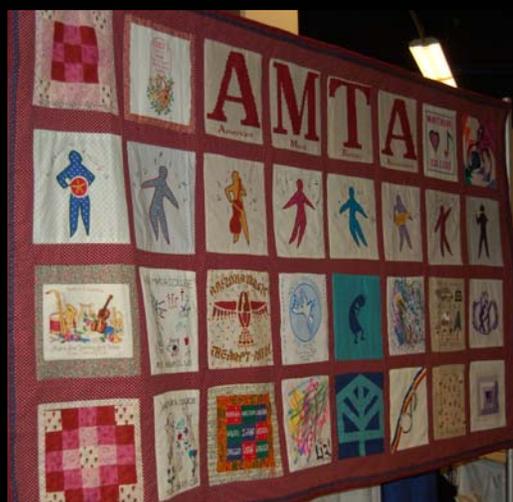


2008 YEAR IN REVIEW

*The Power of 10 * Celebrating a Decade of Excellence*



AMERICAN
MUSIC
THERAPY
ASSOCIATION



Music Therapy Makes a Difference!

THE POWER OF 10

CELEBRATING A DECADE OF
EXCELLENCE

The Power of ...

- *Achievement*
- *Professional Practice*
- *Giving*
- *Research*
- *Advocacy*
- *Collaboration*
- *Communication*
- *Community*
- *Scholarship and Lifelong Learning*
- *Stewardship*

◆ *PROCLAMATION* ◆

Whereas, the members of the American Association for Music Therapy and the National Association for Music Therapy voted on February 8, 1996 to unify,

Let it be known to all persons that on January 1, 1998 we will form the

*American
Music Therapy
Association*

FOR THE AMERICAN ASSOCIATION
FOR MUSIC THERAPY

FOR THE NATIONAL ASSOCIATION
FOR MUSIC THERAPY

Janice M. Dvorkin
Janice M. Dvorkin, Psy.D., ACMT
President

Barbara Reuer
Barbara Reuer, Ph.D., RMT-BC
President

WITNESSED BY

WITNESSED BY

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Norman Goldberg, M.Mus.
Advisory Board Chair

Karl Bruhn
Karl Bruhn
Presidential Advisor

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Gary Hara, MA, ACMT-BC
Immediate Past President

Bryan C. Hunter
Bryan C. Hunter, Ph.D., RMT-BC
Immediate Past President

Kenneth Aigen
Kenneth Aigen, DA, ACMT
Past President

SATURDAY, NOVEMBER 16, 1996
NASHVILLE, TENNESSEE

Front cover. Panel one of three AMTA unification quilt panels. Celebrating ten years of unification as an association. Photo by A. Elkins

THE POWER OF 10
CELEBRATING A
DECADE OF
EXCELLENCE



AMTA 2008 Year in Review

HIGHLIGHTS

Achievements

- A decade of unification
- Expanded government relations activity and State Task Force initiatives
- AMTA 'On the Hill' for education, mental health, and research support

Scholarship

- Multiple publications and donation of intellectual property
- Increase in Arthur Flagler Fultz scholarship program

Stewardship

- Fiscal position stable despite economy

Giving

- Ten Year Circle initiative
- Expanding Give-A-Day events nationwide

Inside this report:

| | |
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| Scholarship | 5 |
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| 2008 Gifts of Support | 6-7 |
| Financials | 8 |

The Power of Achievement Barbara L. Wheeler, PhD, MT-BC, President

I am pleased to present the 2008 year in review. The theme of this year's report is, *The Power of 10: Celebrating a decade of excellence in the music therapy profession.*

Since the unification of AAMT and NAMT, ten years ago, our professional organization mobilized its mission on many fronts. Clearly, our combined efforts, under a unified mission and strategic plan, accelerated our pace of progress. There is power in our achievements this past year and over the last decade. That theme runs throughout this report.

The anniversary year, 2008, marked numerous other milestones for our profession.

And, as you will read in a message from AMTA's Executive Director, Andi Farbman, we have good reason to be gratified by the progress we've made in advancing our profession.

In 2008, we saw huge progress in the power of advocacy. The activities of the many State Task Force groups thanks, to the collaboration between members, AMTA, and CBMT yielded significant results in many states. It also contributed to laying a foundation for the future since the work of government relations is dynamic and ongoing.

Confluence in 2008 was evident as the work of the

strategic priorities continues and the value of wise strategic planning contributes to advancing our profession. Let's harness the power of your achievements moving forward!

2008-2009
President Wheeler



The Power of Collaboration Andrea H. Farbman, EdD, Executive Director

Collaboration to accomplish the mission of the association only happens through the untiring efforts of our members, the association leadership, and our excellent staff.

The members and staff of AMTA have been responsible for the many events worthy of mention this past year and over the past decade since our unification. It is impressive to look back and forward; I am confident the accomplishments of the next decade will rival

those of the past decade. Here are just a few of the highlights.

1999: AMTA-managed 3000+ attendees at the World Congress of Music Therapy

2000-2008: Strategic Priorities established: Reimbursement, Research and Autism

2000: First-ever AMTA sponsored and Grammy-funded multi-site research study to investigate music therapy interventions with hospitalized children with cancer

2001-2003: Grammy-

sponsored NYC September 11, Relief Project Phases I & II

2007: A collaboration with the Children's Defense Fund to provide training to assist children affected by Hurricane Katrina

2007: "Returning Soldiers and Families" grant from NAMM awarded

Ongoing: Numerous regulatory & legislative advocacy successes. Over 20 books, CD-ROMs, DVDs, & videos produced and marketed.

AMTA Power of 10 Fact:

The Arthur Flager Fultz Fund Award increased to \$15,000. The first award at the new level begins in 2009.



2008 Fultz Research Fund Awardees

Debra Burns and Tony Meadows

“Listening and locating: Understanding the benefits of music imagery experiences during chemotherapy infusion”

The Power of Advocacy Judy Simpson, MHP, MT-BC, Director, Government Relations

Advocacy is the process of supporting our profession. While AMTA dedicates significant resources for advocacy, our clients and caregivers, members, and the Board deserve thanks for their ongoing role as music therapy advocates. This year Rebecca Smith joined the team as Government Relations Assistant. The power of advocacy is many fold when combined through teamwork and collaboration!

In 2008, music therapy and AMTA was represented in Washington, DC in a variety of professional coalitions and alliances:

Consortium for Citizens with Disabilities (CCD). AMTA holds membership in CCD, a coalition of approximately 100 national disability and provider organizations working together to advocate for national public policy representing children and adults with disabilities in all aspects of society. Of the 25 task forces in CCD, AMTA participates in health, education and autism.

National Alliance of Pupil Services Organizations (NAPSO). As a part of this alliance, AMTA has had direct contact with key stakeholders in special education. AMTA has been

working with national representatives in related services organizations on creating a state alliance model that NAPSO members may share with their state contacts. This effort to increase coordination of related service advocacy on the state level is particularly important for building support for state recognition activities with our related services colleagues.

Americans for the Arts. AMTA has been a national co-sponsor of Arts Advocacy Day, coordinated by Americans for the Arts as an annual arts action summit in Washington, DC, for several years. In 2008 AMTA networked with related organizations to create an Arts and Healthcare Issue Brief for use during the 2009 event *Health Professions Network (HPN)*. AMTA represented HPN during the 2008 Health Occupations Students of America (HOSA) annual conference. Chairing the Consumer Awareness Committee and also serving on the Advocacy Committee, AMTA networked with HPN members to plan a large scale health professions awareness campaign.

Other organizations and agencies with whom AMTA

networked and conducted advocacy work in 2008 included U.S. Dept. of Education, U.S. Dept. of Health and Human Services, the Centers for Medicare and Medicaid Services, Joint Commission, and CARF.

Another highlight of 2008 was AMTA's invitation by members of the Congressional Brain Injury Task Force to participate in the "2008 Brain Injury Awareness Month Fair on Capitol Hill."

Working collaboratively, AMTA, represented by Director of Government Relations, Judy Simpson and CBMT, represented by Regulatory Affairs Advisor, Dena Register, assisted 32 states since beginning the state recognition operational plan. Currently there are 28 states involved in some type of advocacy for music therapy, as compared to 18 at the beginning of 2008.

The work of the State Task Force initiative by the scores of members highlights the power of advocacy. This is especially true when, as a team, we see the results of perseverance. As each new State Task forms and mobilizes their efforts, we are able to leverage the combined work for increased efficiency.

The Power of Research: Strategic Priority

In 2008, with the focus of the strategic priority on research, AMTA moved forward adding multiple concurrent activities.

Activities included the creation of a technical review workgroup that may create the foundation for procedures and processes in support of the strategic priority on research.

The Board of AMTA agreed to charge several working teams with a variety of tasks

related to offering leadership, recommendations, and guidance in research review and dissemination of current knowledge. Some of the 2008 activities included:

- * Task a team to review and recommend whether an AMTA supported application should be prepared for the National Registry of Evidence-Based Programs and Practices (NREPP managed by SAMHSA).
- * Update and conversion of

AMTA's CMTE on research strategic priority to an online program.

- * Workgroup to identify and recommend high priority topics from qualitative research amenable to systematic reviews and/or meta-syntheses.
- * Task a team to offer forward looking recommendations on how AMTA publications may complement and support the aims of the strategic priority.

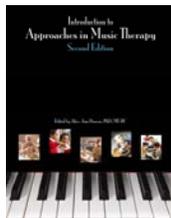
The Power of Professional Practice and Scholarship

The generous contributions of clinician scholars to AMTA publications was significant in 2008. Of note were the following new and updated publications featuring effective practices and timely clinical topics of interest to the profession:

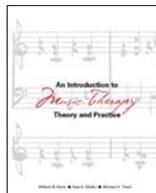
Therapeutic Uses of Music with Older Adults, 2nd edition, By Alicia Ann Clair and Jenny Memmott.



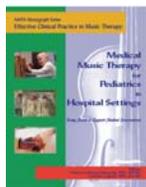
Introduction to Approaches in Music Therapy, 2nd Ed., Alice Ann Darrow, Editor.



An Introduction to Music Therapy Theory and Practice
By William Davis, Kate Gfeller, and Michael Thaut.



Medical Music Therapy for Pediatrics in Hospital Settings, Deanna Hanson-Abromeit and Cynthia Colwell, Editors.



AMTA Power of 10 Fact:
Autism was designated as a strategic priority in 2008.
Music therapy and Autism were featured as part of the National Coalition of Creative Arts Therapies Associations (NCCATA) Congressional Briefing.

AMTA Power of 10 Fact:
Donation of intellectual property benefits the association and the authors!
AMTA publications over the last decade represented a multifold increase in publishing activity on a variety of music therapy topics.

The Power of Learning: Training Programs

The professional programs committees and the Education and Training Advisory Board (ETAB) were extremely active in 2008. The ETAB completed a draft of the Standards for Master's Degrees in Music Therapy, and a revision of the Advisory on Levels of Practice under "Advanced Level of Practice."

In 2008, AMTA recorded 72 approved academic programs. Marywood University in

Scranton, PA was approved for MMT Degree Program in Music Therapy. Cleveland State University in Cleveland, OH was reinstated as a member of the Cleveland Music Therapy Consortium offering a BM Degree in Music Therapy.

Seven degree programs were granted re-approval, bringing the total to 30 degree programs, including 10 master's degree programs since the re-approval process began in 2004.

There were 177 internship sites on the National Roster in 2008. Ten new National Roster internship programs were approved.

We extend our appreciation to the excellent work of the committee members working in training and education. They are led by APAC Committee chair Marilyn Sandness and AIAC Chair Christine Neugebauer.

The Power of Communication: 2008 Conference Sponsors

| | | | |
|---------------|--|---------------|--|
| Gold | | Silver | |
| | | | |
| Bronze | | | |
| | | | |
| | | | |
| | | | |

Essential Business Tools for Building a Successful Music Therapy Practice

AMTA 2008 Annual Conference Business Institute Supplement

AMTA Power of 10 Fact:
AMTA provided a gratis Business Institute to attendees of the 2008 Annual Conference.

THE POWER OF 10

CELEBRATING A
DECADE OF EXCELLENCE

American Music Therapy
Association, Inc.
8455 Colesville Road
Suite 1000
Silver Spring, MD 20910

Phone: 301-589-3300
Fax: 301-589-5175

Click now and let AMTA help you:

- Protect Your Future
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www.musictherapy.org

**AMTA Power of 10
Fact: The Power of
Commitment!**

Andi Farbman, Exec. Dir.
celebrated
**20 years of
service to
AMTA!**



Membership Service, Participation and Scholarship

AMTA is pleased to offer member services that allow members to excel in music therapy practice and service:

** 2,600+ Referrals in 2008* 25,000+ responses to general information requests *Artist spokespersons and partner giving * Advocacy* Technical assistance * Web enhancements * Committee reports/Newsletters * Job listings * Member handbook * Members' Area Website * Conference updates * Affinity programs * On-line auction* * On-line payments & conference registration **

Thank you for your service to the profession in 2008

AMTA is proud to administer seven scholarship/grant funds

- Florence Tyson Grant for the Study of Music Psychotherapy (One at full conference registration)
- Anne Emery Kylo Professional Scholarship (Three at \$500 each)
- E. Thayer Gaston Writing Competition (One at \$500)
- Edwina Eustis Dick Scholarship Fund (Two at \$500 each)
- Cathy and Brian Smith Memorial Scholarship Fund (One at \$500)
- Conference Scholars Fund (Three at \$500 each + conference registration/CMTes)
- Fultz Fund Research Grant program (One at \$10,000.)

We are greatly appreciative to all the donors who make these funds available.

The Power of Community: Membership

Membership in 2008 numbered 3,658. First time professional members increased relative to 2008 by 35%. Overall association membership increased two percent.

Membership drives in 2008 included an online membership drive. Regional membership drives resulted in member increases in four regions.

1,004 VIP members were identified as "ten year members" in 2008.

AMTA and its membership does to fulfill its mission of increasing awareness of and access to quality music therapy services. Fundraising is a significant part of development and a core piece of the budget process. 2008 donation statistics were as follows:

| | |
|-------------------|-------------|
| Donations, gifts* | \$12,083.72 |
| Silent Auction | \$ 3,551.00 |
| Total | \$15,634.72 |

Member communications continue with the annual Member Sourcebook, *Music Therapy Matters* newsletters, 'Welcome to the Profession' packets, Music Therapy ENews, and website updates.

AMTA is thrilled by the 2008 donations of, intellectual property by members. The process for this type of giving is available through the AMTA national office. Thank you very much!

*Detail listing on next page

**N.I.C.E. National Initiative for
Continuing Education 2008**

Music Therapy in Early Childhood:
Mary Adamek, PhD, MT-BC
Amy Greenwald Furman, MM, RMT
Marcia Humpal, MEd, MT-BC
University of Iowa

Intermediate Guitar Skills:
Sharon Boyle, MM, MT-BC
IN Music Therapists
Peter Meyer, MT-BC
St. Mary Of-The-Woods College

Give a Day to AMTA Wall of Fame

| | | | | |
|--------------------------|----------------|--|-------------------|-----------------|
| Mary Adamek | Nicole Allgood | Nikki Cohen | Michele Forinash | Amy Furman |
| Kate Gfeller | Nancy Hadsell | Marcia Humpal | Ronna Kaplan | Deforia Lane |
| Brenda Papierniak | Carol Prickett | Angela Snell | Kay Luedtke Smith | Jayne Standley |
| Elizabeth Swaney | | Rebecca Tweedle | | Barbara Wheeler |
| Robert Krout and Team | | Seattle Pacific University | | AMTA Regions |
| Texas Women's University | | State Associations & Alliances: IL, WA, MN, MA | | |

We are honored to recognize the many individuals and organizations whose generous financial gifts in the year 2008 contributed to securing the future of music therapy. AMTA is most grateful to donors, including students, who contributed to special funds such as the AMTA Disaster Response Fund, research, and scholarship funds.

Listed alphabetically. List represents gifts made between January 1, 2008 and December 31, 2008. Complete as of December 31, 2008

The Power of Giving! AMTA Power of 10 Fact:

*Donations of music and music sales in 2008 by Artist Spokespersons, composers and musicians ... some of whom are also professional members ... provides important member benefits and advocacy for the profession.
Thank you!*

AMTA is a 501(c)3 non-profit organization and accepts contributions which support its mission. Contributions are tax deductible as allowed by law.

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The Power of Giving: 2008 Donors

| | | | |
|----------------------|---------------------|-----------------------|---------------------|
| Thomas J. Abinanti | Judith Duerk | Roberta Justice | Tracy Richardson |
| Mary Adamek | Janice Dvorkin | Edward Kahler, II | Timothy Ringgold |
| Ruthlee Adler | Erin Ebnet | Virginia Kallay | Ellen Ritchey |
| Julie Andring | Mary Helen Ekstam | Ronna Kaplan | Sheri Robb |
| Barbara Bastable | Angie Elkins | Jenny Karnes | Clive Robbins |
| Deborah Bates | Rebecca Engen | Lalene Kay | Marc Rosen |
| Sr. Donna Marie Beck | Wendie Ent | Petra Kern | Christine Routhier |
| Gene Ann Behrens | Michele Erich | Brian Kinnaird | Joseph Scartelli |
| M. Diane Bell | Andrea Farbman | Stephanie Kleba | Joy Schneck |
| Deborah Benkovitz | Linda Rose Flinkman | Susan Knechtel | Jo Ann Schriener |
| Cheryl Benze | Michele Forinash | Cathy Knoll | Elisabeth Schwartz |
| Jeanne Besetzny | Amy Furman | Izumi Kobayashi | Edward Schwartzberg |
| Carol Biedenharn | Ed Gallagher | Megan Konizer | Randolph Seifert |
| James Blizel | Carol Gardner | Christine Korb | Stephanie Shehan |
| Susan Bloomfield | Susan Gardstrom | Kevin Krivanec | Leslie Shoecraft |
| Ronald Borczon | Lee Garton | Robert Krout | David Smith |
| Linda Bosse | Jennifer Geiger | Lisa Kynvi | Lauren Skau |
| Kathleen Bowsher | Kate Gfeller | Blythe Lagasse | Rebecca Smith |
| Mary Boyle | Claire Ghetti | Piper Laird-Riehle | Terri Smith-Morse |
| Sharon Boyle | Lillieth Grand | Deforia Lane | Angela Snell |
| Kathleen Brady | Amanda Greer | Julie Long | Helen Michelle Snow |
| Charles Braswell | Michele Gregoire | Barbara MacLean | Alan Solomon |
| Cynthia Briggs | Susan Gregory | Clifford Madsen | Jayne Standley |
| Kathleen Brown | Robert Groene | Kimberly Mancino | Jody Stark |
| Meryl Brown | Patricia Guobis | Natalie McClune | Lindsey Stradt |
| Melody Buenafe | Nancy Hadsell | Eric McDaniel | Mary Stryck |
| Al Bumanis | Michelle Hairston | Michael G. McGuire | Elizabeth Swanson |
| Gayle Burdick | Martha Hansel | Cathy McKinney | Carylbeth Thomas |
| Theresa Camilli | Suzanne Hanser | Beth McLaughlin | Connie Tomaino |
| Joanne Carey | Komei Harasawa | Debra McTaggart | Valerie Uschock |
| Kathleen Challgren | Maureen Hearn | Joni Milgram-Luterman | Dianne Wawrzusin |
| Craig Christiansen | Helene Herman | Gwendolyn Miller | Amber Weldon- |
| Lorri Claassen | Sheryl Hipps | Satoko Inoue | Stephens |
| Alicia Clair | Daniel Huff | Kathleen Murphy | Barbara Wheeler |
| Ellen Cool | Marcia Humpal | Bobbye Newsome | Lisa White |
| Debra Cordell | Bryan Hunter | Marjorie O'Konski | Lisa White |
| Barbara Crowe | Diana Ice | Christina Ouimet | Chuck Wild |
| Mary D'Amato | Lisa Jackert | Gretchen Patti | Constance Willeford |
| William Davis | Nancy Jackson | Mary Peterson | Brian Wilson |
| Daniela DeFronzo | Jacob's Music | Judith Pinkerton | Arlene Witt |
| Bridget Doak | Karen Jasko | Joseph Pinson | Nadine Wobus |
| Amy Dobbs | Judith Jellison | Donna Polen | Mary Ellen Wylie |
| Susan Doering | Jessica Jones | Carol Prickett | Karen Yates |
| Helen Dolas | Jessica Ann Jones | Ellen Rayfield | Patricia Young |
| Nellie Doty | C.C. Junkin | Barbara Reuer | Tamara Zavislan |

Boyer College of Music and Dance
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Keynotes and Concerts, Inc
Tracy Leonard-Warner
Patricia Morrisey Harthun
Annette and Amy Whitehead-Pleaux
Molly Waldrup-Johnson

Donate Now at
www.musictherapy.org

Just click on the
"Network for Good" button
on the Home Page.

DONATE NOW THROUGH **Network for Good**

The Power of Stewardship: 2008 Fiscal Year Financial Report

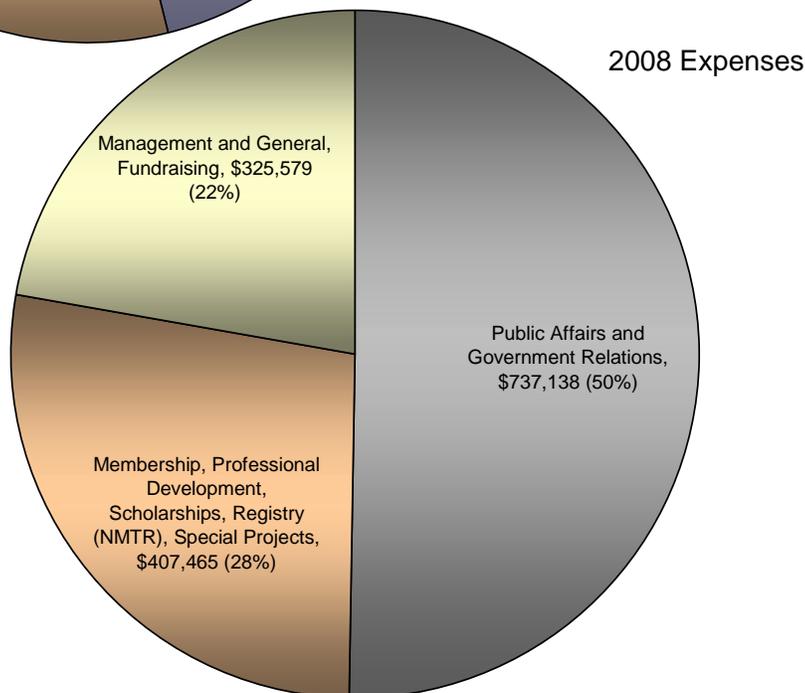
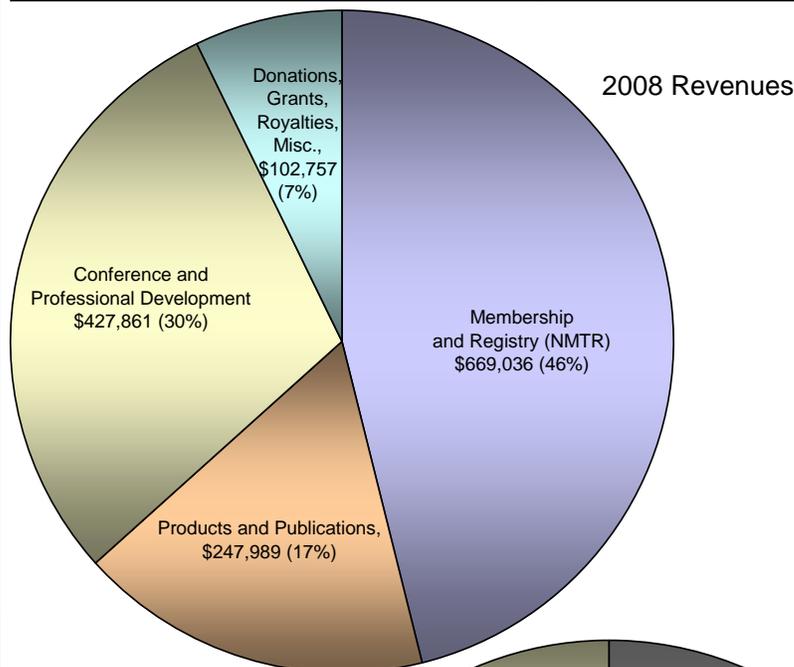
Through the work of the Financial Advisory Committee, the AMTA Budget Team, and the AMTA Board of Directors, AMTA has successfully worked to manage the finances of the organization in 2008 and continues a comprehensive fiscal stability operational plan in Fiscal Year 2008-09.

The 2008 Fiscal Year Audit reported the year ending with net assets of \$252,358.

Income over expenses, inclusive of depreciation, was negative at \$(50,580). Much of this is attributed to 4th quarter investment or "paper" loss.

A conservative fiscal approach to manage through the economic downturn was endorsed. The aim is to retain the intent of the fiscal stability operational plan.

| AMTA 2007 Audit Results <i>(Fiscal Year July 1, 2006 through June 30, 2007)</i> | | AMTA 2008 Audit Results <i>(Fiscal Year July 1, 2007 through June 30, 2008)</i> | |
|--|--------------|--|--------------|
| Revenue | \$ 1,403,837 | Revenue | \$ 1,447,643 |
| Expenses | \$ 1,329,069 | Expenses | \$ 1,470,182 |
| Change in Net Assets w/ Unrealized Loss | \$ 74,643 | Change in Net Assets w/ Unrealized Loss | \$ (50,580) |
| Net Assets at Beginning of Year | \$ 228,295 | Net Assets at Beginning of Year | \$ 302,938 |
| Total Net Assets at Year End | \$ 302,939 | Total Net Assets at Year End | \$ 252,358 |



A complete copy of the 2007-08 Financial Statement is available on the AMTA website at www.musictherapy.org in "Events and News."

Research and the Power of 10!

The Arthur Flagler Fultz Fund Celebrates Ten Years of Music Therapy Research with a Commemorative CD-ROM

2008 MARKS THE TENTH ANNIVERSARY OF THE ARTHUR FLAGLER FULTZ RESEARCH FUND. THE FUND IS MADE POSSIBLE BY A GENEROUS GRANT FROM DAVID'S FUND AND TOM AND LUCY OTT. THE PURPOSE OF THE FUND IS TO ENCOURAGE, PROMOTE, AND FUND MUSIC THERAPY RESEARCH AND TO EXPLORE NEW AND INNOVATIVE MUSIC THERAPY INTERVENTIONS. THE ENCLOSED RESEARCH SUMMARIES HIGHLIGHT A DIVERSE SET OF TOPICS CONDUCTED BY TALENTED CLINICIAN RESEARCHERS. THEIR WORK IS POSSIBLE THROUGH THEIR NUMEROUS SITE SPONSORS. EXCELLENCE IN MUSIC THERAPY RESEARCH IS THE ENGINE THAT DRIVES QUALITY SERVICES TO ADVANCE THE PROFESSION.

WWW.MUSICTHERAPY.ORG
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2008 - Debra Burns, PhD, FAMI, MT-BC & Anthony Meadows, PhD, LPC, FAMI, MT-BC

"Listening and locating: Understanding the benefits of music imagery experiences during chemotherapy infusion."

2007 - Abbey Dvorak, MA, MT-BC

"Music Therapy Support Groups for Individuals Diagnosed with Cancer and their Families"

2006 - Xueli Tan, MM, MT-BC

"Effect of Patient-Preferred Music, Relaxation Music, and Standard Care Environment on Patients in Intensive Care Units."

2005 - Christine Tuden Neugebauer, MS, LPC, MT-BC

"Physical, Developmental, and Behavioral Outcomes of a Group Music and Exercise Program for Young Children with Severe Burns."

2004- Bryan Hunter, PhD, LCAT, MT-BC

"Music Therapy as an Adjunctive Treatment in the Management of Stress for Patients Being Weaned from Mechanical Ventilation."

2003- Suzanne Hanser, EdD, MT-BC

"Music Therapy with Individuals with Dementia and Caregivers."

2003- Annette Whitehead-Pleaux, MAMT, MT-BC

"The Effects of Music Therapy on Pediatric Pain and Anxiety."

2002- Anne Lipe, PhD, MME, MT-BC

"Construct Validation of Two Music-Based Assessments for People with Dementia."

2000- Michael E. Clark, MME, MT-BC

"Effectiveness of music therapy in ameliorating symptoms associated with radiation therapy."

1999 - Janice W. Stouffer, MT-BC

"A comparison of music to music with mother's voice on physiological responses, level of sedation and requirements for drug therapy for critically ill infants and children."

* Juried Presentations * Peer Reviewed Publications * Research Poster Sessions * Advocacy *