

**MUSIC  
THERAPISTS...  
CHAMPIONS OF  
SERVICE AND  
SCHOLARSHIP**



# AMTA 2005 Year in Review

## Highlights

- **Member service:** First time on-line payment and registration for 2005 conference
- **Fund raising efficiency:** First online Silent Auction raises funds for hurricane relief
- **Unprecedented service and tenure:** AMTA staff celebrate 80+ years of combined continuous service
- **Scholarship:** New AMTA monographs reach music therapists and beyond; available on Amazon.com

## Inside this report:

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## President's Message: Michelle Hairston, EdD, MT-BC

### Championship in 2005

I am pleased to present the 2005 year in review, I was privileged to assume leadership as President on January 1, 2006. Indeed, it is a thrill and honor to serve an organization of champions. I observe now, more than ever, that the combined efforts of AMTA - the Board, its staff, and the entire membership represent a championship force. In 2005 we have demonstrated leadership and excellence in both service and scholarship.

The AMTA 2005 Annual Report examines our accomplishments and challenges over the past year but it also offers an opportunity to be mindful of our influence on those we touch. What we've accomplished in 2005, and look forward to in the future, directly affects those we serve as well as the profession. That is

an awesome consideration and I am grateful we operate as a team to further our goals and advance the profession.

We can be proud of our 2005 accomplishments; and, we take pride in standing by those who literally weathered the hurricanes of 2005. Their perseverance is the essence of service championship.

Scholarship means much more than a degree. It is the method of achievement that contributes to our base of knowledge. I encourage a cohesive agenda of research that supports practice policy, reimbursement, and workforce initiatives.

As a result of conservative financial management, 2005 revealed a turn around in AMTA's fiscal health. Every development effort contributes to our mission, no matter the size. Our many partnerships, such as the one with Robin Spielberg,, are win-win



*Artist's Way at Work pledges a portion of sales to AMTA with: **The Truths of Creativity***

partnerships fiscally and in terms of advocacy. Our focus will be to continue to strengthen our reserves for fiscal stability.

In 2004, we were reminded of our commitment to lifelong learning and excellence. Once again, in that spirit I ask, "What did you do in 2005 and what are your future goals as champions of service and scholarship?"

## Reimbursement and Policy

In coordination with state and regional contacts, a reimbursement education initiative was launched to members nationwide. CMTE sessions were provided at regional meetings and national conference. Guidance for educators is under review and consideration as part of student education. American

WholeHealth Networks, Inc. (AWHN), is a credential verification vendor specializing in Complementary and Alternative Medicine (CAM). AMTA's 2004 application for provider listing of music therapists was accepted. In 2005 the program was expanded and is available nationwide. Increasing numbers of insurance companies offer affinity

programs as a way to respond to customer demands and as a way to measure CAM services. Practice demand is influenced by music therapist's participation in AWHN. Therefore participation by music therapists will be analyzed to determine future continuation of the profession as a CAM listing in affinity programs offered to health insurers.



"Music and the Mind" in the November 14, 2005 issue of *Time*. The story focused on Music therapy for persons with Alzheimer's disease.

**"Champions aren't made in the gyms. Champions are made from something they have deep inside them - a desire, a dream, a vision"**

**Muhammad Ali**

Champion of scholarship!

**2005 Fultz Fund Awardee:**

**Christine Tuden Neugebauer**

**"Physical, developmental and behavioral outcomes of a group music and exercise program for young children with severe burns"**

## Policy and Practice

**CARF:** AMTA shifted from an Associate Member of the Commission on Accreditation of Rehabilitation Facilities (CARF) to a member of its International Advisory Council. This improves the ability of AMTA to contribute to standards development.

**State activity:** Government Relations activity was highly active in 14 states nationwide in 2005. Of note is the fact that actions and decisions influencing reimbursement policy and practice in one state can influence and affect similar activity in other states. Therefore, state activity is of mutual interest to music therapists in individual states, within regions and at the national level.

**NY Creative Arts Therapist License:** Under the leadership of Donna Polen, the NY State Task Force on Occupational Regulation efforts in 2005 addressed and advocated for clarification of Board Certified Music Therapists right to practice in the state. Given the potential impact of the issue within and outside New York, the aim in 2005 was to aggressively seek a favorable legislative solution.

**Oregon and evidence supported music therapy protocol:** Joint national and local activity in the state of Oregon resulted in a successful application for approval of evidence based protocol in the area of music therapy and dementia care. Overall demand by public and private service agencies is increasing for evidence-based MT protocols.

**Copyright:** Updated guidance on the subject of music copyright law was provided. Updates addressed music downloads for digital players used in clinical settings, client and music therapist recordings, fair use standard interpretation, and limited distribution issues. All music therapists are reminded of the importance of copyright law compliance.

**IDEA:** 2005 marked continued regulatory activity for recognition of music therapy as a related service. The profession was well represented throughout the US Dept. of Education during public meetings by AMTA members and parents of music therapy clients.

**Putting research into practice:** 2005 marked successful completion of the joint AMTA/NARAS supported research project titled "Active Music Interventions and Coping Behaviors of Children with Cancer" directed by Sheri Robb, PhD, MT-BC.

**Task Force:** Led by Past-President Barbara Crowe, a task force report on *Sound and Music Healing Organizations* was issued in 2005. This is a significant effort providing information on the use and relative differences of music therapy to that of many sound and music healing specialists.

**CPT Application:** AMTA applied to the American Medical Association (AMA) requesting music therapy-specific procedural/service codes for use by qualified music therapists in applicable practice settings. When reviewed by the AMA's Current Procedural Terminology (CPT®) Editorial Panel, comments validated music therapy as a profession that is able to utilize existing CPT codes for reporting procedures, without the need for additional codes.

## Research: Scholarship and Evidence-based Practice

**G**ood science and scholarship pave the way for how music therapists practice as well as their ability to practice. Throughout 2005, AMTA and its membership promoted and defended their practice via research findings. Jobs were renewed and created as a result of presenting the best evidence in support of a) particular music therapy interventions and b) with defined populations.

Likewise, some existing and potentially new music therapy jobs were unfunded because of challenges regarding the quality and level of evidence for music therapy with some populations.

To meet this challenge music therapy research was made a priority of the organization. The intent is to initiate an operational plan resulting in guidance to the profession.

The efforts of investigator initiated research culminated in clinically related and research supported AMTA sponsored monographs in 2005:

- *Music in Special Education.* Mary Adamek, PhD, MT-BC and Alice-Ann Darrow, PhD, MT-BC
- *Medical Music Therapy: A Model Program for Clinical Practice, Education, Training and Research.* Ed. Jayne Standley, PhD, MT-BC

## More Accomplishments — New in 2005

- Partnered with CBMT and initiated State Recognition Operation Plan
- Launched Component II development phase of AMTA Hurricane Response
- Partnerships with AMTA artist spokespersons
- AMTA website updated with media listings and links
- AMTA provided technical assistance and referrals to music therapists and clinicians worldwide
- including South Africa, Philippines, Taipei, and Portugal
- AMTA joined CARF International Advisory Council
- September 2005—Music therapy featured as Allied Health Profession of the Month
- November 2005—Time magazine article features music therapy with focus on aging and dementias
- 2005 Annual Conference held in Orlando, Florida attended by 1,300 participants. The conference featured 3 institutes, 26 CMTEs and over 200 concurrent sessions. Recognition, remembrance and honors were awarded to over 15 members for their contributions. Opening session featured the energy, music and spirit of New Orleans music therapist Stephen Lee and colleagues.



Mary K. Malloy, MA, MT-BC evacuated New Orleans during Hurricane Katrina. After relocating to Baton Rouge she enjoyed receiving a replacement guitar coordinated by the AMTA Hurricane Response Program.

"We had quite a jam session!"  
Mary Malloy

## Education

The Academic Program Approval Committee, (APAC) operated 'full steam ahead' in 2005 with re-approval reviews. Procedures to make the review process more 'user friendly' were developed and the APAC clarified the standard used for master's degree reviews until advanced competencies are adopted.

In accordance with the Standards for Education and Clinical Training, letters and

materials were sent to all educators regarding the process for reapplying for AMTA approval.

In 2005, AMTA recorded 73 approved academic programs. Nine academic programs were reviewed in 2005. One program was discontinued in 2005 while two new graduate programs were approved at Appalachian State University and Indiana University Purdue University, Indianapolis.

There were 173 internship sites on the national roster. In 2005, Six new internships were approved, three deactivated and seven sites were on inactive status.

Loyola University temporarily closed due to the hurricanes. Loyola reopened for the Spring 2006 semester. AMTA expresses its thanks to the many academic and internship programs who accommodated Loyola students.



Appalachian State, Mountaineers and Indiana University (IUPUI) Jaguars launch Master's degree graduate programs. Congratulations to our newest champions of scholarship!

## AMTA National Initiative for Continuing Education (N.I.C.E.)

The National Initiative for Continuing Education (NICE) provides continuing education opportunities to music therapists and other healthcare professionals beyond the Annual Conference. In 2005 NICE featured many events nationwide on music therapy topics that included songwriting, supervision, Bonny method of GIM, NICU services, and early childhood. Numerous members generously donated their fees from these programs to AMTA. Please continue to participate in NICE initiatives and events nationwide. Inquiries may go to Vice President-Elect Marcia Humpal at [mehumpal@ameritech.net](mailto:mehumpal@ameritech.net).

## CBMT Approved Providers

See [www.cbmt.org](http://www.cbmt.org) for an approved listing of providers of continuing music therapy education including online and remote learning programs.

**"An investment in knowledge pays the best interest."**

**Benjamin Franklin**

**MUSIC THERAPISTS...**

**CHAMPIONS OF SERVICE AND SCHOLARSHIP**

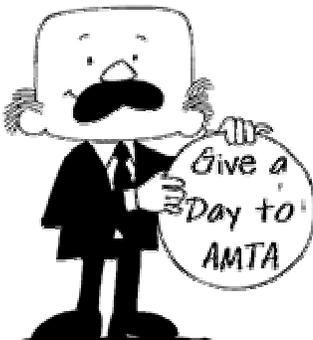
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Click now and let AMTA help you:

- Protect Your Future
- Advance Your Career
- Start Your Own Practice
- Ensure Quality Practice
- Much more!

[www.musictherapy.org](http://www.musictherapy.org)



**Membership, Participation and Development**

***AMTA is proud to provide enhancements to enable members to excel in music therapy service and scholarship:***

*\* 24,000+ Referrals in 2005 \* Artist spokespersons and partner giving \* Advocacy \* Technical assistance \* Web enhancements: Committee reports/Newsletters \* Job listings \* Member handbook \* Members' Area \* Conference updates \* Affinity programs \* Payments & conference registration \**

**How Can You Serve?**

- Support membership...renew annually!
- Get involved in your region and specialty(s)
- Network with colleagues
- Be a music therapy advocate
- Be a lifelong learner
- Recruit other members
- Participate in and contribute to research activities
- Become a mentor— maintain contacts with your regional academic program(s)
- Donate the Research and Special Funds for Music Therapy
- Stay informed and support MT State and Federal legislative initiatives
- Share your ideas and voice by serving on a committee

**Membership**

**M**embership in 2005 numbered 3,697, professional member retention remains strong at 75%. Membership levels increased in the SE and SW regions. Membership drives in 2005 via a call-a-thon targeted high value populations. Membership response included a 'Gift of Support' in the first quarter; and, regional presentations were offered on the benefits of membership.

Development includes all that the American Music Therapy Association and its membership does to fulfill its mission of increasing awareness of and access to quality music therapy services. Fundraising is a significant part of development and a core piece of the budget process. donation statistics for the 2005 fiscal year were as follows:

Donations, gifts*	\$27,619.00
Silent Auction	\$4,328.00
<b>Total</b>	<b>\$31,947.00</b>

A new feature in 2005 was the availability of selected AMTA publications on Amazon.com.

Once again, in 2005, members donated intellectual property to AMTA. The process for this type of giving is available through the AMTA national office.

*\*Detail listing on next page*

**Give a Day to AMTA Wall of Fame**

Michele Forinash  
Marcia Humpal  
Ronna Kaplan  
Mary Adamek  
Nicki Cohen

Deforia Lane  
Southeastern Region of AMTA  
Robert Krout and Team  
Jayne Standley

This space reserved for you....contact Marcia Humpal

***"You must be the change you wish to see in the world"***  
Mahatma Ghandi

## MUSIC THERAPISTS...

### CHAMPIONS OF SERVICE AND SCHOLARSHIP

We are pleased to recognize the individuals and organizations whose generous financial gifts in the year 2005 helped to secure the future of music therapy. AMTA is especially grateful to donors who contributed to special funds such as the AMTA Hurricane Relief Fund and scholarship funds.

*Listed alphabetically. List represents gifts made between January 1, 2005 and December 31, 2005. Complete as of December 31, 2005.*

**“We make a living by what we get, but we make a life by what we give.”**

**Winston Churchill**

AMTA is a 501(c)3 non-profit organization and accepts contributions which support its mission. Contributions are tax deductible as allowed by law.

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## Membership, Participation and Development

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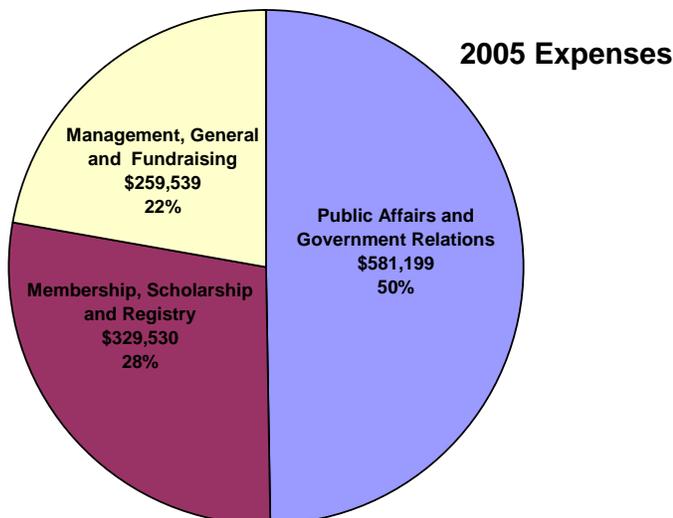
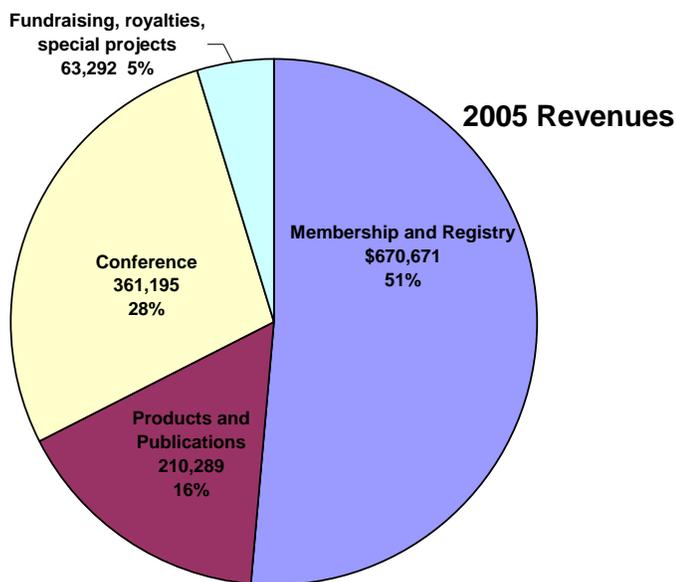
Mary Adamek	Claire Ghetti	Karen Norris
Ruthlee Adler	Craig Gillespie	Gerald O'Leary
Joan Alpers	Susan Gorin	Anne Parker
AMTA Midwestern Region	Laura Grassia	Olin Parker
Gilbretta Ashton - Jones	Great Lakes Region of AMTA	Riley Partridge
Pamela Joyce Axler	Greater Bridgeport Area Foundation	Joseph Pinson
Susan Back	Dianne Gregory	Serafina Poch Blasco
Lisa Barnett	Robert Groene	Michael Price
Currie Barron	Elizabeth Eidenier	Kathy and David Ramras
Francesca Beahan	Michelle Hairston	Lee Anna Rasar
Sr. Donna Marie Beck	Suzanne Hanser	Joseph Reilly
Joy Berger	Donna Hattem	Barbara Reynolds
Carol Bitcon	Annie Heiderscheit	Mrs. Claude Rothman
Jennifer Blackburn	Ellen and Jean Marie Horwitz	Neil Sapin
Paula Bonnell	Marcia Humpal	Richard Scalenghe
Enid Bootzin	Lisa Jackert	Jo Ann Schriener
Linda Bosse	Judith Jellison	Edward Schwartzberg
Carol Bowman	Susan Jette	Marilyn Schwegler
Ruth Boxberger	Ronna Kaplan	SER - AMTA, Inc.
Kathleen Brown	Keynotes and Concerts Inc.	Helen C. Sher
Keytha Burgman	Lillian Kharats	Trudy Shulman Fagen
Jennica Butler	Mr. Bruce King	Sue Shuttleworth
Christopher Buzby and Alison McCormick	Karla Kruse	Lauren Skau
Jonn Buzby and Jackie Zlotnick	Carolyn Kuban	Helen Michelle Snow
Joanne Carey	Fumio Kuribayashi	Marlon Sobol
Amanda Casper	Deforia Lane	Alan Solomon
Lynn Chenoweth	Tracy Leonard-Warner	Robin Spielberg
Virginia Childers	Harmon Logan	Kimberly Joy Stanard
Nicki Cohen	Cynthia Long	Jayne Standley
Kathleen Coleman	Barbara MacLean	Michael Sterling
Mary D'Amato	Clifford Madsen	Yoko Tajimi
Alice-Ann Darrow	Rich Martin	Beth and Mike Tash
David's Fund	Daniel Martino	The Denver Foundation
Sydney Davis	Cathy McKinney	Ronald Tunison
Marilyn DeGroot	Beth McLaughlin	Margie Varney
Kathleen Dieck	Meadowood Health Pavilion	Alison Wendel
Nellie Doty	Joni Milgram-Luterman	Western Regional Chapter of AMTA
Judith Duerk	Yukako Mizuno	Barbara Wheeler
Laurey Easland	Shannon Modrell	Mr. Sidney Wiener
Angie Elkins	Montclair State University Student Org.	Chuck Wild
Peggy Elkus	Satoko Inoue	Annelle Wilder
Marie Ely	Audrey Morse	Amy Wilson
Andrea H. Farbman	Susan Moser	Brian Wilson
Michele Forinash	Stefanie Moss	Christine Wineberg
Jennifer Geiger	Tracey Murray	Victoria Wood
Kate Gfeller	Jewel Naffziger	James Wright
Kay Gfeller	Rachel Nardo	Mary Ellen Wylie
	Brady Nelson	

Through the work of the Financial and Development Advisory Committees, the AMTA Budget Team, and the AMTA Board of Directors, AMTA has worked diligently to control the organization's financial position in 2005 and continue a comprehensive fiscal stability operational plan in 2006-07. This work is guided by a strong and ongoing commitment for professional service to our clients, their families, and our members.

The 2005 Fiscal Year Audit reported the year ending with net assets of \$135,179. When the investment calculation of an "unrealized gain" of \$5,544 is added in, the change in net assets is \$140,723. Accounting for net assets at the end of Fiscal Year 2005, AMTA

### 2005 Fiscal Year Financial Report

AMTA 2004 Audit Results <i>(Fiscal Year July 1, 2003 through June 30, 2004)</i>		AMTA 2005 Audit Results <i>(Fiscal Year July 1, 2004 through June 30, 2005)</i>	
Revenue	\$1,225,504	Revenue	\$1,305,447
Expenses	\$1,222,737	Expenses	\$1,170,268
Net Asset Changes (Before Investments)	\$2,767	Net Asset Changes (Before Investments)	\$135,179
Unrealized Investment (Loss)	\$17,455	Unrealized Investment (Loss)	\$5,544
Total Net Assets	(\$21,447)	Total Net Assets	\$119,276
<small>*The ( ) is standard accounting notation used to indicate a negative number</small>		<small>*The ( ) is standard accounting notation used to indicate a negative number</small>	



A complete copy of the 2005 Financial Statement is available on the AMTA website at [www.musictherapy.org](http://www.musictherapy.org) in "Events and News."