It's Okay Not to Be Okay

G C G
Is your heart jumpin' around?
C G D
Well, that's okay, mine is, too
C G
Mine is, too

G C G
Are the tears flowin' down?
C G D
Well, that's okay, mine are, too
C G
Mine are, too

D D7 G
It's okay not to feel okay
D D7 G
You absolutely, definitely don't have to say:
Am G
"I'm fine, doing good, stayin' positive
C G
Because we're all re-learning how to live
Am D Em
In this crazy world, where nothing is the same
C D G
It's okay not to be okay

Is your stomach in a knot?
Well, that's okay, mine is, too
Mine is, too

Is your head in a fog?
Well, that's okay, mine is, too
Mine is, too

CHORUS

Em A
We can't play by the rules
C D G
Because we're makin' 'em up as we go
Em A
Day by day, minute by minute
D D7
Together, we're all in it

Are you missing someone?
Well, that's okay, I am, too
I am, too

Are you ready for change?
Well, that's okay, I am, too
I am, too

CHORUS

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