It’s Okay Not to Be Okay

G       C       G
Is your heart jumpin’ around? Are the tears flowin’ down?
C       G       D
Well, that’s okay, mine is, too
C       G       D
Mine is, too

G       C       G
It’s okay not to feel okay
D       D7      G
You absolutely, definitely don’t have to say:
D       D7      G
“Tainted love, don’t you know?”

C       G       D
Because we’re all re-learning how to live
Em
In this crazy world, where nothing is the same

C       D       G
It’s okay not to be okay

Is your stomach in a knot? Is your head in a fog?
Well, that’s okay, mine is, too
Mine is, too

CHORUS

Em              A
We can’t play by the rules
C                      D            G
Because we’re makin’ ‘em up as we go
Em                   A
Day by day, minute by minute
D                           D7
Together, we’re all in it

Are you missing someone? Are you ready for change?
Well, that’s okay, I am, too
I am, too

CHORUS

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