Long Hard Fight	
Molly Hicks, MMT, MT-BC (2020)	C $F$ $G$
	It may seem overwhelming
	F G Am
Intro: Am C/B C G F Dm Am x2	But you can find a place to start
Verse 1:	You can learn about injustice
C F $G$	Talk to somebody that you trust
By now, you've heard it said	It may seem hard but please keep going
F G Am	And remember that change we must
That I wear my mask for you C F G	
And you wear your mask for me	Pre-chorus 2:
F G Am	Am C/B C G
For COVID, that is true	There's no mask that can protect me F Dm Am
But I have this other mask	And let in just what I allow
That you may not be able to see	
It clouds my actions and my thoughts	There's no face shield that can block out
Toward people different than me	What my mind and heart know now
Pre-chorus 1:	Chorus 2:
Am C/B C G	G Dm Am
This is called unconscious bias	We can't wash our hands of this problem
F Dm Am	C G Am
It's just a part of who we are	It's a struggle for human rights
	G Dm Am
But as humans we have insight	So to treat this deadly virus
Our awareness can take us far	C G Am
	We need you for the long, hard fight
Chorus 1:	
G Dm Am	Chorus 3:
We are facing another virus  C G Am	It's time to take the gloves off
C G Am Let's call racism by its name	And lift your palms up to the light Raise your voice against this virus
Let's can racism by its name	We need you for the long, hard fight
And in taking action together	we need you for the long, hard fight
This world will never be the same	Am C G Am
The Hora will here of the built	We need each other for the long, hard fight
	C G Am
Verse 2:	We need you for the long, hard fight
C F G	C G Am
This problem is systemic	We need every family for the long, hard fight
F G Am	C G Am
So we all must do our part	Won't you join us for the long, hard fight?