



2017 **AMERICAN  
MUSIC  
THERAPY  
ASSOCIATION®** 2017

**2017 Annual Report:  
Highlights and Financial Summary**



*A Mindful Approach to Music Therapy*

## Our Mission

*The mission of AMTA is to advance public awareness of the benefits of music therapy and increase access to quality music therapy services in a rapidly changing world.*



As was noted by President Jennifer Geiger and the thousands in attendance at the annual conference of the American Music Therapy Association, 2017 was a banner and event-filled year! Thanks to AMTA's growing membership, research activity, advocacy, and outreach in the public sphere, the association remains pro-active to advance, protect, safeguard, and preserve the Music Therapy profession. As the nation's premiere organization for information on music therapy, AMTA works diligently to advance its mission. This annual report provides highlights of selected 2017 activities.

### New Artist Spokesperson

In 2017, the American Music Therapy Association welcomed renowned soprano, Renée Fleming, as our newest artist spokesperson. Ms. Fleming's accomplishments reflect her artistry as well as her passion for making a difference in the lives of people through her work. Among her many accomplishments, Ms. Fleming is a four-time Grammy Award winner. In 2013, President Obama awarded her the National Medal of Arts, America's highest honor for an individual artist. And in 2016 she instigated a partnership between NIH and the John F. Kennedy Center for the Performing Arts focusing on the intersections of music and the mind.



### Advancing, Safeguarding, and Growing Access to Music Therapy Services

#### Government Relations

AMTA's government relations department safeguards the practice of music therapy through its active and comprehensive plan. Under the leadership of Director, Judy Simpson, the Government Relations team, committee members, and the many state task force team members are tireless advocates on Capitol Hill, in more than 45 states around the country, and in representing music therapy to non-governmental regulating bodies. In 2017, 31 states introduced some form of music therapy legislation with 28 states active in state legislation. A highlight in 2017 included participation at the Exhibit Hall of the National Conference of State Legislators (NCSL).

## Advocacy in Action!



*Music Therapy Rally Day at the State Capitol in Harrisburg, PA*



*Joint AMTA - CBMT Exhibit at NCSL in Boston, MA*



*Pictured: Renée Fleming, Dr. Dennis Collins, Dr. Vivek Murthy (former Surgeon General)*

## Historic Event Features Music Therapy at the “Music and the Mind Initiative”

In late January of 2017, a two-day workshop was hosted by the National Institutes of Health’s (NIH) Director, Dr. Collins, along with Renée Fleming, artist Ambassador to the Kennedy Center, and Deborah Rutter, President of the Kennedy Center. The Music and the Mind initiative gathered together eminent scholars and researchers from 24 institutions and three countries to discuss the

evidence regarding how music is processed in the brain and used as therapy. Esteemed music therapy scholars and members of AMTA spoke at the workshop and contributed to the proceedings. Speakers included Drs. Joke Bradt, Christian Gold, Deforia Lane, Sheri Robb, Elizabeth Stegemöller, Michael Thaut, Connie Tomaino, and Ed Roth.

A second public event at the Kennedy Center on June 2-3 called Sound Health: Music and the Mind highlighted selective findings of the NIH workshop. The event featured performances by the National Symphony Orchestra and interactive presentations and discussions with some of the 65 world’s leading minds working at the intersection of neuroscience and music. Dr. Sheri Robb hosted one of four 90-minute curated presentations on Saturday, June 3, “Breakthroughs with Music Therapy: Recovery, Resilience & Quality of Life,” on the topic of music therapy research and practice in selected areas of interest.



*Kennedy Center, June 2017, AMTA Board of Directors*

## Music Therapy Research and Military Populations



Music therapy clinician/scholars gathered September 18-19, 2017 at the National Academies of Science in Washington, DC. to spoke on research in music therapy and working with military populations. The Creative Forces Clinical Research Summit was an opportunity to gather world-renowned experts to discuss clinical approaches to music therapy and other creative arts therapies to inform a research agenda for the future. The Creative Forces: NEA Healing Arts Network is a national initiative led by the National Endowment for the Arts (NEA), in cooperation with the American Music Therapy Association as well as federal and state agencies including the U.S. Department of Defense (DoD) and the Department of Veterans Affairs (VA). The initiative offers creative arts therapies to military patients and veterans who have been diagnosed with traumatic brain injury and associated psychological health conditions, including post-traumatic stress.

The September summit complemented the American Music Therapy Association's strategic priority on research and its research planning proceedings from a related symposium, Music Therapy Research 2025 (MTR 2025). Dialog on future music therapy research on important clinical topics relevant to military populations benefits clinician/scholars throughout the membership.

## Publications, Education and Awareness About Music Therapy

### Publications - Top in-demand books in 2017:

- *Introduction to Music Therapy*, Davis, Gfeller & Thaut
- *Music in Special Education*, Adamek & Darrow
- *Music & Older Adults*, Clair
- *Medical Music Therapy*, Gooding
- *Music Techniques*, Standley & Gooding
- *Medical Music Therapy*, Abromeit
- *Introduction to Approaches in Music Therapy*, Darrow
- *Music Therapy and Geriatric Populations*, Darrow et al.
- *Effective Clinical Practice—Mental Health*, Crowe & Colwell
- *Early Childhood*, Humpal
- *Medical Music Therapy—Pediatrics*, Abromeit & Colwell

### AMTA-Pro Podcasts Released in 2017:

- *Interprofessional Education and Music Therapy*, —Andrew Knight, Meganne Masko, & Eric Johnson
- *Nordoff-Robbins Music Therapy*, —Alan Turry & Jacqueline Birnbaum
- *Single-Session Music Therapy in Acute Mental Health*, —Michael Silverman
- *DBT-Informed Music Therapy*, —Abby Dvorak, Lindsey Landeck, Marie Lesiak, & Deborah Spiegel
- *Unanticipated Findings of Music Therapy Pilot Study*, —Sheri Robb & Amanda Henley
- *Florence Tyson: Music Therapy Visionary*, —Ken Aigen, Christopher Bandini, & Jeffrey Frieberg
- *Music Therapy Licensure in Oregon*, —Jodi Winnwalker, Lillieth Grand, Angie Kopshy, & Christine Korb

AMTA is proud to administer 20 scholarship and grants. The 2017 Arthur Flagler Fultz Research Award was presented to **Ken Aigen, DA, LCAT, MT-BC** for his study titled,

**“Music in Everyday Autistic Life: The Significance of Music for Autistic Adults.”\***

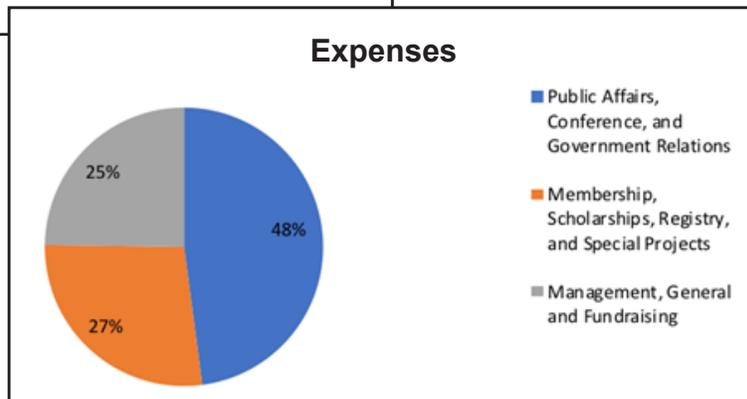
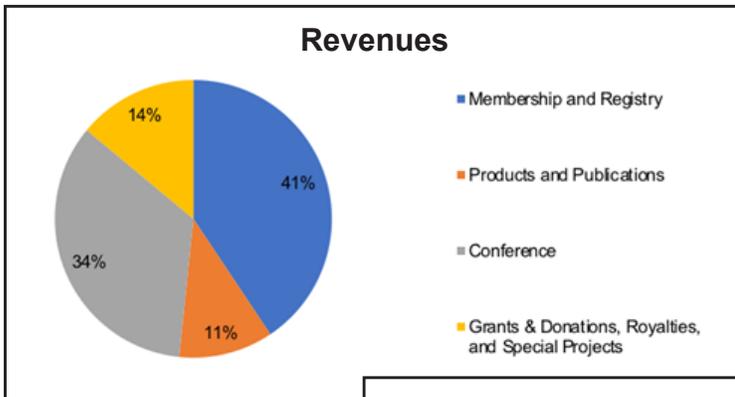


\*The language used in this study reflects current sensibilities articulated by members of the autistic community. Person first language, e.g., “person with autism” and terms such as “autism spectrum disorder” are no longer preferred as they connote an undesirable condition that could be eliminated rather than an essential attribute reflective of natural human differences. “Autism Spectrum Condition” (ASC) is the term preferred by the autistic community.

### Financial Summary

AMTA 2016 Audit Results (Fiscal Year July 1, 2015 through June 30, 2016)		AMTA 2017 Audit Results (Fiscal Year July 1, 2016 through June 30, 2017)	
Revenue	\$1,873,252	Revenue	\$1,904,735
Expenses	\$1,769,611	Expenses	\$1,845,694
Change in Net Assets w/Unrealized Loss	\$ 68,282	Change in Net Assets w/Unrealized Gain	\$ 87,644
Net Assets at Beginning of Year	\$ 625,701	Net Assets at Beginning of Year	\$ 693,983
Total Net Assets at Year End	\$ 693,983	Total Net Assets at Year End	\$ 781,627 *

\*2017 Total Net Assets & Year End \$781,627 inclusive of \$353,970 restricted funds for Wilson Trust Initiative, Research, & Disaster Relief Support.





The American Music Therapy Association (AMTA) is a 501(c)(3) organization. Further information about the American Music Therapy Association is available from AMTA, [www.musictherapy.org](http://www.musictherapy.org), 301-589-3300, or in Maryland, from the Office of the Secretary of State, State House, Annapolis MD 21401.