Music Therapy Makes a Difference!
The Power of ...

- Achievement
- Professional Practice
- Giving
- Research
- Advocacy
- Collaboration
- Communication
- Community
- Scholarship and Lifelong Learning
- Stewardship
I am pleased to present the 2008 year in review. The theme of this year’s report is, The Power of 10: Celebrating a decade of excellence in the music therapy profession.

Since the unification of AAMT and NAMT, ten years ago, our professional organization mobilized its mission on many fronts. Clearly, our combined efforts, under a unified mission and strategic plan, accelerated our pace of progress. There is power in our achievements this past year and over the last decade. That theme runs throughout this report.

The anniversary year, 2008, marked numerous other milestones for our profession. And, as you will read in a message from AMTA’s Executive Director, Andi Farbman, we have good reason to be gratified by the progress we’ve made in advancing our profession.

In 2008, we saw huge progress in the power of advocacy. The activities of the many State Task Force groups, thanks to the collaboration between members, AMTA, and CBMT yielded significant results in many states. It also contributed to laying a foundation for the future since the work of government relations is dynamic and ongoing.

Confluence in 2008 was evident as the work of...
The Arthur Flager Fultz Fund Award increased to $15,000. The first award at the new level begins in 2009.

The Power of Advocacy
Judy Simpson, MHP, MT-BC, Director, Government Relations

Advocacy is the process of supporting our profession. While AMTA dedicates significant resources for advocacy, our clients and caregivers, members, and the Board deserve thanks for their ongoing role as music therapy advocates. This year Rebecca Smith joined the team as Government Relations Assistant. The power of advocacy is many fold when combined through teamwork and collaboration!

In 2008, music therapy and AMTA was represented in Washington, DC in a variety of professional coalitions and alliances:

Consortium for Citizens with Disabilities (CCD). AMTA holds membership in CCD, a coalition of approximately 100 national disability and provider organizations working together to advocate for national public policy representing children and adults with disabilities in all aspects of society. Of the 25 task forces in CCD, AMTA participates in health, education and autism.

National Alliance of Pupil Services Organizations (NAPSO). As a part of this alliance, AMTA has had direct contact with key stakeholders in special education. AMTA has been working with national representatives in related services organizations on creating a state alliance model that NAPSO members may share with their state contacts. This effort to increase coordination of related service advocacy on the state level is particularly important for building support for state recognition activities with our related services colleagues. Americans for the Arts. AMTA has been a national co-sponsor of Arts Advocacy Day, coordinated by Americans for the Arts as an annual arts action summit in Washington, DC, for several years. In 2008 AMTA networked with related organizations to create an Arts and Healthcare Issue Brief for use during the 2009 event Health Professions Network (HPN). AMTA represented HPN during the 2008 Health Occupations Students of America (HOSA) annual conference. Chairing the Consumer Awareness Committee and also serving on the Advocacy Committee, AMTA networked with HPN members to plan a large scale health professions awareness campaign.

Other organizations and agencies with whom AMTA networked and conducted advocacy work in 2008 included U.S. Dept. of Education, U.S. Dept. of Health and Human Services, the Centers for Medicare and Medicaid Services, Joint Commission, and CARF.

Another highlight of 2008 was AMTA’s invitation by members of the Congressional Brain Injury Task Force to participate in the “2008 Brain Injury Awareness Month Fair on Capitol Hill.”

Working collaboratively, AMTA, represented by Director of Government Relations, Judy Simpson and CBMT, represented by Regulatory Affairs Advisor, Dena Register, assisted 32 states since beginning the state recognition operational plan. Currently there are 28 states involved in some type of advocacy for music therapy, as compared to 18 at the beginning of 2008.

The work of the State Task Force initiative by the scores of members highlights the power of advocacy. This is especially true when, as a team, we see the results of perseverance. As each new State Task forms and mobilizes their efforts, we are able to leverage the combined work for increased efficiency.

The Power of Research: Strategic Priority

In 2008, with the focus of the strategic priority on research, AMTA moved forward adding multiple concurrent activities.

Activities included the creation of a technical review workgroup that may create the foundation for procedures and processes in support of the strategic priority on research.

The Board of AMTA agreed to charge several working teams with a variety of tasks related to offering leadership, recommendations, and guidance in research review and dissemination of current knowledge. Some of the 2008 activities included:

* Task a team to review and recommend whether an AMTA supported application should be prepared for the National Registry of Evidence-Based Programs and Practices (NREPP managed by SAMHSA).
* Update and conversion of AMTA’s CMTE on research strategic priority to an online program.
* Workgroup to identify and recommend high priority topics from qualitative research amenable to systematic reviews and/or meta-syntheses.
* Task a team to offer forward looking recommendations on how AMTA publications may complement and support the aims of the strategic priority.
The Power of Professional Practice and Scholarship

The generous contributions of clinician scholars to AMTA publications was significant in 2008. Of note were the following new and updated publications featuring effective practices and timely clinical topics of interest to the profession:

- Therapeutic Uses of Music with Older Adults, 2nd edition, By Alicia Ann Clair and Jenny Memmott.
- An Introduction to Approaches in Music Therapy, 2nd Ed., Alice Ann Darrow, Editor.
- Medical Music Therapy for Pediatrics in Hospital Settings, Deanna Hanson-Abromeit and Cynthia Colwell, Editors.
- An Introduction to Music Therapy Theory and Practice, By William Davis, Kate Gfeller, and Michael Thaut.

The Power of Learning: Training Programs

The professional programs committees and the Education and Training Advisory Board (ETAB) were extremely active in 2008. The ETAB completed a draft of the Standards for Master’s Degrees in Music Therapy, and a revision of the Advisory on Levels of Practice under “Advanced Level of Practice.”

In 2008, AMTA recorded 72 approved academic programs. Marywood University in Scranton, PA was approved for MMT Degree Program in Music Therapy. Cleveland State University in Cleveland, OH was reinstated as a member of the Cleveland Music Therapy Consortium offering a BM Degree in Music Therapy.

Seven degree programs were granted re-approval, bringing the total to 30 degree programs since the re-approval process began in 2004. There were 177 internship sites on the National Roster in 2008. Ten new National Roster internship programs were approved.

We extend our appreciation to the excellent work of the committee members working in training and education. They are led by APAC Committee chair Marilyn Sandness and AIAC Chair Christine Neugebauer.

The Power of Communication: 2008 Conference Sponsors

<table>
<thead>
<tr>
<th>Gold</th>
<th>Silver</th>
<th>Bronze</th>
</tr>
</thead>
<tbody>
<tr>
<td>REMO</td>
<td>HPSO</td>
<td>alzheimer's association</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Boehme</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Fender</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Roland</td>
</tr>
</tbody>
</table>

AMTA Power of 10 Fact:

Autism was designated as a strategic priority in 2008.

Music therapy and Autism were featured as part of the National Coalition of Creative Arts Therapies Associations (NCCATA) Congressional Briefing.

AMTA Power of 10 Fact:

Donation of intellectual property benefits the association and the authors!

AMTA publications over the last decade represented a multifold increase in publishing activity on a variety of music therapy topics.

AMTA Power of 10 Fact:

AMTA provided a gratis Business Institute to attendees of the 2008 Annual Conference.
American Music Therapy Association, Inc.
8455 Colesville Road
Suite 1000
Silver Spring, MD 20910
Phone: 301-589-3300
Fax: 301-589-5175

AMTA is pleased to offer member services that allow members to excel in music therapy practice and service:

* 2,600+ Referrals in 2008
* 25,000+ responses to general information requests
* Artist spokespersons and partner giving
* Advocacy
* Technical assistance
* Web enhancements
* Committee reports/Newsletters
* Job listings
* Member handbook
* Members’ Area Website
* Conference updates
* Affinity programs
* On-line auction
* On-line payments & conference registration

Thank you for your service to the profession in 2008

AMTA is proud to administer seven scholarship/grant funds

- Florence Tyson Grant for the Study of Music Psychotherapy (One at full conference registration)
- Anne Emery Kyllo Professional Scholarship (Three at $500 each)
- E. Thayer Gaston Writing Competition (One at $500)
- Edwina Eustis Dick Scholarship Fund (Two at $500 each)
- Cathy and Brian Smith Memorial Scholarship Fund (One at $500)
- Conference Scholars Fund (Three at $500 each + conference registration/CMTEs)
- Fultz Fund Research Grant program (One at $10,000)

We are greatly appreciative to all the donors who make these funds available.

The Power of Community: Membership

Membership in 2008 numbered 3,658. First time professional members increased relative to 2008 by 35%. Overall association membership increased two percent.

Membership drives in 2008 included an online membership drive. Regional membership drives resulted in member increases in four regions.

1,004 VIP members were identified as “ten year members” in 2008.

AMTA and its membership does to fulfill its mission of increasing awareness of and access to quality music therapy services. Fundraising is a significant part of development and a core piece of the budget process. 2008 donation statistics were as follows:

- Donations, gifts: $12,083.72
- Silent Auction: $3,551.00
- Total: $15,634.72

Member communications continue with the annual Member Sourcebook, Music Therapy Matters newsletters, ‘Welcome to the Profession’ packets, Music Therapy ENews, and website updates.

AMTA is thrilled by the 2008 donations of intellectual property by members. The process for this type of giving is available through the AMTA national office. Thank you very much!

*Detail listing on next page

N.I.C.E. National Initiative for Continuing Education 2008

- Music Therapy in Early Childhood:
  - Mary Adamek, PhD, MT-BC
  - Amy Greenwald Furman, MM, RMT
  - Marcia Humpal, MEd, MT-BC
  - University of Iowa

- Intermediate Guitar Skills:
  - Sharon Boyle, MM, MT-BC
  - IN Music Therapists
  - Peter Meyer, MT-BC
  - St. Mary Of-The-Woods College

Give a Day to AMTA Wall of Fame

Mary Adamek, Kate Gfeller, Brenda Paperniak, Elizabeth Swaney, Robert Krout and Team, Texas Women’s University

Nikki Cohen, Marcia Humpal, Angela Snell, Rebecca Tweedle, Seattle Pacific University

Michele Forinash, Ronna Kaplan, Kay Luedtke Smith, Jayne Standley, Barbara Wheeler

AMTA Regions

State Associations & Alliances: IL, WA, MN, MA
The Power of Giving: 2008 Donors

We are honored to recognize the many individuals and organizations whose generous financial gifts in the year 2008 contributed to securing the future of music therapy. AMTA is most grateful to donors, including students, who contributed to special funds such as the AMTA Disaster Response Fund, research, and scholarship funds.


Boyer College of Music and Dance
Child Welfare Han Young Theological University
Creating Connections Co., LLC
Nancy Dexter-Shabow
Keynotes and Concerts, Inc
Tracy Leonard-Warner
Patricia Morrissey Harthun
Annette and Amy Whitehead-Pleaux
Molly Waldrup-Johnson

AMTA is a 501(c)3 non-profit organization and accepts contributions which support its mission. Contributions are tax deductible as allowed by law.

Through the work of the Financial Advisory Committee, the AMTA Budget Team, and the AMTA Board of Directors, AMTA has successfully worked to manage the finances of the organization in 2008 and continues a comprehensive fiscal stability operational plan in Fiscal Year 2008-09.

The 2008 Fiscal Year Audit reported the year ending with net assets of $252,358.

Income over expenses, inclusive of depreciation, was negative at $(50,580). Much of this is attributed to 4th quarter investment or “paper” loss.

A conservative fiscal approach to manage through the economic downturn was endorsed. The aim is to retain the intent of the fiscal stability operational plan.

A complete copy of the 2007-08 Financial Statement is available on the AMTA website at www.musictherapy.org in “Events and News.”
2008 MARKS THE TENTH ANNIVERSARY OF THE
Arthur Flagler Fultz Research Fund. The fund
is made possible by a generous grant from
David’s Fund and Tom and Lucy Ott. The
purpose of the fund is to encourage, promote,
and fund music therapy research and to explore
new and innovative music therapy interventions.
The enclosed research summaries highlight a
diverse set of topics conducted by talented
clinician researchers. Their work is possible
through their numerous site sponsors.
Excellence in music therapy research is the
engine that drives quality services to advance
the profession.

THE POWER OF 10
CELEBRATING A DECADE OF EXCELLENCE

2008 - Debra Burns, PhD, FAMI, MT-BC & Anthony Meadows, PhD, LPC, FAMI, MT-BC
“Listening and locating: Understanding the benefits of music imagery experiences during chemotherapy infusion.”

2007 - Abbey Dvorak, MA, MT-BC
“Music Therapy Support Groups for Individuals Diagnosed with Cancer and their Families”

2006 - Xueli Tan, MM, MT-BC

2005 - Christine Tuden Neugebauer, MS, LPC, MT-BC
“Physical, Developmental, and Behavioral Outcomes of a Group Music and Exercise Program for Young Children with Severe Burns.”

2004 - Bryan Hunter, PhD, LCAT, MT-BC
“Music Therapy as an Adjunctive Treatment in the Management of Stress for Patients Being Weaned from Mechanical Ventilation.”

2003 - Suzanne Hanser, EdD, MT-BC
“Music Therapy with Individuals with Dementia and Caregivers.”

2003 - Annette Whitehead-Pleaux, MAMT, MT-BC
“The Effects of Music Therapy on Pediatric Pain and Anxiety.”

2002 - Anne Lipe, PhD, MME, MT-BC
“Construct Validation of Two Music-Based Assessments for People with Dementia.”

2000 - Michael E. Clark, MME, MT-BC
“Effectiveness of music therapy in ameliorating symptoms associated with radiation therapy.”

1999 - Janice W. Stouffer, MT-BC
“A comparison of music to music with mother’s voice on physiological responses, level of sedation and requirements for drug therapy for critically ill infants and children.”

* Juried Presentations * Peer Reviewed Publications * Research Poster Sessions * Advocacy *