



2015 **AMERICAN  
MUSIC  
THERAPY  
ASSOCIATION®** 2015

**2015 Annual Report:  
Highlights and Financial Summary**



*65th Anniversary of Music Therapy*

## Recognition

As the Association celebrates its 65th anniversary, we are pleased and honored to highlight a few moments where music therapists were recognized nationally for their contributions to society:

\* President Obama acknowledged the power of clinical music therapy provided by a Board Certified Music Therapist to a wounded warrior as part of *A Salute to the Troops: In Concert at the White House*, November, 6, 2015. We thank the President for his positive acknowledgment of the power of clinical music therapy provided by a Board Certified Music Therapist.

\* In 2015, ABC's World Nightly News celebrated music therapists as "Persons of the Week." Anchor, David Muir, highlighted the impressive clinical work of music therapists around the country providing another proud moment as music therapists were recognized for ameliorating pain and suffering and enhancing the lives of those in need and their families.

### Advancing and Improving Access to Music Therapy Services

#### Wilson Trust Music Therapy Project - A legacy donation to expand music therapy in the Puget Sound Region:

In 2015, AMTA funded two grants: one at the Snohomish County Music Project (Music Project) and the other at the University of Washington Medical Center (UWMC) Service League for music therapy services at the University of Washington Medical Center Arts in Healing Program. Through collaborative programming, the Music Project is able to provide music therapy services to youth that are adjudicated, incarcerated, homeless, or otherwise at-risk; elderly individuals suffering from depression, anxiety and/or Alzheimer's disease/dementia; and veterans with Post Traumatic Stress Disorder and/or other disabilities. The UWMC award allowed for the addition of part-time music therapy services to patients receiving care in Washington Medical Center's palliative care and med/surgery units.

#### Music Therapy and Military Populations:

**\*Third National Summit: Advancing Research in the Arts for Health and Well-being across the Military Continuum:** AMTA proudly headed a delegation of more than 25 music therapists at the third summit held February, 2015. The summit was hosted by Americans for the Arts, National Center for Complementary and Integrative Health/National Institutes of Health (formally NCCAM)/NIH), and the National Endowment for the Arts (NEA). AMTA and its members represented our two scholarly journals; NIH-funded music therapy researchers; music therapists' research and practice at Veterans Health Administration facilities; and music therapists in private practice, in hospitals, in the community, at military health facilities, and at academic centers nationwide. AMTA

provided outreach information at the meeting and distributed copies of the AMTA white paper on military and music therapy. Dr. Joke Bradt, Associate Professor, music therapist, and research scholar, at Drexel University, presented the opening plenary speech featuring her NIH-sponsored research on chronic pain.

**\*Growing Music Therapy Services in Military Facilities:** An outgrowth of AMTA's advocacy for the inclusion of music therapy in the arts and military initiatives, is our collaborative partnership with the NEA to develop sustainable music therapy positions at Walter Reed National Military Medical Center, National Intrepid Center of Excellence (NICoE), and Ft. Belvoir.

### **AMTA Partners to Advance Access to Music Therapy Services:**

We thank our many advocates for music therapy as they contribute to growing services around the country.

**\*Corey Bergman** created the Ukulele Club to provide ukuleles to hospitalized children. In the process of developing this great organization he learned about the work of music therapists and is now dedicating himself and his organization to raising funds to endow music therapy positions in children's hospitals and to distributing ukuleles. AMTA is partnering with him to realize this goal.

**\*AMTA Artist-Spokesperson, Robin Spielberg** continues to work tirelessly on behalf of AMTA every opportunity she gets through her touring and concert series. One highlight in 2015 was Robin's performance/lecture at Mayo Clinic. ( [http://www.musictherapy.org/music\\_therapy\\_at\\_the\\_mayo\\_clinic](http://www.musictherapy.org/music_therapy_at_the_mayo_clinic) )

**\*A Place to Be** is a nonprofit in Middleburg, VA that helps people "face, navigate, and overcome life's challenges" through music, music therapy, and therapeutic arts. The work of this group caught the eye of documentary award-winning filmmaker, Susan Koch and Producer, Wendy Thompson Marquez. High Notes is a film about the power of music to heal and transform lives, often in miraculous ways. It features some of the most courageous and inspiring young people you'll ever meet – and a remarkable AMTA member named Tom Sweitzer, who found meaning in his own life through music. ( <http://highnotesthemovie.com/the-filmmakers/> )

### **Improving Access and Quality: Music Therapy Research 2025 (MTR2025):**



In July, 2015, AMTA hosted an historic working symposium sponsored to recommend guidance for future research in music therapy. The meeting combined more than 60 invited speakers and delegates, generating a comprehensive report. AMTA is deeply indebted to Tom and Lucy Ott and David's Fund for a generous donation, making this research symposium a reality.

*Proceedings were published and are available at <http://www.musictherapy.org/assets/1/7/MTR2025proceedings.pdf>*

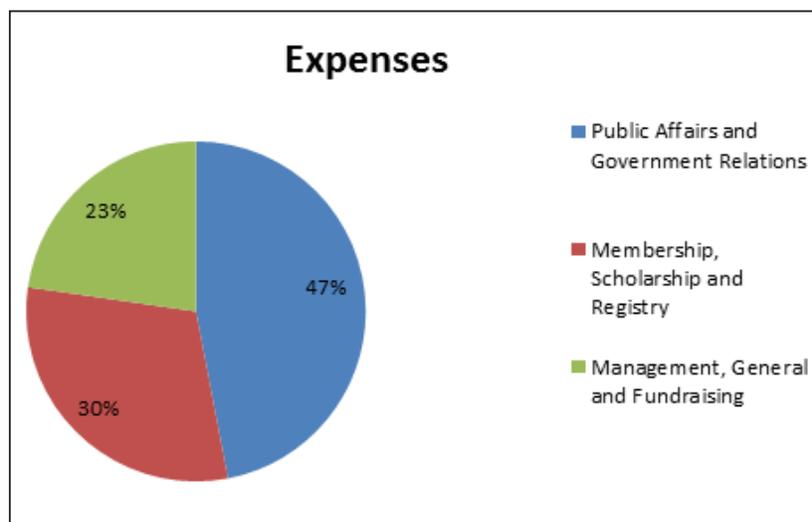
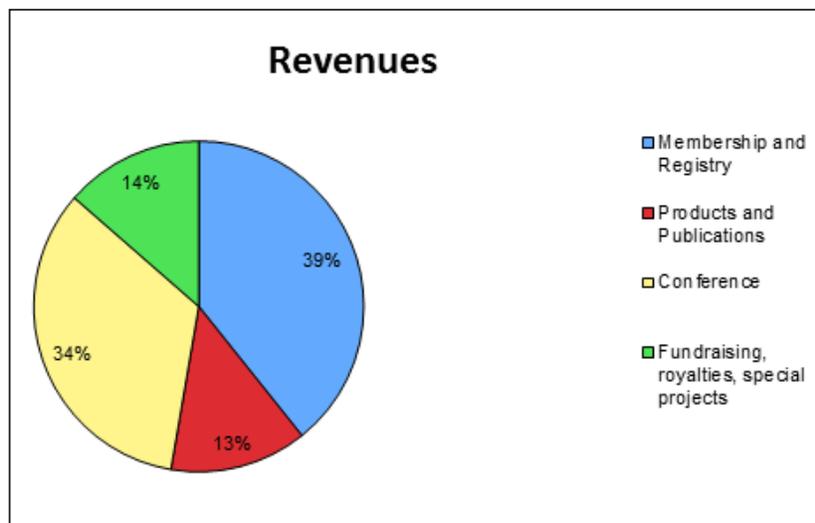
#### ***In memory of Dr. Oliver Sacks***

*"Music can lift us out of depression or move us to tears - it is a remedy, a tonic, orange juice for the ear. But for many of my neurological patients, music is even more—it can provide access, even when no medication can, to movement, to speech, to life. For them, music is not a luxury, but a necessity." Oliver Sacks*

## Financial Summary

AMTA 2014 Audit Results <i>(Fiscal Year July 1, 2013 through June 30, 2014)</i>		AMTA 2015 Audit Results <i>(Fiscal Year July 1, 2014 through June 30, 2015)</i>	
Revenue	\$ 1,545,070	Revenue	\$ 1,794,000
Expenses	\$ 1,666,879	Expenses	\$ 1,786,184
Change in Net Assets w/ Unrealized Loss	\$ (79,282)	Change in Net Assets w/ Unrealized Loss	\$ 1,375
Net Assets at Beginning of Year	\$ 703,608	Net Assets at Beginning of Year	\$ 624,326
Total Net Assets at Year End	\$ 624,326 *	Total Net Assets at Year End	\$ 625,701 *

\*2014 & 2015 Total Net Assets & Year End amounts inclusive of Wilson Trust donation and a one-time research symposium grant from the Ott family.



The American Music Therapy Association (AMTA) is a 501(c)(3) organization. Further information about the American Music Therapy Association is available from AMTA, [www.musictherapy.org](http://www.musictherapy.org), 301-589-3300, or in Maryland, from the Office of the Secretary of State, State House, Annapolis MD 21401.