## CONCURRENT SESSIONS

Certificants may claim CMTE credit for attending concurrent sessions at AMTA National and Regional conferences. Concurrent sessions must be at least 50 minutes to earn 1 credit. Registrants will receive a certificate indicating completion of each learning experience via email. Short evaluations are needed for concurrent sessions.

## QUESTIONS?

If you have questions regarding the AMTA continuing education activities at this conference, please contact the AMTA Continuing Education Committee Co-Chairs, Julie Andring (860-283-8587) or Dawn Iwamasa (816-235-2920). If you have questions regarding the recertification process or accumulation of CMTE credits, please contact the Certification Board for Music Therapists at 1-800-765-CBMT. CBMT is the ultimate authority on CMTE credit requirements for recertification.

## STATEMENT OF RELATIONSHIP TO CBMT

This conference is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education credits. Additional courses are approved by the CBMT for the specified number of CMTE credits. AMTA (#P-051) maintains responsibility for program quality and adherence to CBMT policies and criteria. Complete session information, including learning objectives, prerequisites, qualifications and instructor credentials, etc., is posted in the conference registration module under each session's description.

## LCAT CREDITS

Many Add-on Courses available at this conference are eligible for credit for Licensed Creative Arts Therapists (LCAT) in New York State. AMTA is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists (#CAT-0055). Consult the Registration Details for each Add-on Course in the conference registration module on the AMTA website to learn if, and how many, LCAT credits are available. Concurrent sessions and other short courses are up to the discretion of the registrant as to whether they will qualify and should be submitted as non-pre-approved credits.

# CONFERENCE SCHEDULE

**TUESDAY, OCTOBER 12, 2021**

**Tuesday, 6:00–7:00 pm**

## Roundtable for Educators and Internship Directors

<https://zoom.us/j/99066305189?pwd=ZFQ1L0JuTDBxV2VCenpDUTI4TkJBZz09>

**WEDNESDAY, OCTOBER 13, 2021**

**Wednesday, 8:00–10:00 pm**

## Pre-Conference Networking Event

The Clinical Practice Networking Committee is excited to host this networking event on the following topics including:

- Online Telehealth & Technology
- AOP (Anti-Oppressive Practice) Intersections in Mental Health
- New Perspectives Through a DEI Lens: Older Adults
- Music Therapy Business Owners
- Medical Settings
- Trauma-Informed Care
- Cultural Humility & Reflexivity
- Hospice & End of Life
- Coping, Stress, & Burnout
- Identity Language: How do I talk about me? How do I talk about you?
- Early Childhood

Join the conversation via zoom at <https://zoom.us/j/99920358786?pwd=ZHJzajdSWXBqWkt6NFpaU2hvUHdGUT09>

**THURSDAY, OCTOBER 14, 2021**

**Thursday, 9:00 am–12:00 pm**

## AMTA Student Affairs Advisory Board

**Thursday, 10:00 am–1:00 pm**

## Add-on Course A. Business Planning: A Treatment Plan for Your Practice

*Presenter(s): Jennifer Pinson, MT-BC; Amy Foley, MMT, MT-BC*

Have you ever felt stuck in your business or not sure even where to begin? A business plan is a treatment plan for your business. It's important to assess strengths, needs, write SMART goals, track data, and evaluate. Writing a plan that reflects your business accurately sets everyone up for success. Explore topics including marketing, finances, networking, staff, and space. Learn to leverage your business by using your existing music therapy skill-set to

increase access to services. Pre-registration and additional fee required. 3 CMTE credits available.

## Add-on Course B. Artists in Healthcare: Building A Bigger Table

*Presenter(s): Nicole O'Malley, MA, LPMT, MT-BC; Kimberly Sena Moore, PhD, MT-BC; Judy Simpson, MT-BC; Dena Register, PhD, MT-BC; Maria Hricko Fay, LSW, LCAT, MT-BC*

Music therapists are called to collaborate with other artists/musicians. How do we educate, advocate, and integrate music therapy and the arts in healthcare? How can we navigate challenging conversations and opposition to increase access and awareness? Get a behind-the-scenes overview of the role of the music therapist in establishing partnerships while building interdisciplinary relationships with facilities and states, using current replicable models and hands-on role play. Pre-registration and additional fee required. 3 CMTE credits available. 1 LCAT credit available.

## Add-on Course C. Sexual Harassment: A Music Therapist's Resource Review

*Presenter(s): Clarissa Lacson, MA, MT-BC; Kory Antonacci, MSED, LPC, MT-BC; Cheyenna Eagle, MT-BC; Katherine Myers-Coffman, PhD, MT-BC; Gregory Rupp, MM, MT-BC*

Review AMTA and CBMT procedures for addressing ethical grievances including sexual harassment, as well as resources commonly available through workplaces and educational settings. Participate in opportunities to share insights, experiences, and concerns related to the topic. Pre-registration and additional fee required. 3 CMTE credits available (3 ethics credits).

**Thursday, 1:00–6:00 pm**

## Passages Student Conference Event

This event will be live-streamed to Facebook at <https://fb.me/e/2v0KFjY8J>

**Thursday, 2:00–5:00 pm**

## Add-on Course D. Challenging Behaviors in Music Therapy

*Presenter(s): Cathy Knoll, MA, MT-BC*

No matter how calm and supportive the therapeutic environment, disruptive and hurtful behaviors can occur in music therapy. Look at (1) factors contributing to difficult situations, (2) effective, pro-active plans for preventing a crisis when possible, and (3) options for responding to and stabilizing difficult incidents or emergencies. Hear tips for making music therapy a pleasant, supportive space welcoming clients to interact and make music. Pre-

# CONFERENCE SCHEDULE

registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

## Add-on Course E. Defining (and Living Out) Your Core Values, Mission, and Vision

*Presenter(s): Jennifer Hicks, MMT, E-RYT, MT-BC*

What factors inform the decisions you make? How do you choose where to invest your energy? How do the underlying core values of the society in which you were raised affect the core values that guide your personal and professional life? Dive deep into these questions and more as we explore and define the core values, mission, and vision that direct your life and your work through individual reflection, guided exercises, and small group discussion. Pre-registration and additional fee required. 3 CMTE credits available.

## Add-on Course F. Music Therapy Assessment: A Data-Based Decision Making Approach

*Presenter(s): Eric Waldon, PhD, MT-BC*

A Data-Based Decision Making (DBDM) model is a trans-theoretical framework for understanding music therapy clinical assessment, one that can be applied across the music therapy treatment process: from referral through treatment termination. Highlights include: the importance of using various sources of clinical evidence when making treatment decisions, the application of DBDM to referral-centered initial assessment, and the use of DBDM as a model in education and clinical training. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

**Thursday, 7:00–9:00 pm**

## Opening Session with Guest Speaker Nick van Bloss

Concert pianist Nick van Bloss shares his story of triumph over adversity, obstacles that living with Tourette's has presented personally and professionally, and how music has been the antidote to a debilitating condition.

**FRIDAY, OCTOBER 15, 2021**

**Friday, 8:30–9:45 am**

## Internship Fair

We are excited to have the facilities, included below, participate in this Internship Fair segment (1 of 3). Students, be sure to check out the list, and join to meet with representatives, ask questions, schedule interviews, and learn about clinical training opportunities available to you. **Sponsored by: Georgia College & State University, The University of Tennessee at Chattanooga, University**

**of Kentucky, and Western Illinois University School of Music.**

- 8:30–8:35 am: Welcome and Introductions
- 8:35–8:45 am: West Virginia University Medicine (Morgantown, WV)
- 8:45–8:55 am: Children's Minnesota (St Paul, MN)
- 8:55–9:05 am: VNA of the Treasure Coast (Vero Beach, FL)
- 9:05–9:15 am: Spectrum Creative Arts (Rochester, NY)
- 9:15–9:25 am: Central Ohio Music Therapy, LLC (Columbus, OH)
- 9:25–9:35 am: Johns Hopkins All Children's Hospital (St Petersburg, FL)
- 9:35–9:45 am: Hospice of East Bay (Pleasant Hill, CA)
- 9:45 am: Farewell

**Friday, 10:00–11:15 am**

## 4 Tools for Using Music Therapy with Teens

*Presenter(s): Summer Lall, MT-BC*

Many of our youth struggle with trauma, addiction, racism, poverty and violence, often in the shadows. Adolescents use music as a means of coping, to explore their identity, express intense emotions, and foster a sense of belonging. Learn four powerful tools for building empathy and resilience in teens. Explore the use of therapeutic beat-making and recording, live percussion circles using culturally appropriate rhythms, analyzing and writing rap lyrics, meditation, mindfulness, and biofeedback.

## Across Borders: Virtual Parent Coaching of Music Interventions with Mexican Families

*Presenter(s): Eugenia Hernandez-Ruiz, PhD, MT-BC*

The COVID-19 pandemic forced families to stay at home for long periods. Families of autistic children, who may have more anxiety and distress due to the changes in routine, isolation, and lack of dedicated services, were particularly impacted. Hear the results of a clinical research project of virtual parent coaching for Mexican families. Discuss and critique opportunities and challenges of recruiting and providing services across borders.

## An Interdisciplinary Music Therapy Fieldwork Program for People with Aphasia

*Presenter(s): Jing-Wen Zhang, MS, MT-BC; Gayle DeDe, PhD, CCC-SLP; Wendy Magee, PhD; Christine Marjoram; Kayla Scholar; Yuqi Zhang*

An interdisciplinary fieldwork program that provides music-based interventions to people with aphasia will be presented from perspectives of music therapists, music therapy students, a speech-language pathologist, and a client. During the pandemic, weekly online music therapy sessions were provided for individuals with aphasia who

## CONFERENCE SCHEDULE

are socially isolated and lack resources. Discuss innovative strategies that were used for addressing speech-language and psychosocial goals.

### **Asian Music Therapists During COVID-19: A Story of Community and Resilience**

*Presenter(s):* Ming Yuan Low, MA, MT-BC; Jenny Hoi Yan Fu, MA, LCAT, MT-BC; Gabrielle Banzon, MA, LPMT, MT-BC; Megan Kong; Clarissa Lacson, MA, MT-BC; Risa Isogawa, MT-BC

Recently, the Asian community in the U.S. experienced a rise in racist attacks due to anti-Asian racism rampant in this country. Join this session to learn about how the steering committee for the Asian Music Therapists Network – U.S. focused resources on supporting our Asian music therapy community during this time. We will share the processes of organizing online support groups, disseminating information, and supporting local community advocacy efforts.

### **Research Committee Presents—Translational Research as a Bridge Between Music Therapy Research and Practice**

*Presenter(s):* Deanna Hanson-Abromeit, PhD, MT-BC; Helen Shoemark, PhD, MT-BC

Researchers generate knowledge to inform music therapy practice, yet clinicians find it difficult to translate research into practice. Define translational research and create a pathway of research to practice and construct relevant clinical research. Presenters' skill in generating and employing research in clinical practice will explore and model how translational research can contribute to advancing music therapy research and practice.

### **Responding to the COVID Crisis with Music Therapy: PA Statewide Initiative for Healthcare Workers**

*Presenter(s):* Michelle Muth, MT-BC; Nicole Hahna, PhD, MT-BC; Arianna Bendlin, MT-BC

Music therapists have responded to trauma and crisis in a variety of ways, including caring for the caregivers with impactful projects such as the New York City Music Therapy Relief Project. During COVID-19, music therapists continue to provide music therapy to support healthcare workers and first responders. Pennsylvania is embarking on a first-of-its-kind statewide initiative to promote resilience for healthcare workers using music therapy. The Pennsylvania State Task Force for Music Therapy has been integral to this initiative. Learn how the initiative came to be, what is planned, the Task Force's role and the art of working with a large statewide association to make this a success.

### **The Solution Within the Work: Discovering Vicarious Resilience as a Way to Combat Burnout**

*Presenter(s):* Bridget Sova, MM, MT-BC; Edward Roth, PhD, MT-BC

Burnout among music therapists and other helping professionals is a persistent problem, often attributed to the effects of vicarious trauma. Vicarious resilience is a new idea, suggesting that one may personally benefit from their work with individuals who have survived trauma or difficult life circumstances. Emerging evidence featuring this new, hopeful outlook will be presented along with practical recommendations guiding professionals to experience vicarious resilience for themselves.

### **Considerations for Ethical Leadership in Music Therapy**

*Presenter(s):* Brea Murakami, MM, MT-BC

Music therapy's future is not just a "better" version of today. As the music therapy profession continues to navigate extraordinary changes, the call for meaningful leadership continues to grow. Many professionals, however, report a lack of trust in music therapy's governing institutions. Examine principles that define ethical leadership and apply these concepts to scenarios and roles of responsibility related to academia, supervision, and AMTA governance.

**Friday, 11:30 am–12:45 pm**

### **A Neuroscientific Rationale for the Use of Music in Dialectical Behavior Therapy**

*Presenter(s):* Abbey Dvorak, PhD, MT-BC

Music can enhance neuroplasticity, engage neurochemical systems, and promote learning skills in four areas important to mental health: mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness. Review foundational information through a Dialectical Behavior Therapy lens, explore a neuroscientific rationale for the use of music in skill areas, and discuss music interventions identified from the literature that support skill development.

### **Celebrating Us: Exploring Diversity Through Art and Music**

*Presenter(s):* Madison Whelan, MM, MT-BC; Steven Amburn, MT-BC; Karen Demuth, RN, BSSN, MBA; Kim Kuta Dring, MS; Danielle Garcia, BA

The closure of schools and businesses due to the global pandemic left students with limited opportunities for exploration of the arts. A local art museum in Jacksonville, Florida reached out to a music nonprofit and a music therapy private practice to provide virtual learning experiences to elementary exceptional student classrooms in the public

## CONFERENCE SCHEDULE

schools. Learn about this collaboration, which led to an initiative to provide videos that explore and celebrate diversity in the community through art and music.

### **Chord Lavender: Fostering resiliency and Wellbeing for Healthcare Workers during COVID-19**

*Presenter(s): Elisha Evanko, MT-BC; Danny Rose, MM, MT-BC; Seneca Block, MA, MT-BC*

As the rates of burn-out and compassion fatigue increased for healthcare workers, wellbeing within the workplace became a critical priority during the COVID-19 pandemic. Medical workers, both clinical and administrative, required development of additional supportive programming which accounted for both psychosocial and physiological vulnerabilities. Explore the role of a staff-based music therapy program deployed within a large-scale medical system in support of wellbeing.

### **Colorful MTs: Taking a Deeper Dive into BIPOC Peer Supervision in the Workplace**

*Presenter(s): Tori Obermeier, MT-BC; Anurati Jain, MT-BC; Kate Rathgeber, MT-BC; Emily Magary, MT-BC; Mea May, MT-BC; Lisa Foster, MT-BC*

This presentation is a continuation of the GLR/MWR virtual session: Colorful MTs: The Need for BIPOC Peer Supervision in the Workplace. Hear about the unique experiences of the Colorful MTs, a group of board-certified music therapists who identify as ethnically minoritized. Discuss embracing and celebrating identity and community in the workplace as BIPOCs.

### **Music Therapists' Experiences of Therapeutic Relationship with LGBTQIA2+ Clients**

*Presenter(s): Sarah Biedka, MMT, MT-BC*

The presenter (who identifies as queer) will discuss their master's thesis, a phenomenological study that explored the ways music therapists perceive and discuss their therapeutic relationships with LGBTQIA2+ clients, a category of people based on identity rather than assumption of clinical need. Five participants completed semi-structured interviews that were transcribed and analyzed with reflexive emphasis on validity. Discuss findings and implications for research, theory, and practice.

### **Music Therapy Research 2025 (MTR2025) Update**

*Presenter(s): Barbara A Else, MPA, MT-BC; Lori Gooding, PhD, MT-BC*

In the summer of 2015, a group of music therapy professionals met to consider and recommend a research agenda to move the profession forward over the subsequent 10 years to 2025. The output of the meeting resulted in a set

of recommendations in multiple areas of research, research policy, and research infrastructure. As we approach our 2025 goal, this session provides an update, progress, and discussion. Pre-session review: [https://www.musictherapy.org/music\\_therapy\\_research\\_2025\\_summary/](https://www.musictherapy.org/music_therapy_research_2025_summary/)

### **The In-Between: Music Therapy in the Liminal Space of Pediatric Palliative Care**

*Presenter(s): Kristen O'Grady, MA, LCAT, MT-BC*

"Betwixt and between"—that is often the descriptor given to one occupying a liminal space. Children with complex medical conditions often exist in this space—the space between life and death, between crisis and calm. The experience of families and staff existing in the liminal space is not often explored in the music therapy literature. Using case vignettes, this presentation will explore a role for music therapy to support children, families, and staff.

**Friday, 1:00–4:00 pm**

### **Add-on Course G. Al Bumanis Guitar Clinic - Respect, Authenticity, and Wellness for Music Therapists and Patients**

*Presenter(s): Lee Anna Rasar, MME, WMTR, MT-BC; Destiny Boyum, MT-BC; Pete Meyer, MA, MT-BC; Robert Groene, PhD, MT-BC; Allison Kerr, MT-BC*

Explore adaptations needed for music therapists and patients with hand/wrist injuries or missing arms/legs to play guitar, hand/wrist injury rehab and prevention, hand position and relaxation techniques for playing guitar, including Alexander technique, exercises for stretching and strengthening and tools to use for rehab. Learn about successful/safe guitar engagement with patients who have quadruple amputations, double amputations, stroke, and hand/wrist injuries. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

### **Add-on Course H. Online Tools for Virtual Drum Circles & Music Therapy Sessions**

*Presenter(s): Christine Stevens, MSW, MA, MT-BC*

Learn recommended tools to enhance audio, video, set design and screen sharing ONLINE. Practice four keys to maintaining your online healing presence. Experience break-out groups for sharing with colleagues and to use with clients. Learn four drum circle games; gallery jam, chat bar integration, found sounds jam to backing track, and guided imagery drumming. Bonus Gift: Receive a 7-minute audio play-along track to use during your online programs. Pre-registration and additional fee required. 3 CMTE credits available. 2.5 LCAT credits available.

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## Friday, 1:00–6:00 pm

### Add-on Course I. Peer Conversations: Ethical Dilemmas in Music Therapy

*Presenter(s): Janice Schreibman, MM, MT-BC; Barbara Bastable, MA, MT-BC; Carol Shultis, PhD, MT-BC; Kevin Hahn, MM, MT-BC; Jennifer DeBedout, MM, MT-BC; Rachelle Morgan, MA, MT-BC; Jennifer Sokira, MMT, LCAT, MT-BC; Cheryl Stephenson, MMT, LCAT, MT-BC; Kim Robertson, MBA, MT-BC; Beth Ann Kimura, MT-BC*

Explore music therapy ethics through the lens of peer relations and essential conversations. Review the 2019 AMTA Code of Ethics and how it applies to situations that arise between colleagues. Explore topics including dual relationships, therapeutic boundaries, collegial business relations, and daily ethical challenges which may impact the public view of music therapy. Pre-registration and additional fee required. 5 CMTE credits available (5 ethics credits).

## Friday, 1:30–2:45 pm

### Continuing the Conversation: Asians in Music Therapy

*Presenter(s): Clarissa Lacson, MA, MT-BC; Gabrielle Banzon, MA, LPMT, MT-BC; Jenny Fu, MA, LCAT, MT-BC; Megan Kong, BM; Ming Yuan Low, MA, MT-BC; Rongrong Shi, MS, MT-BC*

This panel will discuss the intersection of race, power, privilege, culture, and music therapy—focusing on an Asian context. An all-Asian panel, consisting of Asian music therapists of various intersectionalities of Asian identities will share personal experiences navigating race in hopes to broaden awareness of the vitality of this discourse in music therapy clinical practice, research, education, and supervision.

### Co-treatment: Why it's Important and Examples from the Field

*Presenter(s): Megan Miller, MT-BC; Heather Watson, MM, MT-BC*

The music therapy profession provides endless opportunity for patient and clinician development. One of the more unique opportunities involves multidisciplinary work through co-treatment with physical, occupational, and speech therapists. Involving other disciplines in a music therapy session opens many doors for patients and other music therapists. Research, case examples, and live demonstrations will be provided to support music therapists in co-treating with the multidisciplinary team.

### Creating and Facilitating an Environmental Music Therapy Study in a Hospital During the Pandemic

*Presenter(s): Jen Gravish, MMT, MT-BC; Michael Zanders, PhD, MT-BC; Jing-Wen Zhang, MS, MT-BC; Meng-Shan Lee, MMT, MT-BC; Andrea Giraldo*

An Environmental Music Therapy (EMT) framework was adapted for use in an urban hospital lobby during the COVID-19 pandemic. The existing EMT framework was adapted and live music was used to reflect medical staff and visitors' responses of the soundscape environment. Discuss research process and preliminary results involving participants' perceived stress and anxiety levels.

### Creative Adaptations for Grief Processing: Popular Grief Models and Creative Arts Therapies

*Presenter(s): Trisha Wentworth, MT-BC*

Although significant research exists surrounding the use of creative arts therapies in treating and processing grief, much of the literature does not take into consideration a large body of research regarding grief models. Discuss widely recognized grief models, identify strengths and limitations, and learn how this information can be used through the lens of the Expressive Therapies Continuum, to inform work with those facing grief and bereavement.

### Design Thinking for Clinical Practice

*Presenter(s): Amanda Brigham, MM, MT-BC*

Design Thinking (DT) is a systematic approach for handling problems and generating new opportunities. DT is relevant now more than ever. As clinicians, we are confronted with adopting new methods, real-time problem-solving, innovation, and facing fears and pre-conceptions. Challenging situations offer opportunities for ideating, problem solving, and prototyping our own ideas into effective music therapy practice.

### Developing a Scoping Review Protocol on Music Therapy and Resilience Within a Graduate Seminar

*Presenter(s): Olivia Yinger, PhD, MT-BC; Emma King, MT-BC; Rebekah Spann, MT-BC; John Lawwill*

Learn implications for music therapy practice grounded in research on resilience, a complex construct that can be defined as an outcome, process, or trait. Students in a virtual graduate seminar collaborated with the instructor to design a scoping review protocol on music therapy research related to resilience. Learn about the process of conducting research within a graduate seminar, as well as the results of the scoping review.

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## Neurodevelopment of Music Characteristics in the Fetal and Neonate Brain

*Presenter(s): Deanna Hanson-Abromeit, PhD, MT-BC; Abigail Simonson; U Wun Vivian Lok, MME, MT-BC*

This presentation will report outcomes of the BabyNeuro and Music Study including: which brain structures are most associated with specific music elements, the location in the brain for each structure, and when in the gestational and neonatal period these structures develop. Learn about the assessed effects of each music element on developmental competencies in the premature and newborn infant.

## When Trauma Underlies Grief – Navigating Multi-layered Terrain in Bereavement Support for Adolescents

*Presenter(s): Katherine Myers-Coffman, PhD, MT-BC*

Experiencing the death of a loved one during adolescence is a challenge in its own right. Underlying trauma related to a loss can complicate one's bereavement. Discuss the intersections of trauma and grief, trauma-informed and resilience-focused theoretical frameworks, culturally responsive practices, resource-oriented therapeutic music experiences, and participate in a group dialogue on the topic.

**Friday, 3:00–3:45 pm**

## Special Event: What's in Your Cup? The Art of Self-Compassion and Mindfulness in Practice

*Presenter(s): Lori Sunshine, MT-BC; Brenda Kenyon, MSW, LCSW, MT-BC*

Join Brenda and Lori to take a needed break and relax to live music with heart centering and grounding guidance through gentle words and awareness of breath. We will use a variety of soothing sounds to help draw attention to the healing energies of being present and allow ourselves to let go of all tension and busy thoughts. This session is designed to give all who participate an opportunity to unwind and increase self-awareness and healing.

**Friday, 3:00–4:15 pm**

## De-classified Repertoire Survival Guide

*Presenter(s): Flor Hernandez, MM, MT-BC*

This concurrent session will share information and suggestions with pre-service music therapists, internship supervisors, and clinicians on how to learn and organize repertoire while becoming familiar with sociocultural aspects of songs and singers.

## Movin' and Groovin': Building Resilience in Preschool-Aged Children through Music Therapy and Yoga

*Presenter(s): Cindy Kraus, MT-BC; Tasha Miller*

Get ready to move and groove with us! Take your music and movement interventions up a notch by incorporating yoga. Together, we will practice intentional movement and connection to build resilience in early childhood and beyond.

## MT<sup>ex</sup> Sessions... from the Music Therapy Experts!

MT<sup>ex</sup> presentations offer in-depth lectures and narratives about cutting edge areas of music therapy practice as presented by clinicians and educators in a TED Talk style format. Each presentation will be less than 20 minutes. The following MT<sup>ex</sup> Talks are planned at this year's conference:

- **Adapting Auditory Motor Mapping Training for Korean Children with Autism;** *Presenter(s): Hae Sun Kim, MM, MT-BC*

Auditory Motor Mapping Training (AMMT) has shown to promote speech production in minimally verbal children with Autism Spectrum Disorder (ASD). Learn about the adaptation of AMMT in Korean for children with ASD living in Korean-speaking home environments and discuss the challenges and application of this intervention.

- **Rant by an Older Adult;** *Presenter(s): Cathy Knoll, MA, MT-BC*

I started my music therapy studies in 1969 and have had the privilege of sharing music therapy adventures with individuals of all ages and abilities for over 50 years. As I enter my 7th decade on earth, I'm noticing some issues with music therapy services for "older adults." Because we can all learn from those with an insider's perspective of the people we serve as music therapists, I encourage you to take a few minutes to listen to this rant by an aging older adult who is also an active MT-BC.

- **Multiple Disability Support Classrooms: Adapting Instruments on a Budget!;** *Presenter(s): Debra Cotterall, MA, MT-BC*

Working in a school setting brings its own unique challenges, including the availability and adaptability of instruments for student use. Get help from a seasoned school-based music therapist. Learn how to get your creativity flowing to create an inclusive, musical environment for students with limited mobility and movement. Effectively set up spaces within classrooms as well as creative cost-effective, adaptive instruments for students.

- **Safe Spaces, Resilience, and Other Empty Promises: Articulating the Need for a Paradigm Shift in Trauma-Informed Music Therapy Practice;** *Presenter(s): Dr. Elly Scrine*

This paper interrogates the failure of trauma-informed practice, as it currently stands, to realistically engage with the promise of safety and the pervasiveness of systemic



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violence. Challenge your tendency to frame trauma as an individual experience and expect resilience through adversity; outline alternative paths forward.

## Peer Support for New Professionals

*Presenter(s): Meera Sinha, MT-BC; Elizabeth Mendez, MT-BC; Maria Alvarado, MT-BC; Mara Collard, MT-BC*

Through group discussion, literature review, and lecture, presenters will share experiences as new professionals, and speak on the need for the free peer support group they created in February 2021. Examine your beliefs about the music therapy profession and prior education. Understand the need for support as new professionals and learn two tools to navigate the first five years of your career.

## Telehealth Creative Arts Therapies: Veterans Health Administration Implementation

*Presenter(s): Kristin Story, PhD, MT-BC; David Otto, MMEd, MT-BC; Diane Langston, MM, MT-BC*

Virtual delivery improves access to clinical services for rural Veterans and those who may not be able to leave home. Our investigative team conducted a formative developmental evaluation of Virtual Creative Arts Therapy (primarily music therapy and art therapy) delivery to identify therapists' experiences with virtual (telehealth) service delivery to Veterans, including the identification of barriers and facilitators. Hear the experiences of Veterans participating in telehealth music therapy.

**Friday, 4:30–5:45 pm**

## Elevating Screen-Based Connection: Virtual Music Therapy Experiences for Community Building

*Presenter(s): Rachel Quirbach, MT-BC*

Creative session planning is a vital skill for music therapists to nurture. In response to COVID-19 pandemic restrictions, many music therapists facilitated Virtual Music Therapy (VMT) experiences for the first time. Expose yourself to nine innovative session structures for VMT groups, engage in targeted experientials, explore best practice techniques for VMT facilitation, and discuss ethical considerations for optimal VMT practice.

## Experiences Discussing Race and Racism During Clinical Supervision: Going Beyond the Data

*Presenter(s): Jennifer Jones, PhD, MT-BC; Janae Imeri*

The experiences of Black music therapy students discussing race and racism in clinical supervision were explored in this study. Interview data was analyzed from five Black music therapy students who discussed experiences during supervision. Seven themes will be shared including experiencing oppression, self-advocacy, and frustration

with continually enduring racism. Presenters will share the participants' words and continue the dialogue about race and supervision.

## Identifying and Implementing Personal and Professional Self-Care Strategies

*Presenter(s): Hilary Yip, MM, MT-BC*

Understand the signs and symptoms of burnout and how symptoms may manifest in music therapists and music therapy students. Becoming aware of individual responses to stress can help music therapists and students prevent burn out. Learn and explore multiple aspects of personal and professional self-care to create strategies that can address individual needs. Attendees will have the opportunity to identify and plan how to incorporate self-care into their daily lives.

## Interdisciplinary Collaboration with Pediatric Music Therapists: Results from a National Survey

*Presenter(s): Clarissa Lacson, MA, MT-BC*

This was the first phase of an explanatory sequential mixed methods study. The study aim was to increase understanding of how to enact and sustain interdisciplinary collaborative practice. Pediatric music therapists were surveyed about workplace characteristics, collaborative behaviors, perceptions of interprofessional collaboration, servant leadership, interpersonal team processes, and thriving at work. Implications of the findings will be discussed.

## Music Therapy and Suzuki Method: Useful Strategies to Support Child Needs

*Presenter(s): Marta Hernandez, PhD, MT-BC*

Learn strategies to integrate music therapy and therapeutic music lessons using the Suzuki method for children. The presenter, a board certified music therapist and level 9 Suzuki teacher with 20 years of experience, will share an overview of principles of this approach and practical tools to focus on non-musical goals.

## Recertification Reboot. Convenient, Economical, and Certificant-Centered

*Presenter(s): Hindi Burkett, MT-BC*

Acquiring 100 recertification credits does not have to be confusing or costly! Review the newly-released CBMT Recertification Manual Seventh Edition, identify new and updated areas for earning credits, and evaluate various economical options for obtaining credits. Get an introduction to the new online platform for recording continuing education credits. Bring your recertification questions and scenarios for thoughtful discussion and suggestions!

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### Trauma, the Polyvagal Theory, and Applications in Therapy

*Presenter(s): Kayce Soros, MT-BC*

This presentation is geared toward helping music therapists understand the basics of the autonomic nervous system and its automatic responses to trauma. Gain knowledge about intersectionality and its role in understanding the subjectivity of trauma, as well as the basics of the Polyvagal theory. This includes a breakdown of the autonomic nervous system and its responses to threat. Discuss examples of ways to help clients find safety and connection.

### Walking the Tightrope: Dealing with the Gray Areas of Boundaries within the Therapeutic Relationship

*Presenter(s): Molly Austin, MM, MT-BC*

Maintaining firm boundaries with patients in a corrections setting is vital but challenging. Navigating those boundaries while also being therapeutic and flexible is not always clear. Learn strategies to address the gray areas of boundaries within the therapeutic relationship and how to set boundary expectations to limit boundary breaches.

**Friday, 6:00–7:00 pm**

### AMTAS Business Meeting

**Friday, 6:00–7:30 pm**

### AMTA Business Meeting

**Friday, 7:15–10:15 pm**

### Add-on Course J. Finding Voice: Socially Distance Adaptations of Vocal Psychotherapy in Acute Adult Psychiatry

*Presenter(s): Lisa Jackert, MA, MT-BC*

Explore the transition from the structure of a 50-minute group to a series of 10–15-minute individual sessions with multiple patients due to social distancing restrictions caused by COVID-19. This population has varied severity of symptoms and functioning abilities. (During this work, an N95 mask with a shield was worn by the therapist while the patient wore a surgical mask, and 6-foot distance was maintained.) See how song-based approaches to vocal psychotherapy can engage patients who are challenged by acute symptoms. Multiple clinical examples will be provided. As acute psychiatric units have likely transitioned back to group work, this brief single-session approach remains applicable, as it allows patients who are unable to tolerate the group setting an opportunity to still benefit from music

therapy. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

### Add-on Course K. Jammin' In the Garage: The Clinical Use of GarageBand in Music Therapy

*Presenter(s): Hilary Yip, MM, MT-BC; Laurie Peebles, PhD, LPMT, MT-BC*

Incorporating GarageBand, a digital audio workstation, into music therapy practice is an innovative way to address client goals. Learn how to utilize and incorporate GarageBand into clinical practice, using both the iPad and MacBook computer. Practical tips will be shared, and attendees will be able to create their own projects in small breakout groups using GarageBand. Access to GarageBand is recommended but not necessary. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

**Friday, 7:30–8:30 pm**

### Drum Circle

*Presenter(s): Christine Stevens, MSW, MA, MT-BC; Phil Didlake, MT-BC*

Come together with Christine Stevens, founder of UpBeat Drum Circles and Global Rhythm Sangha - in an online drum circle featuring special guest artists sharing cultural rhythms. She will be joined by music therapist Phillip Didlake - a master of online drum circles - bringing you some new creative ways to lead drum circles online. Bring a drum, found sound, or body percussion and be a part of this great online opportunity to transform zoom into a virtual conference room of rhythm and chant. **Sponsored by Remo, Inc.**

**Friday, 9:00–10:00 pm**

### Music Trivia Night

Join fellow conference attendees for a fun night of music trivia. The Virtual Conference Planning Committee will bring a fun and eclectic combination of music trivia from across the decades. We invite you to join us in connecting with conference attendees from all over the world for an evening of fun and laughter.

**SATURDAY, OCTOBER 16, 2021**

**Saturday, 8:30–9:45 am**

### Internship Fair

We are excited to have the facilities, included below, participate in this Internship Fair segment (2 of 3). Students, be sure to check out the list, and join to meet

*Information subject to change - Times noted are Eastern Time*

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with representatives, ask questions, schedule interviews, and learn about clinical training opportunities available to you. **Sponsored by: Georgia College & State University, The University of Tennessee at Chattanooga, University of Kentucky, and Western Illinois University School of Music.**

- 8:30–8:35 am: Welcome and Introductions
- 8:35–8:45 am: University Hospitals of Cleveland Connor Integrative Health Network (Cleveland, OH)
- 8:45–8:55 am: Meaningful Day Services, Inc (Brownsburg, IN)
- 8:55–9:05 am: Cincinnati Children's (Cincinnati, OH)
- 9:05–9:15 am: Big Bend Hospice (Tallahassee, FL)
- 9:15–9:25 am: Heart and Harmony Music Therapy (Fort Worth, TX)
- 9:25–9:35 am: Hospice of East Bay (Pleasant Hill, CA)
- 9:35–9:45 am: Able ARTS Work (Long Beach, CA)
- 9:45 am: Farewell

### Saturday, 10:00–11:00 am

#### Keynote Address – Laura van Dernoot Lipsky – “Transforming Trauma – How to Do This Work and Sustain”

Laura van Dernoot Lipsky is the founder and director of The Trauma Stewardship Institute and author of *Trauma Stewardship* and *The Age of Overwhelm*. Widely recognized as a pioneer in the field of trauma exposure, she has worked locally, nationally, and internationally for more than three decades. Much of her work is being invited to assist in the aftermath of community catastrophes - whether they are fatal storms or mass shootings. Simultaneously, she has long been active in community organizing and movements for social and environmental justice and has taught on issues surrounding systematic oppression, structural supremacy, and liberation theory. Laura is on the advisory board of ZGiRRLS, an organization that supports young girls in sports. She is a founding member of the International Transformational Resilience Network, which supports the development of capacity to address climate change. Laura also served as an associate producer of the award-winning film *A Lot Like You*, and was given a “Yo! Mama” award in recognition of her work as a community-activist mother. **Sponsored by The Certification Board for Music Therapists.**

### Saturday, 11:15 am–12:30 pm

#### Oral Research Poster Session

- **From Therapeutic Factors to Mechanisms of Change in Music Therapy: Report on Findings and Discussion from a Scoping Review**  
*Rebecca Zarate, MT-BC, Lesley University; Martina*

*DeWitte, Han University, Netherlands; Felicity Baker, University of Melbourne, Australia*

- **A Systematic Review of Music Interventions Targeting Memory in Adults with Acquired Brain Injury**  
*Noriko Nakamura, MME, MT-BC, University of Kansas*
- **The Role of Music in the Trauma Narrative and “Storytelling”: Perspectives of Clinicians**  
*Taylorlyn Mehnert, MT-BC, Western Michigan University; Angela Moe, PhD, Western Michigan University; Edward Roth, PhD, MT-BC, Western Michigan University*
- **Exploring the Music Therapist’s Role in Hospice Care for Individuals with Dementia**  
*Kathryn Coccia, MM, MT-BC, St. Louis University/Ohio University*

#### Digital Clinical Composition and Spoken Word: Virtual-Music Therapy with a U.S. Army Veteran

*Presenter(s): Alan Thompson, MA, LCAT, MT-BC*

Examine the application of digital clinical composition with spoken word in individual Virtual Music Therapy (VMT) through a clinical vignette with a U.S. Army Veteran. Explore asynchronous/synchronous processes of VMT through which digital clinical compositions and spoken word evolved, the therapeutic implications of the expression and embodiment of poetry into spoken word, and the use of music to expand the aesthetic and emotional impact beyond the words and voice.

#### Exploration of Identity as a Latin Music Therapist: A Panel Discussion

*Presenter(s): Natalie Cole, MA, MT-BC; Mariagracia Rivas Berger, MT-BC; Patricia Zarate Perez, MA; Jeniris Garay, EdM, LPMT, MT-BC; Mariana Cordoba Saborio, MMT, MT-BC; Bethany Lindeblad, MT-BC; Jessica Hernandez, MT-BC*

The Latin American Music Therapy Network leadership team hosts this panel discussion focusing on personal and professional experiences as a Latin Music Therapist. Explore complexities within individual and group identities within Latin America and the United States. Participate in conversations related to building a sense of belonging within a greater community, personal explorations of self-identity, and how these constructs connect to clinical practice.

#### How to Lead Online Drumming Programs with Therapeutic Processing

*Presenter(s): Christine Stevens, MSW, MA, MT-BC; Phil Didlake, MT-BC*

Learn three easy rhythm-based activities for wellness and clinical populations. Get two free tracks to jump-start your online drum programs. Learn the secret of chat bar integration and other processing tools on Zoom. Learn the tech-iso-principle in this experiential session. Bring a drum!

*Information subject to change - Times noted are Eastern Time*

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## Listen to My Story: Songwriting in Cancer Care from Patient Perspectives

Presenter(s): *Tori Obermeier, MT-BC; Jackie Acho, PhD*

Learn about songwriting in cancer care from the perspectives of patients themselves. Explore songwriting, technology, and the power of telling your own story.

## Research Committee Presents—Creative Approaches to Integrating Research in your Practice

Presenter(s): *Gene Ann Behrens, PhD, MT-BC; Annie Heidersheit, PhD, LMFT, MT-BC; Kathy Murphy, PhD, LCAT, MT-BC*

Whether working as professors, clinicians, or students, music therapists are often presented with schedules that limit how research can be integrated into their workflow. This roundtable includes professors, clinicians, and student researchers sharing research experiences. Get involved in a discussion about the various “shades” of how music therapists deal with limitations (such as time, global pandemic, etc.) and find creative ways to conduct and connect research in clinical practice and work. You’ll be inspired about how you can integrate research into your workflow.

## Songs! Expand Your Repertoire and Clinical Creativity in Early Childhood Music Therapy

Presenter(s): *Carol Ann Blank, PhD, LCAT, LPC, MT-BC*

Feeling stuck in your clinical presentation of songs? Shake up your thinking and engage your clinical creativity. Come away with new ways to present songs you already know and learn new songs to use in your next session. Address music therapy with young children in family groups and early childhood care/education settings. Attention will be given to both in-person and teletherapy presentation of songs to address executive function skills, emotion management, SEL, and inclusion.

**Saturday, 11:15 am–2:00 pm**

## Global Perspectives Session

The Global Perspective Session showcases international music therapy projects. **Sponsored by Remo, Inc.** Sessions include:

- **What Did We Learn from a Globalized Music Therapy Course During the Pandemic?**  
Presenters: *Yu-Ling Chen, Hsin-Min Lesley Lin*
- **Music Therapy in Malaysia During a National State of Emergency,**  
Presenters: *Sheen Tse Kuek Ser, Gurpreet Kalsi*
- **Relieving Patient Loneliness Through a Virtual Network of Musical Companionship,**  
Presenters: *Jennifer Yu Wang, Christine Xu, Jonathan C. Altman, Karen Jang*

- **International Music Therapy Students’ Thoughts on Money: A Qualitative Inquiry,**  
Presenter: *Rebecca Hames*

**Saturday, 12:00–5:00 pm**

## Add-on Course L. Designing Inclusive Syllabi for Music Therapy Education

Presenter(s): *Katherine Myers-Coffman, PhD, MT-BC*

Engage in four action-oriented phases aimed at designing inclusive and justice-oriented syllabi for music therapy coursework: 1) an interrogation of our personal histories with syllabi; 2) a deconstruction of oppressive discourse and policies found in syllabi; 3) an in-depth review of the Social Justice Syllabus Design Tool and other guidance documents aimed at inclusivity, equity, and accessibility; 4) time dedicated to revising syllabi with group feedback. Please note: this course is presented live only and will not be recorded. Pre-registration and additional fee required. 5 CMTE credits available.

## Add-on Course M. Ain’t She Sweet: Recognizing and Destabilizing the -isms of Elder Care

Presenter(s): *Sarah Biedka, MMT, MT-BC*

Explore institutionalized older adults’ experiences of oppression and liberation as well as the potential impact of music therapy engagement on those experiences. Bear witness to older adults’ lived experiences, examine personal biases, and consider implications for personal and clinical growth. Pre-registration and additional fee required. 5 CMTE credits available. 5 LCAT credits available.

## Add-on Course N. Al Bumanis Guitar Clinic

Presenter(s): *Robert Groene, PhD, MT-BC; Lee Anna Rasar, MME, WMTR, MT-BC; Destiny Boyum, MT-BC; Pete Meyer, MA, MT-BC; Allison Kerr, MT-BC*

This Guitar Clinic, honoring Al Bumanis and the Guitar Bombardment Series, is for both students and professionals to further musicianship and guitar skills for client growth. Five music therapists/guitarists with over 200 years of experience will be your guides. Participants are encouraged to suggest music material and guitar techniques that will benefit their clients. Bring a guitar, tuner, capo, pick, thumbpick, and a slide. Pre-registration and additional fee required. 5 CMTE credits available.



Resources for Music Therapists and Students

[www.musictherapy.org/about/covid19\\_resources/](http://www.musictherapy.org/about/covid19_resources/)

**COVID-19**

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## **Add-on Course O. Critical Growth: Understanding Trauma, Systemic Oppression, and Vicarious Resilience**

*Presenter(s): Jennifer Sokira, MMT, LCAT, MT-BC; Dena Register, PhD, MT-BC; Adenike Webb, PhD, MT-BC; Heather Wagner, PhD, MT-BC*

In order to practice both safely and effectively, music therapists must understand the symptoms of individual and systemic trauma, and locate their clinical work accordingly as to avoid causing re-traumatization and/or perpetuating oppression. Learn about the neurobiology of trauma and its symptoms, as well as the nature of systemic oppression as a form of trauma. Explore intentional cultivation of vicarious resilience for music therapists. Pre-registration and additional fee required. 5 CMTE credits available. 5 LCAT credits available.

**Saturday, 1:30–2:45 pm**

## **Collaborating with Voice Educators to Promote Vocal Health Practices for Music Therapists**

*Presenter(s): Elizabeth Schwartz, MA, LCAT, MT-BC; Martina Bingham, DMA*

Recent research shows music therapists are not always prepared to maintain vocal health, given the extensive voice use in clinical practice. Learn to understand the voice and therapeutic singing in real-world clinical practice and examine proactive ways to promote and sustain vocal health.

## **Flexible Traveling: Using Acceptance and Commitment Therapy to Guide and Deepen the GIM Process**

*Presenter(s): Hannah Lingafelt, MMT, LCMHC, MT-BC*

Acceptance and Commitment Therapy (ACT) is a newer evidence-based model of psychotherapy focusing on meaning and acceptance. A model of ACT has recently been developed to support preparation for and integration of psychedelic experiences. Examine how to utilize the Accept-Connect-Embody model of ACT to guide and deepen the Bonny method of GIM process. Learn from clinical examples.

## **Global Perspectives of Music Therapy Practice**

*Presenter(s): Andrea McGraw Hunt, PhD, MT-BC; Anita Swanson, PhD, MT-BC; Amy Clements-Cortes, PhD, RP, MTA, MT-BC; Bronwen Landless, MMT, MT-BC*

As the music therapy profession evolves in many parts of the world, music therapy practitioners, educators, and researchers navigate the tension between traditional and Westernized concepts of music, health, and healing. Explore music therapy work from Hong Kong, Malaysia, Philippines,

Taiwan, Indonesia, Thailand, India, Korea, and Russia to underscore the importance of culturally responsive music therapy around the globe.

## **Heartbeat Recordings in Music Therapy: Innovative Use of Stethoscope in Aiding Families with Loss**

*Presenter(s): Laura Cerulli, MAMT, MT-BC; Caitlin Meehan, CCLS*

Focus on the ways the music therapy program at Nemours AIDHC supports the needs of parents grieving a specific loss (including death or heart failure diagnosis). The Music Therapy Heartbeat Sounds (MTHS) program uses the Eko CORE stethoscope to record a patient's heartbeat that is transformed into personalized keepsakes for the family. See examples of mementos created and discuss the research article published in Palliative Medicine Report (2020) around this work.

## **Music Therapy in Sickle Cell Disease Care: Moving from Clinical Programs to Research**

*Presenter(s): Samuel Rodgers-Melnick, MT-BC; Kelli McKee, MA, MT-BC*

Music therapists have developed clinical programs to address the needs of individuals with Sickle Cell Disease. This population faces several challenges including pain, comorbid mental health conditions, and structural racism. Get an overview of clinical programs in both pediatric and adult healthcare settings, and learn the results from pilot studies demonstrating benefits of music therapy for improving pain, quality of life, and transition to adult care.

## **Personality-Centered Supervision for Music Therapy Students**

*Presenter(s): Laurie Peebles, MM, LPMT, MT-BC*

The relationship between supervisor and music therapy intern is a vital aspect of the music therapy internship. However, personality differences between supervisor and intern can lead to conflict within the relationship. Having strategies to identify intern needs based on intern personality preferences can help supervisors provide a safe supervision experience.

**Saturday, 2:00–5:00 pm**

## **Add-on Course P. Understanding the Numbers: Basic Finances for the MTBO**

*Presenter(s): Jennifer Pinson, MT-BC; Rachelle Morgan, MA, MT-BC*

Learn basic financial strategies in business and program management. From choosing a bank account to determining a budget, learn the lingo and how to read financial statements. Dive deep into managing the finances and having a financial plan, which is crucial to business success.

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Bring your own financial documents and learn from real life experiences! Pre-registration and additional fee required. 3 CMTE credits available.

**Saturday, 3:00–4:15 pm**

## **Community Creations: Audio and Video Production with Adults with IDD and Acquired Brain Injuries**

*Presenter(s): Gabrielle Banzon, MA, LPMT, MT-BC*

Through the COVID-19 pandemic, media content, such as virtual choirs and podcasts, has afforded unique opportunities for collaboration, creativity, and expression. Though meant for the broader public, the process of creating audio and video productions like these carries implications for clinical spaces. Delve into structure, adaptation, and facilitation of creative media projects through a community music therapy approach at a residential community for adults with IDD and Acquired Brain Injuries.

## **Insight into the Music Therapy Profession**

Participating individuals will receive an introduction to the field of music therapy from an expert panel of music therapy educators, clinicians, and students. This event is free and open to anyone interested in learning more about music therapy as a career. High school students and their parents or legal guardians, potential college transfer students, guidance and career counselors, and music educators are all welcome to attend. (This session will be held via the AMTA Conference Facebook page: <https://www.facebook.com/amtanatcon/>.)

## **Integral Thinking: A Comprehensive Approach to Music Therapy**

*Presenter(s): Rebecca West, PhD, MT-BC; Della Molloy-Daugherty, PhD, MT-BC; Lauren DiMaio, PhD, MT-BC*

Integral thinking in music therapy was introduced by Dr. Bruscia at a keynote speech in 2011. Integral thinking incorporates a comprehensive means of approaching clinical practice, moving away from a population-based process. Consider core tenets of Integral Thinking including the three orientations: Context, Experience, and Outcome, as well as practical applications during assessment, treatment and evaluation.

## **Integrating Narrative Therapy and Songwriting to Promote Healing in Veterans**

*Presenter(s): Sarah Pugliese, MMT, MT-BC*

Get information regarding the implementation of narrative therapy-informed songwriting experiences with Veterans and other clients diagnosed with Chronic Post-Traumatic Stress Disorder as a result of trauma. Discuss the relationship of narrative therapy and songwriting and the clinical

significance of utilizing songwriting to address trauma. Consider case vignettes to demonstrate implementation.

## **N=15,000: Large Scale Clinical Effectiveness Research in Medical Music Therapy**

*Presenter(s): Samuel Rodgers-Melnick, MT-BC; Seneca Block, MA, MT-BC; Jeffery Dusek, PhD*

Investigators conducted a retrospective clinical effectiveness study investigating the effects of over 15,000 music therapy sessions on hospitalized patients within a large medical system. Process outcomes from this research include a comprehensive documentation template and data mining procedures for extracting meaningful clinical information. Results from the retrospective study support the feasibility and clinical effectiveness of music therapy in a variety of medical settings.

## **Opening a Dialogue Between Business Owners and Educators in Music Therapy**

*Presenter(s): Elizabeth Schwartz, MA, LCAT, MT-BC; Meredith Pizzi, MPA, MT-BC*

Hear from a diverse group of experienced business owners and educators for an open dialogue aimed to create an understanding of the needs of each with respect toward their different roles in supporting students and new professionals. Discuss theoretical and functional views of music therapy clinical process, clinical musicianship, and professional responsibilities, as viewed through the two different lenses of business and education.

## **Telehealth Clinical Practica: The Experiences of The Students and Faculty in the First Pandemic Year**

*Presenter(s): Juyoung Lee, PhD, MT-BC; Annie Heidersheit, PhD, LMFT, MT-BC; Emma Moonier, MS, R-AT, LPCC, MT-BC*

In the first pandemic year, five different telehealth music therapy clinical practicums had been offered by three faculty at a metropolitan university. 25 undergraduate and graduate students participated in five focus group interviews to share their experiences. Through thematic analysis, seven positive aspects, three challenging aspects, and two suggestions were identified. Discuss the faculty's experiences and reflections in relation to the results of the study.

## **Using the Electric Guitar in Music Psychotherapy Practice**

*Presenter(s): Ariel Avissar, LCAT, MT-BC; Daniel Goldberg, MA; Elena Rothenberg, MA*

Examine a thorough approach to facilitating a range of different kinds of key musical effects and techniques that lead to making potent music therapy interventions unique to the electric guitar. From individual and especially group work, take the opportunity to participate in experiential

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music making as a way to learn about how sonic qualities of the electric guitar can be applied to music psychotherapy experiences.

**Saturday, 4:30–5:45 pm**

### **2021 AMTA Federal Advocacy Update**

*Presenter(s): Rebecca Preddie; Judy Simpson, MT-BC*

Join AMTA Government Relations staff as they share important updates about efforts to raise awareness about the impact and efficacy of music therapy services with federal representatives and agencies.

### **Alone Together: Community Music Therapy and the COVID-19 Pandemic**

*Presenter(s): Conio Loretto, MS, LCAT, MT-BC*

At the onset of the COVID-19 pandemic, a team of music therapists working at an agency providing residential, long term care found themselves pivoting in order to provide meaningful therapeutic services. Get an outline how a Community Music Therapy framework guided the team as they developed new programs, including online, virtual experiences. Discuss specific programs as well as the creative process undertaken by the team.

### **Application of The Clinical Practice Model for Persons with Dementia in Music Therapy Practice**

*Presenter(s): Alaine Reschke-Hernández, PhD, MT-BC*

What strategies are best to implement in music therapy for persons with dementia, why and how might I apply strategies in a music experience, and what outcomes could I expect? Learn to apply the Clinical Practice Model for Persons with Dementia to the treatment process and design culturally sensitive music therapy experiences that maximize engagement for individuals at various stages of decline. Interdisciplinary work and telehealth will be discussed.

### **Music as Therapy, Self as Therapy: Using the Person of the Therapist in the Therapeutic Alliance**

*Presenter(s): Amelia Lane, MA, NCC, MT-BC*

Music is often a partner in the therapeutic process, described as “music as therapy.” However, we may be missing out on another key element to the therapeutic relationship and therefore, the therapeutic process: ourselves. Explore how music therapists can use their person-hood, (or “self as therapy”) including personality, identity, and lived experiences, to enrich their clinical work in a safe and authentic way.

### **Pediatric Medical Music Therapy Internship Roundtable Discussion**

*Presenter(s): Amy Love, MA, MT-BC; Marial Biard, MM, MT-BC; Mark Fuller, MT-BC; Caitlin Krater, MA, MT-BC; Clare Arezina, MME, CCLS, MT-BC; Ashley Scheufler, MME, MT-BC; Stephanie Epstein, MM, MT-BC*

This guided discussion, moderated by the Pediatric Work Group, will encompass a range of relevant topics to support supervisors in the medical setting during the internship process, from applications to final evaluations. The format will encourage audience members to ask questions and engage in meaningful discussion. Resiliency in the medical setting is more important than ever as we navigate the medical setting and support the next generation of therapists.

### **Trauma Informed Care, Social Justice, and Resilience: Connecting and Exploring the Conference Theme through Research and Practice.**

*Panelists include: Natalia Alvarez-Figueroa, MMT, MT-BC; Ed Roth, PhD, MT-BC; Maria Gonsalves Schimpf, MA, MT-BC; Dr. Elly Scrine. Moderator: Wendy Woolsey, MA, MT-BC*

Consider trauma and the brain, trauma focused support, systems that create harm in society, and limits of resilience through this panel discussion. **Sponsored by CARF International-Aspire to Excellence.**

**Saturday, 6:00–7:00 pm**

### **AMTAS Business Meeting**

**Saturday, 6:00–7:15 pm**

### **Ask the Experts: Everything Professional—Education, Internship, and Beyond**

*Presenter(s): Rebecca Engen, PhD, MT-BC; Lauren DiMaio, PhD, MT-BC; Deanna Hanson-Abromeit, PhD, MT-BC*

Panel presenters are all seasoned educators, having served a variety of AMTA and CBMT committees in five AMTA regions. They will give brief overviews of supports for students related to schools and curriculum, internships (university affiliated or national roster), the Board Certification Exam, and more. Time will be available for a panel-style discussion and questions from the student audience.

### **Breaking Barriers, Connecting Cultures: Multicultural Music Therapy Among Elderly in Latin America**

*Presenter(s): Alejandra Arevalo, MTA, LPMT, MT-BC*

In the midst of a global pandemic, technology has become a vital tool in minimizing geographical barriers. The Oral

*Information subject to change - Times noted are Eastern Time*

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Roberts University Music Therapy Clinic in Tulsa, Oklahoma presents a case study on the use of multicultural music therapy to serve older adults in Latin America through online sessions.

### **Bridging the Gap: Aligning ASD Research with National Scientific and Clinical Practice Standards**

*Presenter(s): Edward Schwartzberg, MEd, MT-BC; Jennifer Whipple, PhD, MT-BC*

Therapists and researchers engage in clinical decision-making guided by various models within and outside the profession. A music therapy decision-making model is needed to align ourselves with a 21st Century healthcare and research system. A matrix for use while preparing manuscripts for publication will be presented. While content based on NAC and NCAEP reports, is specific to ASD research, information related to scientific rigor and reporting specificity is transferable to other populations' research.

### **Integrating Anti-Racist and Anti-Discrimination Principles into Undergraduate Music Therapy Curriculum**

*Presenter(s): Emily Lambert, MM, MT-BC*

This session will introduce anti-racist and anti-discriminatory principles and their importance in music therapy, including a look at various processes required to become anti-racist and how these actions might look for older adolescents and young adults. Lastly, the presentation will speak to the elements and tasks that are appropriate to include in undergraduate education, when and where they might be introduced, and challenges and strategies for their inclusion.

### **Unmuted: Telepractice in Early Childhood Music Therapy**

*Presenter(s): Petra Kern, PhD, MTA, DMtG, MT-BC; Dana Bolton, MEd, MMT, MT-BC; Erin Shina, MT-BC; Marcia Humpal, MEd, MT-BC*

Every week, MT-BCs put children and families into a state of calm to learn in telepractice sessions. Break down evidence-based practice components and learn how practitioners modified services during COVID-19. Explore research-based guidelines, innovative intervention ideas, lessons learned, and sustainability of this service.

**Saturday, 8:00–10:00 pm**

### **Latin Dance Party**

Hosted by the Latin American Music Therapy Network, you are invited the virtual Latin house party. Bring your flags, your favorite snacks, and put on (or kick off) your dancing shoes for a night of joyful movement to Latin music. We'll

save time to share some dance steps and have the chat open for conversation. Vamos a bailar! <https://us02web.zoom.us/j/81562385554?pwd=Ky9XRnFMY3Q0TFp6WE93c1Y2RDN3UT09>

**Saturday, 9:00–10:30 pm**

### **Songwriting Games**

Join a friendly competition evening of songwriting games, utilizing MadLib's and Fairytales. The Virtual Conference Planning Committee will challenge you to join together to craft the silliest, most heartfelt, or cutest song you can manage. We will break off into teams and select either a MadLib or a Fairytale to create a song to share with the group. Competing for a coveted prize, one group for each category will walk away victorious.

**SUNDAY, OCTOBER 17, 2021**

**Sunday, 9:00 am–12:00 pm**

### **Add-on Course Q. The Music Therapist's Guide to Microsoft Excel**

*Presenter(s): Jennifer Pinson, MT-BC; Amanda Henley, MM, MT-BC*

As a clinician, researcher, business owner, or educator, Microsoft Excel can be used to record, calculate, and organize data. As music therapists, it is important to show evidence or quantify aspects of our services. Excel is a great way to make your data look sharp and professional. See several examples of formulas, graphing tools, and templates that can be helpful to use in your practice and take home free templates. Pre-registration and additional fee required. 3 CMTE credits available.

### **Add-on Course R. Present, Open, Active: Incorporating ACT into Your Process as a Music Therapist**

*Presenter(s): Hannah Lingafelt, MMT, LCMHC, MT-BC*

Acceptance and Commitment Therapy (ACT) is a newer evidence-based model of psychotherapy focusing on being present, being open, and taking action in alignment with what is important. This interactive intensive course will teach the ACT core processes and examine how they can be used to increase your own psychological flexibility within music therapy sessions. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.



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**Sunday, 10:00–11:15 am**

## **Community Connections: Supporting Individuals with Alzheimer's and their Caregivers during COVID-19**

*Presenter(s): Julie Avirett, MM, MT-BC; Stephany Nystrand, MM, MT-BC*

Address business strategies for redesigning services in response to COVID-19. Highlights include interventions to mitigate caregiver stress as well as improved coping for loved ones. Study strategies for challenges that COVID-19 presents for individuals with Alzheimer's and their caregivers.

## **Demystifying the CBMT Board Certification Exam**

*Presenter(s): Deanna Hanson-Abromeit, PhD, MT-BC; Joy Schneck, MM, MT-BC; Kirsten Meyer, MA, MT-BC*

The board certification exam is the gateway to earning the MT-BC credential, yet few understand the complex processes, procedures, and credentialing industry requirements the Certification Board for Music Therapists follows to create and measure the exam. Learn how Board Certification Domains are developed and inform exam content, procedures followed by the exam committee to form exam content, and standards required by the National Commission for Certifying Agencies exam development and administration.

## **Music Therapy Trauma Healing Programming Behind Bars: Comparison with Other Trauma Settings**

*Presenter(s): Lee Anna Raser, MME, WMTR, MT-BC*

Compare trauma programs in jail and prison settings in the U.S. and with other settings. Analyze examples of effective music therapy interventions for focusing on trauma healing in jail and prison populations. Discover assessment tools and considerations for how to set up the physical environment for sessions within a jail/prison setting as well as how to successfully engage residents in activities that are allowed behind bars.

## **Music Therapy with an Accent: Intersectional Identities through the Eyes of Immigrant Therapists**

*Presenter(s): Yu-Ling Chen, PhD, MT-BC; Yu-Ying Chen, PhD, LCAT, MT-BC; Yu-Ching Chen, MM, MT-BC*

Explore the influence of immigrant and bilingual identities on music therapists' clinical judgment in working with people of diverse backgrounds. Three immigrant therapists from Taiwan share lived experiences and examine how their intersectional identities of ethnicity, language, profession, culture, and music have evolved and interplayed throughout their journeys as music therapy professionals practicing in

a foreign land. Consider how these experiences enhance cultural sensitivity.

## **The Neurobiology of Trauma: Neuroprotection, Plasticity, and Music**

*Presenter(s): Edward A. Roth, PhD, MT-BC*

When someone experiences trauma, short-term functional and long-term structural changes to the brain can occur. This session will describe the neural circuitry of overt and sustained fear responses and the deleterious effects they can have on the brain. The potential neuroprotective effects of engaging with music will be discussed.

## **Things are "Fine:" Challenges and Successes of the Multi-Faceted Music Therapist's Life**

*Presenter(s): Sharon Boyle, MM, MT-BC; Edward Schwartzberg, MEd, MT-BC; Rebecca Barnard, MM, MT-BC*

Feeling overwhelmed and "pushing through" are common behaviors for many in our society. Reflect on the challenges of juggling teaching, clinical work, research, service work, family care, self-care, and being students during COVID-19 and beyond. Using theory and concept of intersecting factors, gain personal insights, reflections, struggles, and successes related to the multi-faceted opportunities that many music therapists engage in to develop resiliency.

## **Using Harmonica for COPD: A System Wide Healthcare Perspective in Music Therapy**

*Presenter(s): Angel Foss, MS, MT-BC; Forrest Paquin, MT-BC; Samantha Huffman, MT-BC*

Harmonica is a free reed wind instrument that is easy to learn and implements foundations of breathing techniques for people with chronic lung conditions. At UH Connor Integrative Health Network, music therapy services are offered within ten medical centers across NE Ohio. Through an integrative approach, individual perspectives are offered on the innovative, system wide program, UHarmonica, to enhance quality of life, pulmonary function, and socialization. Harmonicas encouraged.

## **Music Therapy Techniques in Vocational Rehabilitation and Job Skills Training**

*Presenter(s): Madelyn LaPrade, MM, MT-BC; Steven Amburn, MT-BC; Karen Demuth, RN, BSSN, MBA*

Investigate an overview of a music therapy and vocational rehabilitation program for individuals with intellectual disabilities developed in collaboration with music therapists, educators, community members, and business owners. Review experiences in program development, community funding, and music therapy implementation, particularly focusing on goals, objectives, and interventions used in this job skills program.

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**Sunday, 11:30 am–12:45 pm**

## **Co-Delivered Integrative Music and Language Therapy**

*Presenter(s): Betsey King, PhD, MT-BC; Laurie Keough, MEd, LCAT, MT-BC; Melissa Johnson, PhD, CCC-SLP; Heather Coles, MA, CCC-SLP; Melissa Reed, MEd, LCAT, MT-BC*

Music and Language Therapy co-treatment is not new, but this interprofessional team has developed an integrative approach that utilizes the unique knowledge and skills of each profession but merges them in planning and implementation. Co-delivered Integrative Music and Language Therapy (CIMA<sup>LT</sup>) has resulted in clinically documented benefits for clients with chronic aphasia. Listen to a report on student training and a feasibility study for future efficacy research. Video examples included.

## **Navigating an Authentic Path for LGBTQIA+ Music Therapy Interns and Their Supervisors**

*Presenter(s): Jonathan Wilcoxon, MSW, MT-BC; Jay Dressler, MT-BC*

Music therapy internship programs provide a unique opportunity for LGBTQIA+ interns to develop a sense of professional self. Internship directors can provide a safe space for interns that ensures openness, acceptance, and safety. An internship director and intern's perspective will be shared to highlight how internships can create accepting environments and navigate openness in supervision. Explore research regarding LGBTQIA+ interns, best practices for internships, and resources.

## **Neurobiology of Trauma and Music Therapy**

*Presenter(s): Christopher Beach, MM, MT-BC; Christina Ritchie, MA, MT-BC*

Dissect the neurobiological effects of trauma and explore how music can be used as a therapeutic tool to support clients through various stages of treatment. Investigate basic information regarding brain anatomy, body and brain responses to trauma, as well as appropriate music therapy interventions to decrease arousal symptoms in the nervous system and increase adaptive neural networks in the brain.

## **Research Committee Presents—Checking Privilege in Research—Putting Concepts into Practice**

*Presenter(s): Sarah Biedka, MMT, MT-BC; Adenike Webb, PhD, MT-BC; Rebecca West, PhD, MT-BC; Ming Yuan Low, MA, MT-BC*

Challenging researchers' notions of privilege is a necessary and important step to being inclusive when planning a research study. Participate in a discussion focusing on how current researchers wrestle with privilege, and how to elevate the voices of those who participate in research

projects. Research is an area that has received limited attention within the discussion on diversity. This group of researchers will enter into an informal discussion of how they personally are challenged by their privilege to be inclusive when designing and conducting research studies. This panel discussion will explore the topic while also applying diversity concepts to various research components such as the language used to recruit participants and the questions asked of participants. Following an initial discussion among members of the panel, presenters will encourage participants to join the dialogue.

## **Research Committee Presents—From Thesis to Publication: Tips on Transforming Your Work for AMTA Journals**

*Presenter(s): Laura Beer, PhD, MT-BC; Blythe LaGasse, PhD, MT-BC*

Writing a thesis is an arduous and exciting journey! After you complete this milestone, you might think about sharing your work with the scholarly world, yet the prospect of transforming a thesis into a manuscript is daunting. Get guidance and support from editors of AMTA's two journals who will share thoughts and suggestions and take your questions.

## **Resilience in Stressful Events (RISE): Peer-Delivered Psychological First Aid for Health Care Professionals During Crises and Disaster**

*Presenter(s): Maria Gonsalves Schimpf, MA, MT-BC*

A peer support program in a safety-net medical institution transformed overnight in March 2020. The provision of emotional support related to adverse events was swiftly recalibrated for an expanded delivery of psychological first aid for health care workers in the context of both a pandemic and a reckoning with racial injustice.

## **The Contributions of Music Therapy to the Prevention and Mitigation of Pediatric Medical Trauma**

*Presenter(s): Elizabeth Harman, PhD, MT-BC*

This research was completed as part of a doctoral program at Temple University. While Trauma-Informed Care principles are gaining popularity within the music therapy profession, special attention must be paid to the role music therapists have in mitigating the potential trauma of medical care, especially for children. Hear a report of the findings of the author's dissertation research and discuss implications for clinical practice, education, and future research.

## **The Roots of Authentic Musicking**

*Presenter(s): Katelyn Beebe, MMT, MT-BC*

Explore applications for mental health concepts and their use in therapy with the absence of verbal processing. Absorb clinical examples of improvisation with individuals diagnosed

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with I/DD and discuss impacts on the session, therapeutic relationship, and other professionals' understanding of music therapy. Listen to excerpts that demonstrate clinical practice informed by musical elements, body movement, affect, verbal language, and therapist counter-transference.

### **Trauma Informed Self-Care for the Music Therapist in Natural Disasters**

*Presenter(s): Cindybet Perez-Martinez, PhD, MT-BC*

In recent years, we have witnessed an increase in natural disasters, from hurricanes to fires, and many music therapists have been victims. These experiences require an increased need to explore the concept of self-care in the light of self-awareness, self-respect and self-love in order to develop the resilience we need to survive, even while many times we are also acting as first emotional responders.

**Sunday, 1:00–4:00 pm**

### **Add-on Course U. The Complete Picture: Trauma-Informed Care in Music Therapy for Hospitalized Children**

*Presenter(s): Sara Langenberger, MT-BC*

Awareness surrounding trauma-informed care in music therapy has significantly increased within the last few years, though not much is reported about trauma-informed care in hospitalized children. Music therapy can play a vital role in a child's experience and providing care from a trauma-aware perspective can help both during and following hospitalization. Detail current literature around trauma-informed care, trauma in hospitalized children, trauma in music therapy, and provide application development opportunities. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

### **Add-on Course V. Music Therapy and Developmental Care in the NICU: From Birth to Post-Discharge**

*Presenter(s): Valerie Williams, MM, MT-BC; Emily Pivovarnik, MM, MT-BC; Abby Vinquist, MT-BC*

Developmental care in the Neonatal Intensive Care Unit (NICU) helps promote positive developmental outcomes post-discharge. Presenters will discuss their experience providing evidence-based music therapy services within a developmental care model in a Level II and Level III NICU. Learn the components of developmental care and how NICU-MT interventions align with a developmental care model. Discuss how to promote acquisition of developmental milestones post-discharge through an in-home NICU-MT follow-up program. Learn more about research implications, the developmental care model, and intervention ideas to support developmental goals of infants in the NICU and

post-discharge. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

### **Add-on Course W. Setting Up Early Childhood Music Therapy Groups for Success: Ideas for Research and Practice**

*Presenter(s): Andrew Knight, PhD, MT-BC; Helen Dolas, MS, MT-BC; Christina Ritchie, MA, MT-BC; Jessica Dawson, MT-BC*

The presenters of this workshop embarked on over a yearlong partnership to implement early childhood music therapy groups and individual services, and concurrently conducted a research study. Attendees can expect to learn: 1) How to set up relationships with early childhood staff and administrators, 2) How to setup various methods of research to demonstrate effectiveness, 3) Outstanding research and resources for early childhood music therapists, and 4) Session planning and Clinical Decision-Making steps in early childhood music therapy. Pre-registration and additional fee required. 3 CMTE credits available. 3 LCAT credits available.

**Sunday, 1:00–5:00 pm**

### **Add-on Course S. Vocal, Physical, and Mental Health Strategies for Music Therapists**

*Presenter(s): Melissa Spiess, MM, MT-BC; Brianna Larsen, MA, MT-BC*

Address risks associated with singing and playing instruments as a professional musician. Share and practice strategies, tips, and tools to prevent problems, alleviate symptoms, and decrease risk of injury. Find ways to increase tolerance and resilience for the physical, vocal, and mental demands of being a music therapist. Identify ways to advocate for music therapists who have dealt with injuries and disabilities unrelated to music therapy and how to make the profession more inclusive and representative. A signed waiver will be required for participation; look for it in early October. Pre-registration and additional fee required. 4 CMTE credits available.

**Sunday, 1:00–6:00 pm**

### **Add-on Course T. Assessment Practices in Music Therapy and Autism**

*Presenter(s): Gustavo Gattino, PhD*

Assessment is one of the primary practices in music therapy and autism, besides planning and treatment interventions. There is limited literature on applying assessment practices in music therapy directed to autistic people, especially considering the different bias and challenges in this area. Explore how to use different music therapy assessment perspectives, methods and procedures tailored for autistic

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people based on a dynamic and reflexive learning process with theoretical reflections and practical examples. Pre-registration and additional fee required. 5 CMTE credits available. 5 LCAT credits available.

## Sunday, 1:30–2:45 pm

### Internship Fair

We are excited to have the facilities, included below, participate in this Internship Fair segment (3 of 3). Students, be sure to check out the list, and join to meet with representatives, ask questions, schedule interviews, and learn about clinical training opportunities available to you. **Sponsored by: Georgia College & State University, The University of Tennessee at Chattanooga, University of Kentucky, and Western Illinois University School of Music.**

- 1:30–1:35 pm: Welcome and Introductions
- 1:35–1:45 pm: Rehabilitative Rhythms (Aurora, CO)
- 1:45–1:55 pm: Big Bend Hospice (Tallahassee, FL)
- 1:55–2:05 pm: Able ARTS Work (Long Beach, CA)
- 2:05–2:15 pm: Heart and Harmony Music Therapy (Fort Worth, TX)
- 2:15–2:25 pm: Higher Octave Healing, Inc. (Tempe, AZ)
- 2:25–2:35 pm: SSM Health Cardinal Glennon Children's Hospital (St Louis, MO)
- 2:35–2:45 pm: Banner Health (Phoenix, AZ)
- 2:45 pm: Conclusion and Farewell

### COVID-19: Year Two

*Presenter(s): Lori Gooding, PhD, MT-BC; Seneca Block, MA, MT-BC; Andrea Dalton, MA, MT-BC; Barbara A Else, MPA, MT-BC; David Knott, MM, MT-BC; Rachelle Morgan, MA, MT-BC; Heather Wagner, PhD, MT-BC*

Join the AMTA COVID-19 Task Force for highlights about the ongoing COVID pandemic. Updates will include current status/considerations, impacts on education, clinical training, practice, and other topics pertinent to the music therapy community, like burnout and technology.

### Creative Forces' Approach to Provider Resilience-building and Self-care During a Pandemic

*Presenter(s): Andrea Blunt, MM, MT-BC; Rebecca Vaudreuil, EdM, MT-BC*

The COVID-19 pandemic required music therapists to quickly adapt practices through technological integration. Creative Forces®: NEA Military Healing Arts Network built an infrastructure to support creative arts therapists in modifying clinical and community-based approaches using virtual platforms, and provided educational opportunities, self-care strategies, and resiliency workshops.

### Music Across the Lifespan: The Benefits of Intergenerational Music-Making

*Presenter(s): Carol Ann Blank, PhD, LCAT, LPC, MT-BC*

Developmentally appropriate, active music experiences can support young children's development in significant ways. Parents who make music with their children in the company of non-familial elders experience greater parenting satisfaction and confidence and decreased stress. Elders who engage in intergenerational music-making with families in an innovative and replicable format experience decreased isolation, improved sense of well-being, and improved quality of life.

### Music Therapy, Transitions, and Parallel Process through a Humanistic Model

*Presenter(s): Faith Ausfresser, MA, MT-BC*

The idea of transitions challenged me to reflect on my own experience as a music therapy intern leading up to my own major life transition, graduation, and consider the parallel process that occurred. Hear a demonstration of the ways in which music can be utilized to process times of transition using a DIR Floortime, humanistic, model for individuals with autism, examine the effects of a parallel process, and integrate my own experience as a music therapist with two of my clients.

### No Place for Me: A White Music Therapy Educator's Exploration of BIPOC Student Experiences

*Presenter(s): Emma Moonier, MS, R-AT, LPCC, MT-BC*

Explore preliminary results of a qualitative study on the experiences of BIPOC music therapy students who choose to leave the profession before completing an academic program. Examine the experiences of the students in music learning/making, music therapy courses, fieldwork, and supervision.

### The Ethics of Music and Spirituality at the End of Life

*Presenter(s): Noah Potvin, PhD, MT-BC*

Music therapists working in end-of-life care often experience ethical dilemmas when asked by patients, "What religion are you?" or "Will you pray with me?" Get an introduction to an integrated ethical decision-making model designed to guide music therapists' potential responses to these questions in context of AMTA's Scope of Practice and Code of Ethics. Collaborative discussion among attendees will be fostered to ensure the inclusion of multiple perspectives.

# CONFERENCE SCHEDULE

## **Virtual Community Music Therapy: The Creative Music Making Collaboration**

*Presenter(s): SooJin Kwoun, PhD, MT-BC; Laura Beer, PhD, MT-BC; Maureen Byrne; Sharon Spurlock; Amber Chapman; Buddy Shumaker*

Creative Music Making is a collaborative service-learning project conducted by Maryville University, the St. Louis Symphony, and St. Louis Arc, an agency that serves people with intellectual and developmental disabilities. Listen to the details of developing and implementing this virtual program which culminated in an iMovie video recording.

**Sunday, 3:00–4:15 pm**

## **Advancing Equity in a Private Practice Serving Older Adults**

*Presenter(s): Rachelle Morgan, MA, MT-BC*

Building a music therapy private practice is hard. Building a financially sustainable business that lives up to your values is even harder. With an intersectional lens, focus on ways for music therapy practices to serve people with low socioeconomic status. Explore how to offer pro bono, sliding scale, and grant-funded services in a sustainable way and hear about three programs that have been successful in reaching under-served communities.

## **Autistic Hearing: From Music Theory to Music Therapy**

*Presenter(s): Jon Fessenden, PhD, MT-BC*

“Autistic hearing” has recently emerged as a viable topic in the field of music theory. Build upon current models of autistic hearing by analyzing theories of autistic perception and cognition, synthesizing evidence from clinical trials on autistic auditory processing, and interpreting the lived musical experience of autistic individuals. A greater understanding of autistic hearing can help music therapists empathetically relate to autistic clients.

## **Melodies for a Healthier Mind**

*Presenter(s): Latrice Gettings, EdD*

School districts face challenges including creating a climate and culture conducive to positive mindset and growth. Examine and review some benefits of music and how music can build social-emotional learning for individuals. The goal is to equip professionals with knowledge, strategies, and tips they can share with others to gain a deeper self-awareness, build authentic relationships, and understand why it is important to have compassion and make responsible decisions.

## **Positioning Music Therapy as a Core Service in Hospice and Palliative Care**

*Presenter(s): Noah Potvin, PhD, MT-BC; Molly Hicks, MMT, MT-BC*

Music therapy largely remains classified as an alternative and complementary service in hospice rather than as a core service, resulting in job insecurity, disrupted patient care, and inconsistent roles within the treatment team. To position music therapy as a core service in hospice, explore how a music therapist co-treats with a nurse case manager in context of Medicare's Conditions of Participation for hospices to address spiritual, bereavement, and family support needs.

## **Pride and Music Therapy: Program Development in a University Multicultural and LGBTQIA Resource Centers**

*Presenter(s): Emily Sevcik, MEd, LPC, MT-BC; Felicia Lonosky*

As part of a senior in-course honors project and collaboration with university resource centers, a three-part series of music therapy groups during Pride Month on campus was developed and led. Listen to an overview of the process of program development, including initial meetings, defining purpose and procedures, advertisement, implementation, supervision, and evaluation. Learn about music therapy experiences with connection to current research.

## **Struggles, Resilience, and Dedication: Students' Perception of Online Learning During COVID-19**

*Presenter(s): Petra Kern, PhD, MTA, DMtG, MT-BC; Daniel Tague, PhD, MT-BC*

Keep your finger on the pulse! With nearly all university programs going online during the COVID-19 pandemic, students experienced remote instructions and clinical training. Whether you are realigning with traditional teaching or are considering innovations, learn about students' perception of barriers and benefits of online learning to guide your program development.

## **The Role of Music in the Combat Experiences of OEF/OIF Veterans**

*Presenter(s): Krystine Smith, MA, MT-BC*

Due to technological advancements, the OEF/OIF generation of Veterans has had greater access to music than any of its predecessors. Learn about the role music played in the lives of OEF/OIF Veterans before, during, and after deployment. Review existing literature relating to music therapy and Veteran populations. Explore ways to empower Veterans to make intentional music choices and how to support Veterans through music therapy.

## CONFERENCE SCHEDULE

### Thinking Integrally: Clients Who Have Vision Impairments

*Presenter(s): Della Molloy-Daugherty, PhD, MT-BC*

Music therapists will very likely work with a client who has blindness or a visual impairment during their career. Vision impairment does not exist in a vacuum; people with vision loss exist in all treatment, social, and cultural contexts, across the entire lifespan, and often with intersecting diagnoses. Learn to apply Bruscia's Integral Thinking Model to music therapy services for clients with vision impairments - related to outcomes, experiences, and contexts.

**Sunday, 4:30–5:45 pm**

### Resilience, Social Justice and Music Therapy Practice in End-of-Life Care

*Presenter(s): Amy Clements-Cortes, PhD, RP, MTA, MT-BC*

Palliative care is not accessible to everyone. Music therapy has demonstrated its efficacy at supporting patients at times of significant stress and as a result, is continually being integrated. As the scope of music therapy in end-of-life care expands, music therapists must advocate for its inclusion. Focus on social justice principles with respect to the role of music therapy in procedures surrounding physician assisted suicide and relationship completion.

### The Heartbeat in the Nightstand: Assessing Bereaved Parents' Perspectives of Legacy Building

*Presenter(s): Amy Love, MA, MT-BC*

Many pediatric hospitals implement legacy-building interventions to promote coping and support the grief process following the death of a patient. However, there is limited research describing how this may specifically support bereaved parents. In order to address this growing area of interest, 19 bereaved parents were interviewed about their experiences receiving and using legacy items. Information was synthesized to suggest initial best practice implications.

### The Importance of Cultural Competency When Addressing Trauma; An Intentional Exploration of Cultural Humility

*Presenter(s): Natalia Alvarez-Figueroa, MMT, MT-BC*

Minorities and non-primary English speakers are to have a voice in leading the conversation pertaining to important components of how to effectively treat trauma. The focus for this presentation lies on the importance of culture within the field of trauma. Cultural competency and cultural humility are to come hand in hand for transformative and sustainable therapy to take place. Define culture, cultural humility, and provide different interventions for building therapeutic alliance with marginalized cultures, and cultures outside that of the clinician. An additional and intentional focus on

opportunities for cognitive behavioral practices within the Anti-racism framework, will be discussed. The importance of understanding our own personal culture and potential implications pertaining to the ability for understanding the individual's culture, promotes intentional identification of bias and counter-transference, and removes barriers to treatment.

### Understanding Biases in the Workplace and Beyond

*Presenter(s): Juliana Joyce, MT-BC; Cheyenna Eagle, MT-BC*

Whether we are aware of it or not, biases constantly impact the way we perceive and interact with others. As music therapists, it is crucial that we become cognizant of biases and how they can impact individuals we serve. Explore potential harms of biases in the music therapy profession and beyond, as well as ways to confront them in a mindful manner.

### Youth with Adverse Experiences: An Existential Perspective

*Presenter(s): Mike Zanders, PhD, MT-BC*

Music therapists are increasingly working in specific contexts related to child welfare, including foster care, neglect, sexual, physical, and emotional abuse, residential care, domestic and family violence, homelessness, trafficking, refugees, and youth protection. Existential music psychotherapy is a dynamic approach that focuses on concerns rooted in the individual's existence. The main emphasis of existentialism is who am I? And, more importantly who am I musically?

## AMTA-Pro Podcast Series

for music therapists  
by music therapists



## CONFERENCE SCHEDULE

*Sunday, 6:15–7:15 pm*

### **Closing Session Spectacular**

#### **“Music and Health – Leading the Conversation: Music Therapists and the Sound Health Network”**

*Featuring Sound Health Network with Special Guests, Dr. Julene Johnson, Dr. Sheri Robb, and music from Jill Colucci*

As experts in the clinical application of music, music therapists are positioned to lead conversations that will help accelerate scientific and programmatic advancements in clinical music therapy and community-based music programs. During this plenary, we will talk about events that have resulted in an unprecedented level of sustained national attention on music therapy and the broader uses of music for health. Music therapy research has grown

in scope and rigor, and music therapists have developed sophisticated, evidence-based clinical programs. At the same time, there have been exciting discoveries about the cognitive neuroscience of music and advancements in our knowledge about human health and disease. The success of recent initiatives will rely on our ability to break down silos, and create opportunities for sustained interdisciplinary conversations and collaboration. The Sound Health Network (SHN) seeks to bring together scientists, music therapists, artists, and the public to explore the impact of music on health and wellness. We hope you will join us for this plenary session to learn more about the SHN and its programmatic focus on music therapy this year. Most importantly, we look forward to hearing your thoughts and being in conversation with you.

## **THE GRAND COUNTY BLUES SOCIETY AND THEIR BLUE STAR CONNECTION PROGRAM (FOR CONFERENCE REGISTRANTS)**

Does your practice focus specifically on Music Therapy for Children? Is your Music Therapy Program/Practice in need of new instruments? Today is your lucky day! The Grand County Blues Society and their Blue Star Connection Program are donating \$3,000 worth of Electric or Acoustic Guitars and Keyboards to music therapists! How to enter: Write a short essay explaining your Music Therapy practice/program and what instruments would be helpful to you. E-mail your essay to [lindsay.windler@grandblues.org](mailto:lindsay.windler@grandblues.org) and [Smith@musictherapy.org](mailto:Smith@musictherapy.org) by 12:00 pm eastern time on October 17th. We will be choosing winners based on need and how closely your practice/program align with our mission statement. More information on the Blue Star Connection can be found at <https://grandblues.org/bluestarconnection>.

## **ORAL RESEARCH POSTER SESSIONS**

### **Exploring the Music Therapist's Role in Hospice Care for Individuals with Dementia**

*Kathryn Coccia, MM, MT-BC, St. Louis University/Ohio University*

### **The Role of Music in the Trauma Narrative and "Storytelling": Perspectives of Clinicians**

*Taylorlyn Mehnert, MT-BC, Western Michigan University; Angela Moe, PhD, Western Michigan University; Edward Roth, PhD, MT-BC, Western Michigan University*

### **A Systematic Review of Music Interventions Targeting Memory in Adults with Acquired Brain Injury**

*Noriko Nakamura, MME, MT-BC, University of Kansas*

### **From Therapeutic Factors to Mechanisms of Change in Music Therapy:**

#### **Report on Findings and Discussion from a Scoping Review**

*Rebecca Zarate, PhD, LCAT, MT-BC, Lesley University; Martina DeWitte, PhD, Han University, Netherlands; Felicity Baker, PhD, University of Melbourne, Australia*

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## **RESEARCH POSTER SESSIONS**

*Available for viewing each day of the conference and in the virtual vault. Sponsored by Remo, Inc.*

### **INCREASING CLINICIAN ENGAGEMENT IN RESEARCH**

#### **A Retrospective Examination of Issues Addressed During Music Therapy Sessions with Adults Diagnosed with Cancer: A Comparison of Adults Diagnosed with Solid Organ Tumors Versus Adults Diagnosed with Liquid Tumors**

*Aurielle Macchi, Maryville University; Crystal  
Weaver, LPC, CRC, MT-BC, Saint Louis University;  
Andrew Dwiggins, MT-BC, Saint Louis University*

#### **An Exploratory Study Examining the Impact of a Music Therapy Support Group on Perceived Stress, Anxiety, And Depression in Long-Term Caregivers**

*Jennifer Denk, MM, MT-BC, Austin Peay State University*

#### **An Interpretive Investigation of Music Therapy in Rural America**

*Elsa Koriath, University of Minnesota; Michael Silverman, PhD,  
MT-BC, University of Minnesota*

#### **Community Music Therapy in the United States: A Qualitative Study**

*Kathleen M. Murphy, PhD, LCAT, MT-BC, State University of  
New York at New Paltz; Viggo Krüger, PhD, University of Bergen;  
Brynulf Stige, PhD, University of Bergen*

#### **Environmental Music Therapy to Support Healthcare Professionals: A Response to Increased Stress and Burnout During COVID-19**

*Hannah Bush, MM, MT-BC, West Virginia University; Maria Ducci,  
West Virginia University Medicine; Maribeth Vain, West Virginia  
University Medicine; Kathryn Roe, West Virginia University  
Medicine*

#### **Evaluating Current Trends of Music Therapy in the Neonatal Intensive Care Unit: A Descriptive Analysis**

*Amy Robertson, PhD, MT-BC, University of Missouri-Kansas City;  
Ellyn Hamm-Evans, PhD, MT-BC, University of Georgia*

#### **Explanatory Sequential Mixed Methods Investigation of Music Therapy Practices for Individuals with Eating Disorders**

*Abbey Dvorak, PhD, MT-BC, The University of Iowa*

#### **The Use of Preferred Music to Improve the Sleep Quality of a High School Athlete with Post-Concussion Syndrome**

*Rebekah Smith, Cleveland State University; Deborah Layman,  
PhD, MT-BC, Cleveland State University*



## RESEARCH POSTERS (AVAILABLE EACH DAY OF THE CONFERENCE)

### **Understanding the Music Therapist's Level of Radiation Exposure During Sessions with Clients Undergoing FDG-PET/CT Imaging**

*Crystal Weaver, LPC, CRC, MT-BC, Saint Louis University;*  
*Andrew Dwiggin, MT-BC, Saint Louis University;*  
*Sarah Frye, CNMT/PET, Saint Louis University*

### **Virtual Music Therapy for Autistic Clients: Creating Space for Success**

*Nicole M. Richard, MA, MTA, MT-BC, Music and Health Sciences Research Collaboratory, University of Toronto, Toronto, Ontario;*  
*Corene Hurt-Thaut, PhD, MT-BC, Music and Health Sciences Research Collaboratory, University of Toronto, Toronto, Ontario;*  
*Michael H. Thaut, PhD, Music and Health Sciences Research Collaboratory, University of Toronto, Toronto, Ontario*

## **IMPROVING CONSUMER INVOLVEMENT IN RESEARCH PLANNING**

### **A Convergent Parallel Feasibility Study of a Two-Day Music Therapy Protocol on Pain and Mood in Women Recovering from Free Flap Reconstructive Breast Surgery**

*Rebecca West, PhD, MT-BC, Texas Woman's University; Michael J. Silverman, PhD, MT-BC, University of Minnesota*

### **An Overview of the Diverse Needs of Mothers with Substance Use Disorders and Their Infants with Neonatal Abstinence Syndrome: Considerations for Music Therapy Programming**

*Maribeth Vain, University of Alabama; Andrea M. Cevalasco-Trotter, PhD, MT-BC, University of Alabama*

### **Music Therapy and Adult Chronic Pain: A Replication Study**

*Maribeth Vain, West Virginia University; Hannah Ivey Bush, MM, MT-BC, West Virginia University*

### **Music Therapy Was Never on the Table: Parents' Perceptions of Music Therapy Services and Research**

*Eugenia Hernandez-Ruiz, PhD, MT-BC, Arizona State University*

### **Neotones: A Solution to Support Hearing Protection and Auditory Neurodevelopment in the NICU**

*Maxwell Corrigan, MS, MT-BC; Orlando Health*

### **Online Music Training for Older Adults: The Feasibility of Virtually Teaching Kalimba to Enhance Quality of Life Within a Long-Term Care Facility**

*Laura Reznicek, BM, University of Iowa*

### **Quality Improvement Evaluation of a Veterans' Palliative Care Telehealth Music Therapy Program**

*Shelly Zeiser, MA, MT-BC, The University of Iowa*

### **Understanding Lyrical Expression: Songwriting Themes in Cancer Care of Clients Ages 12 Through 21**

*Jaime Kennington, MT-BC, Maryville University; Crystal Weaver, LPC, CRC, MT-BC, Saint Louis University;*  
*Tracie Sandheinrich, MT-BC, Maryville University*

## **INCREASING DIVERSITY IN MUSIC THERAPY RESEARCH**

### **Interventions For Executive Function Skill Development in Autistic Individuals: A Scoping Review**

*Alyssa Stone, Colorado State University*

### **Significant Moments for Undergraduate Music Therapy Students: A Memory Work Project**

*Varvara Pasiali, PhD, MT-BC, Queens University of Charlotte;*  
*Menelik Cannady, Nicole Crate, Corey Earwood, Gabrielle Jones, Karlyn Moore, Matrisha Stafford, Austin McGinnis*

### **The COVID-19 Pandemic Through the Eyes and Ears of a Music Therapy Student: A Self-Study**

*Rachel Neve, Eastern Michigan University*

### **A Systematic Review of Constructs and Psychometric Instruments Used in Randomized Trials in Substance Use and Misuse, 2011-2020: Implications for Music Therapy Research**

*Jessica Pouranfar, MT-BC, University of Minnesota; Michael Silverman, PhD, MT-BC, University of Minnesota*

## **ADVANCING ECONOMIC ANALYSES AND THEIR IMPLICATIONS IN MUSIC THERAPY RESEARCH**

### **Repertoire Expansion: Implications for Music Therapy**

*Flor del Cielo Hernandez, MM, MT-BC; Florida State University*

### **Results: A Survey of American Music Therapists' Financial Standings to Inform Students, Professionals, And Policy Making**

*Emily Lambert, University of Miami*

## RESEARCH POSTERS (AVAILABLE EACH DAY OF THE CONFERENCE)

### INCREASING PARTNERSHIPS AND TEAM SCIENCE IN MUSIC THERAPY RESEARCH

#### Evaluation Of EEG Responses to Sedative and Stimulative Music Using the MUSE 2

*Amber Eade, PhD, Slippery Rock University;*  
*Jenna Duncan, Slippery Rock University;*  
*Nicole Hahna, PhD, MT-BC, Slippery Rock University*

#### Interdisciplinary Collaboration with Pediatric Music Therapists: Results from a National Survey

*Clarissa Lacson, MA, MT-BC, Drexel University*

#### The Feasibility of Integrating Music Therapy with Speech and Language Therapy in the Treatment of Individuals with Communication Disorders: A Collaborative Model

*Deborah Layman, PhD, MT-BC, Cleveland State University;*  
*Lori Lundeen-Smith, MS, CCC-SLP/L, MT-BC, Cleveland State University;*  
*Emily Brill, MT-BC, Cleveland State University*

### ADVANCING RESEARCH METHODS IN MUSIC THERAPY RESEARCH

#### A Comparison of Music Education and Music Therapy Majors' Perception and Use of Self-Care and Coping Strategies: Considerations Pre COVID-19 Pandemic to Present Time

*Adrienne Steiner, PhD, MT-BC, East Carolina University; Raychl Smith, PhD, East Carolina University*

#### A Qualitative Exploration of Music Therapist Beliefs, Education, And Uses of Hip Hop in Clinical Practice

*Kailey Campbell, MA, MT-BC, University of Iowa*

#### Evaluation Of Treatment Targets and Scientific Merit Ratings in Music Therapy Intervention with Individuals with Autism Spectrum Disorder: An Integrative Review

*Jennifer Whipple, PhD, MT-BC, Charleston Southern University;*  
*Edward Schwartzberg, MEd, MT-BC, University of Minnesota*

#### Factors That Influence Sleep Quality and Quantity in Music Therapy Undergraduate Students: An Exploratory Interpretivist Study

*Ananya Muralidharan, University of Minnesota; Michael J. Silverman, PhD, MT-BC, University of Minnesota*

#### Invisible Illness and Invisible Disability in Music Therapists: A Pilot Study

*Rebecca Warren, MM, MT-BC, Lesley University*

#### Personality And Quality of the Music Therapy Supervisor-Intern Relationship

*Laurie Peebles, PhD, LPMT, MT-BC, Georgia College & State University*

#### The Effects of a Music Therapy Based Wellness Workshop on Informal Caregivers' Psychosocial Health: A Pilot Study

*Adrienne Steiner, PhD, MT-BC, East Carolina University;*  
*Rashmita Basu, PhD, East Carolina University*

#### Undergraduate Music Therapy Research Methods Pedagogy: A Pilot Project

*Adrienne Flight, MMT, MT-BC, Lesley University; Berklee College of Music*

### ADVANCING THEORETICAL FOUNDATIONS IN MUSIC THERAPY RESEARCH AND PRACTICE

#### An Iterative Literature Review to Conceptualize the Relationship Between Neurological Processing of Infant Sleep-Wake Patterns and Music to Support Optimal Sleep-Wake Cycles for Premature Infants in the NICU

*U Wun Vivian Lok, MT-BC, University of Kansas; Deanna Hanson-Abromeit, PhD, MT-BC, University of Kansas*

#### Impact Of External Cues on Arm Movements of Individuals with Parkinson's Disease

*Ryan Smith, MT-BC, Colorado State University; Naomi Davis, MT-BC, Hannah Lentz, MT-BC; Brianna Eskridge; Blythe LaGasse, PhD, MT-BC, Colorado State University*

#### Music Therapy in Mental Health Settings Under Taiwanese Culture: A Philosophical Inquiry

*Shin-Yi Chen, Texas Woman's University*

#### The NICU Father-Premature Infant Attachment Process Model: A Heuristic to Inform Intervention Development

*Kara Caine, MME, MT-BC, Baldwin Wallace University and the University of Kansas*

#### The Use of Percussion in Music Therapy Interventions: A Realist Synthesis Systematic Review

*Bill Matney, PhD, MT-BC, University of Kansas; Amanda Griffin, MA, MT-BC, Valeo Behavioral Health Care; Marie Lesiak, MA, MT-BC*

# THE AMTA VIRTUAL EXHIBIT HALL

The exhibit hall open on October 14th and will be open 24 hours a day, throughout the entire conference. Attendees will be able to visit exhibitors' featured pages in the hall and contact exhibitors throughout the conference through email and websites.

### **Certification Board for Music Therapists (CBMT)**

The Certification Board for Music Therapists promotes excellence by awarding board certification based on proven, up-to-date knowledge and competence in clinical practice. Our vision is to ensure access to safe, effective music therapy services for all. Representative: Hindi Burkett

### **Georgia College and State University**

The mission of the Georgia College Department of Music is to provide an interdisciplinary, liberal arts-oriented education in music, music education, and music therapy. We prepare students to embark on rewarding career paths within these fields while emphasizing the cultivation of critical thinking skills and diverse global perspectives. The department is committed to serving the broader university community through inclusive participation in ensembles and engaging course offerings. Our students learn to think independently and lead creatively through undergraduate research, community outreach, clinical training, professional development, continuing education and mentoring opportunities. Representative: Laurie Peebles

### **Jessica Kingsley Publishers**

Jessica Kingsley Publishers is committed to publishing books that make a difference. We publish books for professionals and general readers in a range of subjects. We are well-known for our long-established lists on arts therapies. We also publish extensively in the fields of neurodiversity, mental health, gender diversity, and dementia. Representative: Sarah Temple

### **Jill Colucci: Multi-Platinum Singer Songwriter**

With her enduring songs and expressive voice, Jill Colucci is acknowledged as a songwriter of #1 hits for a roster of artists including Wynonna Judd and Travis Tritt. She has been a featured vocalist for many film soundtracks, television shows, and commercials. Her numerous awards and accolades makes her a well-known Nashville Multi-Platinum songwriter. With the release of three singles from her

full-length collection "Heal My Heart," Jill now shares her poignant autobiographical chronicle of loss, grief, and the transformative power of music. She is excited to share her songs and stories through various social media platforms and at events throughout 2022. We are calling the release of these songs, "A Season of Healing." Representative: Jill Colucci

### **Kidlinks**

KidLinks is a 501(c)(3) nonprofit organization that provides healing, hope and happiness for children and families through therapeutic music entertainment and music therapy programs and resources. For well over three decades, impacting more than 395,000 children and caregivers, KidLinks has provided healing experiences for children with special needs through performing arts and media, therapeutic music initiatives, university-level music therapy training and free/low-cost treatment programs. When COVID-19 brought in-person hospital visits and music therapy sessions to a halt, KidLinks was able to quickly adapt and transform our direct services into virtual offerings, including Telehealth music therapy, "at-home" live streaming, virtual therapeutic music performances, and engaging media designed to build social-emotional learning skills. KidLinks remains committed to meeting the needs of hospitalized and homebound children, and providing safe and fun digital experiences for families and caregivers. Visit [www.KidLinks.org](http://www.KidLinks.org), or follow us on Facebook and Instagram. Representative: Leigh Trevino

### **Lesley University**

Highly evolved and uniquely conceptualized, Lesley University's Master's, certificate, and doctoral programs in Expressive Therapies provide a meaningful connection between the arts, theory, and practice in clinical training. As one of the most recognized Expressive Therapies programs in the world, our students are expertly trained and qualified providers of mental health services. Social Media: Facebook: <https://www.facebook.com/LesleyUniversity/>, LinkedIn: <https://www.linkedin.com/school/lesley->

## EXHIBIT HALL

university/, Instagram: <https://www.instagram.com/lesleyuniversity/>, Hashtags #LesleyUniversity and #LynxNation. Representative: Robin Laskey

### Mid-Atlantic Region of AMTA

The Mid-Atlantic Region of the American Music Therapy Association (MARAMTA) is comprised of music therapists from 7 states, including New York, New Jersey, Pennsylvania, Delaware, Maryland, Virginia, and West Virginia, as well as Washington DC. Founded on March 21, 1953, the MARAMTA has its roots in the former National Association for Music Therapy (NAMT). The Mid-Atlantic Region was founded as the first region of the NAMT (Wheeler and Golden, 1987) with the goal of advancing the awareness of music therapy through the development of a strong professional network. Throughout our vibrant history, this goal remains at the heart of our organization. Members of the MAR have played key leadership roles in regional, national and international capacities. Today we are proud to be comprised of a dynamic group of distinguished students and professional music therapists alike, including 18 university programs and 33 national roster internship sites. Representative: Cheyenna Eagle

### Music 4 Life®, Inc.

Music 4 Life® [M4L] is changing the culture of music creation and consumption. Join our team of innovative, responsive, caring, music-therapy minded professionals focused on delivering value to our customers and clients. We develop new market opportunities, push the envelope on technological innovation and pursue unique partnerships in the areas of corporate wellness and university students, military, eldercare, and life recovery (addiction, trauma, illness). Music Therapists, earn extra income as a M4L Practitioner providing services through telehealth, educational programs and music therapy sessions. Visit our website: [theMusic4Life.com](http://theMusic4Life.com) Representative: Judith Pinkerton

### Music is Elementary

We are an online music supply company that centers on the elementary music classroom. We carry many of the trusted national brands like Yamaha, Hohner, Casio, Meinl, and Sonor, as well as our own brands of quality recorders, percussion, Orff stands, publications, and mallets, bringing the best value possible with the lowest, and most competitive prices out there. We also

carry a full selection of music therapy items including, Remo Drums, Helping Hands instrument mounts for physically challenged individuals, shakes, Thera-bells, chimes, ukuleles, Easycussion, Chord Buddy, and therapy print music. With over 35 years in elementary music retail, Music Is Elementary strives to impact students and educators daily lives through the best possible 'I' instruments, accessories, and service so we can truly stand by our motto that, "Music education starts here." Representative: Corbett Hein

### New England Region of AMTA

We are composed of AMTA members from Connecticut, Maine, New Hampshire, Massachusetts, Rhode Island, and Vermont. The purpose of our organization is to advance the aims, purposes, and goals of the American Music Therapy Association (AMTA) within a regional organization. Representative: Brian Jantz

### Oxford University Press

Oxford University Press publishes some of the world's most prestigious and respected books and journals, including the AMTA Journals. The Journal of Music Therapy (JMT) is a forum for authoritative articles of current music therapy research and theory, including book reviews and guest editorials. JMT seeks to advance research, theory, and practice in music therapy through the dissemination of scholarly work. Its mission is to promote scholarly activity in music therapy and to foster the development and understanding of music therapy and music-based interventions. Music Therapy Perspectives (MTP) seeks to promote the development of music therapy clinical practice through the dissemination of scholarly work. Focusing on clinical benefits of music therapy, the journal strives to serve as a resource and forum for music therapists, music therapy students and educators, and those in related professions. Representative: Holly Williams

### Purdue University Fort Wayne

Starting Fall 2022, the Purdue University Fort Wayne School of Music will offer the Master of Music Therapy degree program. The Master of Music Therapy with Equivalency program will be available starting in summer 2022. Program director Nancy Jackson can be reached by email at [jacksonn@pfw.edu](mailto:jacksonn@pfw.edu) and (260) 481-6716. The PFW School of Music also offers the Bachelor of Science degree in Music Therapy. Representative: Nancy Jackson

## EXHIBIT HALL

### **Remo, Inc.**

Manufacturer of products designed for music therapy and the experience and profession of drumming. Our core competencies include: drum heads, accessories, percussion instruments and evidence-based rhythm and wellness programs. We have been supporting Music Therapy for over 30 years. [www.remo.com](http://www.remo.com)  
Representative: Alyssa Janney

### **St. Mary of the Woods College**

St. Mary-of-the-Woods College meets students where they are with distance and campus-based music therapy programs. The MA in Music Therapy requires only a few days on campus each semester. World renowned experts, including Dr. Alan Turry, Dr. Yasmine Iliya, and Carolyn Koebel, are the instructors. The hybrid format Equivalency (MTED) program offers music therapy training to students with music degrees. The campus-based BS in Music Therapy has been turning out excellent music therapists since 1983.  
Representative: Tracy Richardson

### **State University of New York at Fredonia**

State University of New York at Fredonia is a comprehensive, public, liberal arts university in western New York, with more than 4,600 students in a creative environment that is diverse, welcoming, and safe. With affordable tuition and housing in a classic "college town," Fredonia gives you the academic challenges of a selective university committed to developing your character and preparing you for a rewarding career. Fredonia is proud to offer both undergraduate and graduate degree programs in Music Therapy, including Bachelor of Science in Music Therapy and Master of Music in Music Therapy. Fredonia is also proud to announce a new Master of Music in Music Therapy program, a comprehensive track (pending AMTA approval), which is designed for students who have a degree in music, but not in music therapy.  
Representative: Heeyoun Cho

### **Temple University**

The Boyer College of Music and Dance offers undergraduate and graduate degrees in Choral Activities, Dance, Instrumental Studies, Jazz Studies, Keyboard Studies, Music Education, Composition, Music History, Music Theory, Music Technology, Music, Music Therapy, and Voice and Opera. Boyer is located on Temple's main campus in Philadelphia, Pennsylvania, less than one mile from the City's historic

cultural institutions, including the Kimmel Center for the Performing Arts, The Philadelphia Orchestra, Opera Philadelphia, Pennsylvania Ballet, Philadanco and the Philadelphia Museum of Art. Temple is also ideally located only two hours south of New York and three hours north of Washington, D.C. Representative: Lydia Veilleux

### **The 21st Century Commission**

The AMTA Board of Directors created the Commission on the Education and Clinical Training of 21st Century Music Therapists to: identify inconsistencies within degree programs to support clinical practice in a changing world; identify inconsistencies among and between National Roster and University Affiliated Internship programs; recommend changes to enhance current education and clinical training practices; support the ongoing efforts to increase state recognition of the MT-BC credential; and support efforts to encourage diversity and inclusion in the profession. As we begin our third year of service on the Commission, we are grateful for the continued participation of the music therapy community through submissions of our Google form, attendance at our presentations, discussions at regional and national conferences, and direct messages and correspondence. Your generosity in sharing your time, energy, publications, and passion about the future of the profession is exciting. We are listening. The knowledge, insight, and wisdom that we, as music therapists, hold collectively will inform and guide our recommendations moving forward.  
Representative: Jen Hicks

### **Transpositional™, LLC**

Transpositional™ advocates for music therapy as an evidence-based practice through the development of high-quality music therapy research and diverse publications. An experienced staff of music therapists with expertise in clinical research is available to support music therapists at all stages of research and with their publication goals. This includes helping new MT graduates publish their thesis in a peer-reviewed journal, working with music therapists to develop their own research through regulatory support and data management, and providing statistical support and professional writing to finalize research. It is the core mission of Transpositional™ to increase the awareness of music therapy by highlighting the amazing work of music therapists across a spectrum of education and experience. The company exists to

## EXHIBIT HALL

support music therapy research generally and self-publish works that show great value to the music therapy community and other professionals with which we work. Representative: Mat Corrigan

### **UGA Master of Music in Music Therapy Program**

The Master of Music (MM) with an Area of Emphasis in Music Therapy provides in-depth study of the practice of music therapy, including research, clinical applications, and current developments in music therapy theory and practice. Coursework will address the Advanced Competencies in Music Therapy as established by AMTA and is intended for current MT-BCs. The program is comprised of a diverse set of academic and clinical experiences including music theory, music history/ethnomusicology, other related music studies, electives in the student's area of interest, and the core music therapy courses (Trends & Issues in Music Therapy, Research in Music Therapy, Seminar in Professional Music Therapy Practice, and Advanced Music Therapy Practicum). Primary career opportunities for graduates of program include the advanced practice of music therapy in a variety of healthcare and educational settings and teaching music therapy at the undergraduate level. The degree also prepares graduates for study in music therapy at the doctoral level. Representative: Ellen Evans

### **University of Kentucky**

The University of Kentucky (UK), Masters of Music in Music Therapy. Students enjoy access to top-notch resources for research and clinical training, have the opportunity to earn the NICU-MT designation, and may pursue a specialized graduate certificate. Assistantships are available. Representative: Olivia Yinger

### **West Music Company**

West Music is your complete Music Therapy resource, with an extensive collection of musical instruments, accessories, movement props, and print materials to help all people play now, and play for life! Representative: Tereasa Evans

### **We Play Well Together**

Beautiful handmade music instruments from European music instrument makers from Germany and France: feltone; Monochords, wooden tongue drums from handheld to XXL; Hokema Kalimbas: kalimbas in different tunings from 5 to 17 tines and Sansulas which are Kalimbas mounted on a drum frame; Metal Sounds: Spacedrum handpans in stainless or nitrided steel and Zenko metal tongue drums; Koshi and Zaphir chimes. Representative: Gabriele Schwibach

### **Western Illinois University School of Music**

Western Illinois University School of Music is where passion, purpose, commitment, and connection are our guiding tenets. We have a faculty of musician-teachers dedicated to your success. We are here to help you develop your creativity, self-discipline, musicianship, entrepreneurship, and communication skills to succeed in your career. We are committed to diversity. We value connection through favorable teacher to student ratios, a connected alumni network, and opportunities to work together in music across your studies. We offer bachelors and masters degrees in music, including options in music therapy, music business, music education, and several applied options, such as jazz studies, composition, musicology, and performance. [www.wiu.edu/music](http://www.wiu.edu/music) Representative: Jennifer Jones



## RESEARCH REVIEW: AN AMTA E-COURSE SERIES

# A NEW AMTA MEMBER BENEFIT

AFFORDABLE, CONVENIENT,  
ONLINE CMTE CREDITS FROM AMTA

AMTA Members:

We know you need affordable, easy ways to earn CMTE credits and we know you value the research journals. Now you can combine the two: earn credits while interacting with research!



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TO USE THIS IMPORTANT MEMBER BENEFIT!

These & other opportunities for low-cost CMTE credits at  
[www.musictherapy.org](http://www.musictherapy.org)  
Education & Careers>Continuing Music Therapy Education





A leader in Music Therapy education since 1983



### Master of Arts in Music Therapy

- Develop advanced clinical skills
- Learn from internationally renowned music therapy experts
- Spend limited time on campus
- Graduate assistantships available

[smwc.edu/mamt](http://smwc.edu/mamt)

### Music Therapy Equivalency Distance Program

- Spend limited time on campus
- Get clinical training in your geographic area
- Enjoy a supportive peer network

[smwc.edu/mtd](http://smwc.edu/mtd)

SAINT MARY-OF-THE-WOODS COLLEGE

Discover the top downloaded articles from the AMTA Journals



[bit.ly/BestofAMTA](http://bit.ly/BestofAMTA)





## Empower yourself through board certification

- Integrate and apply new knowledge in your practice
- Further develop your interventional skillsets
- Connect with music therapists to advance your career and the profession

#boardcertification

## Enhance your clinical knowledge

Maintain your certification through:

- Continuing education
- Professional development
- Professional service opportunities

#checkthechart

cbmt.org

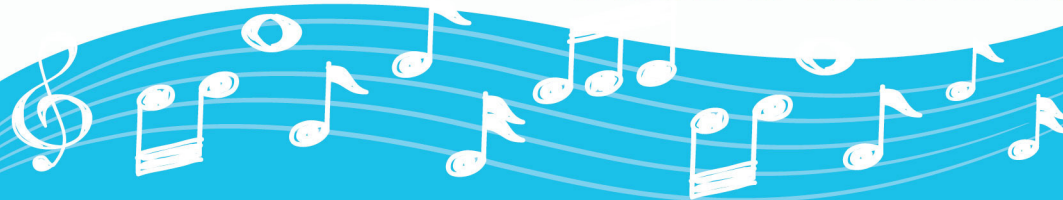


## Celebrate Being a Music Therapist



# Music Therapy

## Resource Room



The **KidLinks MT Resource Room** is a digital library of resources that music therapy professionals, educators, and students can access when looking for new ideas, techniques and content.

You'll find interventions, boom cards, MT articles, and more!

[www.KidLinks.org/community](http://www.KidLinks.org/community)



### Celebrate the origins of music and medicine with IAMM in Athens, Greece!

7th international Conference of the International Association for Music & Medicine (IAMM)

will take place in person and online

May 27th to 29th in Athens

May 30th to June 3rd online

[iammonline.com/iamm2022](http://iammonline.com/iamm2022)



### Join IAMM for discounted conference registration +

subscription to IAMM's official journal, Music & Medicine

access to online programming through the year e.g. Global Cafés, Book Club, Special

Interest Groups, online webinars and presentations

[iammonline.com/join-us](http://iammonline.com/join-us)

See website for blogs, recordings, and further information about IAMM  
[iammonline.com](http://iammonline.com)

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## Personalized. Passionate. GC Music.

### MUSIC THERAPY DEGREE PROGRAMS AT GEORGIA COLLEGE

Georgia College offers three music therapy degree programs with different learning options. Bachelor of Music Therapy (BMT) with coursework on campus, Masters of Music Therapy Equivalency (MMT) with on-campus coursework in addition to online graduate coursework, and Masters of Music Therapy with fully online coursework.

- **One of only 10 AMTA approved schools** that has an online distant option for MMT students.
- **Gain advanced skills** and knowledge in music therapy.
- **One-on-one mentorship** with music therapy faculty.
- **Limited graduate assistantships** available for board certified music therapists interested in supervising music therapy practicum students.

[music.gcsu.edu](http://music.gcsu.edu)

### FOR MORE INFORMATION, CONTACT:

**BMT** — Katie Whipple

[katie.whipple@gcsu.edu](mailto:katie.whipple@gcsu.edu) • [www.gcsu.edu/bmt](http://www.gcsu.edu/bmt)

**MMT/MMT Equivalency** — Laurie Peebles

[laurie.peebles@gcsu.edu](mailto:laurie.peebles@gcsu.edu) • [www.gcsu.edu/mmt](http://www.gcsu.edu/mmt)

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**High Quality Music and Therapy instruments**

- Hokema Kalimbas
- Metal Sounds
- feltone




[www.weplaywelltogether.com](http://www.weplaywelltogether.com)



**Free Resource For Music Therapists to Engage and Empower Their Chronic Illness Communities to Grieve and Thrive**

I am Lisa Sniderman, an award-winning artist battling chronic illness for more than 13 years. I created a powerful spoken word audiobook: "The Grieving Project" that sets the stages of grief to music, and secured a grant to donate the CD to music, art therapy and child life programs at hospitals, institutions and mental health/health organizations in the United States. I am seeking music therapists who are interested in receiving a **FREE CD** and using expressive art and music to engage their chronic illness community clients and patients to help them grieve and thrive. If interested, please contact [lis@aoedemuse.com](mailto:lis@aoedemuse.com). Thank you!

**<https://alightinthedarkness.info/the-grieving-project>**

# Western Illinois University

## MUSIC THERAPY

### BACHELOR OF MUSIC MUSIC THERAPY

- Study the latest clinical approaches to prepare for healthcare, education, and community settings
- Develop your skills through study of music, research, clinical training, and fieldwork
- Engage with community practicum placements throughout coursework

### AUDITIONS

December 11      February 21  
January 15        April 2  
February 5

[wiu.edu/music](http://wiu.edu/music) |    

### FACULTY



**DR. JENNIFER JONES**  
PhD, MT-BC  
Director, Music Therapy



**EMILY SEVCIK**  
MSEd, LPC, MT-BC  
Assistant Professor



**DENISE COOVERT**  
MM, MT-BC  
Faculty Assistant

### CONTACT

[jd-jones2@wiu.edu](mailto:jd-jones2@wiu.edu) | 309.298.1087



Western Illinois  
University  
SCHOOL OF MUSIC



## UNIVERSITY OF KENTUCKY MUSIC THERAPY

### MM in Music Therapy

Olivia Swedberg Yinger | Alaine Reschke-Hernández | Austin Robinson

- earn your NICU Music Therapist designation
- obtain a specialized graduate certificate
- enjoy access to top quality research & clinical training resources

**Graduate assistantship & scholarship opportunities available**

Interviews: January & February 2022

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[finearts.uky.edu/music/music-therapy](http://finearts.uky.edu/music/music-therapy)





# Enlighten CE

Founded by Dr. Russell Hilliard, EnlightenCE's mission is to provide creative continuing education to enlighten healthcare professionals. Our vision is to inspire and inform care provision through meaningful and enlightening continuing education. We offer virtual and in-person CMTE opportunities for music therapists working in all populations - to include professional designation with certificates in Trauma-Informed Music Therapy Practice from *The Center for Trauma-Informed Music Therapy Practice* and Hospice & Palliative Care Music Therapy from *The Center for Music Therapy in End of Life Care*, both divisions of EnlightenCE.

*Please visit our website and social media to learn more!*



Enlighten CE

[ [www.enlighten-ce.org](http://www.enlighten-ce.org) ]



enlighten\_ce

## *Earn Your Professional Designation with A Certificate in End of Life Care Music Therapy!*

Since 2005, we have been dedicated to providing board-certified music therapists with a dynamic educational experiences helping them prepare to serve people with terminal illnesses, their families and their communities through the continuum of end of life and bereavement.

In March 2020, we were forced to make big changes in how we offer our courses as it was not safe to meet in person due to the pandemic. We are thrilled to announce that we will have virtual offerings of our foundation courses to allow MT-BCs to continue their advanced training in End of Life Care Music Therapy.

We do \*HOPE\* to return to some in-person learning in 2022!  
Please be sure to follow us on social media to stay informed.

*Visit our website for  
more details and info!*

The Center for Music Therapy  
in End of Life Care 

[www.hospicemusictherapy.org](http://www.hospicemusictherapy.org)

# Membership in AMTA

EVERY PROFESSION NEEDS A STRONG AND VIBRANT ASSOCIATION SUPPORTING ITS PROFESSIONALS.



## ADVOCACY

A strong national voice seeking recognition and support for music therapists and music therapy clients.



## RESOURCES

Resources, tools, and educational materials to improve and promote your practice.



## TRAINING

Saves you money on conferences, books, free and low-cost CMTE credits, and provide high quality education for music therapy professionals.



## SERVICES

Provides referrals, job hotline, fact sheets, tips, tutorials, and data to grow your business or improve your employment.



## RESEARCH

Publishes a robust body of research, which promotes the efficacy of music therapy for consumers and decision-makers.



## SUPPORT

Nurtures your music therapy community to preserve, protect, and expand the profession.



## PUBLICATIONS

Journals, newsletters, podcasts, books, and news alerts to increase the body of music therapy education.



## COMMUNITY

Meet and work with others, join a region, attend a conference, be part of a large professional network, and more!



Join AMTA in 2022 at [www.musictherapy.org](http://www.musictherapy.org)

## CONFERENCE CODE OF CONDUCT, POLICIES, ATTENDEE INFO

**Accommodations for Persons with Disabilities:** AMTA is committed to supporting full participation for conference attendees with disabilities. Every attempt is made for full compliance with the Americans with Disabilities Act and beyond. If you should require accommodations to participate in the conference, please indicate your needs by contacting the AMTA National Office as soon as feasible and prior to the conference to be discussed and all attempts to address made before the conference begins. Every attempt will be made to ensure satisfactory participation. Please bring your confidential requests, questions, or concerns, directly to AMTA Conference Director Cindy Smith, [smith@musictherapy.org](mailto:smith@musictherapy.org), to allow reasonable accommodations to be fully considered based on individual needs.

**Conference Code of Conduct:** The American Music Therapy Association expects that all AMTA annual conference attendees (either virtual or in-person) will promote a safe and ethical environment along with a culture of civility and kindness, treating all with dignity and respect. Harassment, bullying, or discrimination of any kind is not tolerated. Please use professional behavior with all – including friends, colleagues, volunteers, conference attendees, guests, staff, and anyone you come into contact with, so that everyone can enjoy this conference to the fullest extent possible. Volunteers and staff work hard to ensure everyone has a positive conference experience. Attendees at the AMTA conference should expect to hold to a professional code of conduct that is consistent with the AMTA Code of Ethics and represent the music therapy profession in a positive light. Attendees should be prepared to adhere to directions and signs provided for safety concerns, respect open and closed special events or sessions, follow CBMT guidelines for earning CMTE credits, and participate as outlined in special events run by volunteers and staff, etc. Remember that special guests, clients, students, and others not affiliated with the conference may be in the attendance and their perception of the music therapy profession is affected by the way music therapists present themselves. AMTA reserves the right to remove anyone found not in compliance with the Code of Conduct.

**Virtual Programs:** AMTA is committed to providing a safe, productive, and welcoming environment for all participants and AMTA staff in the virtual environment. All participants, including, but not limited to, attendees, speakers, volunteers, industry partners, exhibitors, AMTA staff members, service providers, and all others are expected to abide by this Virtual Programs Code of Conduct. This Policy applies to all AMTA conference events, including those sponsored by organizations other than AMTA but held in conjunction with AMTA conference, on public or private platforms. AMTA has zero-tolerance for any form of discrimination or harassment, including but not limited to sexual harassment by participants or our staff at our meetings.

If you experience harassment or hear of any incidents of unacceptable behavior, AMTA asks that you contact Cindy Smith, AMTA Conference Director, [smith@musictherapy.org](mailto:smith@musictherapy.org) or Andrea Dalton, Vice President-Elect, AMTA Board of Directors, [andreadaltonmtbc@gmail.com](mailto:andreadaltonmtbc@gmail.com), so that we may take the appropriate action. Unacceptable Behavior is defined as:

- Harassment, intimidation, or discrimination in any form.
- Verbal abuse of any attendee, speaker, volunteer, industry partner exhibitor, staff member, service provider, or guest.
- Examples of verbal abuse include, but are not limited to, verbal comments related to gender, sexual orientation, disability, physical appearance, body size, race, religion, national origin, inappropriate use of nudity and/or sexual images in public spaces or in presentations, or threatening or stalking any attendee, speaker, volunteer, industry partner, exhibitor, staff member, service provider, or other meeting guest.

In addition, participants are asked to adhere to the following:

- The recording or transmission of any education sessions, presentations, demos, videos, or content in any format is strictly prohibited.
- Disruption of presentations during sessions, in the exhibit hall, or at other events organized by AMTA throughout the virtual meeting. All participants must comply with the instructions of the moderator and any virtual event staff.
- Presentations, postings, and messages should not contain promotional materials, special offers, job offers, product announcements, or solicitation for services. AMTA reserves the right to remove such messages and potentially ban sources of those solicitations.
- Any direct selling of products/services offered by speakers, industry partners, or consultants in any public area of the virtual platform is prohibited. Many of the engagement conversations are based around knowledge and expertise and are not categorized a direct sales pitch. Selling must be conducted during mutually agreed upon private video, audio, or text conversations.
- Participants should not copy or take screen shots of Q&A or chat room activity that takes place in the virtual space.
- AMTA reserves the right to remove verbal or written communications from any chat, session, recording, or other places on the platform that violate these policies.

AMTA reserves the right to take any action deemed necessary and appropriate, including immediate removal from the meeting without warning or refund, in response to any incident of unacceptable behavior, and AMTA reserves the right to prohibit attendance at any future meeting, virtually or in person. Please review AMTA's Anti-Harassment ([https://www.musictherapy.org/members/amta\\_antiharassment\\_policy/](https://www.musictherapy.org/members/amta_antiharassment_policy/)) and Non-Discrimination ([https://www.musictherapy.org/about/nondiscrimination\\_and\\_equal\\_opportunity\\_policy/](https://www.musictherapy.org/about/nondiscrimination_and_equal_opportunity_policy/)) policies. AMTA members and all participating in

## CONFERENCE CODE OF CONDUCT, POLICIES, ATTENDEE INFO

AMTA events are expected to follow AMTA's Code of Ethics (<https://www.musictherapy.org/about/ethics/>).

**Cancellation/Refund Policy:** Refunds for cancellations of any conference activities should be sent via email to [conference@musictherapy.org](mailto:conference@musictherapy.org). 80% of fees will be refunded if the request is received no later than 9/01/21, 50% if the request is postmarked 9/02/21–10/10/21. NO REFUNDS will be made after 10/10/21. Refund processing begins approximately 5 days after the conclusion of the conference and takes 3-6 weeks. If you paid by credit card you will receive a refund back to the card. If you paid by check you will receive a refund by check. Please provide a valid postal address where your check may be sent. Note that most banks will not cash checks older than 90 days so you should plan to present your check for payment as soon as you receive it. Checks uncashed after 120 days will be voided.

**Add-On Courses for CMTE or CEU Credit:** Additional courses for CMTE credit are offered at a low-cost rate in conjunction with conference registration. To enroll in an additional course, you must be registered for the conference on at least the day the course is scheduled. Please remember that you are required to follow all the CBMT, presenter, and proctor guidelines and instructions in order to obtain your Certificate of Attendance for CMTE or CEU credit. In some cases, courses are offered for free to current AMTA members and others. While the registration for these indicated courses is free, there may be a \$20 processing fee assessed to ensure attendance and participation, as well as cover the cost of handling your registration. **LCAT CEU Hours:** Approval for NY State LCAT CEU hours is pending for some sessions under provider #CAT-0055.

**Statement of Relationship to CBMT:** This conference is approved by the Certification Board for Music Therapists (CBMT) for 5 Continuing Music Therapy Education (CMTE) credits. Additional courses ("Add-on Courses") are approved by the CBMT for the specified number of CMTE credits. AMTA (#P-051) maintains responsibility for program quality and adherence to CBMT policies and criteria. Complete session information, learning objectives, pre-requisites, qualifications and credentials of instructors, will be posted in the conference registration module under each session's description as soon as available.

**Privacy:** The information you share with us via the AMTA registration website WILL NOT be shared with or sold to any third-party outside of the AMTA. However, AMTA staff may share this information with AMTA vendors, who have agreed to appropriate data protection and data security measures.

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accessed by conference attendees as part of continuing professional development, education, and related professional activities. Sessions may not be duplicated, shared, or distributed. Presenters are responsible for the content of their sessions in keeping with AMTA's mission, professional standards, applicable laws, ethics, and values. Views expressed at this conference are presenters' own and do not necessarily reflect the view of AMTA or its Board of Directors. AMTA reserves the right to edit videos and chat recorded at its events. Reference to any specific firm, product, process, or service by trade name, trademark, service mark, manufacturer, or other does not constitute or imply endorsement, recommendation, or favoring by AMTA.

### Anti-harassment Resources for Support

- The 5D's of Bystander Intervention - Hollaback! (<https://www.ihollaback.org/bystander-resources/>)
- Show Up, Your Guide to Bystander Intervention - Hollaback! in collaboration with CUP ([https://www.ihollaback.org/app/uploads/2016/11/Show-Up\\_CUPxHollaback.pdf](https://www.ihollaback.org/app/uploads/2016/11/Show-Up_CUPxHollaback.pdf))
- How to Respond to Street Harassment - Hollaback! To respond to gender-based harassment however, tactics are applicable to all forms of harassment. (<https://www.ihollaback.org/responding-to-harassers/>)
- Responding to Online Harassment, Do's and Don'ts - Hollaback! in collaboration with #ICANHELP, Project HEAR, and the Dangerous Speech Project (<https://www.ihollaback.org/blog/2017/09/27/counterspeech-dos-donts/>)
- Self-care for People Experiencing Harassment - Hollaback! ([https://iheartmob.org/resources/self\\_care](https://iheartmob.org/resources/self_care))
- Technical Safety Guide - Hollaback! (<https://iheartmob.org/resources/tech>)
- HeartMob, a community dedicated to helping those experiencing online harassment - Hollaback! (<https://iheartmob.org/>)
- Coronavirus/COVID-19 Resources to Stand Against Racism - Asian Americans Advancing Justice | AAJC (<https://advancingjustice-aajc.org/covid19>)
- Stand Against Hatred Tracker - Asian Americans Advancing Justice (<https://www.standagainsthared.org/>)
- Resources for the Asian American Community on Anti-Blackness - Asian Americans Advancing Justice | AAJC (<https://advancingjustice-aajc.org/publication/resources-asian-american-community-anti-blackness>)
- A Mental Wellness Activity Book for Asian Americans - Asian and Asian American Studies Institute and IAMNOTAVIRUS
- How to be Assertive - MindTools (<https://www.mindtools.com/pages/article/Assertiveness.htm>)
- Bystander Intervention Training resources - Carleton College (<https://serc.carleton.edu/advancegeo/resources/training.html>)
- How to Intervene if Someone is Being Harassed - American Friends Service Committee (<https://www.afsc.org/bystanderintervention>)
- Bystander Intervention Resources - National Sexual Violence Resource Center (<https://www.nsvrc.org/bystander-intervention-resources>)
- Bystander Approaches to Sexual Harassment in the Workplace - Australian Human Rights Commission ([https://humanrights.gov.au/sites/default/files/content/sexualharassment/bystander/bystander\\_june2012.pdf](https://humanrights.gov.au/sites/default/files/content/sexualharassment/bystander/bystander_june2012.pdf))



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