

1950-2010  
Celebrating



**YEARS**  
of music therapy

## Rockin' Out!

Andrea N. Dalton, MA, NMT, MT-BC

### Chorus

Rock-in' out! Of the past -- we roll in-to the fu-ture,  
We are all work-ing towards a bright-er day.  
Rock-in' out! Of the past -- we roll in-to the fu-ture,  
Mak-ing all of our dreams re-al-i-ty.



**AMTA  
2010**

*Year in Review*



AMERICAN  
**MUSIC**  
**THERAPY**  
ASSOCIATION



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### History Moment:



The American Music Therapy Association (AMTA) was formed in 1998 as a merger between the National Association for Music Therapy (NAMT) and the American Association for Music Therapy (AAMT), which was established in 1971. NAMT was founded June 2, 1950. 2010 marks the 60th anniversary of music therapy as an organized profession.

1950 to 2010: Celebrating 60 Years!

## A Message from the President

*Ronna Kaplan, MA, MT-BC*

I am pleased to present the 2010 Annual Report of the American Music Therapy Association. 2010 marks the 60th anniversary for the profession of music therapy in the United States — our diamond jubilee!

Not only are we celebrating 60 years of past achievements, but we may be proud of the progress we've made in 2010. From receiving one of the largest donations in AMTA's history, to initiating our website and member services database rebuild, to Inaugurating music therapy's 60th anniversary with our own esteemed members speaking at the U.S. Library of Congress, and so much more, we are indeed "rocking out of the past and rolling into the future," so that we may continue to address our mission.

We are re-examining and redefining ourselves, our charges, our policies and procedures. New publications have been released this year. We continue to address multiple member and consumer needs and requests and to make headway with numerous important advocacy efforts across the country. Thank you to all AMTA members, Board of Directors and staff who have contributed to our success this year!

We are looking to the future, exploring options and creative solutions to increase AMTA membership, boost the size of our workforce, expand our academic programs, and develop new leaders. I look forward to continued collaboration with our friends, membership, and leaders within and across our partner organizations to make our dreams a reality. Please join me in November, 2011 in Atlanta, "ATL," for our Annual Conference celebrating:

***Advocacy, Therapy, and Leadership.***



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## A Message from the Executive Director

*Dr. Andrea Farbman*

Over its 60-year history, the leaders and members of our association have positioned AMTA to speak for the music therapy profession and about the profound impact that music has on people's lives. AMTA has worked long and hard to establish trust, credibility and integrity. Our partnerships and activities highlighted in this report demonstrate our hard work and the reputation we have achieved. Plenty of work remains, but it is crucial to stop along the way and appraise our accomplishments.

There are two verbs that best describe the association's 2010 achievements: celebrate and innovate! We celebrated our 60th anniversary in style — complete with a red carpet welcome at our annual conference in Cleveland, historical posters and sessions, and an anniversary documentary. In recognition of the 2009 \$20,000 bequest from the late Carol Hampton Bitcon, AMTA established the Bitcon lecture series. 2010 marked the debut lecture with Dr. Alan Solomon and Ken Medema presenting an amazing lecture and musical improvisation commemorating 60 years of music therapy.

We also celebrate numerous wonderful donations in 2010, as AMTA bucks the trend of decreasing donations in the nonprofit world. AMTA received \$400,000 from the Eleanor and Raymond Wilson Trust in late 2010, to be used to advance music therapy services in the state of Washington. We were also pleased to receive over \$15,000 from the Maureen McGovern "Works of Heart Foundation" for disaster relief work.



The innovative spirit is alive and well at AMTA. One great example is our ever-growing library of publications, including this year's newest editions. We appreciate the generous donations of all the contributors. Another ties to our work with partnerships. In 2010, AMTA's participated in "Children's Mental Health Awareness Day" sponsored by the federal government. We also worked with Dr. Barbara Hesser, to make contributions to the expanded United Nations Compendium, "Music as a Natural Resource." The list goes on as you will see in this report. The AMTA agenda is energetic, ambitious and consistent with our mission. We have made so much progress because of the tireless work of our members and staff. Join us as we celebrate, innovate and collaborate.

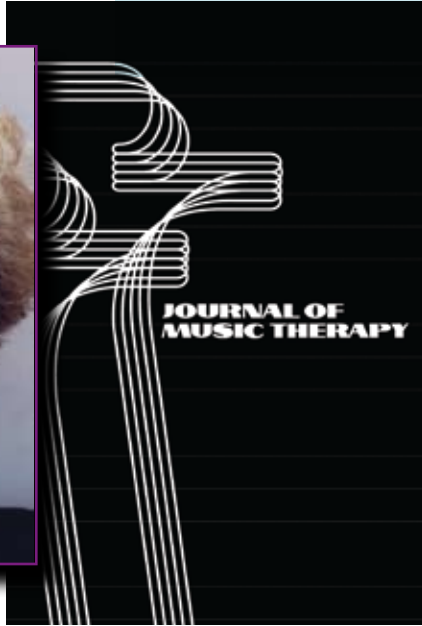
**Thank you!**

1950 to 2010: Celebrating 60 Years!

# AMTA's Journal Editors Retire



Dr. Jayne Standley



Brian Wilson



*Thank  
You  
for  
Your  
Service  
Excellence!*

1950 to 2010: Celebrating 60 Years!

# AMTA Appoints New Journal Editors

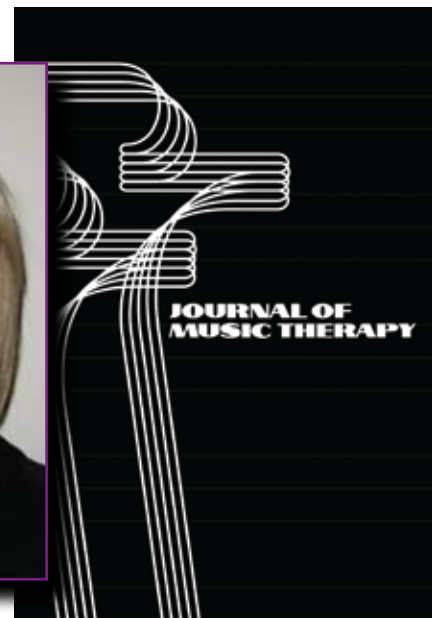
*Welcome  
and  
Best  
Wishes!*



Dr. Tony Meadows



Dr. Sheri Robb



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**2010  
Arthur Flagler Fultz  
Award**



A. Blythe Lagasse, PhD, MT-BC

**“The Effect of  
Music Therapy Groups  
on the  
Social Skills of  
Children with Autism”**



1950 to 2010: Celebrating 60 Years!

## Advocacy and Government Relations

Under the guidance of the Government Relations team, 2010 marked a year packed with intense activity in the area of music therapy advocacy.

### 2010 National Advocacy Selected Highlights

#### U.S. Department of Education:

Participation in the Arts Stakeholders Forum on Reauthorization of Elementary and Secondary Education Act (ESEA), also known as "No Child Left Behind" (NCLB)

#### Institute of Education Sciences (IES):

AMTA coordinated a meeting with the new IES Director, Dr. John Easton, to discuss related service research opportunities

#### Administration on Aging (AoA):

Older Americans Act (OAA) Reauthorization Convened Listening Forums and AMTA presented testimony in February, 2010

#### American Medical Association, National Uniform Claim Committee:

Submitted an application with updates to the National Provider Identifier (NPI) taxonomy code listing

#### 2010 Arts Advocacy Day:

AMTA served as National Co-Sponsor; served on Legislative Planning Committee; prepared letter to Congress; and presented the Arts in Healthcare Issue Brief during national training

#### National Children's Mental Health

#### Awareness Day 2010:

AMTA, working with professional members, facilitated support of this event with collateral materials and live music therapy experiences in Washington, D.C.

#### U.S. Senate Health, Education, Labor and Pensions (HELP) Committee:

AMTA participated in the National Alliance of Pupil Services Organizations (NAPSO) Briefing on the Role of Specialized Instructional Support Personnel in the Elementary and Secondary Education Act (ESEA). AMTA provided testimony

#### Health Professions Network:

AMTA provided leadership and representation at the Spring, 2010 meeting and Hill event held in Washington, D.C. This group represents the interests of a broad spectrum of health professions

#### What is Advocacy?

*"Advocacy is a process that requires perseverance.*

*Advocacy is a language. Advocacy is for everyone."*

*National Children's Mental Health Awareness Day,  
Washington, DC*



## 1950 to 2010: Celebrating 60 Years!

# Advocacy and Government Relations

### 2010 State Advocacy Selected Highlights

**Arizona** – Legislation (SB1376) recognizing music therapy as a professional therapy service and requiring the MT-BC under Developmental Disabilities services was signed into law April 26, 2010; Extensive grassroots effort with task force members took place with visits to every legislative office (90) within a six-month period; successfully sought support

**Colorado** – Advocacy CMTE and State Capitol visits were conducted during the Midwest Region Spring Conference

**Florida** – An advocacy CMTE was offered during the 2010 SER conference in Orlando

**Illinois** – A State Advocacy Day and legislative visits were conducted in March; Task Force members presented to the relevant Senate Committee in support of Music Therapy Registry bill SB2977

**Indiana** - Task Force members presented an Advocacy CMTE and discussed the state recognition operational plan and legislative considerations to the Board of the Great Lakes Region

**Nevada** - Music therapists met with legislative and local agency officials during the Western Region Spring Meeting

**New York** – Calls-to-action were distributed requesting music therapists submit comments regarding proposed amendments and legislation

**North Carolina** – Meetings were held with legislators serving on new Licensing Boards Committee, including the Committee Chair. Draft licensure language was provided

**Oklahoma** – Music Therapy licensure bill passed in the House (HB2749); Bill introduced in Senate but other state issues prevented necessary review and the legislative session ended before the bill could proceed

The joint partnership among state task force teams, AMTA, and the Certification Board for Music Therapists (CBMT) has been extremely active as the seeds of advocacy grow. In 2010, over 25 states were highly active holding meetings, organizing Hill days and visits, conducting background policy research, and/or actively pursuing formal recognition through legislative or regulatory mechanisms.

There are over 170 volunteer music therapists who serve on State Task Forces working towards state recognition of music therapy and the MT-BC credential.

Thank you to them as well as all our colleagues and friends who make advocacy a part of their work, every day!

## Membership

### We are proud of AMTA and its myriad of benefits!

Total membership in AMTA in 2010 numbered in excess of 3,580. While down slightly over 2009, the membership drive during the current economic downturn included a variety of exciting new member features. Retention rate for professional members was 78%. Industry standards point out that a rate of >60% is well above average.

**Types of Membership:** Professional members continue to comprise the largest AMTA membership category with 68%. Graduate students make up 8% of membership and undergraduate students represent 20% of the membership. The remaining 4% of the membership is comprised of Associate, Affiliate, Retired, Inactive, Life, Honorary Life, and Patron members.

What two regions, combined, comprise 46% of AMTA's 2010 membership?

Answer:  
Mid-Atlantic and Great Lakes

### AMTA Members Enjoyed 16 AMTA.Pro Podcasts in 2010!

The 2010 Carol Hampton Bitcon Lecture  
 Ken Medema: The Music Therapist's Music Therapist  
 Music for My Micro-Preemie Daughter  
 Music Therapy in Inclusive Classrooms  
 Music Therapy in Wellness: An Integrative Paradigm  
 Sound Healing and its Relation to Music Therapy  
 Music Therapy and Wound Care  
 Music Therapy: Catalyst for Speech and for Language  
 LiveReport from the Southwestern Region  
 Music Therapy Students Look Into the Future  
 Music Therapy and the Brain: Treating Cognitive Dysfunctions  
 Psychiatric Music Therapy: Interventions in Acute Care Settings  
 Teens in Crisis; General Hospital's Inpatient Mental Health Unit  
 A Therapeutic Collaboration Using Music, Movement and Storytelling  
 1st Vodcast From AMTA-Pro: Building Bridges Between Neuroscience & Music Therapy

## 1950 to 2010: Celebrating 60 Years!

### Professional Programs, Education and Training

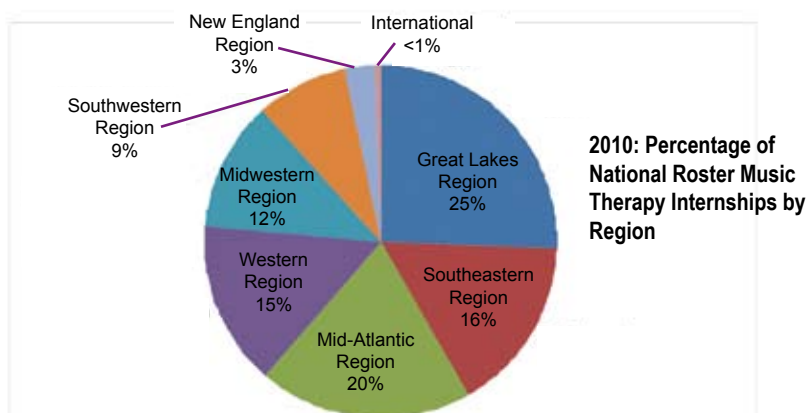
Professional training programs located at Colleges and Universities around the country embrace the future generations of music therapy professionals. Through the tireless efforts of a dedicated team of AMTA members, our training programs and standards continue to achieve excellence through rigorous standards and review.

Looking towards the future, and the next 60 years of music therapy service to our communities, AMTA encourages the establishment of quality training and continuing music therapy education opportunities in underserved regions of the country.

We observe that most undergraduate and graduate training programs tend to be located in major metropolitan and urban areas. With the advent of online and e-learning technology we also observe a rise in distance learning.

In 2009, the Assembly of Delegates approved the Distance Learning Guidelines. In 2010, those guidelines became part of the Standards for Education and Clinical Training. These important guidelines were developed thanks to the hard work of the Academic Program Approval Committee (APAC) in cooperation with the Education and Training Advisory Board (ETAB).

Internships represent a core training function for the professional music therapist. The internship is a milestone and the capstone component of the students' practical training. In 2010, there were 185 National Roster Internship Programs. This is up by about 6% over the previous year.



In 2010 there were 72 approved professional training programs in music therapy in the United States

#### History Moment:

Michigan State University established the first academic program in music therapy in 1944. Other universities followed suit thereafter, including the University of Kansas, Chicago Musical College, College of the Pacific, and Alverno College.

*Congratulations to*  
**Drury University**  
 on the 2010 launch of its  
**Master of Music Therapy**  
 program

## 1950 to 2010: Celebrating 60 Years!

## Research

**History Moment:**

The earliest known reference to music therapy appeared in 1789 in an unsigned article in Columbian Magazine titled "Music Physically Considered." In the early 1800s, writings on the therapeutic value of music appeared in two medical dissertations, by Edwin Atlee (1804) and Samuel Mathews (1806). Both were students of Dr. Benjamin Rush, a physician and psychiatrist who was a strong proponent of using music to treat medical diseases.

The American Music Therapy Association is endorsing a standard definition of evidence-based music therapy practice.

Music therapy practice uses practical knowledge, therapist skills and experience. This may be considered the art of music therapy.

Music therapists draw upon theoretical knowledge and scientific findings concerning interventions. This may be considered the science of music therapy. And, music therapists take into account and assess client preferences and individual responses to music, therapy, and music therapy interventions or research protocols.

Ultimately, Board Certified Music Therapists have a professional obligation to provide music therapy services that are regularly researched, reviewed, and validated.

In total, all of the above components contribute to evidence-based music therapy practice (EBMTP).

**History Moment:**

**The first recorded music therapy intervention & systematic experiments in music therapy were conducted in the 1800s with Corning's use of music to alter dream states during psychotherapy.**

Evidence-based music therapy practice integrates the best available research, the music therapists' expertise, and the needs, values, and preferences of the individual(s) served.

*Endorsed by AMTA Board of Directors, November 2010*

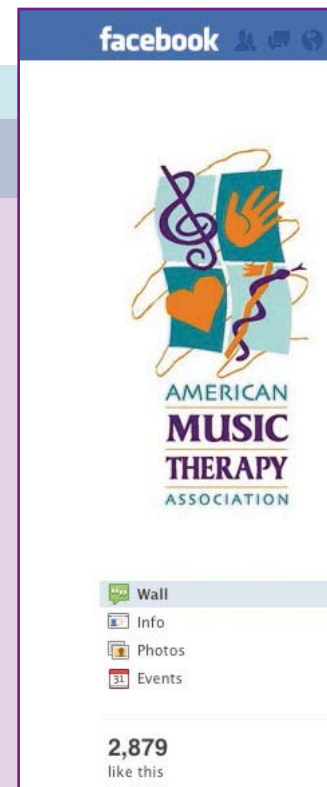
## 1950 to 2010: Celebrating 60 Years!

### Online and Internet



*imagine* launched on September 1, 2010! This online magazine is an outgrowth of the early childhood and music therapy newsletter. The new online edition is edited by Dr. Petra Kern.

The *imagine* website is [www.imagine.musictherapy.biz](http://www.imagine.musictherapy.biz).



The American Music Therapy Association is part of social networking and moving our mission to the global internet community.

Follow us on [twitter@AMTAInc](https://twitter.com/AMTAInc) "friend" us on facebook!



## 1950 to 2010: Celebrating 60 Years!

2010  
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*Thank  
You  
For  
Your  
Generosity*

1950 to 2010: Celebrating 60 Years!

# Financial Report

Through the diligent work of the Financial Advisory Committee, the AMTA Budget team, and the AMTA Board of Directors, AMTA manages the finances of the organization and continues its comprehensive fiscal stability operational plan in Fiscal Year 2010-11.

The 2009-10 Fiscal Year Audit reported the year ending with net assets of \$281,123.

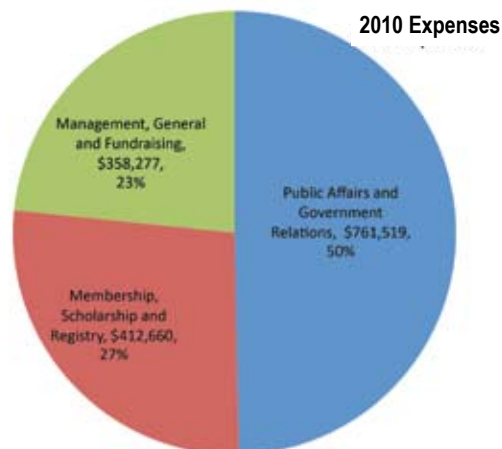
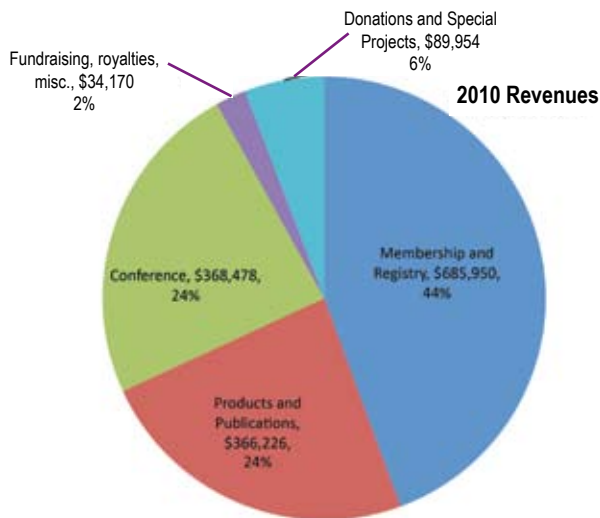
Income over expenses, inclusive of depreciation, was positive at \$29,826.

A conservative fiscal approach continues to serve our association well through the economic downturn. The overall aim is to secure the financial resources of AMTA so we can fully execute our mission.

A complete copy of the 2009-10 Financial Statement is available on the AMTA website at [www.musictherapy.org](http://www.musictherapy.org)

## 2010 Fiscal Year Financial Report

AMTA 2009 Audit Results <i>(Fiscal Year July 1, 2008 through June 30, 2009)</i>		AMTA 2010 Audit Results <i>(Fiscal Year July 1, 2009 through June 30, 2010)</i>	
Revenue	\$1,561,023	Revenue	\$1,544,778
Expenses	\$1,516,667	Expenses	\$1,532,456
Change in Net Assets w/Unrealized Loss	\$ (1,061)	Change in Net Assets w/Unrealized Loss	\$ 29,826
Net Assets at Beginning of Year	\$252,358	Net Assets at Beginning of Year	\$251,297
Total Net Assets at Year End	\$251,297	Total Net Assets at Year End	\$281,123



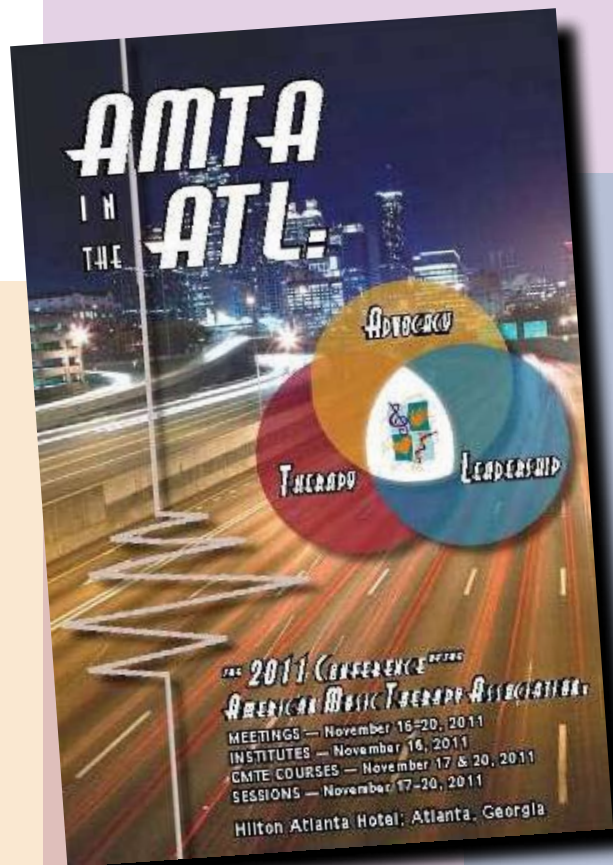


1950 to 2010: Celebrating 60 Years!

*60th  
Anniversary  
Celebration*



Join us in 2011 for our  
Annual Conference in  
Atlanta, GA!



***Advocacy, Therapy, and Leadership***  
**November 16 - 20, 2011**