**Long Hard Fight**
Molly Hicks, MMT, MT-BC (2020)

**Intro:** Am C/B C G F Dm Am x2

**Verse 1:**
C F G
By now, you’ve heard it said
F G Am
That I wear my mask for you
C F G
And you wear your mask for me
F G Am
For COVID, that is true

But I have this other mask
That you may not be able to see
It clouds my actions and my thoughts
Toward people different than me

**Pre-chorus 1:**
Am C/B C G
This is called unconscious bias
F Dm Am
It’s just a part of who we are

But as humans we have insight
Our awareness can take us far

**Chorus 1:**
G Dm Am
We are facing another virus
C G Am
Let’s call racism by its name

And in taking action together
This world will never be the same

**Verse 2:**
C F G
This problem is systemic
F G Am
So we all must do our part

C F G
It may seem overwhelming
F G Am
But you can find a place to start

You can learn about injustice
Talk to somebody that you trust
It may seem hard but please keep going
And remember that change we must

**Pre-chorus 2:**
Am C/B C G
There’s no mask that can protect me
F Dm Am
And let in just what I allow

There’s no face shield that can block out
What my mind and heart know now

**Chorus 2:**
G Dm Am
We can’t wash our hands of this problem
C G Am
It’s a struggle for human rights
G Dm Am
So to treat this deadly virus
C G Am
We need you for the long, hard fight

**Chorus 3:**
It’s time to take the gloves off
And lift your palms up to the light
Raise your voice against this virus
We need you for the long, hard fight

Am C G Am
We need each other for the long, hard fight
C G Am
We need you for the long, hard fight
C G Am
We need every family for the long, hard fight

Won’t you join us for the long, hard fight?