

AMTA's 2015 Conference:  
Music Therapy:  
A Continuum of Growth



**PRELIMINARY PROGRAM  
ADDENDUM**

*Opening Session Begins on November 12, 2015*

## The Quick Conference Scoop to Register By the October 7th Deadline

1. To save on professional registration, you must register by October 7<sup>th</sup>.

Register NOW at [www.musictherapy.org](http://www.musictherapy.org) and click on the “Attend a Conference” button on the left side of the page.

2. You do not have to register early for pre-conference sessions to avoid a price increase, however, some sessions do have a limit: GIM, International Neurologic Music Therapy Fellowship Training, First Sounds and Rhythm Breath and Lullaby and Reiki Level 1. Registration is on a first-come, first-served basis. Member discounts are available to current, 2015 members attending the conference.

3. Please stay in the AMTA room block at the **Sheraton Kansas City Hotel at Crown Center**. Besides being more fun and a great networking opportunity, it helps offset costs of meeting space, Wi-Fi, exhibit space and makes the conference less expensive for this and future events. You can book a room now at [www.musictherapy.org](http://www.musictherapy.org). Click the “Attend a Conference” button on the left side of the page or go to Events>AMTA Annual Conference.

4. Southwest Airlines offers great rates to Kansas City.

5. <http://groups.supershuttle.com/americanmusictherapyassociation.html>

Book your SuperShuttle reservation to/from the Kansas City Sheraton Crown Center now to receive the \$6 discount. The American Music Therapy Association rate is \$30 round-trip, per person, shared-ride.

Upon arrival at MCI (KCI), collect your luggage, and then check in at the SuperShuttle booth/kiosk located across from each baggage claim area. Terminal B at gate 31, 50 or 60 and Terminal C at gate 61, 72 or 80.

Or call 1-800 BLUE VAN (258-3826) to book reservations and provide the agent with your discount code **KEX8G**.

Discount code is valid for travel November 4th - 22nd, 2015.

6. The schedule will change. The final program will be made available a few days before the conference at [www.musictherapy.org](http://www.musictherapy.org)

## Trending Topics at the AMTA Conference

(listed by topic number in Concurrent Session Schedule)

### **Trending Topics #1: Skills (Friday, 7:30-8:45) Kirby Carruth, Facilitator**

- Searching for Funding Opportunities: Finding the Right Grantmaker for Your Project; *Presenter(s): Jessica Donley*
- Implementing and Generalizing Improvised Song Interventions: A Conceptual Framework; *Presenter(s): Kayla C. Daly, LMHC, MT-BC*
- Using Thematic Analysis to Assist in Selecting Popular Music for Song Discussion; *Presenter(s): Ashley Taul, MMT, MT-BC; Chelsea Waddelow, MMT, MT-BC*
- Therapeutic Efficacy of Violin Playing Techniques and the Human Voice; *Presenter(s): Tsz Hei Fatima Chan, MME, MT-BC*
- Promoting Wellness: The Role of Music Therapy in Undergraduate General Education; *Presenter(s): Linda M. Wright-Bower, MS, MT-BC*
- Resilience Over Burnout: Self-Care Practices for Music Therapists Working With Traumatized Clients; *Presenter(s): Ami Kunimura, MT-BC*
- Relationships Between Music Therapy Graduates' Perceptions of Undergraduate Curricula and Graduation Outcomes; *Presenter(s): Stephanie Epstein, MM, MT-BC*

### **Trending Topics #2: Hospice/Memory/Palliative Care (Friday, 5:00-6:15) Sandi Curtis, Facilitator**

- Bereavement Music Therapy; *Presenter(s): Lauren DiMaio MMT, MT-BC, Noah Potvin, MMT, LPC, MT-BC*
- Music Therapy during Bathing of ALF Residents with Dementia: Research Results; *Presenter(s): Laura Hagerty, MT-BC*
- Creating BOOMING Music Therapy Programs Featuring Percussion for Individuals Living with Dementia; *Presenter(s): Becky Watson, MBA, MT-BC*
- Paradoxes and Repetition: New Research in Music Cognition; *Presenter(s): Daniel Goldschmidt, MT-BC*
- Exploring Clinical Relationships with Music and Imagery; *Presenter(s): Heather J. Wagner, PhD, MT-BC*

### **Trending Topics #3: Adults (Saturday, 11:00-12:15) Michelle Hairston, Facilitator**

- Neurologic Music Therapy for Forensic Patients Suffering from Schizophrenia; *Presenter(s): Gerben Roefs, MMTh, RMTh*
- Queering Music: Toward a Queer Music Therapy: The Implications of Queer Theory for Radically Inclusive Music Therapy; *Presenter(s): Candice Bain, MT-BC*
- Functions of Music in Ghana: Naturalistic Inquiry through the Music Therapist's Lens; *Presenter(s): Amy L. Dunlap, MT-BC*
- Secure Attachment Bonds in Adoptive Families; *Presenter(s): Erin L. McAlpin, MA, MT-BC*
- Beating the Clock: Implementing a Comprehensive Rehab Assessment in Under 30 Minutes; *Presenter(s): Kirsten Schick, MT-BC*
- Entrainment: Beyond the Clinic. How to Adjust to Changes in Your Career; *Presenter(s): Tim Ringgold, MT-BC*

### **Trending Topics #4: Professional (Saturday, 1:30-2:45) Cheryl Stephenson, Facilitator**

- The Dynamic Music Therapist: Communicating With Impact; *Presenter(s): Bridgett Holmes, MA, MT-BC*
- The Right Stuff: Values in Proper Place to Guide Business Techniques; *Presenter(s): Hakeem Leonard, PhD, MT-BC*
- What?! That matters? The Importance of Positive Disposition; *Presenter(s): Carol Olszewski, MA, MT-BC; Deborah Layman, MM, MT-BC; Andrea Crimmins, PhD, MT-BC*

*Current as of September 25, 2015. Information subject to change. The online registration system has the most current and up-to-date information. Session times may conflict; check schedule carefully as you register.*

- Effective Communication: Advocacy in 10 Words or Less; *Presenter(s): Michelle Montgomery Muth, MT-BC*
- Social Media Made Easy for Music Therapists; *Presenter(s): Julie A. Palmieri, MM, MT-BC*
- How to Create and Present a Top Notch Presentation on Music Therapy; *Presenter(s): Sally Bonkrude, MA, LPC, MT-BC*

**Trending Topics #5: School Aged & Secondary Education (Saturday 3:00-4:15) Jean Nemeth, Facilitator**

- Using Music Therapy to Promote Literacy for Students with Developmental Disabilities; *Presenter(s): Diane Hannibal, MME, MT-BC*
- Clinical Clarinet Improvisation with Adolescents with Severe and Profound Limitations; *Presenter(s): Charlay Yates, MA, MT-BC*
- Music Therapy and the Music Educator: Working Together to Support Inclusive Classrooms; *Presenter(s): Tracy Wanamaker, MEd, MT-BC*
- Obstacles or Openings? Creating Opportunities for Making Musical Connections with Children with Autism Spectrum Disorders (ASD); *Presenter(s): Jill Lucente, MS, LCAT, MT-BC*
- Current Trends of Music Therapy in Schools: A Mixed Method Demographic Study; *Presenter(s): Tammy Takaishi, MEd, MT-BC*
- Autism Discourse: Ethically Navigating Hot Button Topics in the Autism Community; *Presenter(s): Jamie George, MM, LPMT, MT-BC; Casey DePriest, MT-BC*
- From Orphan to Sage: Music Therapy, Adolescence, and the Hero's Journey; *Presenter(s): Michael Viega, PhD, LCAT, MT-BC*

**Trending Topics #6: Medical (Sunday, 9:00-10:15), Michele Erich, Facilitator**

- Music Therapy for Individuals with Head and Neck Cancer: A Team Approach; *Presenter(s): Ronald Walker, MD; Crystal Weaver, MS, CRC, MT-BC; Andrew Dwiggins, MT-BC*
- Algorithm Approach: Mapping the Application of NMT Sensorimotor Techniques; *Presenter(s): Sandra L. Holten, MT-BC; Patricia Hickie, MT-BC*
- Music Preferences, Individual Variability, and Music as Multi-Axis Paradigm for Context-Specific Pain; *Presenter(s): Xueli Tan, PhD, MT-BC*
- Moving Beyond Distraction: Music Therapy as Procedural Support; *Presenter(s): Gabriela S. Ortiz, MS, MT-BC; Angel Park, MS, LCAT, MT-BC*
- MRI Motion Imaging of Singing as a Basis of Music Therapy Applications; *Presenter(s): Eri Haneishi, PhD, MT-BC*
- NICU Sibling Group: Journey from Program Proposal to Implementation; *Presenter(s): Julie E. Avirett, MM, MT-BC*

## CMTE Courses & Intensive Trainings with Learner Objectives

*CMTE courses and special intensive training opportunities are available in addition to the conference and concurrent session schedule. Pre-registration and additional fees are required for these courses. You do not have to register early for pre-conference sessions to avoid a price increase, however, some sessions do have a limit: GIM, International Neurologic Music Therapy Fellowship Training, First Sounds and Rhythm Breath and Lullaby and Reiki Level 1. Registration is on a first-come, first-served basis.*

### **CMTE A: Music Therapy through the Pre-Bereavement/Bereavement Continuum with Adults, Youths, and Professionals**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Lauren DiMaio MMT, MT-BC; Noah Potvin, MMT, LPC, MT-BC; Deb Dempsey, MMT, LPCA, MT-BC

Bereavement is a multiphase process of adjustment, maintenance, and transcendence through death. This workshop explores pre-bereavement and bereavement from the perspective of adults, youths, and professionals. Recent research, inside and outside of music therapy, is discussed using case studies, theories of grief and relevant musical applications to further understanding.

#### **Learner Objectives:**

Participants will be able to evaluate appropriateness of grief referrals for their scope of practice. I.A.2.

Participants will be able to assess grief needs of client within a variety of domains that reflect the participants' music therapy orientation and grief theories. I.B.10.

Participants will be able to facilitate music experiences that reflect the griever's culture and relationship to music. I.D.9

Participants will learn how termination interacts with grief and will be able to address the griever's needs throughout termination process. II.C.3.

#### **Biography:**

Lauren DiMaio is the bereavement manager and internship director for CarePartners Hospice. She is also a doctoral candidate in music therapy at Temple University. She has published and presented numerous on these topics.

Noah Potvin is a doctoral candidate in creative arts therapies at Drexel University. He serves AMTA in various capacities, and has published and presented on clinical and theoretical development in music therapy and end-of-life care.

Deb Dempsey has worked in hospice and palliative care for pediatrics and adults, and currently works with youth in bereavement. Deb holds Masters Degrees in Music Therapy and Clinical Mental Health Counseling.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **CMTE B: BrainTuning: Improving Attention, Memory, and Executive Function Using Evidence-Based Music Strategies**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: James C. Gardiner, PhD, ABN; Joshua Schrader, MT-BC

You are invited to experience evidence-based, music-enhanced training that helps improve your attention, memory, and problem-solving, then teaches you how to use the training to improve the cognitive skills of your students and clients. It is taught by a music therapist and a neuropsychologist.

#### **Learner Objectives:**

As a result of attending this training, participants will be able to

Identify and teach others the three forms of attention and lead two or more musical exercises for improving their clients' attention skills. II.A.2.k.

List six methods for remembering information and lead two or more musical exercises to improve the memory skills of their clients. II.A.2.y.

Understand the nature of executive function and be able to lead two or more musical exercises to improve their clients' executive function skills. II.A.2.q.

#### **Biography:**

James Gardiner is a neuropsychologist and professional musician in Rapid City, South Dakota, who has developed, implemented, and researched musical interventions to improve memory, attention, executive function, and psychosocial skills.

Joshua Schrader is a board-certified music therapist and licensed music educator who owns a music therapy practice in the Washington, D.C. metropolitan area.

### **CMTE C: Repurposing Trash into Treasure: From Steel Pan to Emotional Issues**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Jean Raabe, Med, MBA, MT-BC; Lee Anna Rasar, MME, WMTR, MT-BC

This session will examine therapeutic applications of steel pan and extempo music for a variety of populations and will include ethical considerations. Standards of Clinical Practice goal-based improvisational activities will include hands-on experiences across traditional styles as well as modern versions of the music.

#### **Learner Objectives:**

Use elements of steel pan music to design music therapy experiences that address client goals and objectives based on research and the needs, values and preferences of the client. I.D.10 & 11; II.A.5.a.

Use improvisation and a varied repertoire, including extempo style, on steel pan and traditional instruments to apply harmonic progressions. I.A.5.d. & ac); II.A.2.aa.

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## CMTE Courses & Intensive Trainings with Learner Objectives

Use improvisation to address client's affect, emotions, moods, executive functions and interactive responses. II.A.2.g,q,w and av; II.A.5.o

Integrate voice, keyboard, guitar and percussion instruments with steel pan and extempo music to achieve therapeutic goals using a varied musical repertoire. II.A.5.i.; IV.A.6

### **Biography:**

Jean Raabe is a music therapist who has played in steel pan groups for 21 years in Trinidad and was an international competition winner.

Lee Anna Rasar teaches on steel pan music at a university and is a music therapist who has used applications of this music in a variety of clinical settings.

### **CMTE D: Experiential Education in Music Therapy: Approaches for Deepening Clinical Awareness and Competence**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Susan Gardstrom, PhD, MT-BC; James Hiller, PhD, MT-BC; Nancy Jackson, PhD, MT-BC; Kathleen M. Murphy, PhD, LPC, LCAT, MT-BC; Patricia Winter, PhD, MT-BC

Experiential methods used within music therapy education are a high-impact pedagogical technique that facilitates student growth in the following areas: active clinical musicianship, analysis and interpretation of clinical music (enhanced listening), understanding group dynamics and processes, self-reflection and awareness, empathy, critical thinking and cultural competence.

### **Learner Objectives:**

Music therapy educators are charged with addressing all of the Board-Certification Domains within the undergraduate curriculum; therefore, participants will be engaged in looking deeply at their current teaching practices to identify areas where experiential approaches and techniques will impact student understanding and competence within the Board-Certification Domains. Participants will work with the presenters to collectively develop effective, high-impact experiential educational practices relevant to these domains. Ethical implications of experiential education will be discussed.

This CMTE will also support participants in their further development within the College/University Teaching Advanced Competencies as outlined by the American Music Therapy Association to include the following competencies:

5.1: Design academic curricula, courses, and clinical training programs in music therapy consistent with current theories, research, competencies, and standards including those for national accreditation and program approval. II.A.3, III.B3; IV.A.1., IV.A.3; IV.A.6, IV.B.14

5.4: Establish and maintain effective student-teacher relationships. II.A.1.a-h, IV.B.4

5.7: Utilize various methods of teaching (e.g., lecture, demonstration, role-playing, group discussion, collaborative learning). II.A.2.a,b,f,g,u,aa,ac,ak,aq,ba; III.B.3,6; IV.A.2

5.8: Supervise and mentor students in clinical training, supervision, teaching, and research. I.B.1,3.a-h, I.B.7,12,13.a-d, D.10,11,15; III.B.11. IV.A.4; IV.B.11

## CMTE Courses & Intensive Trainings with Learner Objectives

### **Biography:**

Susan C. Gardstrom is Professor and Coordinator of Music Therapy at the University of Dayton. Clientele served include adjudicated adolescents, children with physical disabilities and autism, and adults with addictions.

Nancy A. Jackson is a board certified music therapist with more than 20 years of clinical experience working with people in mental health and medical settings. She is Associate Professor of Music, and Director of Music Therapy at Indiana University - Purdue University Fort Wayne.

James Hiller is an Assistant Professor of Music Therapy at the University of Dayton in Ohio where he teaches core music therapy courses and provides clinical supervision. Jim's scholarly interests include exploration of theoretical foundations of music therapy practice, music as a therapeutic medium, emotion in music, and clinical improvisation methods.

Kathleen M. Murphy is an assistant professor of music therapy at the University of Evansville. Additionally, she maintains a clinical practice and is engaged in research related to music therapy and substance dependence.

Patricia J. Winter, an assistant professor of music at Radford University, has over 15 years of clinical music therapy experience with clients across the developmental continuum.

### **CMTE E: Get Up Offa That Thing - Clinical Applications of Movement and Dance**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Caryl Beth Thomas, MA, LMHC, ACMT; Lorrie Kubicek, MT-BC

This experiential and feet/body/hands-on workshop will cover a wide range of clinical movement and music experiences with clinical populations including children, adolescents, and adults that may be applied to various clinical populations. We also hope to teach, encourage and support the use of movement as a vital form of self-care for music therapy professionals as well.

### **Learner Objectives:**

Participants will have myriad opportunities to view, discuss and explore the use of movement as an essential clinical skill for music therapists in a variety of clinical populations. II.A.5.q,r,z and ac; II.A.2d,g,k,o,r,s,u,v,w,x,y,z,ac,ag,am,al,ao,ap,ar,av,ay,bd

Participants will have the opportunity to explore movement and music as a vital form of self-care. IV.A.1, 3

### **Biography:**

Caryl Beth Thomas works at the Lemuel Shattuck Hospital, Jamaica Plain, MA, in the Metro-Boston Mental Health Units and has many years of experience utilizing music and movement as a Music Therapist.

Lorrie Kubicek works at Mass General Hospital in Boston, MA, with adults, adolescents and children and has a long history of incorporating dance and drama into her music therapy practice.



## CMTE Courses & Intensive Trainings with Learner Objectives

### **CMTE F: Growing Your Music Therapy Business to the Next Level**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Kymla J. Eubanks, MMT, MT-BC; Kat Fulton, MM, MT-BC

The most difficult part of owning a business is prioritizing your time. School doesn't prepare us for running a business. So, once you've mastered Business Level One, how should you grow? In this jam-packed Business Level Two training, we tackle these questions and more on prioritization, development, hiring, and budgeting.

#### **Learner Objectives:**

Participants will identify 3 differences in hiring employees versus contracting with music therapists. IV.B.8-9

Participants will complete a business needs assessment. IV.B.16

Participants will complete a budget. IV.B.17

Participants will identify two different supervision/staff support models. IV.B.11

#### **Biography:**

Kymla Eubanks is CEO of Higher Octave Healing in Tempe, Arizona. She has developed businesses with multiple models and has a background in non-profit leadership management and partnership development.

Affectionately referred to as "Bjork of Music Therapy," Kat Fulton is the visionary behind a website that has changed the way thousands of therapists get continuing education at MusicTherapyEd.com.

### **CMTE G: Fulfilling the Promise of IDEA: Making Music Therapy Happen in Public Education**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Elizabeth K. Schwartz, MA, LCAT, MT-BC; Minda K. Gordon, MT-BC; Meredith R. Pizzi, MT-BC; Emily J. Wangen, MT-BC/L

This session will share the latest changes in IDEA regulations and clarifications pertaining to music therapy in special education and provide current resources for advocacy at the state and local levels. Participants will get up-to-date tools to support music therapy and accurate information to share with families and other professionals.

#### **Learner Objectives:**

For clients served in public education through the Individual with Disabilities Education Act (IDEA) course participants will learn to:

Utilize or develop appropriate referral protocol for population. I.A.1

## CMTE Courses & Intensive Trainings with Learner Objectives

Draw conclusions and make recommendations based on analysis and synthesis of assessment findings. I.C.3

Adhere to internal and external legal, regulatory, and reimbursement requirements. III.A.6

Work within a facility's organizational structure, policies, standards, and procedures. IV.B.9

### **Biography:**

Elizabeth K. Schwartz specializes in early childhood and school based treatment in New York. She is an adjunct instructor at Molloy College and co-founder of Raising Harmony: Music Therapy for Young Children.

Minda K. Gordon developed an elementary school music therapy program that has been fully funded through grants and community partnerships for nine years. In addition to this contract position, Minda maintains a private practice in Florida.

Meredith R. Pizzi is the Founder and Executive Director of Roman Music Therapy Services in Boston, Massachusetts. She is also the Creator of Sprouting Melodies and the Co-Founder of Raising Harmony: Music Therapy for Young Children.

Emily J. Wangen is a private practice owner in rural North Dakota targeting small schools to large school districts. Emily is active as music therapy supervisor and contributor to research through the University of North Dakota.

### **CMTE H: Counseling Techniques for Music Therapists**

THURSDAY, NOVEMBER 12, 7:30 AM - 12:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenter(s): Lori Gooding, PhD, MT-BC

This course will provide an introduction to basic group counseling skills like active listening, responding, and non-verbal communication. Skills will be introduced and modeled, and opportunities for practice will be included. Participants will also discuss ways in which these skills can be used to enhance effectiveness during music therapy sessions.

### **Learner Objectives:**

The learner will be able to identify basic counseling techniques that can be used to facilitate therapeutic relationships, address various client needs, and help individuals achieve therapeutic goals. II.A.1,2,5

The learner will be able to describe basic counseling techniques that can be used when responding to dangerous situations. II.B.1

The learner will be able to recognize the potential harm of verbal interventions during music experiences and use them with care. II.B.3

### **Biography:**

Lori Gooding is currently on the music therapy faculty at Florida State University. She joined the University of Kentucky as the Director of Music Therapy in July 2010. There she established the graduate academic program in music therapy, as well as the clinical music therapy program at UK HealthCare. She is actively involved in music therapy research, earning a grant from the National Institute on Aging in

## CMTE Courses & Intensive Trainings with Learner Objectives

2011. Dr. Gooding currently serves as an Assembly Delegate for the American Music Therapy Association and is a member of the *Journal of Music Therapy* Editorial Board.

### **CMTE I: The Theory and Practice of Neurologic Music Therapy**

THURSDAY, NOVEMBER 12, 1:30 - 6:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Kathleen Howland, PhD, CCC-SLP; Brian Harris, MA, MT-BC

This workshop will present the rationale for the practice of Neurologic Music Therapy and the protocols that have been developed. The workshop will address the neurogenic populations on which the research was conducted (Parkinson's disease, stroke, traumatic brain injury) and how to adapt the work to other populations (autism, developmental disorders).

#### **Learner Objectives:**

The participant will identify the rationale for neurologically-based music interventions. II.A.3.e

The participant will learn and demonstrate three protocols from NMT. II.A.2.h

The participants will identify key elements to adapting the protocols to other clinical populations and describe how this adaptation would enhance their clinical work. II.A.5.i

#### **Biography:**

Kathleen Howland teaches courses at Berklee College of Music and the Boston Conservatory in music therapy, neuroscience and positive psychology. She is one of six Neurologic Music Therapists approved to teach Neurologic Music Therapy.

Brian Harris is a Neurologic Music Therapist Fellow. He created and implemented the NMT program at Spaulding Rehabilitation Hospital in Boston and is the Owner and CEO of MedRhythms, LLC.

### **CMTE J: You Can Uke, More Skill, More Fun**

THURSDAY, NOVEMBER 12, 1:30 - 6:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenter(s): Karen Jasko, MS, LPC, MT-BC

The Ukulele has re-gained popularity in recent years, and it is an excellent instrument for use in Music Therapy. The presenter will share a method using simplified chords, chord substitutions, and techniques developed for a Ukulele Club with Older Adults who reside in Independent Living and Long Term Care. Standard right and left hand techniques will be taught along with an adaptive method to help those with cognitive, physical or visual limitations achieve success. A limited number of ukuleles will be provided. Basic Guitar Skills are required.

#### **Learner Objectives:**

Participants will demonstrate the ability to accompany songs in several keys using standard ukulele chord fingering. IV.A.6

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Participants will demonstrate the ability to accompany songs in several keys using adapted Ukulele fingering. II.A.5

Participants will demonstrate the ability to lead at least one song using adapted fingering and cueing techniques. II.A.5

### **Biography:**

Karen has worked with Older Adults for 25 years in skilled nursing, personal care, independent living and rehabilitation settings. She has taught several CMTEs on the Ukulele, Hawaiian guitar, and DADGAD tuning. She currently works for the Little Sisters of the Poor in Pittsburgh with older adults in independent living and skilled nursing settings. Karen began a Ukulele Club with older adults in 2011 that performs several times a year.

### **CMTE K: Music Therapy Marketing for Introverts**

THURSDAY, NOVEMBER 12, 1:30 - 6:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenter(s): Rachelle Norman, MAMT, MT-BC

If you're introverted, the idea of marketing your music therapy practice may be terrifying. In this workshop, learn from a textbook introvert how to market your services in a way that honors your personality and builds on the strengths of introversion. Then, rehearse your new skills with your fellow introverts.

### **Learner Objectives:**

Participants will identify three aspects of introversion that serve as strengths in music therapy advocacy and marketing. IV.B.5-6, IV.B.16, IV.B.20

Participants will identify three goal areas for improving marketing skills over the next six months. IV.A.1

Participants will rehearse marketing phone call and in-person strategies and identify three areas for potential improvement. IV.B.16

### **Biography:**

Rachelle Norman is the founder of Soundscaping Source, LLC, through which she provides music therapy for older adults, consultation for eldercare and hospice agencies, and business coaching and professional supervision for music therapists.

### **CMTE L: Behind the Music: Effective Songwriting Strategies with Insight from a Parent and Live Performance**

THURSDAY, NOVEMBER 12, 1:30 - 6:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenters: Angela Neve, MT-BC; Andrea Moriarty, Reid Moriarty

Learn and practice songwriting strategies and how to use them with and for various clients. This hands-on workshop will present four specific and effective techniques from the life of one client with autism.

*Current as of September 25, 2015. Information subject to change. The online registration system has the most current and up-to-date information. Session times may conflict; check schedule carefully as you register.*

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Participants will have opportunity to write songs themselves and hear a young man on the autism spectrum perform songs demonstrating each technique. A parent's perspective on the power of songwriting, maximizing family engagement, vocational purpose, and community inclusion will also be included.

### **Learner Objectives:**

Identify 4 different songwriting techniques/tools to teach social skills, academics and language to individuals with Autism Spectrum Disorders for music as therapy. II.A.2d,g,p,q,r,s,x,av

Identify 4 different elements that make up effective songwriting for use of music in therapy. II.A.5.a,f,aa

Discuss and understand the long-term application of using songwriting in the life of a client and how that can lead to vocational purpose for the client. II.A.5,f,z

### **Biography:**

Angela Neve is a board-certified neurologic music therapist, songwriter and co-owner of MTCCA. She has been working for over 14 years and has published several products for individuals with special needs.

Andrea Moriarty is a founding board member of Banding Together, a music therapy nonprofit. She blogs at AutismUnplugged.com and has written a book titled One-Track Mind: 15 Ways to Amplify Your Child's Special Interest.

Reid Moriarty is a charismatic performer on keyboard and vocals and the host of the podcast, Talk Time with Reid Moriarty. He just released Purple Party, a CD about colors. His contagious sense of joy breaks through social barriers to inspire.

## **CMTE M: Functional Piano for Music Therapists: An Exploration of Styles**

THURSDAY, NOVEMBER 12, 1:30 - 6:30 PM

COST: \$350; MEMBER DISCOUNTED COST: \$100

CMTE CREDITS AVAILABLE: 5

Presenter(s): Josh Massicot, MM

Music therapists working with diverse populations utilize their piano skills in myriad ways: as improvisers, composers, song stylists, cover artists, and teachers. This hands-on workshop by an author, pianist, and collegiate faculty member who prioritizes these skills in the training and instruction of students and professionals will center on a vibrant, authentic, and systematic approach to such diverse genres as blues, gospel, rock, Latin, and jazz. Additionally, an in-depth exploration of modal improvisation and composition will be shared. During each unit, workshop participants will have the opportunity to practice techniques and discuss an approach to developing and expanding functional pianism.

### **Learner Objectives:**

Perform and discuss basic accompaniments at the piano, determine how range, register, and voicing affect piano accompaniments, and apply these concepts to familiar and unfamiliar repertoire. II.A.5,a,b,g,q,z; IV.B.2

Perform, improvise, compose, and discuss modes and characteristic harmonic progressions based on specific guidelines. II.A.5,b,c,d

## CMTE Courses & Intensive Trainings with Learner Objectives

Perform in, improvise, and explore the origins of blues, boogie, rock, jazz, Latin, and pop styles, accompaniment patterns, and solos in a variety of diatonic and pentatonic scale settings. II.A.5,g,q,y,z

Review concepts and discuss applications in a variety of settings. III.B.7,6

### **Biography:**

Josh Massicot is a pianist, educator, author and clinician. He teaches at Nazareth College in Rochester, NY. His textbook on functional piano skills is published through Barcelona Publishers.

### **CMTE N: Supervising the National Roster Music Therapy Intern**

THURSDAY, NOVEMBER 12, 1:30 - 6:30 PM

COST: \$350; MEMBER DISCOUNTED COST: FREE (TO CURRENT AMTA MEMBERS REGISTERED FOR THE CONFERENCE)

CMTE CREDITS AVAILABLE: 5

Presenters: Mary Jane Landaker, MME, MT-BC, AIAC Chair; Eve Montague, MSM, MT-BC; Matthew Phillips, LCSW, LMSW, MT-BC; Lauren DiMaio, MMT, MT-BC; Kimberly Hawkins, MS, MT-BC; Kay Luedtke-Smith, MT-BC; Amy Smith, CCLS, MT-BC; Manal Topozada, MA, MT-BC/L

This course provides an overview of clinical supervision topics specific to the internship experience. Redesigned in 2015, this free course fulfills the training requirement for National Roster applicants, but also offers experienced supervisors with opportunities to review pertinent elements of supervision.

### **Learner Objectives:**

Learner will identify challenges of training interns by identifying 2 stages of internship and listing a training consideration for each stage. IV.B.11

Learner will write competency-based, specific, measurable goals for intern training. I.C

Learner will demonstrate awareness of ways music can be used in the supervision process through explaining personal purpose/reason for using music. IV.A.5; IV.A.6; IV.B.11

Learner will indicate two supervision models for use with interns by stating reasons why models could be applied to the supervision of music therapy interns. IV.B.4

### **Biography:**

Mary Jane Landaker is the chair of the Association Internship Approval Committee (AIAC).

Eve Montague is the New England Representative to the AIAC.

Matthew Phillips is the Mid-Atlantic Representative to the AIAC.

Lauren DiMaio is the Southeastern Representative to the AIAC.

Kimberly Hawkins is the Midwestern Representative to the AIAC.

Kay Luedtke-Smith is the Great Lakes Representative to the AIAC.

Amy Smith is the Southwestern Representative to the AIAC.

Manal Topozada is the Western Representative to the AIAC.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **CMTE O: Client and Therapist Resistances in Music Psychotherapy**

THURSDAY, NOVEMBER 12, 7:30 – 10:30 AM

COST: \$310; MEMBER DISCOUNTED COST: \$60

CMTE CREDITS AVAILABLE: 3

Presenters: Susan C. Gardstrom, PhD, MT-BC, Jacqueline Birnbaum, MEd, MA, LCAT, MT-BC; Lindsey Holmes Doty, MT-BC; Amanda Sehr, MS, MA, LPC, MT-BC

This presentation will focus on resistance as it manifests in music psychotherapy. Definitions of resistance will be offered, and case examples from the music therapy literature and the presenters' clinical experiences will be used to demonstrate concepts relevant to the understanding and working through of both client and therapist resistances.

#### **Learner Objectives:**

Participants will recognize and manage aspects of one's own feelings and behaviors that affect the therapeutic process. II.A.1.f

Participants will recognize and working with transference and counter transference dynamics. II.A.1.g

Participants will demonstrate music therapy experiences that address client's participation/engagement. II.A.2

Participants will identify and respond to significant events in order to achieve therapeutic goals. II.A.5

#### **Biography:**

Susan C. Gardstrom is Professor and Coordinator of Music Therapy at the University of Dayton. Clientele served include adjudicated adolescents, children with physical disabilities and autism, and adults with addictions.

Jacqueline Birnbaum is the Administrative Coordinator and a Senior Therapist at the Nordoff-Robbins Center for Music Therapy at NYU with over 30 years' experience in teaching, supervision, and clinical work.

Lindsey Holmes Doty is a graduate of Michigan State University and currently works in forensic and acute psychiatry at Twin Valley Behavioral Healthcare in Columbus, OH. She is pursuing her master's degree in music therapy at Colorado State University.

Amanda Sehr is a Board-Certified Music Therapist and Licensed Professional Counselor. Amanda has experience working with diverse client populations, including children, adults with intellectual disabilities, older adults, psychiatric in-patients, and juvenile offenders.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **CMTE P: Music Therapy in Schools: Strategies that Work with All Children!**

THURSDAY, NOVEMBER 12, 1:30-4:30 PM

COST: \$310; MEMBER DISCOUNTED COST: \$60

CMTE CREDITS AVAILABLE: 3

Presenter(s): Mary Adamek, PhD, MT-BC; Alice-Ann Darrow, PhD, MT-BC; Judith Jellison, PhD; Laura Brown, PhD, MT-BC; Ellary A. Draper, PhD, MT-BC

Music therapists in schools work with one of the most diverse populations in the profession of music therapy. Meeting the needs of all students can be difficult. This session will include strategies that work with a variety of client needs and disabilities, including those with significant disabilities and ASD.

#### **Learner Objectives:**

Participants will be able to trace the origins of the Universal Design movement. I.D.8,15

Participants will be able to cite the major principles of Universal Design (UD), and Universal Design for Learning (UDL). I.D.9,11,12

Participants will be able to articulate UDL strategies useful for music therapy practice and consulting in schools today. I.D.10,13,14

#### **Biography:**

Mary Adamek is Clinical Professor of Music Therapy in the School of Music at the University of Iowa where she serves as Director of Music Therapy.

Alice-Ann Darrow is Professor of Music Education and Music Therapy in the College of Music at Florida State University where she coordinates the certification program in Special Music Education.

Judith Jellison is Professor of Music in the Butler School of Music at the University of Texas at Austin where she teaches courses in Music and Human Learning.

Ellary Draper teaches music therapy courses at the University of Alabama and has experiences as a music teacher and music therapist; she specializes in inclusion in her research.

Laura Brown teaches music therapy courses at Ohio University and has experiences as a music therapist in public schools; she specializes in children and autism in her research.

### **CMTE Q: Music Therapy Ethics – Raising Consciousness & Consulting with Colleagues**

THURSDAY, NOVEMBER 12, 1:30-4:30 PM

COST: \$310; MEMBER DISCOUNTED COST: \$60

CMTE CREDITS AVAILABLE: 3

Presenters: Carol L. Shultis, PhD, LPC, MT-BC; Gretchen Patti, MS, LCAT, MT-BC

Music therapy ethics impact every aspect of our profession from student-faculty interactions to announcing services. Ethics education offers the professional an opportunity to learn and explore ethical concerns in the work world. Participants will explore ethics and have the chance to explore ethical concerns that arise from their own work.



## CMTE Courses & Intensive Trainings with Learner Objectives

### **Learner Objectives:**

Participants will define the origins of ethical codes in professional practice and the importance of these codes in service professions. IV.A.2

Participants will apply Dileo's 12-step problem solving approach to ethical dilemmas. IV.B.4

Participants will consult with colleagues to provide possible solutions to ethical concerns. IV.A.4, IV.A.5; IV.B.8

### **Biography:**

Carol L. Shultis, Assistant Professor of Music Therapy at Converse College, has 30+ years of experience and is a frequent CMTE provider, notably on music therapy ethics and a member of the AMTA Ethics Board since 2007.

Gretchen Patti is the owner of Sound Therapeutic Services, Program Director of Keystone Human Services, and has 30+ years of experience. She is also a frequent presenter on topics related to ethics. She currently serves on the Ethics Board of AMTA.

### **CMTE R: Spice up Your Guitar Grooves for You & Your Clients**

THURSDAY, NOVEMBER 12, 1:30-4:30 PM

COST: \$310; MEMBER DISCOUNTED COST: \$60

CMTE CREDITS AVAILABLE: 3

Presenter(s): Allison Kerr, MT-BC

Spice up and enhance your guitar sound! Learn five distinct right-hand guitar grooves, which will add pizzazz to your playing and increase a better connection with your clients. Grooves include: Reggae, Latin, traditional Blues Swing, Bluegrass and honky-tonk Country. Learn how to listen to match a cover song groove.

### **Learner Objectives:**

Participants will learn 5 grooves. IV.A.6

Participants will learn to assess clients' music background. I.B.4.h; I.B.13.c

Participants will learn treatment Implementation. II.A.4.f; II.A.5.a,c

### **Biography:**

Allison Kerr, a multi-faceted Board Certified-Music Therapist and instructor at Belmont University in Nashville, Tennessee, is an author, speaker, advocate, active southern jazz-blues performer and musician who really digs guitar.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **CMTE S: Music Therapy and ASD – We Have the Scoop and Tools for You!**

SATURDAY, NOVEMBER 14, 2:30-5:30 PM

COST: \$310; MEMBER DISCOUNTED COST: FREE (TO CURRENT AMTA MEMBERS REGISTERED FOR THE CONFERENCE)

CMTE CREDITS AVAILABLE: 3

Presenters: Marcia Humpal, MEd, MT-BC; Petra Kern, PhD, MTA, DMtG, MT-BC; Blythe LaGasse, PhD, MT-BC; Barbara Else, MPA, LCAT, MT-BC

This CMTE will provide information on music therapy and Autism Spectrum Disorder, spotlighting resources now on the AMTA website developed as part of AMTA's Strategic Priority on ASD and Music Therapy. Presenters will introduce these e-packet products and will demonstrate how they can be effectively utilized to benefit needs of various stakeholders.

#### **Learner Objectives:**

Identify latest evidence-based practices in ASD for children and youth. I.D.2.a,b,c; 1.D.10; III.A.7; IV.A.2

Become familiar with ASD resources available to members and non-members. I.A.4; III.B.8; IV.A.3; IV.B.5,6,7,20

#### **Biography:**

Marcia Humpal, adjunct faculty member at Cleveland State University also works with Toddler Rock at the Rock and Roll Hall of Fame. She chairs the AMTA Strategic Priority on Music Therapy and ASD Steering Committee.

Dr. Petra Kern owns Music Therapy Consulting, is online professor at University of Louisville, Augsburg College, and is editor-in-chief of *imagine*. Her research and clinical focus is on ASD, inclusion programming, and educator/parent coaching.

Dr. Blythe LaGasse, associate professor and coordinator of music therapy at Colorado State University is an active clinician, working primarily with children with ASD. She has published several peer-reviewed articles on music therapy for children with autism.

Barbara Else is a consultant with AMTA supporting strategic and special projects. She has experience in both public and private sectors as a music therapist, researcher, science administrator, and manager.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **CMTE T: Professional Supervision: Why It's Important and How You Can Get It**

SATURDAY, NOVEMBER 14, 2:30-5:30 PM

COST: \$310; MEMBER DISCOUNTED COST: FREE (TO CURRENT AMTA MEMBERS REGISTERED FOR THE CONFERENCE)

CMTE CREDITS AVAILABLE: 3

Presenters: Rachelle Norman, MA, MT-BC; Petra Kern, PhD, MTA, DMtG, MT-BC; Meredith Pizzi, MT-BC; Andrea Dalton, MM, MT-BC; Megan Resig, MT-BC; Blythe LaGasse, PhD, MT-BC; Lisa Kynvi, MA, MT-BC; Cindy Ropp, EdD, MT-BC; Laura Brown, PhD, MT-BC; Kyle Wilhelm, MA, MT-BC; Feilin Hsiao, PhD, MT-BC; Courtney Biddle, MT-BC; Libbie Roberts, MT-BC; Gretchen Chardos Benner, LMSW, MT-BC

The AMTA Standards of Clinical Practice requires music therapists to “seek and participate in supervision on a regular basis” (8.1.1). Several professionals will present various types of professional supervision with which they are familiar. Time will be devoted to identifying opportunities for supervision in your practice.

#### **Learner Objectives:**

The participant will identify 4 specific clinical situations that may require supervision. IV.A.5

The participant will identify 4 creative ways/resources to acquire supervision in his/her area. IV.A.5, IV.B.7

The participant will identify 6 different types of supervision. IV.A.5

The participant will identify 3 ethical considerations in clinical supervision. IV.B.12

#### **Biography:**

Rachelle Norman is an active clinician in senior care and hospice, and the owner of Soundscaping Source, LLC, a private practice serving older adults, since 2004.

Petra Kern is a clinician, researcher, and educator in music therapy. She is former President of the World Federation of Music Therapy (WFMT), editor-in-chief of *imagine*, and owner of Music Therapy Consulting.

Meredith Pizzi is founder and director of Roman Music Therapy Services serving infants to elders and advancing the profession of music therapy through business ventures in Boston and Eastern Massachusetts.

Andrea Dalton is a clinician at Rainbow Mental Health Facility, supervises interns and practicum students, teaches, and presents on the topic of music therapy.

Megan Resig owner of Rochester Music Therapy Services, serves children and adults with developmental differences, individuals on the autism spectrum, veterans, and individuals receiving medical and psychiatric care.

Blythe LaGasse is a clinician, researcher, and educator working with developmental disabilities and autism spectrum disorders. She is on the Editorial Board for two music therapy journals.

Lisa Kynvi is the Coordinator of Complimentary Therapies at Merrimack Valley Hospice in Lawrence, Massachusetts. She holds master's degrees in expressive therapies and mental health counseling, is board certified in music therapy, and licensed as a mental health counselor.

*Current as of September 25, 2015. Information subject to change. The online registration system has the most current and up-to-date information. Session times may conflict; check schedule carefully as you register.*

## CMTE Courses & Intensive Trainings with Learner Objectives

Cindy Ropp has 30 years of music therapy clinical and teaching experience. She is a frequent presenter at conferences, and is chair of the AMTA Workforce Development and Retention Committee.

Laura Brown is an Assistant Professor of music therapy at Ohio University. Her research interests include children with autism and inclusion.

Kyle Wilhelm completed his MA at The University of Iowa in 2001. He has been working as a music therapist and Internship Director for West Music.

Feilin Hsiao, Program Director of Music Therapy at the University of the Pacific, has published and presented on topics of multicultural music therapy practice and music therapy education and supervision.

Courtney Biddle received the BMEd from the College of Wooster in 2003, and is a 2011 recipient of the Master of Music Therapy degree from Temple University.

Libbie Roberts works at Star Center in Jackson, Tennessee serving a diverse group of clients. She is actively involved in national and regional associations, attending conferences and serving on committees.

Gretchen Chardos Benner is Owner of Piedmont Music Therapy in SC and practicum supervisor at Queens University of Charlotte in North Carolina. She is on the Editorial Team for *imagine* early childhood music therapy magazine and serves AMTA locally and regionally.

### **CMTE U: Pieces of the Puzzle: LGBTQI Topics Explored**

SATURDAY, NOVEMBER 14, 2:30-5:30 PM

COST: \$310; MEMBER DISCOUNTED COST: FREE (TO CURRENT AMTA MEMBERS REGISTERED FOR THE CONFERENCE)

CMTE CREDITS AVAILABLE: 3

Presenter(s): Annette Whitehead-Pleaux, MA, MT-BC; Xueli Tan, PhD, MT-BC; Leah Oswanski, MA, LPC, MT-BC; Amy Donnenwerth, MA, MT-BC; Beth Robinson, MT-BC; Michele Forinash, DA, LMHC, MT-BC; Maureen Hearn, MA, MT-BC; Spencer Hardy, MT-BC

Every culture has its own terms, experiences, and history. It is no different for LGBTQI (lesbian, gay, bisexual, transgender, queer and intersex) cultures. This course will discuss open and affirming practices as well as ethical considerations when working with LGBTQI communities. How to be an effective ally, and a roundtable discussion for LGBTQI music therapists will also be provided. Part 1: LGBTQI Open and Affirming Practices for Music Therapists; Part 2A: Becoming an Effective LGBTQI Ally; Part 2B: Roundtable for LGBTQI music therapists; Part 3: LGBTQI Ethical Considerations for Music Therapists.

#### **Learner Objectives:**

Participants will increase awareness of and develop skills for working with LGBTQI clients, co-workers, and students. I.C.4, I.D.9

Participants will learn to consider clients' intersecting identity markers and also identify and acknowledge their own biases and limitations when they are designing music therapy experiences. I.C.4, I.D.9

Participants will recognize the language in the AMTA code of ethics that mandates us to participate as an ally and will learn how to interact with clients in an authentic, ethical, and culturally competent manner. IV.B.4; IV.B.14

*Current as of September 25, 2015. Information subject to change. The online registration system has the most current and up-to-date information. Session times may conflict; check schedule carefully as you register.*

## CMTE Courses & Intensive Trainings with Learner Objectives

Participants will identify both effective and ineffective ally behaviors and its impact on clinical practice.  
II.A.f; II.B.5

### **Biography:**

Annette Whitehead-Pleaux works with pediatric burn survivors at Shriners Hospitals for Children-Boston. She has been an advocate for LGBTQI civil rights and volunteered with queer youth.

Xueli Tan is a Presidential Graduate Research Fellow at the University of Iowa. She has clinical/research experience in medical music therapy, including pain management, burns/trauma intensive care, and oncology.

Leah Oswanski is the coordinator of music therapy at the Carol Simon Cancer Center in Morristown, NJ, and is a strong advocate for LGBTQI issues.

Amy Donnenwerth has been a music therapist for 15 years and her passion is working with at-risk youth. She is an advocate for the LGBTQI community.

Beth Robinson started her music therapy career in 1996. She has a private practice in Los Altos, California. She has performed, presented and volunteered for the LGBTQI community.

Michele Forinash is Professor and Director of the PhD program in the Division of Expressive Therapies at Lesley University and has been involved in music therapy since 1981.

Spencer Hardy attended Berklee College of Music and currently has a private practice based in Palo Alto, CA.

Maureen Hearn is Assistant Professor and Director of Music Therapy at Utah State University, having been appointed to this position in 2005.

## CMTE Courses & Intensive Trainings with Learner Objectives

### Specialized Trainings

#### **Bonny Method GIM I**

MONDAY, NOVEMBER 9, 8:00 AM THROUGH THURSDAY, NOVEMBER 12, 4:00 PM

COST: \$860; MEMBER DISCOUNTED COST: \$625 (LIMITED TO 12 PARTICIPANTS)

CMTE CREDITS AVAILABLE: 36

Chair: Louise Dimiceli-Mitran, MA, LCPC, MT-BC; Sherry Raley, PhD, LCP, MT-BC

This intensive 4-day seminar introduces theory and clinical applications of the Bonny Method of Guided Imagery and Music (GIM) and other music and imagery techniques. Participants will gain intensive personal experience with GIM, along with experiential exercises, demonstrations, and clinical examples. Simple music imagery techniques will be introduced as well as a brief history of GIM, definitions of GIM in contrast to Music Imagery (MI), Bonny's theory including the Cut Log Diagram, transpersonal therapy, Wheeler's levels of music psychotherapy, elements of the GIM session, and clinical applications. Altered states of consciousness, types of imagery, guiding, and the role of music in GIM/MI and music programs in GIM will be discussed. Music analysis, levels of therapy in music and music imagery approaches, indications, contraindications, standards of practice and ethics, credentialing and GIM training will be included. Participants will learn simple guiding techniques, practice in closely supervised dyads throughout the training, receive feedback and evaluation from trainers, and observe processing techniques which include mandala drawings.

#### **Learner Objectives:**

Learn basic theory & clinical applications of The Bonny Method of GIM. I.B.13.a,c,d;I.D.1,8; II.A.ah, ao,aw; II.A.3.c,d,f; II.A.4.e

Learn the basic elements of the Bonny Method through experience, demonstration and clinical examples. I.B.13.a,c,d; I.D.16.d, I.D.15;II.A.1.b,e,g; II.A.5.a,b,g,r,t,z; II.B.2,3

Learn simple music imagery techniques that are immediately useable. I.B.13.c,d; I.D.6.a,d;I.D.15;II.A.1.b,e,ao,aw,bd; II.A.5.a,b,g,j,r,z; II.B.2,3

#### **Biography:**

Louise Dimiceli-Mitran is a licensed clinical professional counselor and a Fellow of the Association for Music and Imagery. She is a GIM Primary Trainer for the Therapeutic Arts Institute and maintains a private counseling/music psychotherapy practice in Chicago. Louise has written and presented extensively on GIM and music therapy. She has worked as an oncology specialist for 15 years. Contact Louise Dimiceli-Mitran for more information at [louise@mitran.com](mailto:louise@mitran.com)

Dr. Sherry Raley is a Jungian therapist who brings knowledge of archetypes and Jungian theory to GIM training. She is a Fellow of the Association for Music and Imagery and has a private practice in San Francisco.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **International Neurologic Music Therapy Fellowship Training**

WEDNESDAY, NOVEMBER 11, 2015 8:00 AM THRU THURSDAY, NOVEMBER 12, 2015 5:30 PM

COST: \$700; MEMBER DISCOUNTED COST: \$450 (LIMITED TO 20 PARTICIPANTS)

CMTE CREDITS AVAILABLE: 19

Chairs: Michael H. Thaut, PhD; Corene P. Hurt-Thaut, PhD, MT-BC

The Neurologic Music Therapy Fellowship is for MT-BCs (or the equivalent) who have already completed the Neurologic Music Therapy Training Institute. The Neurologic Music Therapy Fellowship Training is an intensive course which begins with a review and update of current research and clinical practice. Participants are then required to present video examples demonstrating their current clinical work using three different Neurologic Music Therapy techniques.

#### **Learner Objectives:**

Participants will demonstrate a basic definition and advanced knowledge about the implementation of neurologic music therapy (NMT), including the taxonomy of techniques used in NMT through verbal and video demonstration. II.A,B,C

Participants will demonstrate an increased knowledge of current research supporting NMT techniques as evidenced by clinical choices based on current best practice. IV.A,B

Participants will demonstrate thru live video, a working knowledge of the Transformational Design Model; a model to assist in treatment selection based on functional goals. I.A,B,C

Participants will be actively demonstrate current clinical assessments for treatment evaluation. I.A

Participants will answer basic neuroanatomy and pathology questions related to a variety of neurologic disorders. I.A,B

#### **Biography:**

Michael H. Thaut received his masters and PhD in music from Michigan State University. He is also a graduate of the Mozarteum Music Conservatory in Salzburg/Austria. At Colorado State University he is a Professor of Music and a Professor of Neuroscience and serves as Co-Director of the School of the Arts and Chairman of the Department of Music, Theater, and Dance since 2001. He has also directed the Center for Biomedical Research in Music for 10 years. He was a Visiting Professor of Music at the Mozarteum in 1985, and a Visiting Professor of Kinesiology at the University of Michigan/Ann Arbor in 1993. He has also been a Visiting Scientist in Neurology at Duesseldorf University Medical School since 1995 and was recently appointed as Visiting Professor at Heidelberg University of Applied Sciences in the Department of Music Therapy. Dr. Thaut's internationally recognized research focuses on brain function in music, especially time information processing in the brain related to rhythmicity and biomedical applications of music to neurologic rehabilitation of cognitive and motor function. He received the National Research Award in 1993 and the National Service Award in 2001 from the American Music Therapy Association. He has over 120 scientific publications and has authored and coauthored three books. His works have appeared in German, Japanese, Korean, Italian, and Spanish language. Popular TV media and numerous print media have featured his research nationally and internationally. As a former professional violinist in the classic and folk genre he has recorded several recordings of chamber and folk music in the US and Germany and has toured in Europe extensively with folk bands and chamber groups. He is also the author of a landmark anthology of Northern European and American fiddle music. In 1995 his group 'Folk Chamber Ensemble ' played 3 invited concerts at the

## CMTE Courses & Intensive Trainings with Learner Objectives

Northwest German Summer Music Festival entitled 'Folk Meets Classic'. He continues to perform in small chamber and folk ensembles as time permits.

Corene P. Hurt-Thaut received her master's in music therapy, and her PhD with an interdisciplinary focus of music, neuroscience and statistical design, from Colorado State University. She is currently a special assistant professor of music therapy in the Department of Music Theatre and Dance at Colorado State University, a research associate at The Center for Biomedical Research in Music since 1997, and the co-founder and program director of the Unkefer Academy for Neurologic Music Therapy International Training Institutes and Fellowship Trainings for Neurologic Music Therapy since 1999. She is nationally and internationally recognized for her clinical expertise in the evidence-based practice of Neurologic Music Therapy, with clinical experience including three and a half years as a music therapist at Wesley Woods Geriatric Hospital and the Center for Rehabilitation Medicine at Emory University Medical School in Atlanta, and four years as a Neurologic Music Therapist at Poudre Valley Hospital and The Center for Neurologic Rehabilitation in Fort Collins, Colorado. Her work has included a diverse range of clinical populations including: stroke, Parkinson's disease, traumatic brain injury, cerebral palsy, multiple sclerosis, Alzheimer's disease, autism, and psychiatric disorders. She served on the exam committee for the Certification Board for Music Therapy (CBMT) as both a member and Committee Chair from 2001-2006, and as an elected member of the CBMT Board of Directors from 2009-2013. She has also served as President and Vice President of the Midwestern Region of the American Music Therapy Association. Dr. Hurt-Thaut has numerous research publications in the area of music and motor control as well as ten book chapters highlighting specific applications of neurologic music therapy to her credit.

### **Documentation in Music Therapy: How to be Effective, Consistent and Thoughtful**

WEDNESDAY, NOVEMBER 11, 2015 8:30 - 11:30 AM

COST: \$365; MEMBER DISCOUNTED COST: FREE (TO CURRENT AMTA MEMBERS REGISTERED FOR THE CONFERENCE)

CMTE CREDITS AVAILABLE: 3

Presenter(s): Petra Kern, PhD, MTA, DMtG, MT-BC; Angie Snell, MsEd, MT-BC; Olivia Swedberg-Yinger, PhD, MT-BC; Amy Robertson, MM, MT-BC; Jamie George, MM, LPMT, MT-BC

Have you ever thought about how to be more effective in getting documentation done? Then, this mini institute is for you – and it's free to current AMTA members registered for the conference! Besides being a requirement for MT-BCs, documentation allows you to monitor your clients' progress, articulate your unique music therapy perspective, and demonstrate accountability to various stakeholders. During this 3-hour event, you will learn from experts in school settings, medical facilities, and private practice about how to apply innovative data-gathering techniques and use forms to record client responses, progress and outcomes. While sharing hands-on tips and resources, you are invited to evaluate your own documentation process and routines.

#### **Learner Objectives:**

Participants will recognize the importance of documentation as a board-certified music therapist. III.A

Participants will learn about innovative data-gathering techniques and forms used in school settings, medical facilities, and in private practice to record client responses, progress, and outcomes. III.A.1,2

Participants will identify the difference between ongoing documentation, periodic summaries, and treatment termination reports. III.A.4,5

*Current as of September 25, 2015. Information subject to change. The online registration system has the most current and up-to-date information. Session times may conflict; check schedule carefully as you register.*



## CMTE Courses & Intensive Trainings with Learner Objectives

Participants will reflect on their documentation skills and routines related to evidence-based outcomes.  
III.A.7

### **Biography:**

Petra Kern, business owner of Music Therapy Consulting is online professor at the University of Louisville and Augsburg College and serves as editor-in-chief of *imagine*. Her research and clinical focus is on ASD, inclusion programming, and educator/parent coaching.

Angie Snell is a seasoned educational consultant and school music therapist specializing in early childhood through post-secondary special education, inclusion, and special education law. She developed a county-wide school music therapy delivery model and the MT-MRB Assessment.

Olivia Swedberg-Yinger, Assistant Professor of Music Therapy at the University of Kentucky, is a fellow of and holds certifications in NICU music therapy, and Neurologic Music Therapy. Her primary research interests are procedural support, neonatal and pediatric music therapy, and music therapy for people with neurological disorders.

Amy Robertson specializes in music therapy services within the NICU, early childhood development and neurologic disorders. She started the medical music therapy program at Florida Hospital where she implemented reimbursement for music therapy services in the NICU.

Jamie George is the Owner and Director of The George Center for Music Therapy in Atlanta, GA and recently contributed to the new AMTA/CBMT Scope of Music Therapy Practice. Jamie is passionate about music therapy reimbursement, employment issues, and tax law.

### **Neonatal Intensive Care Unit Music Therapy**

WEDNESDAY, NOVEMBER 11, 2015 9:00 AM - 6:00 PM

COST: \$435; MEMBER DISCOUNTED COST: \$200

CMTE CREDITS AVAILABLE: 8

Chair: Jayne M. Standley, PhD, MT-BC

The National Institute for Infant and Child Medical Music Therapy offers specialized training for providing music therapy clinical services in Level III Neonatal Intensive Care Units and allows persons completing the requirements to receive a certificate stating the same. This institute comprises one of the three requirements for this specialized training and will consist of 8 CMTE hours of intensive classroom training. This institute is available to music therapy interns and Board Certified Music Therapists. The complete specialized training course may not be completed until Board Certification is documented.

### **Learner Objectives:**

To understand neurological development in the 3rd trimester including gender differences. V. A. 2.

To understand current knowledge about the development of hearing in the premature infant and implications for presentation of auditory stimuli. II.A.3

To understand the developmental timetable by gestational age and the assessment of same. II.A.3

To understand the differentiation of medical vs. developmental treatment and compliance with NICU phases of developmental intervention. II.A.3

## CMTE Courses & Intensive Trainings with Learner Objectives

To identify and understand the clinical application of research-based music therapy interventions with developmental benefit. III.A. 2

To understand the long-term consequences of premature birth and the clinical application of music therapy developmental activities for the first year of life. III.A.1.f.2

To be proficient in the provision of evidence-based NICU MT services. II. A.B.C.D.E, III. A. B., IV. A.B.

To be proficient in the provision of evidence-based music therapy services to premature infants re-admitted to the hospital as pediatric patients. III.A.s

### **Biography:**

Jayne M. Standley is a Robert O. Lawton Distinguished Professor and the Ella Scoble Opperman Professor of Music at The Florida State University. She is the Director of the National Institute for Infant and Child Medical Music Therapy and is a researcher in NICU-Music Therapy.

Andrea Cevasco is an Associate Professor at The University of Alabama and is an Institute Fellow. She is Director of Music Therapy at the University of Alabama and conducts NICU clinical services and research in Tuscaloosa, AL.

Judy Nguyen Engel is a former Coordinator of the Medical MT, Arts in Medicine partnership between FSU and Tallahassee Memorial HealthCare. She is an Institute Fellow who conducts clinical music therapy and research at Yale New Haven Children's Hospital.

Lori Gooding is currently on the music therapy faculty at Florida State University. She joined the University of Kentucky as the Director of Music Therapy in July 2010. There she established the graduate academic program in music therapy, as well as the clinical music therapy program at UK HealthCare. She is actively involved in music therapy research, earning a grant from the National Institute on Aging in 2011. Dr. Gooding currently serves as an Assembly Delegate for the American Music Therapy Association and is a member of the *Journal of Music Therapy* Editorial Board

Ellyn Hamm is a Research Assistant at Vanderbilt Kennedy Center. She is an Institute Fellow.

Miriam Hillmer is an Institute Fellow.

### **AMTA Leadership Academy**

WEDNESDAY, NOVEMBER 11, 2015 12:30 - 6:30 PM

COST: \$365; MEMBER DISCOUNTED COST: \$80

CMTE CREDITS AVAILABLE: 6

Chair: Ronna Kaplan, MA, MT-BC; Presenter(s): Michelle Hairston, EdD, MT-BC; Deforia Lane, PhD, MT-BC; Meredith Pizzi, MT-BC; Mary Adamek, PhD, MT-BC; Eve Montague, MSM, MT-BC; Edward P. Kahler, PhD, MT-BC; Jayne Standley, PhD, MT-BC; Kat Fulton, MM, MT-BC; Concetta Tomaino, DA, LCAT, MT-BC; Jennifer Buchanan, MTA; Kymly Eubanks, MM, MT-BC

The Mission Statement of this course is to inspire music therapists to achieve at their highest potential while empowering them to lead in their areas of expertise! This first-ever extraordinary educational event will inspire music therapists to achieve at their highest potential while empowering them to lead in their areas of expertise! Through a series of plenary and breakout sessions in four different mix-and-

## CMTE Courses & Intensive Trainings with Learner Objectives

match tracks, Leadership Academy participants will experience multiple frameworks for thinking about leadership and how to recognize and build critical skills in all areas of leadership!

### **Learner Objectives:**

Participants will forge a path for leadership in the future, assessing their own areas for professional growth and setting goals. IV.A.1; IV.A.5; IV.A.7

Participants will enhance their professional development and responsibilities and gain new strategies or insights in one or more aspects of leadership in nonprofits, healthcare, businesses, and/or academia. IV.A.4; B5-9,11,16,18,20

Participants will learn one or more models for building collaborative relationships. IV.A.4; IV.B.6

### **Biography:**

#### *Non-profit Track:*

Ronna Kaplan, MA, MT-BC is Chair of the Center for Music Therapy at The Music Settlement in Cleveland, Ohio, where she also served as Interim Co-Executive Director. Presently the Chair-elect of NCCATA, she is a Past President of AMTA.

Mary Adamek, PhD, MT-BC is the Director of Music Therapy at The University of Iowa. She is a Past President of AMTA and served on the AMTA Board of Directors for 12 years.

Eve Montague, MSM, MT-BC is Director of Creative Arts Therapies at South Shore Conservatory in Boston. A Past President of NER-AMTA, she serves AMTA in many other capacities and has worked 30 years in nonprofit management.

#### *Academia Track:*

Michelle Hairston, EdD, MT-BC is a Professor of Music Therapy at East Carolina University and Chair of the Music Therapy and Music Education Department. She is a Past President of AMTA.

Edward P. Kahler, PhD, MT-BC is Associate Dean of the College of Fine Arts and Humanities and Director of the Music Therapy Program at West Texas A & M University. He previously served as Head of the Department of Music.

Jayne Standley, PhD, MT-BC is a Robert O. Lawton Distinguished Professor at Florida State University and Director of the National Institute for Infant and Child Medical Music Therapy, a network affiliation of universities and medical centers to promote research and training in NICU-MT.

#### *Medical Track:*

Deforia Lane, PhD, MT-BC is Director of Art and Music Therapy at University Hospitals Case Medical Center. She has mentored 70+ interns and is a prolific consultant and international presenter.

Kat Fulton, MM, MT-BC is the visionary behind MusicTherapyEd.com, the founder of Sound Health Music in San Diego, and a mentor to music therapists around the globe.

Concetta Tomaino, DA, MT-BC, LCAT is Executive Director/co-founder of the Institute for Music and Neurologic Function; Senior Vice President for Music Therapy at CenterLight Health System, Past President of AAMT and faculty at Albert Einstein College of Medicine and Lehman College, CUNY.

## CMTE Courses & Intensive Trainings with Learner Objectives

### *Business Track:*

Meredith Pizzi, MT-BC is Founder/Executive Director of Roman Music Therapy Services and Co-Founder/CEO of Raising Harmony: Music Therapy for Young Children, both in Melrose, MA. She oversees the Roman Music Therapy team and provides professional music therapy coaching.

Jennifer Buchanan, MTA is President of JB Music Therapy in Calgary, Alberta, Canada and supervises music therapy interns from Capilano University. She is a Past President of the Canadian Association for Music Therapy.

Kymla Eubanks, MM, MT-BC is CEO/Founder of Higher Octave Healing in Tempe, AZ and works with Music Therapy Business Solutions in Chandler, AZ. She is a Faculty Associate at Arizona State University Herberger Institute of Design and the Arts.

### **Psychotherapy - Where does it Fit in Your Music Therapy Practice?**

WEDNESDAY, NOVEMBER 11, 2015 12:30 - 6:30 PM

COST: \$365; MEMBER DISCOUNTED COST: \$130

CMTE CREDITS AVAILABLE: 6

Chairs: Barbara Dunn, PhD, LICSW, MT-BC; Christine Routhier, MA, LMHC, MT-BC

This institute highlights uses of music therapy and psychotherapy techniques in private practice settings. It explores work with clients presenting with clinical issues such as anxiety and depression, and demonstrates profound ways music can enhance the therapeutic process. The “nuts and bolts” of managing a successful psychotherapy/music therapy practice will also be discussed.

#### **Learner Objectives:**

Participants will learn the different levels of practice and will gain an understanding of ethically sound practice that is based on the AMTA Professional and Advanced Competencies. II.B.3; IV.B.12,14

Participants will learn the basic principles of Mindfulness-Based Cognitive Therapy. II.A.3.a,b

Participants will learn how to use music therapy techniques to explore inner positive resources and deepen supportive treatment. II.A.1.a,c,e

Participants will learn the business rudiments of running their own private practice. IV.B,16

#### **Biography:**

Barbara Dunn has a private psychotherapy and music therapy practice in Seattle and Langley, WA. She is author of "More Than a Song: Exploring the Healing Art of Music Therapy." She is also an adjunct faculty member at Antioch University in Seattle.

Christine Routhier has a music psychotherapy practice and supervises music therapists in Boston and Manchester, MA. She is Adjunct Professor at Lesley University and recently became a Fellow of the Association for Music and Imagery.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **Filling Your Toolbox: NMT Strategies for Speech-Language, Cognition and Motor Skills**

WEDNESDAY, NOVEMBER 11, 2015 12:30 - 6:30 PM

COST: \$365; MEMBER DISCOUNTED COST: \$130

CMTE CREDITS AVAILABLE: 6

Chairs: Angela Neve, MM, MT-BC; Julie Guy, MM, MT-BC

Attendees will learn practical tools and strategies for use with children and youth with Autism Spectrum Disorders and other developmental delays. Pertinent music therapy and neuroscience research as related will be presented ("Building the Toolbox"). The remainder will be devoted to "Building the Tools" for speech and language, cognition and motor skills.

#### **Learner Objectives:**

Identify 3 strategies using music to improve speech and language skills. II.A.2.p

Identify 3 strategies using music to improve motor skills. II.A.2.r

Identify 3 strategies using music to improve cognition. II.A.2.h,i,t

Identify at least 4 ways that technology, visual supports and sensorimotor regulation can be incorporated to meet client's specialized learning needs and styles. I.C.12

#### **Biography:**

Angela Neve is a board-certified neurologic music therapist, songwriter and co-owner of MTCCA. She has been working for over 14 years and has published several products for individuals with special needs.

Julie Guy, a Neurologic Music Therapy Fellow, is co-founder of The Music Therapy Center of California. She has co-authored learning materials for children including a DVD and CD/book, and is the host of a podcast series for parents and teachers.

### **Reiki, Level I**

WEDNESDAY, NOVEMBER 11, 2015 12:30 - 6:30 PM

COST: \$365; MEMBER DISCOUNTED COST: \$130 (LIMITED TO 18 PARTICIPANTS)

CMTE CREDITS AVAILABLE: 6

Chair: Kathy Lorenzato, Reiki III, MT-BC

Reiki is a form of bio-field energy therapy that is effective for relaxation, stress reduction and pain control. It is easy to learn and easy to use. Many hospitals are offering Reiki as patients are demanding complementary forms of treatment. Come learn this low-tech, hands-on technique.

#### **Learner Objectives:**

Participants will be able to identify 3 indications for Reiki. II.A.2.g,j,n,o,t,ab,af,ah,aj,ak

#### **Biography:**

Kathy Lorenzato recently retired after a 26-year career at UC Davis Children's Hospital. She used Reiki there for 15 years, and continues to teach levels I and II to nurses.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **First Sounds: Rhythm, Breath and Lullaby International Neonatal Intensive Care Unit Training**

THURSDAY, NOVEMBER 12, 2015 8:00 AM - 6:00 PM

COST: \$435; MEMBER DISCOUNTED COST: \$200 – (LIMITED TO 30 PARTICIPANTS)

CMTE CREDITS AVAILABLE: 10

Presenter(s): Joanne Loewy, DA, LCAT, MT-BC; Aimee Telsey, MD; Christine Vaskas, MS, LCAT, MT-BC; Andrew Rossetti, MCAT, LCAT, MT-BC; Ann Marie Dassler, RN, FNP, MSN

This training is led by an integrative medical-music team. Experiential, hands-on training will meet Tier I competency for this international, evidence-based, Neonatal Intensive Care Unit training inclusive of three prongs: environmental music therapy, trauma training in music psychotherapy with care givers, and evidence-based live music therapy interventions for premature infants. Prerequisites: Tier I for professionals including MT-BCs, MDs and RNs. **Health professionals besides music therapists are also invited; to register, contact Cindy Smith at [Smith@musictherapy.org](mailto:Smith@musictherapy.org) or 301-589-3300 ext.102.** 2nd year music therapy students who have completed two semesters of fieldwork at an AMTA/equivalent program may be considered if space permits.

#### **Learner Objectives:**

Attendees will design live music applications of the trans-natal environment focused on rhythm, timbre and tonal inter-uterine elements to foster comfort, stability, nurturance, safety, increasing opportunities for entrainment and self-regulation for the premature infant. II.A.2.c

Attendees will demonstrate knowledge and application of the First Sounds model-contingent singing and evaluation of applicative sounds & music to increase respiratory, sleep, feeding and quiet-alert opportunities with proficiency. II.A.1a; I.D.4.b,c

Attendees will demonstrate and develop the blanket of sound applications: tonal-vocal holding, with competence to develop lullabies catered to address the developmental, physical, emotional and cultural needs of the infant & family. II.A.2.g; II.A.5.u

#### **Biography:**

Joanne Loewy is the Director of the Louis Armstrong Center for Music and Medicine, and an Associate Professor at Albert Einstein College of Medicine. She oversees the Department of Music Therapy that she started at Mount Sinai Beth Israel in 1994. Dr. Loewy has conducted research in Neonatal Intensive Care Unit music therapy, sedation, assessment, pain, and asthma. Her areas of specialty are assessment, hermeneutic research, trauma and supervision. Dr. Loewy is the Editor in Chief of the international, peer reviewed journal 'Music and Medicine' and serves on several editorial boards including the Cochran Palliative Care review and the Journal for Complementary and Alternative Medicine. She received her doctorate from NYU and has edited several books including Music Therapy in Pediatric Pain, Music Therapy in the Neonatal Intensive Care Unit, and she co-edited Music Therapy at End of Life and Caring for the Caregiver: Music Therapy in Grief and Trauma, and Integrative Advances in Music and Medicine: Music, the Breath and Health.

Aimee M. Telsey is the Associate Director in the Division of Newborn Medicine in the Department of Pediatrics, at Mount Sinai Beth Israel Medical Center where she has been an attending neonatologist

*Current as of September 25, 2015. Information subject to change. The online registration system has the most current and up-to-date information. Session times may conflict; check schedule carefully as you register.*

## CMTE Courses & Intensive Trainings with Learner Objectives

since 1988. Dr. Telsey has been interested in applying integrative medical therapies into the neonatal intensive care practice for over 20 years and has lectured nationally and internationally. She was part of the original team that helped integrate music therapy into the Neonatal Intensive Care Unit. She received her undergraduate and medical degrees from Brown University and did neonatal fellowship training at Columbia University Medical Center and University of California, San Diego.

Christine Vaskas is the Neonatal Intensive Care Unit music therapist of The Louis Armstrong Center for Music and Medicine at Mount Sinai Beth Israel Medical and Mount Sinai St. Luke's Roosevelt Hospital in New York, NY. She received her Master's in Music Therapy at Molloy College and holds a BS in Music from Long Island University. As a team member at the Armstrong Music Therapy Center, she has contributed to research focusing on the effect of music therapy on resiliency in adults undergoing infusion therapy, and in the study of environmental music therapy in the surgical intensive care unit. Christine's clinical experience includes Neonatal Intensive Care Units, pediatrics, oncology, the BIMC HIV/AIDS clinic and palliative care.

Andrew Rossetti is the coordinator of music therapy in the radiology oncology treatment center at Mount Sinai Beth Israel Phillips Ambulatory Care Center and Mount Sinai Beth Israel West. He has developed several EMT (environmental music therapy) programs in hospitals both in the United States and in Spain. He helped build a comprehensive Neonatal Intensive Care Unit music therapy program at Advocate Lutheran General Hospital in Chicago. He was a professor in the music therapy master's program at Pompeu Fabra University in Barcelona and developed a multi-modal model along with Psychiatrist Dr. Javier Rubio for their co-treatment of psychiatric patients. Andrew received his Master's in Music Therapy from the Facultat de Psicologia Blanquerna at Ramon Llull University in Barcelona Spain. He studied at the Julliard School and holds a Bachelor's in classical guitar performance from the Westchester Conservatory of Music.

Ann-Marie Dassler is a Nurse Practitioner in the Neonatal Intensive Care Unit at Mount Sinai Beth Israel Hospital. She is a lifelong advocate for music therapy. Ms. Dassler came to the Mount Sinai Beth Israel Neonatal Intensive Care Unit 20 years ago as an NP student, and has been practicing there ever since. She has been on the faculty at Bloomfield College and has taught in their BSN nursing program.

### **Music Therapy-Assisted Childbirth Experiential Training (Part 2)**

THURSDAY, NOVEMBER 12, 2015 8:00 AM - 6:00 PM

COST: \$435; MEMBER DISCOUNTED COST: \$200

CMTE CREDITS AVAILABLE: 10

Chair: Mary DiCamillo, EdD, MT-BC

Prerequisite: Successful completion of MTACB Part 1 Online Course between Oct. 2 and Nov. 1, 2015 (Contact Dr. DiCamillo at 949-637-5537, [soundbirthing@gmail.com](mailto:soundbirthing@gmail.com) for information.)

This 10-hour intensive, experiential workshop prepares music therapists to provide Music Therapy Assisted Childbirth Services in hospital, birthing center, and home-birthing settings. An in-depth study of music for labor and birth, as well as positions, relaxation techniques, and other comfort measures paired with music are presented. Both sections of this course must be completed to receive CMTE certificate for 26 hours.

## CMTE Courses & Intensive Trainings with Learner Objectives

### **Learner Objectives:**

Contact Dr. Mary DiCamillo at [soundbirthing@gmail.com](mailto:soundbirthing@gmail.com)

### **Biography:**

Mary DiCamillo is the founder and Clinical Training Director of Sound Birthing. This training program grew out of Mary's extensive doctoral and post-doctoral work in Pre- and Perinatal Music Therapy. Mary has also led a group practice of Music Therapists working in this field. A leader in this field, Mary has a passion for sharing this work and helping to bring babies into the world in the most peaceful way possible. Mary also works as a teacher and a professional musician. She and her family reside in Southern California.

### **Early Childhood Music Therapy Practices: A Music Together Approach**

THURSDAY, NOVEMBER 12, 2015 09:00 AM - 6:00 PM

COST: \$415; MEMBER DISCOUNTED COST: \$180

CMTE CREDITS AVAILABLE: 8

Chairs: Carol Ann Blank, MMT, LPC, LCAT, MT-BC; Andrew Knight, PhD, MT-BC

Early childhood music therapy practices encompass many aspects which include approaches to session design, observation/clinical decision-making skills, strategic engagement of parents/adult caregivers, intervention choices, and evaluation/research design. This session will articulate approaches to early childhood group and individual music therapy with parent-child dyads informed by the Music Together philosophy and practices.

### **Learner Objectives:**

Participants will learn strategies for identifying child's music developmental level within the context of a music therapy setting. I.B.3.d

Participants will learn strategies for creating a musically accessible therapy experience for children and their parents/adult caregivers I.D.8

Participants will experience and engage in designing interventions to address children's speech, executive functioning, attention, sensory integration, and social skills II.A.2.k,p,q,as,av

### **Biography:**

Carol Ann Blank is a doctoral candidate at Drexel University completing her dissertation research in clinical decision making in music therapy with parent-child dyads. Carol Ann is also the Manager of Special Needs Services at Music Together LLC where she developed and manages the Music Together Within Therapy® program.

Andrew Knight is assistant professor of music therapy at Colorado State University, teaching undergraduate and graduate courses both on campus and through CSU Online, as well as supervising practicum students in mental health and early childhood. He has taught Music Together since 2006 and is a Music Together Within Therapy® license holder.



## CMTE Courses & Intensive Trainings with Learner Objectives

### **Drumming for Clinical Populations – from Therapy to Wellness**

THURSDAY, NOVEMBER 12, 2015 9:00 AM - 6:00 PM

COST: \$415; MEMBER DISCOUNTED COST: \$180

CMTE CREDITS AVAILABLE: 8

Chair: Christine Stevens, MSW, MA, MT-BC

Spend an entire day immersed in the clinical applications of drumming. Learn techniques, protocols, interventions and activities to use with specific populations within motor, psychological, cognitive, and wellness domains. Includes a FREE seven minute backing track for therapy sessions.

#### **Learner Objectives:**

Participants will demonstrate knowledge of two key outcomes of research studies on drumming addressing mind, body, and spirit. I.D.10; IV.A.2

Participants will demonstrate knowledge of the seven proven health strategies woven into group drumming. II.A.2.b,d

Participants will identify one clinical application of group drumming for a population they serve. I.D.11; I.D.15; II.A.5.i.4

#### **Biography:**

Christine Stevens is the founder of UpBeat Drum Circles and the author of Music Medicine, The Healing Drum Kit and The Art and Heart of Drum Circles.

## Concurrent Session Schedule

Friday, November 13 - 7:30 - 8:45 am

### **The Same Sky Project - Music Theater/Music Therapy**

*Presenter(s): Tom Sweitzer, MT-BC*

The Same Sky project was conceived by A Place to Be Music Therapy in Middleburg, Virginia. The cast is made up of 25-40 music therapy clients. A production is created from music therapy sessions. This touring production has now seen over 20 thousand audience members. This presentation will teach what the project is and how music therapists can create their own Same Sky project.

### **The R.E.A.L Me Project: Understanding Body Image Disturbances & Program Development**

*Presenter(s): Danielle Shelton, MM, MT-BC*

Body dissatisfaction and distortion issues are becoming increasingly prevalent in males and females of various age groups, ethnicities, and cultures. This presentation will help clinicians understand the psychological complexities of body image disturbance, design therapeutic programs within your community, and implement effective music therapy interventions with various populations.

### **5 Keys to Unlock the Music Therapist in You!**

*Presenter(s): Maria Battista-Hancock, LCAT, MT-BC; Elaine V. Kong, MM, MT-BC; Music Therapy Interns*

Discover how your education, personal musical background, and areas of interest, will help you become the best music therapist you can be. A team of professional music therapists and their interns will present the five most important keys to unlocking your potential, while recognizing and overcoming obstacles along the way. You want to be there!

### **Ethnomusicology Revisited: 2000-2015**

*Presenter(s): Michael Rohrbacher, PhD, MT-BC*

Building upon a presentation at the 9th World Congress of Music Therapy (1999), scholarship in ethnomusicology since 2000 is presented. This session will focus on current research methods and outcomes, theoretical constructs, and interdisciplinary approaches (including cognitive and medical ethnomusicology) of potential benefit to music therapy, as well as strategies for application to practice and research.

### **Introduction to Neurologic Music Therapy for Students: Science and Clinical Practice**

*Presenter(s): Corene Thaut, PhD, MT-BC*

This presentation will give you a basic introduction to the evidence based practice of Neurologic Music Therapy (NMT), a research-based system of standardized clinical techniques which are used address functional goals with a variety of neurologic disorders including: Alzheimer's disease, traumatic brain injury, Parkinson's, stroke, autism, cerebral palsy, developmental disorders, and multiple sclerosis.

### **Following the Child's Lead as an Evidence-based Strategy for Autistic Children**

*Presenter(s): John A. Carpente, PhD, LCAT, MT-BC*

Following the client's lead is at the heart of relationship-based music therapy work. It involves creating music experiences based on the client's emotionality, being, interests, and preferences while considering musical and biological differences as the basis and precursor for engagement and social reciprocity. In addition, it provides the therapist with a glimpse into the client's emotional world in terms of preferences, tendencies, strengths, and challenges within the context of relationship. This presentation will provide clinical and theoretical rationale as well as research to support the technique of "following the client's lead" within the context of working with autistic individuals. In addition,

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## Concurrent Session Schedule

practical clinical musical techniques will be discussed. Clinical video excerpts will be used throughout the presentation to illustrate concepts.

### **How to Create and Deliver a Powerful Presentation**

*Presenter(s): Sally Bonkrude MA, LPC, MT-BC*

As part of our professional responsibilities, we are required to spread the word about music therapy to our communities and beyond. I'll show you how to engage your audience, plus keys to presenting an interesting and powerful presentation. Anxiety? No problem, I'll share with you the antidotes. Join me.

### **If I Could Hear Her Sing Again: Music Therapy and Huntington's Disease**

*Presenter(s): Monique van Bruggen-Rufi, MAT, NMT-F, SRMT*

The presentation will highlight RCT-research that is taking place in The Netherlands as part of a PhD study on the effects of music therapy on expressive and communicative skills as it correlates to change of behavior in patients with Huntington's Disease. Video-footage of patients will be included.

### **Student Guitar Bombardment**

*Presenters(s): Robert Groene, PhD, MT-BC, Roy Kennedy, PhD, MT-BC*

Topics to include:

The Beatles: Capturing their essence with a single guitar on a few of their tunes

Country bass runs and a few licks

Travis Folk Picking: Three finger and thumb style

60s Folk and 90s Folk

Baritone Uke Playing: Bar chords, fingerpicking, and strumming. These techniques will be presented in the context of rock n' roll songs.

### **Music Therapy as Surgical Support: Interventions, Techniques, & Considerations**

*Presenter(s): Chris Millett, MM, MT-BC; Austin Robinson, MM, MT-BC*

The presenters will share an overview of research, interventions, techniques, and considerations for working in surgical settings. Live, evidence-based and experiential demonstrations will empower music therapists to address a variety of needs and work collaboratively with medical staff in this setting.

### **Developing Together: A Developmental Model of Supervision**

*Presenter(s): Scott Horowitz, MA, LPC, MT-BC*

The supervisory relationship can be simultaneously enriching and challenging for both students and supervisors. During this presentation, developmental models for supervision will be explained, and the parallel nature of student and supervisor development will be highlighted. Multicultural and ethical considerations in music therapy supervision will also be discussed.

### **Music Therapy in Adolescent Mental Health Inpatient Treatment: Survey of Current Practices**

*Presenter(s): Kaylie Johnson, music therapy student; Annie Heiderscheit, PhD, LMFT, MT-BC; Jessica Lee, MT-BC*

This presentation describes the process of designing and conducting a student-driven research project under faculty supervision and in collaboration with a community music therapist. Data from the survey study will be discussed and results regarding the current music therapy practices and methods utilized in adolescent mental health inpatient treatment will also be presented.

## Concurrent Session Schedule

### **Cross-Cultural Therapeutic and Educational Experiences**

*Presenter(s): Anita L. Gadberry, PhD, MT-BC; David L. Gadberry, PhD*

Looking to learn about different cultures? The presenters will share their experiences of music therapy and education in China and Poland. Considerations for work abroad and discussion of cross-cultural music experiences will ensue.

### **Trending Topics #1: Skills**

See pages 3-4.

Friday, November 13 - 9:00 – 10:15 am

### **Rock Your Speech - Rock and Roll Music as a Tool for Speech Development**

*Presenter(s): Tom Petersson, (founding member of one of the most iconic American rock bands of all time, Cheap Trick); Alison Petersson; Maegan Morrow, MT-BC*

The founding member/bass-guitarist of the legendary American Rock Band, Cheap Trick, created Rock Your Speech! Rock Your Speech's mission is simple: Use Rock and Roll to help children communicate. Inspired by his young son who is on the Autism spectrum, Rock Your Speech is developed with a Rock & Roll sensibility.

### **Economical Options for Recertification and How to Track Your Credits Online**

*Presenter(s): Deborah Layman, MM, MT-BC*

Completing 100 credits for recertification does not have to break the bank! Learn and discuss economical ways to obtain credits while advancing your skills and knowledge as a music therapist. Learn how to record your credits and track your recertification status online.

### **Student Guitar Bombardment**

*Presenter(s): Jon Oden, MT-BC; Mark Ahola, MM, LCAT, MT-BC*

Topics to include:

Hip Hop Guitar: How to play a strum pattern suitable for hip hop influenced pop music

Pentatonic Improvisation: How to accompany clients improvising on black keys to play major, minor, blues pentatonic scales

Finding I, IV, V with Bar Chords: How to easily and quickly locate I, IV, V chords in any key when using bar chords or power chords

Goin' to K.C. via Chicago blues: Learn to play rhythm/bass patterns and riffs to the song Kansas City.

Altering Guitar Accompaniment: How to advance guitar proficiency beyond

Repetitive strum patterns and chord changes

### **Professional Leadership from the Start!**

*Presenter(s): Amber Weldon-Stephens, EdS, LPMT, MT-BC; Jean Nemeth, PhD, MT-BC*

A student centered session on the advantages of using leadership skills to propel a future in the career of music therapy. The participants will analyze their own leadership styles and look at the possibilities of matching their gifts to the best population and area of practice.

## Concurrent Session Schedule

### **Take Me Home, Music Therapy: Making the Most of Music Therapy Services through Home Programming**

*Presenter(s): Ronna S. Kaplan, MA, MT-BC; Lori Lundeen-Smith, MS, CF-SLP, MT-BC*

How can music therapy's impact be maximized in the home environment? Through numerous case examples, presenters will discuss time-tested and "parent-approved" areas of concentration in music therapy sessions that then translate and transfer to home, focusing on Music Therapy for Learning, for Living, and for the Love of Music.

### **Towards Developing a Language for Music Therapy Graduate and Doctoral Distance Program Design**

*Presenter(s): Rebecca Zarate, PhD, LCAT, MT-BC; Sally McKnight Harrison, MM, LMHC, MT-BC; Michele Forinash, DA, LMHC, MT-BC; Christine Routhier, LMHC, MT-BC; Leticia Prieto Alvarez, LMHC, MT-BC*

Developing a language for robust distance learning in music therapy program design is discussed from three major areas of practice: nurturing presence, identifying methods of course delivery, and tools repertoire. A larger conversation about the concerns and ideas pertaining to ethics, theoretical and philosophical grounding, and pedagogy perspectives is encouraged.

### **Music Therapy for Women Survivors of Violence: Current Practice & Research Trends**

*Presenter(s): Sandra L. Curtis, PhD, MTA, MT-BC*

Violence against women is recognized by the World Health Organization as a serious and pervasive healthcare issue internationally. The latest in clinical work and research with these survivors is presented, documenting ways music therapy can assist, providing evidence-based support for securing resources for and ensuring best-practices services.

### **WFMT 30th Anniversary: Celebrating our History and Growth**

*Presenter(s): Amy Clements-Cortes, PhD, MTA, MT-BC; Gene Behrens, PhD, MT-BC; Rose Fienman, MSW, MT-BC; Anita L. Gadberry, PhD, MT-BC; Annie Heiderscheid, PhD, LMFT, MT-BC; Melissa Mercadal Brotons, PhD, MT-BC; Dena Register, PhD, MT-BC; Jen Spivey, MA, MS, MT-BC; Daniel B. Tague, PhD, MT-BC; Claudia Zanini, PhD*

Significant events of the past 30 years will be shared alongside a timeline of the growth of music therapy in the eight regions of the World Federation of Music Therapy (WFMT). Highlights will include: education and training, certification, publications, WFMT projects, assembly of student delegates, research and WFMT World Congresses.

### **Music Therapy and ASD – Tools for Educators**

*Presenter(s): Blythe LaGasse, PhD, MT-BC; Marcia Humpal, MEd, MT-BC; Petra Kern, PhD, MTA, DMtG, MT-BC*

AMTA's Strategic Priority on Music Therapy and Autism Spectrum Disorder (ASD) presents this session spotlighting the ASD Teaching Resource Kit designed for classroom instruction. This teaching kit provides resources that cover developments in ASD treatment and current evidence-based practices for working with ASD. These materials will help educators teach the most current information about music therapy for persons with ASD.

### **Present the Best Version of You: A Mission-Building Writing Workshop**

*Presenter(s): Michelle Erfurt, MT-BC; Kerry Cornelius, MT-BC*

In this power-packed, interactive writing workshop, learn how to communicate your purpose to present the best version of you online and in person. You'll work in small groups to create a mission statement and biography that you can use immediately.

## Concurrent Session Schedule

### **East Meets West: Needs of Asian Students in the Classroom and Clinic**

*Presenter(s): Laura Beer, PhD, ACMT, MT-BC; Feilin Hsiao, PhD, MT-BC*

A discrepancy exists between Asian students' needs and the expectations of their teachers and supervisors that is invisible, yet pervasive. The purpose of this roundtable is to generate a discussion amongst educators, clinical supervisors, and students on how to best support Asian students in their classroom and clinical experiences.

### **Music Therapy Partnerships with Adult Continuing Education**

*Presenter(s): Cheryl Stephenson, MM, MT-BC; Dianne White, MT-BC*

Partnerships for adult continuing education programs are a great way to present programs for wellness and music involvement in our communities. Explore ideas for adult continuing education courses in music learning and wellness that are offered in conjunction with a community music school and a local community college partnership.

### **From the Inside Out: Exploring the Dynamic Process of Music Therapy Supervision**

*Presenter(s): Conio Loretto, MS, LCAT, MT-BC; Haden Minifie, MS, MT-BC*

This presentation will explore the rich, dynamic elements of supervision for a recently graduated music therapy intern. The intern will candidly reflect on the process of learning and growing within an improvisational, person-centered way of practicing music therapy, discussing both strengths and challenges within the process and demonstrate how these manifested in clinical practice through videotaped examples from session work. The supervisor will also share perspective of the process, examine developing roles, and highlight decisions made to guide the intern's clinical and interpersonal development. A discussion of references that enhanced the overall process will also be included. This rare and honest glimpse into the supervisory relationship will be useful for both supervisors and supervisees alike.

### **Research Committee Presents: Policy Imperatives: The Impact of Research on Music Therapy Recognition, Access, and Funding**

*Presenter(s) Judy Simpson, MT-BC*

The phrase, "research to practice" encompasses more than the application of relevant findings to practice settings. "Research to practice" also includes the use of research to influence public policy, professional recognition, service access, and reimbursement. This presentation will highlight standards of research evidence and quality requested by federal, state, and local policymakers when determining services included within education and healthcare settings. Challenges that currently exist must be acknowledged when politics interfere and legislative and agency stakeholders use "research" as a reason to restrict access to music therapy.

Friday, November 13 - 12:30 - 1:45 pm

### **Lunch Blues Jam**

*Peter Meyer, MA, MT-BC, Coordinator*

Lunch Blues Jam

## Concurrent Session Schedule

Friday, November 13 - 2:00 - 3:15 pm

### **An Overview of Evidence-Based Music Therapy with Premature Infants in Neonatal Intensive Care**

*Presenter(s): Jayne Standley, PhD, MT-BC*

This session for students will provide an overview of evidence-based music therapy practice with premature infants in the Neonatal Intensive Care Unit (NICU), including discussion of the fragility and vulnerability of premature infants, their medical and neurodevelopmental needs, and research based music therapy methodologies for specific problems. Those attending this overview session will have a basic awareness of how to:

- Relate issues of neurological development and maturation in the third trimester of fetal development to implications for clinical treatment of the premature infant and their parents
- Cite problems and needs of the premature infant and his/her family
- Understand the importance of knowing NICU protocols for interacting with premature infants
- Understand medical and music therapy needs and objectives for premature infants and how to find the research evidence for these procedures
- Recognize the needs of other medically fragile infants in NICU care.

### **Student Guitar Bombardment**

*Facilitator(s): Jamie Bartschi, MMT, MT-BC; John Carpenite, PhD, LCAT, MT-BC*

Topics to include:

Moveable Open Chords: Easily-fingered but mature-sounding chords. Adding beautiful drones and dissonances to your accompaniments by just moving up the frets

Un-Barred Bar Chords: Breaking the rules of bar chords for easy fingering and amazing sound

Reverse Capo Work: An instant method of open tuning that is perfect for adaptive instrumentation, stunning one-fingered harmonies, and accompanying your own melodies.

Eastern Accompaniment to Drumming: Exploring a Middle Eastern idiom to accompany clients drumming

Accompanying a Single Tone: accompanying a single tone (i.e., perseverative playing) using simple chord progressions and basic chord substitutions (i.e., functional harmony)

### **A Gozar! Latin Rhythms Workshop for Music Therapists**

*Presenter(s): Ariel Weissberger, MA, LCAT, MT-BC*

Spice up your sense of rhythm through the engaging nuances of Salsa, Bolero, and Cha-cha-cha. This presentation is designed to help you incorporate Latin rhythms in your sessions to better serve your clients' music preferences and musical backgrounds.

### **Set Your Sights For Growth! Effective Goal Setting Techniques for Business Owners**

*Presenter(s): Tim Ringgold, MT-BC*

Congratulations, business owner, you're your own boss! So, who's going to keep you motivated and organized to grow your business? You are! Come learn the secrets to successful goal setting, plus a proven process for implementation. Leave with at least two solid, achievable goals, and a plan to reach them!

## Concurrent Session Schedule

### **Meeting a Growing Need: Music Therapy for Adults with Intellectual Disabilities**

*Presenter(s): Jennifer D. Jones, PhD, MT-BC; Nicole R. Rivera, EdD, MT-BC; Edward T. Schwartzberg, MEd, MT-BC*

This presentation will focus on music therapy for adults with intellectual and developmental disabilities. The panel will present research literature, summary of two descriptive studies, and case examples with a special focus on post-high school transitions, adults with Autism Spectrum Disorder, and the unique needs of older adults with ID/DD.

### **Arts in Medicine: Expanding the Music Therapist's Role in Healthcare**

*Presenter(s): Christine Neugebauer, MS, LPC, MT-BC*

Arts in Medicine programs are increasing in medical settings allowing the opportunity for music therapists to expand their role in healthcare. This presentation will review the steps involved in starting a program from scratch including development, implementation, procedures, community collaboration, and role differentiation between therapists and artists.

### **Behind the Music: Effective Songwriting Strategies with Insight from a Parent and Live Performance**

*Presenter(s): Angela Neve, MM, MT-BC; Andrea Moriarty*

Learn songwriting strategies and how to use them with and for various clients. This interactive workshop will present effective techniques from the life of one client with autism including his parent's perspective on maximizing family engagement, vocational purpose, and community inclusion. It includes live performances showcasing songs on a CD co-written with a music therapist.

### **For Students Only: Try it Out: EBP Strategies that Matter for Individuals with ASD**

*Presenter(s): Petra Kern, PhD, MTA, DMtG, MT-BC; Amber Weldon-Stephens, EdS, LPMT, MT-BC; Jean M. Nemeth, PhD, MT-BC; Patti Catalano, MM, MT-BC*

This student-oriented session, presented by AMTA's Strategic Priority on Music Therapy and Autism Spectrum Disorder (ASD), brings to life strategies that work for individuals with ASD. Get ready to provide successful music therapy interventions by learning about ASD and how to apply evidence-based strategies identified by the National Autism Center (2015) to your music therapy practice.

### **Post-operative Pain Management for Teens: Clinical Research Report**

*Presenter(s): Mary S. Adamek, PhD, MT-BC; Charmaine Kleiber, PhD, RN, FAAN*

Spinal fusion for adolescent idiopathic scoliosis is one of the most painful surgeries experienced by adolescents. This presentation will describe the development, use and effect of a music therapy pre-operation video training program designed to help adolescents cope with post-operative pain and anxiety during a live music therapy session.

### **21,600 Perspectives: A Holistic View of Theory, Practice and Research**

*Presenter(s): Roberta Kagin, PhD, MT-BC; Jana Skrien Koppula, MT-BC*

Music therapists often feel the need to adhere to one theoretical perspective to the exclusion of others, and wonder what the "right approach" is for their practice. This presentation will highlight the need for specialization and how there is kaleidoscope of richness in looking at the sum of its parts.

### **Involving Senior Citizens in Group Music Therapy**

*Presenter(s): Joseph Pinson, MA, MT-BC*

View a demonstration of a session designed for small group music therapy with seniors that engages their cognitive skills, their motor skills, their communication skills, and their social skills.



## Concurrent Session Schedule

### **Developing Multicultural Perspectives in Music Therapy: Awareness, Knowledge, Skills**

*Presenter(s): Florence Ierardi, MM, LPC, MT-BC*

Music therapists have the unique advantage of approaching another's cultural experience through the musical relationship. Doing so with intention requires self-reflexivity, knowledge of the client's worldview, and interventions that respect multicultural intersectionalities. Learn about a model for engaging in this lifelong learning process, applicable in clinical, educational and supervision contexts.

### **Infant-Directed Singing for Self-Regulation: The Role of Therapist and Mother**

*Presenter(s): Shannon de l'Etoile, PhD, MT-BC; Helen Shoemark, PhD, RMT; Deanna Hanson Abromeit, PhD, MT-BC; Friederike Haslbeck, PhD, SFMT, DMtG*

Using infant-directed singing as a therapeutic intervention involves collaboration between therapist and mother to achieve meaningful outcomes for at-risk infants, including self-regulation as needed for secure attachment. This interactive panel discussion led by international researchers and clinicians will explore the feasibility of infant-directed singing in infant-focused and family-centered interventions.

### **Research Committee Presents: Improving Quality and Access: Music Therapy Research 2025 (MTR2025)**

*Presenter(s): Barbara Else, LCAT, MPA, MT-BC*

MTR2025, an AMTA initiative offering guidance on future research in music therapy, is active, alive, and growing, thanks to you! This session provides an update on MTR2025 including highlights from the July, 2015 symposium presentations and an overview of recommendations to date. A facilitated discussion on future research in music therapy and team science will include tools on legacy mapping for research and practice. Attendees of the July MTR2025 symposium are encouraged to attend. Open to all.

### **Federal Advocacy 101**

*Presenter(s): Rebecca Preddie*

Hear from AMTA's Federal Programs Analyst about the many ways that AMTA advocates for music therapy on a national level and how you can support those efforts. Topics discussed will include (but not limited to): Affordable Care Act (ACA), Elementary and Secondary Education Act (ESEA), and Music Therapy and Veterans/Military.

Friday, November 13 - 3:30 - 4:45 pm

### **Master's Level Entry (MLE) Subcommittee Presentation of 2015 Work to Educators and Internship Directors**

*Presenters: Mary Ellen Wylie, PhD, MT-BC and Members of the MLE Subcommittee*

Information gained from the spring regional conferences, from surveys of educators and internship directors, and from committee research to address items on the "Not Yet Investigated" list will be presented. A portion of time will be allocated to questions and comments from the audience.

### **Music Therapy Goals Can Be Understood Musically, Too!**

*Presenter(s): Brian Abrams, PhD, MT-BC; Kathleen Murphy, PhD, LPC, LCAT, MT-BC; Kristen O'Grady, MA, MT-BC; Noah Potvin, MMT, MT-BC; Laurel Young, PhD, MTA*

Many in the music therapy profession understand certain aspects of their work according to music as a guiding, aesthetic principle. This understanding extends to the targeted outcomes of the work (goals) as

## Concurrent Session Schedule

well. This panel will share different perspectives on ways in which music therapy goals can be understood musically.

### **Student Guitar Bombardment**

*Presenters(s): John Carpente, PhD, LCAT, MT-BC; Destiny Henn; Peter Meyer, MA, MT-BC*

Topics to include:

Nordoff-Robbins Guitar Techniques: Creating a musical emotional environment via dorian and mixolydian modes (meeting client's playing)

Rock Guitar: Power chords, palm mute, hammer ons/pull offs, misc. techniques, demonstration on the Jamstik, a MIDI electronic guitar.

Jazz Guitar Workshop: Learn "Freddie Green" style chords and accompaniment and how to improvise through "the changes"

### **Music Therapy and Guillain-Barre Syndrome**

*Presenter(s): Mary Brieschke, MT-BC*

The presenter will discuss the role music therapy played in the case of a teenage hospital patient diagnosed with Guillain-Barre Syndrome (GBS). Interventions used, how they related to stages of GBS, and how to establish music therapy as an integral part of the interdisciplinary approach will be discussed.

### **Early Childhood Mental Health: Current Research and Practice**

*Presenter(s): Meredith R. Pizzi, MT-BC; Elizabeth K. Schwartz, MA, LCAT, MT-BC*

The concerns surrounding early childhood mental health continue to increase. Research has demonstrated a need for preventative and universal services for young children and their families. This session will focus on the unique role of music and music therapy in developing sound mental health for young children.

### **How to Effectively Develop and Publish Interdisciplinary Music Therapy Clinical Trials**

*Presenter(s): Joanne Loewy, DA, LCAT, MT-BC; Amy Clements-Cortes, PhD, MTA, MT-BC*

Preparing integrative research inherently leads to collaborative knowledge, combining peer-colleague perspectives across related subject disciplines—from the proposal stage, to collection of data, synthesis of findings, and statistical interpretation—which supports authorship. Submission processes including navigation of reviewer comments can be strategized to achieve successful papers that highlight current trends in music therapy literature.

### **Piano and Percussion Accompaniment Toolbox for Dementia Residents: Two Decades of Research**

*Presenter(s): Lee Anna Rasar, WMTR, MT-BC; Brogan Resch*

This session will review two decades of research on a dementia unit which sought to determine the effectiveness of paired associations of playing instruments or performing actions along with different piano and percussion accompaniment patterns in eliciting therapeutic responses from residents. Participants will engage in performing accompaniments paired with specific goals.

### **Orff-Based Music Therapy: Addressing Anxiety and Beyond**

*Presenter(s): Michael R. Detmer, MME, MT-BC*

Creating a musically rich environment through simple interventions that allow clients to actively participate can be challenging. An Orff-based music therapy approach implicitly provides opportunities for autonomy, active engagement, emotional expression, and more. An experimental study demonstrating the effects of this approach will be discussed with interactive interventions to follow.

## Concurrent Session Schedule

### **Building a Pediatric Hospital-Based Music Therapy Program through Philanthropy**

*Presenter(s): Annie Heiderscheit, PhD, LMFT, MT-BC; Jana Skrien Koppula, MT-BC*

Philanthropy is a viable funding source for music therapy programs. However, it is important to understand the complex aspects of donor relationships in order to build and maintain a philanthropically funded program. This presentation will include examples of building successful donor relationships, gathering and presenting data to donors, and addressing donor expectations.

### **The Real World: Music Therapy Edition**

*Presenter(s): Jamie George, MM, LPMT, MT-BC; Andrea Johnson, LPMT, MT-BC; Tasia Dockery, LPMT, MT-BC; Lana Hawkins, LPMT, MT-BC; Jordan van Zyl, LPMT, MT-BC; Hannah Deger, LPMT, MT-BC; Madison Stockel, LPMT, MT-BC; Christy Deneau; Kate Kittler*

Music therapy educational and clinical training programs prepare the music therapy student for clinical and therapeutic expectations and responsibilities. However, there are certain professional interactions and situations for which nothing except real world experience can prepare you. In this session, seven music therapists and two administrators will share personal real world experiences that have challenged them personally, professionally, and ethically.

### **A Place in the Sun: Music Therapy in Community Integrated Recovery Centers**

*Presenter(s): Rachel Haimovich, MA, CPRP, MT-BC; Tess Zakrzewski, MMT, CPRP*

Take a look inside a thriving music therapy program at a Community Integrated Recovery Center (CIRC) in Philadelphia, Pennsylvania. Through discussion, multi-media and experiential methods, participants will learn how to create and sustain a music therapy program that addresses the core principles of psychiatric rehabilitation and recovery in mental health.

### **Traversing Soundscape: Expanding the Clinical Possibilities of Popular Music in Therapeutic Songwriting**

*Presenter(s): Michael Viega, PhD, LCAT, MT-BC*

Soundscape is a term associated with the textural components of popular music that create abstract images of a sonic environment. This presentation will explore the role of soundscape in creating musical imagery that enhances lyric writing in therapeutic songwriting. Participants will learn to create and analyze songs using receptive methods as the impetus for song creation.

### **Thriving in your Internship: Seeds of Wisdom from 100 Interns**

*Presenter(s): Sandra Holten, MT-BC; Dawn McDougal Miller, MME, MT-BC*

This presentation is designed to help prospective and current interns make the most of their internship experience. The presenters will identify strategies to help students prepare for an internship and successfully navigate the stages of the internship. Information has been gleaned from topics explored within supervisions of over 100 interns.

### **The "T" is Not Silent: Trans\* Inclusion in Music Therapy**

*Presenter(s): GB Gitana-Woolf*

Gender is not binary. The statistics regarding both high suicide and murder rates of trans\* (transgender, transsexual, and intersex) people is alarming. Education about this marginalized population is necessary. This workshop will address questions and facilitate discussions about people who identify as trans\* in order to educate music therapists.

## Concurrent Session Schedule

### **Ready, Set, Improvise! Learning Improvisation the Fun Way**

*Presenter(s): Varvara Pasiali, PhD, MT-BC*

Learn about improvisation techniques for music therapists. Participants will learn how to write chants in different meters, come to understand the harmonic structure of church modes (aeolian, dorian, phrygian, lydian, mixolydian, and locrian), and improvise and compose melodies in each mode. Discuss clinical applications for each technique modeled during the session.

Friday, November 13 - 5:00 pm- 6:15 pm

### **Rhythm is the Cure**

*Presenter(s): Alessandra Belloni, REMO artist*

This session puts frame drum technique into practice. Participants will work in a circle, embracing both Tammorriata 4/4 and Tarantella 6/8 rhythms. This method will focus on giving them a useful tool for their practices. The use of tambourines and frame drums, along with movement, has an effect of healing of stress, depression and anxiety.

### **Dissertation to 3rd Year Review Part II: Rubrics & Syllabi**

*Presenter(s): Natalie Wlodarczyk, PhD, MT-BC; Melita Belgrave, PhD, MT-BC*

This presentation is aimed at doctoral students and new faculty. Come participate in the continued discussion led by two professors in their 6th and 7th years of college teaching. This discussion will specifically focus on creating syllabi and rubrics. Tips and examples will be shared.

### **Student Guitar Bombardment**

*Presenter(s): Peter Meyer, MA, MT-BC; Matthew Logan, MA, MT-BC*

Topics to include:

Jazz Guitar Workshop: students will learn "Freddie Green" style chords and accompaniment as well as how to improvise through "the changes."

Sound better, work less: Harmonic enhancements and efficiency hacks. Harmonically enhancing basic chord progressions and making chord transitions more efficient.

### **Building Bridges: Jumpstarting a Music Therapy Program at a Homeless Shelter**

*Presenter(s): Danielle "Kamica" King, MT-BC*

In 2014, a new music therapy program was developed at a homeless recovery center in a large metropolitan city. This session details the journey of that program from concept to reality, shedding light on its inception, structure, clients served, and, in particular, the highly effective collaborative community model.

### **Kids Rock Cancer: The Documentary**

*Presenter(s): Cynthia Briggs, PsyD, MT-BC; Tracie Sandheinrich, MT-BC; Ashley Warmbrodt, MT-BC*

The Kids Rock Cancer program provides children living with cancer the opportunity to participate in a therapeutic songwriting program. Since its creation in 2009, the program's music therapists have worked with more than 400 children. This 30-minute documentary introduces the viewer to the program and some of the children and families who have participated in the program.

## Concurrent Session Schedule

### **Meet the Candidates**

*Moderator: Mary Ellen Wylie, PhD, MT-BC*

Meet the candidates for the offices of AMTA President Elect and Vice President Elect. Candidates for each office will share their background and views regarding issues facing music therapy and AMTA. Time will be provided for audience questions.

### **Pay Attention! Musical Attention Control Training (MACT) for Children with Neurodevelopmental Disorders**

*Presenter(s): Varvara Pasiali, PhD, MT-BC; A. Blythe LaGasse, PhD, MT-BC*

Learn and define attentional skills (sustained, switching/attentional control, selective) and focus on treatment planning (assessment, goals/objectives) and pertinent clinical applications. Emphasis will be placed on working with children who have neurodevelopmental delays as well as suggestions/modifications for other populations. The presentation format will include theoretical discussion alternating with hands-on demonstrations.

### **Clinical Benefits of Singing for Older Adults and Caregivers**

*Presenter(s): Amy Clements-Cortes, PhD, MTA, MT-BC*

This presentation features an overview of a mixed methods multiphase research investigation that examined the benefits of music therapist-facilitated singing groups on health, wellness and successful aging of cognitively intact and/or impaired older adults and caregivers. Relevant literature, methodology, results and implications for clinicians will be shared.

### **Hot Topics in Special Education: Controversial Issues Related to Autism Spectrum Disorder**

*Presenter(s): Mary Adamek, PhD, MT-BC; Alice-Ann Darrow, PhD, MT-BC; Judith Jellison, PhD*

Special education practices have generated numerous controversies throughout the years, with many of these debates involving students with Autism Spectrum Disorder (ASD). This presentation will discuss the education of students with multiple disabilities, the new DSM-V diagnostic criteria for ASD, use of the term neurodiversity, and facilitated communication practices.

### **Music Therapy and the Affordable Care Act: New Developments and the State of Current Practice**

*Presenter(s): Daniel Tague, PhD, MT-BC; Elisa M. Aven, MM, MT-BC*

Come away from this presentation with balanced information regarding the Affordable Care Act, as well as more knowledge about the implications and impact its enactment may have had over the last two years on important population groups served by the music therapy profession. Further examination of recent changes to the law and possible implications for the music therapy profession, including access to music therapy and new opportunities for expanding music therapy services, will be presented.

### **Academic & Clinical Supervision: Sharing Resources and Exploring Skills**

*Presenter(s): Gretchen Chardos Benner, LMSW, MT-BC; Carol L. Shultis, PhD, MT-BC; Brigitte K. Sutton, MA, MT-BC*

This panel of supervisors will examine skills and qualities of an effective supervisor to aid the new or developing supervisor in gaining experience in academic and clinical supervision of students and interns. Resources will be shared and breakout discussions included. This session provides attendees an opportunity to explore specifics beyond the AMTA Conference CMTE Course on internship supervision.

## Concurrent Session Schedule

### **Misrepresentation Station: How to be a Music Therapy Professional Advocacy Champion**

*Presenter(s): Emily Bevelaqua, MMT, MT-BC; Leslie Henry, MMT, MT-BC; Carolyn Dobson, AP-BC, MT-BC; Lillieth Grand, MS, MT-BC; Cheryl Stephenson, MMT, MT-BC; Jennifer Swanson, MMT, MT-BC; Natasha Thomas, MS, MT-BC*

Let the AMTA Professional Advocacy Committee assist you with questions about misrepresentation of music therapy. What is it and what can you do about it?! Come learn what is defined as misrepresentation and how to respond, educate, and advocate like a pro. Feel free to bring concerns you have, review other sample scenarios of potential misrepresentation and explore how to develop your responses.

### **Standing Tall: The Value of Music Therapy with Adopted and/or Fostered Children**

*Presenter(s): Gillian Zambor, MSc, MT-BC*

A qualitative, phenomenological approach was taken for this study. Its aim was to investigate the potential value of music therapy as an intervention with adopted and/or permanently fostered children between the ages of 7 and 11.

### **Reducing Stress through Analytical Music Therapy Techniques**

*Presenter(s): Seung-A Kim, PhD, LCAT, MT-BC*

Chronic stress can be detrimental to one's well-being. It may also have a prolonged effect on people's lives. This presentation emphasizes the benefits of Analytical Music Therapy (AMT) techniques to assist clients in reducing and preventing stress. Using a didactic and experiential approach, the characteristics, causes, and symptoms of stress, contemporary AMT approaches and techniques for stress reduction, and the overall significance and clinical uses of Priestley's AMT techniques will be discussed. Attendees will also have an opportunity to examine their own feelings and reflections on stress.

### **Trending Topics #2: Hospice/Memory/Palliative Care**

See pages 3-4.

Saturday, November 14 - 9:30 - 10:45 am

### **Music Therapy in Eating Disorder Treatment: Clinical Applications and Considerations**

*Presenter(s): Annie Heiderscheid, PhD, LMFT, MT-BC; Danielle Shelton, MM, CEDCAT, MT-BC*

The incidence of eating disorders has been consistently increasing over the past few decades and there is growing interest in introducing music therapy into the eating disorder treatment process. This presentation will explore the complexities of eating disorders, as well as highlight clinical considerations and effective approaches and interventions for various levels of treatment.

### **Technology Tips, Techniques and Tools for your Music Therapy Practice**

*Presenter(s): Lori Frazer; Angela Neve, MM, MT-BC; Julie Guy, MM, MT-BC*

Join us for a fun session demonstrating how new technology has opened pathways for the music therapist. Technology developments in keyboard instruments provide many opportunities for music therapists working with people with autism, dementia, special needs and more. Find out how all those mysterious buttons on your portable keyboards can enhance your music therapy sessions. Adding an iPad to this mix creates even more possibilities. Instruments, practical applications, demonstrations and video examples will be included.

## Concurrent Session Schedule

### **Student Engagement in Research: Enhancing Clinical and Professional Development**

*Presenter(s): Abbey Dvorak, PhD, MT-BC; Sekyung Jang, MM, MT-BC; Eugenia Hernandez-Ruiz, MME, MT-BC; Emily Bachert; Natalie Bondank; April Firsick; Rayna Goldsmith; Lilly Karrer; Kolby Koczanowski; Halle Nick; Maggie Nickl; Jordan Pfeifer; Kenzi Ruther; Kaitlyn Schroeder; Julia Sims; Jamie Venzian; Lane Zipsie*

Students and faculty describe their experiences with Institutional Review Board-approved classroom research projects, share positive and challenging aspects of team-based research, discuss the importance of engaging students in research endeavors for their clinical and professional development, and provide practical suggestions for incorporating these types of projects within academic and clinical settings.

### **Performance, Exhibition, and Publication: Creative Collaborative Interventions for the Forensic Population**

*Presenter(s): Alison Etter, MT-BC; Jaimie Peterson, MAAT, ATR*

Become versed in an overview of music and art interventions used in a forensic psychiatric hospital. Attendees will learn about court committed adults and their unique goals for recovery including performance, exhibition, and publication. Stigma reduction with this population and special considerations regarding ethics when showcasing works will be discussed.

### **Shame and Music: Exploring Implications for Music Therapy**

*Presenter(s): Barbara Dunn, PhD, LICSW, MT-BC*

“My 3rd grade teacher told me to mouth the words.” Heard this before? Explore how certain music experiences can trigger feelings of shame and keep us, and our clients, from living wholehearted lives. Learn about tools that can be employed to help address shame.

### **Inter-Professional Education: Music Therapy and Nursing Students Engaged in Collaborative Research**

*Presenter(s): Sheri Robb, PhD, MT-BC; Deanna Hanson-Abromeit, PhD, MT-BC; Eugenia Hernandez-Ruiz, MME, MT-BC; Lindsey May, RN; Rebecca Kurtz; Megan McCluskey; Alyssa Ott; Alyssa Beloit; Sarah Daugherty; Oladele Oyedele; Allison Rager; Emily Storkman*

Panelists illustrate Inter-Professional Education (IPE) processes within the context of an innovative honors research program involving faculty, undergraduate, and doctoral students from two professions. Faculty and students share information on: IPE, the student research project and corresponding IPE elements, and student perspectives about the IPE research experience.

### **Inclusion and the Changing Role for Music Therapists: The Need for Collaboration**

*Presenter(s): Ellary Draper, PhD, MT-BC; Laura Brown, PhD, MT-BC; Judith Jellison, PhD, RMT*

Most children receiving services under the Individuals with Disabilities Education Act (IDEA) are in inclusive settings, and increasing numbers of music therapists are working in schools. This session will include guidelines for collaborating with classroom teachers, music teachers, and other therapists to provide services in inclusive settings.

### **Groovin’ Grads: Establishing a Music Therapy Group for Immunosuppressed NICU Graduates**

*Presenter(s): Lelia Emery, MT-BC; Alejandra Ferrer, PhD, MT-BC*

Come and learn the steps to successfully implement a music therapy program for immunosuppressed Neonatal Intensive Care Unit (NICU) graduates. Discussion will center on patient and caregiver needs post discharge, challenges associated with starting a program for such a fragile population, as well as program implementation guidelines, curriculum, and philosophy.

## Concurrent Session Schedule

### **The Elephant in the Profession: Balancing Career, Family and Professional Retention**

*Presenter(s): Kristyn Beeman, MT-BC; Beth Deyermond, MT-BC; Maria Hricko Fay, MSW/LSW, LCAT, MT-BC; Kristen O'Grady, MA, LCAT, MT-BC; Carol Shultis, PhD, MT-BC; Melanie Walborn, MT-BC; Gary Verhagen, MM, LCAT, MT-BC*

Let's get the conversation started! Balancing a career in music therapy and family life can be challenging! This roundtable presentation and discussion will explore challenges and issues related to this work-family relationship and the effects it has on professional retention. Diverse perspectives will be offered as a way to promote open and honest dialogue about ways to increase retention in the music therapy profession.

### **Intergenerational Choir: A Practicum Experience**

*Presenter(s): Melita Belgrave, PhD, MT-BC; Alice-Ann Darrow PhD, MT-BC; Natalie Wlodarczyk, PhD, MT-BC; students from Drury University, Florida State University, and University of Missouri-Kansas City*

Join music therapy faculty, graduate teaching assistants, and music therapy students for a discussion of three intergenerational choir practicum experiences. Presenters will describe the music therapy treatment process and interventions. Attendees will receive a packet of music therapy interventions and repertoire ideas to use in the intergenerational choir setting.

### **The Pop Selfie: Songwriting Approaches to Build a Healthy Identity Post Injury**

*Presenter(s): Felicity A. Baker, PhD, RMT*

Songwriting provides a medium to explore past, present, and imagined future selves. Grounded in the presenter's research, this presentation describes theories and six domains of the self-concept, presents models of songwriting appropriate for neurorehabilitation (and other) contexts, and presents potential mechanisms activated by the songwriting process.

### **The Music Therapy and MIDI Protocol with Hospice Patients diagnosed with COPD**

*Presenter(s): Thomas A. Dalton, LMHC, MT-BC*

Learn about the use of a Music Therapy and MIDI Protocol (MTMP) with hospice patients with Chronic Obstructive Pulmonary Disease (COPD). The benefits of singing, song choice, songwriting and musical improvisation using a MIDI breath controller with a computer, iPad, and specific software applications will be presented and demonstrated.

### **Feedforward: A Cognitive Neuroscience Perspective on Learning and Music Therapy**

*Presenter(s): Hakeem Leonard, PhD, MT-BC*

Explore developing knowledge in cognitive neuroscience and how it relates to learning and music therapy. Reality evolves from predictions in the mind, influenced by individual mental constructs. Key concepts are broken down and paired with examples. Participants are challenged to apply this thinking to practice and research.

### **Many Models of Treating Visual Impairment & Deaf-Blindness – Best Practices for MT-BCs**

*Presenter(s): Amanda Bryant, MT-BC; Jenny Karnes, MT-BC; Natasha Thomas, MS, MT-BC/L*

This panel presentation will answer clinical questions and provide various best-practice perspectives on treating clients with Visual Impairment/Deaf-Blindness from birth to adulthood, from center-based models to state school residential systems. Learn from the professionals near you and how you can improve outcomes for your students with visual impairments!



## Concurrent Session Schedule

### **Research Committee Presents: Cultivating an Evidence-Based Culture in Music Therapy**

*Presenter(s): Eric Waldon, PhD, MT-BC*

Is music therapy an evidence-based discipline? This question, among others, will be explored using recently published findings and perspectives from the literature. Additionally, discussions from MTR 2025 will be used to frame recommendations for training, continuing education, and publication.

### **Learning to Harmonize: Opportunities for Music Therapists and Therapeutic Musicians to Collaborate and Cooperate**

*Presenter(s): Judy Simpson, MT-BC; Dee Sweeney, CCM*

Interactions between music therapists and therapeutic musicians in healthcare settings can sometimes trigger defensive responses. This session will feature representatives from both groups discussing specific ways to foster cooperation and explore possible collaborative projects. Professional recommendations for facilitating conflict resolution in difficult situations will be offered.

Saturday, November 14 - 11:00 am - 12:15 pm

### **Master's Level Entry (MLE) Subcommittee Recap of 2015 Work**

*Presenters: Mary Ellen Wylie, PhD, MT-BC and Members of the MLE Subcommittee*

Data collection, processing and dissemination continued in 2015. Subcommittee members will summarize information gathered at conferences, through surveys, and from our on-going investigations. A portion of time will be allocated to questions and comments from the audience.

### **Trending Topics #3: Adults**

See pages 3-4.

### **Research Committee Presents**

*Presenter(s): TBD*

TBD

### **Examining Lived Experiences of Singing in a Bereavement Support Music Therapy Group**

*Presenter(s): Laurel Young, PhD, MTA; Adrienne Pringle, MMT, MTA*

Although singing is an inherent part of grieving in many cultures, little research has been conducted in this area. The purpose of this study was to better understand how singing/vocal techniques were experienced by adult participants in a bereavement support music therapy group that took place in a community-based hospice.

### **Professional Writing Skills – Convey Your Thoughts Correctly, Clearly, Concisely, and Effectively**

*Presenter(s): Carol A. Olszewski, MA, MT-BC*

Errors in writing reduce a writer's effectiveness to convey information and opinions and may create doubt in a reader's mind. Professionally, writing well is imperative to gaining support and finding success, especially within interdisciplinary teams. This presentation will cover common mistakes and easy fixes to improve clinical writing.

## Concurrent Session Schedule

### **Music Therapy Philosophy Slam III**

*Presenter(s): Kayla C. Daly, LMHC, MT-BC*

Philosophy is defined as a study of the principles underlying a discipline. This session will be the third spirited discussion (the first two were held at the 2013, 2014 AMTA conferences) exploring the following questions: Can there be an inclusive philosophy of music therapy? How does philosophy impact the future growth of the profession of music therapy? What philosophical quandaries arise over our community exploring a dialogue of its ontological status?

### **Think Inclusion: The Science, Heart, and Its Value**

*Presenter(s): Petra Kern, PhD, MTA, DMtG, MT-BC; Judith Jellison, PhD; Marcia Humpal, MEd, MT-BC; Adrienne Steiner, MM, MT-BC*

Are you taking a stand on inclusion? Inclusion practices are mandated by law, supported by research, and hold strong professional and family values, yet individuals with disabilities nationwide have uneven opportunities to experience music therapy inclusion programming. This roundtable brings together three generations of experts reflecting on the history and current status of inclusion, what inclusion means to them, and how they provide inclusive services. Each will share their top three dos and don'ts. Take away facts, stories from the heart, and a renewed understanding of the value that inclusion may bring to individuals with disabilities, their families, and friends.

### **Innovations in Music Therapy Interventions – Strategies for Adapting Music**

*Presenter(s): Laurie Farnan, MMT, WMTR, MT-BC; Michelle Schumacher, MSE, WMTR, RMT*

This presentation will explore innovative strategies for adapting popular and classical music to meet client goals. Methods and strategies of pre-listening will be explored to identify and find repeated sections of melody, rhythm or lyrics. Selected instruments will be suggested for optimal interaction and active participation to meet client goals.

### **Music Attention Control Training through the "Ons" and "Offs" of Parkinson's Disease**

*Presenter(s): Sandra L. Holten, MT-BC; Julie Alton, MM, MT-BC*

Research is beginning to show attention impairment can negatively impact gait for people with Parkinson's disease. Through the dynamic story of a patient diagnosed with Parkinson's disease, participants will learn the potential application of Neurologic Music Therapy attention techniques to gait training, coming away with strategies for working with patients with Parkinson's.

### **Can Music Support Emotion Regulation Development? A Mixed Methods Feasibility Study Exploration**

*Presenter(s): Kimberly Sena Moore, PhD, MT-BC*

Emotion Regulation (ER) development occurs in early childhood and there are many clinical populations who experience barriers to healthy ER development. The purpose of this presentation is to present results from a mixed methods feasibility study exploring the impact of a music-based intervention on ER development. Clinical implications will be examined.

### **Culturally-Sensitive Approaches for Clients of Asian Descent: How Worldviews Inform Clinical Practices**

*Presenter(s): Feilin Hsiao, PhD, MT-BC; Xueli Tan, PhD, MT-BC*

Traditional cultural values such as collectivism, hierarchical relationships, emotional restraint, and social harmony have predominantly shaped health-seeking behaviors, communication patterns, problem-solving styles, and coping responses of individuals of Asian descent. This presentation introduces culturally-sensitive approaches that connect Asian worldviews with clinical practice.

## Concurrent Session Schedule

### **Using Metaphors to Process Client Experiences**

*Presenter(s): Michael L. Zanders, PhD, LPC, MT-BC*

This presentation is based on a study that examined the use of metaphors to describe the experiences of clients in the Bonny Method of Guided Imagery and Music (BMGIM). Since this study, the knowledge gained has expanded to include how metaphors can be used in practice within any model or method as a way of processing client experiences. Metaphors are a creative form of language and music therapy is a creative form of therapy. It would seem then, that use of metaphors to describe and process experiences would help expand the verbalizing abilities of the music therapist.

### **An Introduction to Nordoff-Robbins Music Therapy for Students**

*Presenter(s): Jacqueline Birnbaum, MEd, MA, LCAT, MT-BC; Jenny Hoi Yan Fu, MA, LCAT, MT-BC; Ming Yuan Low, MA, MT-BC*

Through live, interactive music making and video excerpts illustrating clinical process, participants will be introduced to the music-centered approach to therapy pioneered by Paul Nordoff and Clive Robbins. Students will learn how the elements of music, active listening, creativity, and flexibility can be used to achieve therapeutic goals.

Saturday, November 14 - 1:30 -2:45 pm

### **Trending Topics #4: Professional**

See pages 3-4.

### **Music and Memory Panel**

*Presenter(s): Jennifer D. Geiger, MA, MT-BC; Dale Taylor, PhD, MT-BC; Leslie Henry, MMT, MT-BC; Regina Denis, MT-BC*

TBD

### **Successful Music Participation for Pre-School and School-Aged Children with Cochlear Implants**

*Presenter(s): Kate Gfeller, PhD; Virginia Driscoll, MA, MT-BC*

Cochlear implants (CIs), hearing devices designed for speech perception, are not ideal for music perception and enjoyment. This presentation includes research on music participation of pre- and school-aged children using CIs as well as developmentally suitable accommodations or pedagogical approaches associated with more successful participation in music therapy or education.

### **Age Ain't Nothin' but a Number: Tips, Strategies, and Activities for the Music Therapist Working with Preteens to Young Adults**

*Presenter(s): Natalie Generally, MEd, LPMT, MT-BC*

Explore tips, strategies, and activities that have proven beneficial within sessions for adolescents with Autism, Emotional and Behavioral Disorders, and Intellectual Disabilities within small group settings. Topics will include: Planning, Age Appropriate Themes/Units/Topics, Effective Interventions, Engaging Lower Functioning Students, Tips and Strategies, and Activities

### **From Paper to Programming: Establishing an Electronic Medical Record for Music Therapy**

*Presenter(s): Kirsten Schick, MT-BC*

Recent healthcare changes require that patient care be documented electronically rather than in the traditional, written manner. This presentation will provide instruction about the design/implementation

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## Concurrent Session Schedule

of an electronic medical record within a medical setting as well as offer suggestions as to how patient progress may be assessed/recorded.

### **Leveraging Technology and Collaboration: Music, Music Therapists and the Get Well Network**

*Presenter(s): Annie Heiderscheit, PhD, LMFT, MT-BC; Jason Albrecht, MHCA, CFLS; Sean Blum; Theresa Bulger; Kendri Scarborough*

This presentation will detail a project which involved the process of bringing music therapist-designed music to the advanced technology in a hospital-based setting. Presenters will discuss how the expert skills music therapists possess facilitate this type of project, educate and inform hospital staff and ultimately result in a valuable therapeutic tool for patient care.

### **Work/Life Balance: Cultivating Personal and Professional Growth**

*Presenter(s): Allison Gunnink, MBA, MT-BC; Emily Sevcik, MEd, MT-BC*

Work/life balance can contribute to longevity and professional quality of one's life as a music therapist. Presenters will explore current literature on self-care, burnout, and compassion fatigue of music therapists. Participants will explore means of fostering balance and wellness in personal and professional life.

### **Stop, Collaborate, and Listen: A Multi-Sensory Approach to Orientation Training**

*Presenter(s): Amanda Gilbert, CBIS, MT-BC; Rebecca Saterbak, MS, CCC-SLP, CBIS*

Designed to decrease problem behaviors due to over stimulation, this multi-modal approach to orientation training creates an environment conducive to retaining new information. Developed by a speech language pathologist, an occupational therapist, and a music therapist, this treatment protocol adds movement, sensory integration, and music to the traditional remediation of orientation in individuals with neurological impairments.

### **Effects of Music Therapy Interventions on Symptom Management in Palliative Medicine Patients**

*Presenter(s): Lisa M. Gallagher, MA, MT-BC*

This presentation will include the results of a study of data from over 1,500 patients regarding the impact of palliative medicine music therapy sessions on various symptoms, as well as the specific interventions that were effective in addressing them. Results, implications, and future recommendations will be shared.

### **The CBMT Self-Assessment Examination: Identify Strengths and Weaknesses for the Certification Exam**

*Presenter(s): Joy Schneck, MM, MT-BC; Karen Howat*

This presentation will focus on the new Board Certification Domains outline of the certification examination and the way in which the CBMT Self-Assessment Examination (SAE), an online CBMT publication, can be used to become familiar with the format of the certification exam and can be used to identify strengths and weaknesses for further exam preparation.

### **Music Therapy for Chronic Pain in Soldiers and Veterans: A Roundtable**

*Presenter(s): Joke Bradt, PhD, MT-BC*

This roundtable session is aimed at gathering music therapists who work with U.S. service members and veterans to 1) discuss music therapy approaches for chronic pain management with these clients, 2) share facilitators/barriers to successful management of chronic pain, and 3) explore possibilities for collaboratively developing and researching music therapy pain management protocols.

## Concurrent Session Schedule

Saturday, November 14 - 3:00 pm - 4:15 pm

### **Trending Topics #5: School Aged & Secondary Education**

See pages 3-4.

#### **Student Percussion Session: Percussion, Music Therapy and YOU!**

*Presenter(s): Bill Matney, PhD, MT-BC*

This hands-on student session will discuss therapeutic functions and applications for percussion. YOU will further your own potential as future clinicians to effectively and meaningfully use these instruments in therapy.

#### **EBP for ASD: Targeted Evidence-Based Focused Interventions in Music Therapy for Individuals with ASD**

*Presenter(s): Ronna S. Kaplan, MA, MT-BC*

What does it mean to be an evidence-based music therapist? This presentation will review components of evidence-based practice and articulate several examples of the most often used evidence-based focused interventions in music therapy for children, adolescents and adults with autism spectrum diagnoses. Suggested successful strategies with this clientele will be included.

#### **APAC Roundtable: Strategies and Guidelines for Special Learners in Your University Programs**

*Presenter(s): Lalene D. Kay, MM, MT-BC; Kamile Geist, MT-BC; and members of the Academic Program Approval Committee*

Discussion of strategies, guidelines and limitations for faculty (and clinical supervisors) who are concerned about educating students with special needs who are pursuing music therapy training. Current information from the U.S. Department of Education, Office for Civil Rights and how it impacts these situations will be presented.

#### **Music Therapy with Severe Behavior and Dual Diagnosis in a School Setting**

*Presenter(s): Bridget M. Shevlin, MT-BC*

This presentation will focus primarily on one-to-one and small group treatment plans for working with students ages 5-21, who possess severe behavior disorders and dual diagnoses in the Omaha Public School Setting. Come and develop a toolbox for working with behaviorally challenged students, patients, or clients.

#### **Creative Music Therapy in Premature Infants: Testing Its Influence on Brain Development**

*Presenter(s): Friederike Barbara Haslbeck, PhD, DMtG, SFMT*

First insights in an ongoing randomized, controlled, clinical trial that evaluates a possible influence of creative music therapy on premature infants' brain structure, function and development will be presented. Methods, challenges and initial results will be subjects of debate.

#### **Song Writing with Adolescents in a Medical Setting**

*Presenter(s): Raquel Ravaglioli, MT-BC*

Develop a background of general song writing techniques and support from literature about effectiveness of song writing with teens in a medical setting. Techniques from literature and personal experiences will be included. The primary purpose of this presentation is to address challenging cases that can be encountered in the hospital -- from sassy teens to those who have lost speech due to

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## Concurrent Session Schedule

medical issues. Participate in your own song writing experiences using clinical vignettes. Contraindications of specific song writing techniques will also be addressed.

### **Integrative Perspectives in Music Therapy: Meeting Client Needs for Diversified Approaches**

*Presenter(s): Brent E. Beeson, MS, MT-BC*

Music therapists with diverse orientations are invited to explore the following questions: What are your preferred approaches to music therapy? How do the major philosophies of practice intersect and complement each other? How do client needs demand integrative approaches? What are some strategies to help you diversify your perspectives?

### **A Modified Grounded Theory Exploration of Music Therapy & Quality of Life for Hospitalized Adults**

*Presenter(s): Debbie Bates, MMT, MT-BC*

Do music therapists routinely assess a patient's quality of life (QoL)? How do music therapists determine that music therapy positively impacted a patient's QoL? The results of a modified grounded theory study, in which experienced music therapists shared their perceptions of how music therapy affects QoL for adults in hospitals will be presented and discussed.

### **Music-Centered Music Therapy for People with Advanced Dementia**

*Presenter(s): Rachelle Norman, MA, MT-BC*

How can we be "in the music" with people who, because of dementia, may no longer speak, walk, or smile? What are appropriate music therapy goals for people with advanced dementia? In this interactive presentation, learn music-centered strategies for serving this population in both individual and group settings.

### **New Internship Supervision Model: Self-Determination**

*Presenter(s): Jessy Rushing, MM, MT-BC*

Supervising interns is incredibly rewarding and comes with a set of unique challenges. A new framework for approaching internship supervision has been developed and is currently being tested. This session will cover the new model, music therapy internship literature, and Self-Determination Theory. Participants will be provided with strategies for implementation.

Saturday, November 14 - 3:00 - 5:55 pm

### **State Task Force Advocacy Bootcamp 2015** (limited to current state task force members)

*Presenter(s): Maria Hricko Fay, MSW/LSW, LCAT, MT-BC; Dena Register, PhD, MT-BC; Kimberly Sena Moore, PhD, MT-BC; Judy Simpson, MT-BC*

Saturday, November 14 - 4:30 - 5:45 pm

### **Research Oral Presentations**

- Dvorak, A., Hernandez-Ruiz, E., Jang, S., Joseph, M., Borin, K., & Wells, K.E. (2015). *The meaning of music: A qualitative exploration of the experience of music therapy students*. University of Kansas, Lawrence, KS.

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- Ghetti, C., Bieleninik, L., Braarud, H. C., & Gold, C. (2015). *Longitudinal study of music therapy's effectiveness for premature infants and their caregivers (LongSTEP): Study protocol for a feasibility randomized controlled trial*. The Grieg Academy, Bergen, Norway.
- Gooding, L. F., Yinger, O. S., & Iocono, J. (2015). *Preoperative music therapy for pediatric ambulatory surgery patients: A retrospective case series*. University of Kentucky, Lexington, KY.
- Kirsh, E., Harman, E., Kraemer, K., Cotton, S., Donnenwerth, A., & Khos, S. (2015). *Believe in your voice: Music therapy for at-risk youth: A pilot trial*. Harvard Medical School, Boston, MA; University of Cincinnati, Cincinnati, OH; Cincinnati Children's Hospital Medical Center, Cincinnati, OH

### **Panel - Bridging Art & Science in Music Therapy: An Examination of Nordoff-Robbins Music Therapy and Neurologic Music Therapy**

*Presiders: Ming Yuan Low, MA, MT-BC; Carolyn Dobson, AP-BC, MT-BC*

*Panelists: Kenneth Aigen, DA, LCAT, MT-BC; Blythe LaGasse, PhD, MT-BC*

Although Nordoff-Robbins music therapy and neurologic music therapy place greater emphasis on creative and scientific considerations, respectively, the two approaches nonetheless share an emphasis on the specifics of music in their theory and practice. In this presentation, practitioners representing the two approaches will discuss video excerpts from music therapy sessions in an effort to illuminate their underlying differences and similarities.

### **A Whole New World: A Collaborative Approach to Treating Refugees**

*Presenter(s): Jessica Triana, MA, MT-BC*

Refugees have been arriving in the United States at increased rates with significant health concerns left untreated by Western medicine. This presentation investigates the effectiveness of music therapy as a non-pharmacological approach to combat medical and psychological health issues experienced by refugees living in the United States.

### **Roundtable for Educators and Internship Directors/Supervisors: Continuing Collaboration and Dialogue**

*Presenter(s): Kamile Geist, MA, MT-BC; Mary Jane Landaker, MME, MT-BC; Karen E. Miller, MM, MT-BC*

This roundtable will allow educators and internship directors/supervisors to have a dialogue and collaborate on issues related to the AMTA "Standards for Education and Clinical Training." Various issues will be highlighted for group discussion, focusing on how academic and internship sites work together to develop student competencies.

### **Grow Your Session Library: IEP Goal-Based Interventions You Can Use...Tomorrow!**

*Presenter(s): Rachel See, MA, MT-BC; Christina Whipple, MA, MT-BC*

Full of ideas, songs, and Individualized Education Plan (IEP)-based materials, this experiential presentation will provide attendees with interventions that can easily be implemented and used in their sessions. These demonstrations will assist music therapists who wish to learn new activities, approaches, and technologies that address special education objectives.

### **LIVESTRONG and Music Therapy: Partners in Improving the Cancer Experience**

*Presenter(s): Leah G. Oswanski, MA, LPC, MT-BC; Gretchen Benner, LMSW, MT-BC; Kathleen Brown, MT-BC; Bill Dluhosh, MT-BC; Lisa Gallagher, MA, MT-BC; Stephanie Morris, MT-BC; Alike Seu, MT-BC; Erin Wegner, MA, MT-BC*

In 2014, The LIVESTRONG Foundation, through their Community Impact Project, awarded \$250,000 across 13 hospitals throughout the country to model The Jeffrey Frank Wacks Music Therapy Program.

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## Concurrent Session Schedule

This panel presentation will detail the grant process from inception to completion in stages, and include the highlights and challenges encountered.

### **Spectral Analysis of Musical Instruments Used by Music Therapists with Older Adults**

*Presenter(s): Lindsey Wilhelm, MA, MT-BC*

"This shaker is broken, I can't hear it." These are words often heard by music therapists working with older adults with hearing loss. Spectral analysis of musical instruments commonly used with older adults will be presented with specific recommendations for selecting instruments based on hearing thresholds common to older adults.

### **Planting the Seeds: A Model for Interprofessional Education and Clinical Training**

*Presenter(s): Laurie Keough, MSED, LCAT, MT-BC*

Clinicians must develop attitudes and skills necessary for effective interprofessional collaboration; this is becoming increasingly relevant in all clinical settings. This presentation will share a model of interprofessional training and education occurring at one college campus inclusive of six disciplines and involving all aspects of the treatment process.

### **Change It Up: Supporting All Learners in Music Therapy Higher Education**

*Presenter(s): Laura S. Brown, PhD, MT-BC; Christine P. Leist, PhD, MT-BC*

Looking for new strategies for teaching music therapy students? Come and receive teaching practices to support the continuum of learning styles present for music therapy students in higher education. Universal Design for Learning principles that are useful for all learners will be reviewed and discussed.

### **Mindfulness Skills and Music Therapy: An Evidence-Based DBT Model**

*Presenter(s): Abbey Dvorak, PhD, MT-BC*

Dialectical Behavioral Therapy (DBT) mindfulness skills and music therapy interventions connect and enhance each other to improve outcomes for clients with severe mental illness. Participants will examine research, explore key concepts, discuss treatment process specifics, and come to understand and experience a new conceptualization of inserting mindfulness-based music therapy interventions into discrete categories for clinical practice.

### **One Voice! For Inspiration, Empowerment, Transformation**

*Presenter(s): Rachel Ebeling; Cynthia A. Briggs, PsyD, MT-BC; Soo-Jin Kwoun, PhD, MT-BC*

In November 2014, survivors of sexual and domestic violence and their advocates performed together in a live, virtual choir. Examine how performance-oriented music therapy empowers the survivors of sexual and domestic violence, raises social awareness regarding the frequency and impact of sexual violence on individuals and communities, and brings about change in the community.

### **I Got 99 Problem (Statements): Research with an Empirical State of Mind**

*Presenter(s): Nicole Hahna, PhD, MT-BC; Melody Schwantes, PhD, MT-BC; Amy Dunlap, MT-BC; Ryan Rebagay; Jerwin Monje; Elle Sanders; Alexandra Wilson*

Explore how to choose a research topic and write a purpose statement for beginning music therapy researchers. Panelists will include professionals and students with a range of experience with research.



## Concurrent Session Schedule

Saturday, November 14 - 7:30 - 9:30 pm

### **UMKC Conservatory Music Therapy Reception**

*Dr. Robert Groene & Dr. Melita Belgrave*

Alumni, Students, Friends, and Persons interested in the Program. Please drop by for some food and friendly conversation at our reception. We hope to see you there!

Sunday, November 15 - 7:30 - 8:45 am

### **Music Therapy for Adults Diagnosed with Autism: Strategies from Experienced Clinicians**

*Presenter(s): Cathy Knoll, MA, MT-BC; Patti Catalano, MM, MT-BC; Kymila J. Eubanks, MM, MT-BC; Blythe LaGasse, PhD, MT-BC; Deborah Layman, MM, MT-BC*

Adults diagnosed with autism often deal with ongoing issues and challenges over a lifetime. Five experienced clinicians with different approaches to treatment will share case examples and music therapy experiences found effective in developing therapeutic relationships with adults with autism and in working together to address specific areas of need.

### **Gospel Music Repertoire through the Ages**

*Presenter(s): Donna M. Cox, PhD; Daria-Yvonne Graham, MEd*

Taking an historical perspective, participants will explore the transformative power of African American sacred music, from early gospel to contemporary worship and praise. Participants will actively engage in music-making, moving and discussion, in order to gain tools they can readily use in study and practice.

### **Music Therapy in Nepal**

*Presenter(s): Kedar Gandhari, Clinical Music Therapist, PGDMT*

Learn about the practical aspects of working with music therapy in Nepal: Nepal and connection to the mountain, its culture and religion, its music, and the music connection.

### **Work, Reflection, Connection: The Role of Aesthetic When Philosophy Informs Practice**

*Presenter(s): Erin Fox, MA, MT-BC; Jana Skrien Koppula, MT-BC; Lindsay Rossmiller, MT-BC*

Explore the aesthetic in music therapy practice. Learn more about the importance of Gaston's philosophy of aesthetics and work in small groups to articulate and find connections between themes in your own personal philosophies and how these inform and deepen our practice wisdom.

### **Music Therapy in Youth Grief Counseling**

*Presenter(s): Deb Dempsey, MMT, LPCA, MT-BC*

As more and more music therapists work in hospice, there are an increasing number of opportunities to work with families in anticipatory grief and bereavement. Explore how music therapy can support youth who are grieving the death of a friend or loved one. Case examples will be shared.

### **Polishing the Ivories: Pedagogy to Develop Clinical Piano Proficiency**

*Presenter(s): Theresa Chardos Camilli, PhD, MT-BC; Gretchen Chardos Benner, MSW, MT-BC*

Expand your practice regime to include techniques for greater piano proficiency. Participate in this experiential session that shares successful strategies to enhance piano skills. These pedagogical practice techniques will assist music therapists to become empowered and competent when using the piano therapeutically.

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## Concurrent Session Schedule

### **Navigating the Landscape of Race: African American Perspectives**

*Presenter(s): Marisol S. Norris, MA, MT-BC*

Explore the construct of race and the diverse racial narratives of African-derived people in America. The cumulative effects of racism on mental health and common themes of micro-aggression will be discussed along with techniques to establish a racially sensitive music therapy environment.

### **Applications of Flow Theory in Therapeutic Songwriting Research and Clinical Practice**

*Presenter(s): Michael J. Silverman, PhD, MT-BC; Felicity Baker, PhD, RMT*

Flow has received much attention in the psychological literature but inadequate consideration in music therapy. Learn about flow and its nine dimensions, the person-activity-fit, flow research results concerning songwriting with adult psychiatric patients, and a model for the integration of flow into clinical practice.

### **The 'Tethered Trajectory' as a Service Model in the NICU**

*Presenter(s): Helen Shoemark, PhD, RMT*

Use the theories of need and intervention to construct a sustainable clinical music therapy service in the Neonatal Intensive Care Unit (NICU). By drawing together the trajectories of all mediating and moderating influences, the music therapist can build beyond specific interventions to a complete clinical service.

### **A Session Planning Sheet Made Simple: Version 2.0**

*Presenter(s): Roberta S. Adler, MT-BC; T. Grant Howarth, MT-BC*

This session updates a previous presentation. The revised Session Planning Sheet is appropriate for large or small group use with diverse populations (with intellectual disabilities, gerontology, psychiatry, etc.). A new Procedural Guide accompanies the document. The sheet is compatible with the MDS, AMTA Clinical Practice Standards, and CBMT Board Certification Domains.

### **Orff-Schulwerk Process in Therapeutic Settings**

*Presenter(s): Chris Dillon*

Become familiar with the Orff process, gain an overview of Orff-Schulwerk interventions in therapeutic sessions, and learn at least three Orff interventions useful in therapeutic settings.

### **Research Committee Presents**

*Presenter(s): Deanna Hanson-Abromeit, PhD, MT-BC*

TBD

Sunday, November 15 - 9:00 - 10:15 am

### **The Wounded Warriors' Independence Program: Opportunities for Team Collaboration & Veterans' Empowerment**

*Presenter(s): Sharon Graham, MM, MT-BC; Lisa Gonzalez, OT/L, CBIS; Mallory Even, MM, MT-BC; Alex Thompson; Susan Moore*

The Wounded Warrior Project provides the Independence Program nationwide for veterans who require support from their families and/or caregivers due to traumatic brain injury, spinal-cord injury, or other neurological conditions. Neuro Community Care, LLC, which oversees clinical case management for the families enrolled in the Independence Program, has sought out music therapy services and begun a

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## Concurrent Session Schedule

successful national model for treatment. Come join us to learn more about what can be accomplished for and by our brave veterans and their families!

### **Trending Topics #6: Medical**

See pages 3-4.

### **Thinking/Rethinking Introduction to Music Therapy Courses**

*Presenter(s): Andrew Knight, PhD, MT-BC; Blythe LaGasse, PhD, MT-BC*

This "Scholarship of Teaching and Learning" study examined "intro classes" in and out of the profession of music therapy. This analysis of the process in redesigning an intro to music therapy course will include preliminary data on the project through the fall semester and will also include student feedback.

### **Strength-Based Improvisation: Voice as Primary Instrument: in the Client-Therapist Parallel Process**

*Presenter(s): Robin Rio, MA, MT-BC; Lisa Jackert, MA, MT-BC*

Knowing one's music self is the foundation of strength-based improvisation (SBI), understanding that the therapist and client's vocal confidence is a parallel process. Experiential learning creates a non-threatening musical space (or container) for exploration of our human instrument as metaphor for the authentic voice with application for self-discovery and clinical environments.

### **Growing Evidence-Based Music Therapy Techniques into Evidence-Based Programs**

*Presenter(s): Ellyn Hamm, MM, MT-BC; Olena Chorna, MM, CCRP, MT-BC*

The foundation of the profession of music therapy is the use of evidence-based interventions. Join us as we focus on transferring clinical skills needed to employ an evidence-based practice into leadership skills that are the foundation for building evidence-based music therapy programs within a collaborative transdisciplinary team structure.

### **Trios Who Triage: Evidence-Based Caseload Prioritization in Pediatric Medical Music Therapy**

*Presenter(s): Ann Hannan, MT-BC; Lauren Servos, MT-BC; Marial Biard, MM, MT-BC*

Through case studies and panel discussion, the music therapy team from a pediatric hospital will present an evidenced-based method of triaging patient referrals. Initially developed by child life specialists (CCLS), it has been evaluated and adapted to promote distribution of services and collaboration with creative arts therapists, CCLSs, and school teachers.

### **Ethical Issues in Private Practice Music Therapy Employment and Contracting**

*Presenter(s): Jennifer Sokira, MMT, LCAT, MT-BC; Jamie George, MM, LPMT, MT-BC*

The growth of music therapy businesses results in many music therapists also holding the role of employer, contractor, and subcontractor. This session will assist music therapy business owners to better understand legal and ethical considerations when conducting business, as well as in navigating conflicts and dilemmas which may arise.

### **Training Program of World Music Therapy Modules - Indian Stream**

*Presenter(s): M. Hariharan, PhD*

Enjoy learning about a training program for students and professionals with special reference to Indian stream. See live music examples for organic and clinical health issues like diabetes, blood pressure, pain, speech, memory loss, Alzheimer's disease, and nervous disorders with curative modules

## Concurrent Session Schedule

### **Family Music Therapy for Promoting Family Congruence - From Dissonance to Harmony**

*Presenter(s): Beth M. Nemes, MA, MT-BC*

Moving beyond current applications of Family Music Therapy (FMT) in families and children with special needs, this presentation expands FMT to "typical" families seeking therapy. Combining Alvin's free improvisation model with Satir's experiential family therapy, three families engaged in short term FMT, promoting family communication, relationships and congruence.

### **Treating Auditory Processing in Music Therapy**

*Presenter(s): Lillieth Grand, MS, MT-BC*

Music therapists treat auditory processing issues every day which includes: perception, discrimination, memory, sequencing, vocal association, synthesis, vocal automaticity, and figure ground perception. Attending this session will allow you to begin to understand the types of auditory processing and how to target them specifically.

### **Supervising Students and Interns: A Panel Discussion**

*Presenter(s): Anita L. Gadberry, PhD, MT-BC; Lorissa McGuire, MME, MT-BC; David L. Gadberry, PhD; Olivia Catterson; Alyssa Ott*

This panel of educators, supervisors, intern, and student will illuminate some of the possibilities and potential pitfalls of supervising students and interns. Attendees will learn creative and active learning strategies to assist them in crafting successful supervisory experiences.

### **I Graduated, Now What? Finding a Job in a Growing Profession**

*Presenter(s): Katelyn Kamerad, MT-BC; Jonathan Wilcoxon, MT-BC*

Whether you're a student, intern, or new professional, navigating the job market can be overwhelming. Learn from music therapists' experiences starting in differing facilities and private practice, identify the skills necessary to obtain a job and market yourself, and examine what employers look for in resumes and interviews.

### **Hip-Hop Therapy: A How-To for Creating Rap Beats in Therapy Sessions**

*Presenter(s): Kate Stanley, MT-BC; Stephen Baker*

Do you have clients who prefer rap music? How do you create aesthetically and culturally appropriate music? This workshop will look at the musical elements of rap music and demonstrate ways for music therapists to become producers of "beats."

Sunday, November 15 - 10:30 - 11:45 am

### **Essential Outcomes-Music Therapy for Children/Adolescents with Autism Spectrum Disorder**

*Presenter(s): Mark Ahola, MM, LCAT, MT-BC; Beth McLaughlin, MSE, LCAT, MT-BC*

Within the professional learning community of the presenters' school, teams collectively identified ten essential outcomes for all students, primarily with autism spectrum disorders, in order to prepare them to be independent adults. Learn about music therapy's role as an integral part of the classroom team in promoting independence.

## Concurrent Session Schedule

### **How to Take Data When Your Hands are Full with Instruments!**

*Presenter(s): Kate St. John, MM, MT-BC; Kayla Hamilton, MT-BC*

How can music therapists collect accurate data in real time when their hands are full with instruments, while physically assisting clients, or without the assistance of another observer? This workshop will provide learners with the knowledge and tools to take accurate data, use data measurement systems, and show evidence-based outcomes.

### **Still Crazy after 30 Years: Tips for New Music Therapists from a Happy Veteran**

*Presenter(s): Betsey King, PhD, LCAT, MT-BC*

What keeps an MT-BC going for 30 years and makes him or her eager for more? More importantly, what keeps the music therapy effective and meaningful for her clients? Here is one therapist's perspective and advice on music, methods (hint: more than one), the therapeutic relationship, and keeping the joy alive.

### **Culture Change, Well-Being, and Music Therapy in Dementia Care**

*Presenter(s): Thomas Hayden, MM, MT-BC*

Learn about the current culture change movement and how it is transforming the lives of individuals living in care settings throughout the nation. Examples and discussion will be centered on individuals living with dementia, what culture change means for music therapy, and different music therapy interventions.

### **Creating a Music Volunteer Program at a Pediatric Hospital: Benefits, Logistics and Outcomes**

*Presenter(s): Jenny Plume, MA, MT-BC*

Establishing more music therapy programs in pediatric hospitals is important for the growth of the music therapy profession. In the meantime, MT-BCs employed by pediatric hospitals can provide guidance with therapeutic ways to use music by incorporating a well-trained and supervised volunteer program which can safely and ethically help patients.

### **Music Therapy with Parent-Child Dyads: The Role of Creativity in Clinical Decision Making**

*Presenter(s): Carol Ann Blank, MMT, LCAT, LPC, MT-BC*

What is the process of clinical decision making for music therapists working with parent-child dyads in individual music therapy sessions? Together with video examples of a music therapist working with a parent-child dyad, address that question and explore the literature in creativity from diverse disciplines, including music therapy.

### **Good Flow - Eurhythmics for Sensory Integration**

*Presenter(s): Nancy Dempsey, MT-BC*

Experience group eurhythmics activities designed to bring your "arrhythmic" groups together in synchrony. Target populations include children and adolescents with high-functioning autism and attention deficit disorders, but activities are equally appropriate for neurotypical populations and adults. Learn activities that can be implemented in areas with limited space.

### **Trauma Theory and Cross-Modal Expressive Therapy in Psychiatric Facilities**

*Presenter(s): Deirdre Cogan, LPC, ATCS, CCTP, AT-BC; Ryan Carroll, MT-BC; Kate Stanley, MT-BC*

For those with serious mental illness, innovative methods are required to promote recovery, increase the understanding of lived experiences, and combat marginalization and isolation. Come be inspired to engage in the use of both art and music modalities to explore the therapeutic applications of cross-modal emotional regulation, containment, and grounding.

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## Concurrent Session Schedule

### **After The Music: Sustaining Long-Term Practice Working with Terminally Ill Children**

*Presenter(s): Amy M. Love, MT-BC*

Music therapists working with terminally ill, pediatric patients are put in a unique role, needing to be open and supportive while also remaining protective of themselves and their emotions in order to sustain long-term practice. Gain concrete exercises for healthy processing and to prevent burnout and compassion fatigue.

### **Back to the Basics: Using Technology in Clinical Practice**

*Presenter(s): Kristin Noel Veteto, MM, MT-BC*

With the rise of technology, we can now make music EVERYWHERE. As music therapists, we can utilize technology to support our clients, but are we using it too much? Let's look at the research! Insights for students, interns, and clinicians using technology in their music therapy practice.

### **From Problem to Protocol: A Clinician's Foray into Interdisciplinary Research**

*Presenter(s): Clarissa Karlsson, MA, MT-BC*

Learn about one music therapist's experience of creating a music therapy intervention to address a clinical problem and forming an interdisciplinary research team to design a pilot study. Interdisciplinary partnerships were crucial in bringing this project to fruition, and will provide the groundwork for future studies.

## Research Poster Session Presentations

### Research Poster Session Abstracts

Saturday, November 14, 2:00 – 4:00 pm

#### **Music**

- Hogue, J. D., Crimmins, A. M., Kahn, J. H., & Ropp, C. (2015). *"Sing me a sad song and make me feel better": Re-exploring rewards related to liking self-selected sad music*. Illinois State University, Normal, IL.
- Bendlin, A., Jones, M., & Messick, S. (2015). *The relationship of personality and imagery type with music and imagery success*. Elizabethtown College, Elizabethtown, PA.
- Haack, B., & Silverman, M. J. (2015). *Effects of guitar accompaniment style on working alliance, session impact, and pain with hospitalized patients on a solid organ transplant unit: A randomized effectiveness study*. University of Minnesota, Minneapolis, MN.
- Gregory, D. (2015). *Test instruments used by Journal of Music Therapy authors: 1998-2014*. Florida State University, Tallahassee, FL.
- Groene, R. (2015). *A content analysis of the Beatles' music 1957 – 1970*. UMKC Conservatory of Music and Dance, Kansas City, MO.
- Blaha, A., Aulenbach, M., Harper, M., Lefeber, L., & Behrens, G.A. (2015). *Effect of iPad versus acoustic drums on social skills and playing during group drumming*. Elizabethtown College, Elizabethtown, PA.
- Bendlin, A., & Behrens, G. A. (2015). *Use of current and past popular music for song discussion/writing experiences with preteens*. Elizabethtown College, Elizabethtown, PA.
- Powell, A., & Monje, J.R. (2015). *The effect of intervallic versus stepwise melodies on novel narrative recall*. University of the Pacific, Stockton, CA.
- Madsen, C., & Bridges, C. R. (2015). *"Multitasking" and competition for focus of attention: A 15 & 30 year replication of music therapists versus others*. Florida State University, Tallahassee, FL.

#### **Professional Issues/Training**

- Alton, J. (2015). *The current state of music therapy clinical practice with adults with neurologic disorders: A descriptive questionnaire*. Ohio University, Athens, OH.
- Jones, M. (2015). *Current status of music therapy with infants diagnosed with neonatal abstinence syndrome*. Elizabethtown College, Elizabethtown, PA.
- Rivera, N. (2015). *Exploring music therapy services for adolescents and adults with Autism Spectrum Disorder in the Great Lakes Region*. North Central College, Forest Park, IL.
- Karlsson, C. J. (2015). *Different levels of practice: A comparative review of arts-in-healthcare, expressive arts therapy, and the creative arts therapies*. Drexel University, Philadelphia, PA.
- Gadberry, A. L., & Sweeney, A. (2015). *An explorative study examining augmentative and alternative communication training in the field of music therapy*. Marywood University, Moscow, PA.
- Epstein, S. (2015). *The relationship between music therapy graduates' perceptions of undergraduate curricula and graduation outcomes*. University of Miami, Coral Gables, FL.

#### **Children**

- Schwartzberg, E. T., & Silverman, M. J. (2015). *Effects of presentation style and musical elements on working memory in individuals with and without Autism Spectrum Disorder*. University of Minnesota, Minneapolis, MN.

## Research Poster Session Presentations

Whipple, J. (2015). *Music therapy intervention across the lifespan of individuals with Autism Spectrum Disorder: A meta-analysis*. Charleston Southern University, Charleston, SC.

### **Mental Health**

Waldon, E. G., & Thom, J. C. (2015). *Music in the mental health waiting room: A music medicine investigation*. University of the Pacific, Stockton, CA.

Miner, K., Crimmins, A. M., & Hogue, J. D. (2015). *Music therapy as treatment for the psychological distress of victims of intimate partner violence: comparing expressive and receptive music interventions*. Illinois State University, Normal, IL.

Gardstrom, S. D., Klemm, A., Murphy, K. M., & Miller, S. (2015). *Women's perceptions of the usefulness of music therapy in addiction recovery*. University of Dayton, Dayton OH; University of Evansville, Evansville IN; Radford University, Radford, VA.

### **Hospice/Oncology**

Schroth, C., Burns, D. S., & Edsall, M. (2015). *Developing a music therapy intervention to manage compassion fatigue in professional caregivers*. Malachi House, Cleveland, OH.

Fiore, J. (2015). *The effectiveness of a music-based relaxation intervention and a mindfulness-based intervention delivered online to decrease hospice workers' stress and improve professional quality of life*. Western Michigan University, Kalamazoo, MI.

Bates, D. (2015). *The effects of music therapy in liquid and solid tumor oncology patients*. Cleveland Clinic, Lynhurst, OH.

Letwin, L., & Silverman, M. J. (2015). *Effects of coping infused dialogue through patient preferred music on positive and negative affect and pain in patients on a medical oncology/hematology unit: A randomized effectiveness study*. University of Minnesota, Minneapolis, MN.

### **Older Adults/Aging**

Belgrave, M., & Keown, D. (2015). *Examining cross-age experiences in an out-of-state intergenerational music project*. University of Missouri-Kansas City, Kansas City, MO & Youngstown State University, Youngstown, OH.

Robinson, A. R. , & Yinger, O. S. (2015). *The effects of music on mood in individuals with Parkinson's disease: A systematic review*. University of Kentucky, Lexington, KY.

Yoo, J. (2015). *Upper extremity exercise with therapeutic instrumental music performance for activities of daily living in stroke rehabilitation: A feasibility study*. University of Kansas, Lawrence, KS.

Darrow, A. A., & Segall, L. (2015). *The effect of music-assisted nonverbal displays on older adults' positivism and sense of personal control*. Florida State University, Tallahassee, FL.



## Meeting Schedule

### Meetings on Tuesday, November 10

1:00 – 9:00 pm .....AMTA Board of Directors

### Meetings on Wednesday, November 11

8:00 am – 3:00 pm .....AMTA Board of Directors

8:00 am – 6:00 pm ..... Academic Program Approval Committee

Association Internship Approval Committee

2:00 – 6:00 pm ..... Professional Advocacy Committee

3:00 – 4:00 pm .....Joint Academic Program & Association Internship Approval Committees

4:00 – 7:00 pm .....AMTAS Officers

6:00 – 7:00 pm ..... Council Coordinators and Committee Chairs

7:00 – 9:00 pm ..... Clinical Practice Networking (formerly Special Target Populations) Committee

7:00 – 9:00 pm ..... Standards of Clinical Practice Committee

7:00 – 9:00 pm ..... Regional Presidents

7:00 – 10:00 pm ..... AMTAS Board of Directors

### Meetings on Thursday, November 12

8:00 am – 12:00 pm ..... Workforce Development and Retention Committee

AMTA Board of Directors

Government Relations Committee

Academic Program Approval Committee

Technology Committee

Affiliate Relations Committee

Standards of Clinical Practice Committee

8:00 am – 1:30 pm ..... Ethics Board

8:30 am – 12:30 pm ..... Professional Advocacy Committee

Student Affairs Advisory Board (SAAB)

9:00 – 11:00 am ..... International Relations Committee

9:00 am – 12:00 pm ..... Clinical Practice Networking (formerly Special Target Populations) Committee

11:00 am – 12:00 pm .....Joint – Academic Program Approval, Association Internship Approval &

International Relations Committees

12:00 – 1:30 pm ..... Research Committee

12:00 -6:00 pm ..... WFMT Council

12:00 – 1:30 pm ..... MLE Subcommittee

1:00 – 2:00 pm ..... imagine Editorial Team

1:30 – 5:30 pm ..... Assembly of Delegates

2:30 – 4:30 pm ..... Reimbursement Committee

3:00 – 5:00 pm ..... AMTAS Board of Directors

5:30 – 7:00 pm ..... MLE Subcommittee

Regional Board of Directors – Great Lakes Region

Regional Board of Directors – Southeastern Region

Regional Board of Directors – Western Region

Regional Board of Directors – Southwestern Region

Regional Board of Directors – Midwestern Region

6:00 – 7:00 pm .....Regional Board of Directors – New England Region

6:00 – 7:20 pm .....Regional Board of Directors – Mid-Atlantic Region

9:00 – 10:00 pm ..... Conference Choir Rehearsal

10:00 – 11:00 pm ..... Tweet-Up Networking

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## Meeting Schedule

### Meetings on Friday November 13

7:30 – 8:30 am .....	Legislative Breakfast – Invited Guests Only
7:30 – 9:00 am .....	Assembly of Delegates
10:30 am – 12:00 pm .....	AMTA Business Meeting
12:00 pm – 1:00 pm .....	Korean Music Therapists Lunch Meeting Cantonese Music Therapists and Students Network meeting The University of Iowa Lunch
12:00 pm – 1:45 pm .....	Chinese Music Therapists and Students Network meeting Taiwanese Music Therapy Students and Professionals Continuing Education Clinical Practice (formerly Special Target Populations) Networking Session
12:00 pm – 2:00 pm .....	Ethics Board
12:15 pm – 1:15 pm .....	Latin American Music Therapy Network Meeting Japanese Networking Meeting
12:30 – 2:00 pm .....	Journal of Music Therapy Editorial Board Black Students and Therapists Networking Session Music Therapy Business Owners’ Meeting
12:45 – 2:00 pm .....	Technology Committee Judicial Review Board Committee International Relations Committee Professional Advocacy Committee Standards of Clinical Practice Committee Affiliate Relations Committee Workforce Development and Retention Committee
2:30 – 5:15 pm .....	Membership Committee Education and Training Advisory Board
6:00 – 7:00 pm .....	Past Presidents Reception
6:15 – 7:45 pm .....	AMTAS Business Meeting Regional Board of Directors – Mid-Atlantic Region Florida State Music Therapists’ Meeting
6:15 – 8:00 pm .....	Advanced Competency Task Force
7:00 -11:00 pm .....	WFMT Council
9:30 – 11:00 pm .....	Japanese Music Therapy Students & Professionals

### Meetings on Saturday, November 14

7:30 – 9:15 am .....	Regional Meeting – Western Region Regional Meeting – Mid-Atlantic Region Regional Meeting – Southwestern Region
8:00 – 9:15 am .....	Regional Meeting – Southeastern Region Regional Meeting – New England Region Regional Meeting – Midwestern Region Regional Meeting – Great Lakes Region
8:00 – 9:15 am .....	Music Therapy as a Career (Invited guests only)
8:30 – 11:00 am .....	Education and Training Advisory Board
9:30 – 11:00 am .....	AMTA Board of Directors
11:15 am – 1:15 pm .....	Assembly of Delegates
12:15 – 2:15 pm .....	International Relations Global Perspectives Session
1:30 – 3:30 pm .....	Membership Committee
1:30 – 5:15 pm .....	Education and Training Advisory Board

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# Meeting Schedule

*Music Therapy Perspectives* Editorial Board

- 6:00 – 7:00 pm ..... AMTA Business Meeting
- 6:00 – 7:30 pm ..... AMTAS Business Meeting
- 7:30 – 9:00 pm ..... State Task Force Reception

**Meetings on Sunday, November 15**

- 6:45 – 7:30 am ..... Assembly of Delegates Elect
- 9:45 – 11:30 am ..... AMTA Board of Directors