"It's Hard to See Through These Goggles" by Nick Ryder Tuning: DGDGBE

This song emerged out of my experience adapting to the COVID-19 pandemic. I remember when the word "pandemic" hadn't yet permeated my society, and everything felt so uncertain and scary. It was breaking my brain. Now, the challenge is continuing to work/survive/thrive amidst this uncertainty and extra necessary precautions.

This song highlights two vignettes: 1) buying toilet paper and 2) beginning to wear a mask. It is dedicated to everyone who has been or currently is struggling with mental health during the COVID-19 pandemic.

Intro + Verse #1:

D G It's hard to see through these goggles D G It's hard to breathe through this mask D Everything's changed, and it's breaking my brain Bm F#m G And we don't know how long this will last

D G Will I get COVID? D G Or am I already immune? D No nasal swab yet, but I'm placing my bet Bm F#m G That I'm gonna have to get one soon.

A And I know G That no one knows A We all know G That we don't know Verse #2:

D At first, toilet paper was the domestic debater D G I was buying it by the roll D And then our local gas station made a price elevation Bm F#m G And somehow, it still got sold

D And wearing a mask became such a big ask D G And I admit, it was hard to do. D But my Mom sent me three, and she educated me. Bm F#m G And I wear it to protect me and you.

A And I know G That we don't know A I don't know G What we know.

~ Instrumental Interlude ~

Outro/Reprise:

D G It's hard to see through these goggles D G It's hard to breathe through this mask D Everything's changed, but one thing in my brain says Bm F#m G We know that this too, shall pass.